

GURUJI KRISHNANANDA (1939) LIGHT

Light, not the physical Light but the subtlest Light, is the Source of all Creation. It is the Source of all positive energies. It is the Source of Love, Peace, Truth, Wisdom and all Life. This Light is GOD.

CHANNELLING

Channelling is allowing the Light to descend into us by intending and then spreading It around the world. Our body transforms the frequency to the grosser level

The vibrations from the Light reach all beings and nature. They carry the energies of Healing, Love, Peace and all Positivity. They help Transformation. We will be better human beings. The world will be a better world.

TECHNIQUE

Imagine an ocean of Light above you. Imagine the Light descending and filling up your body. Then, experience the Love, Light and Peace of the Light for a minute and then, imagine It spreading out gradually to your school, locality, country and world.

Practise this for a minimum period of seven minutes.

LIGHT CHANNELS WORLD MOVEMENT

was launched by Guruji Krishnananda, founder of the Rishis Path, on 18-05-2008.

The Movement is to channel Light daily for seven minutes when we wake up or go to bed from our own places on this earth.

The aim of the Movement is, mainly, Peace on this earth.

UNIQUENESS OF THE MOVEMENT

- · Oneness by Light
- · Non-religious, Universal
- · No restrictions, no conditions
- · No membership
- · Everyone can contribute to Peace
- · Helps the individual, helps the world
- · Prepares us and the world to enter the Photon Belt

LIGHT CHANNELS

March 2011

Volume 1, Issue 5 NEWSLETTER

A MESSAGE

Guruji Krishnananda

My heart leaps when I read the letters from the children who channel Light. They speak of experiencing the Light, getting more focused on studies and well organized in their young lives. I am happy that we began our Light channelling with the school children. They are innocent, receptive and the future.

Channelling the Light in these times of Transition helps the processes that have set in sweeping the Middle East. There are other silent processes visible to the discerning eyes. May the Transition be over soon so that we will enter the New Age and experience Peace and Love.

HAPPENINGS

Jayant Deshpande

We are happy to bring out this special issue of Light Channels. We dedicate this issue to the School Authorities and Children who supported this noble work with open hearts and brought so much of Light to our lives.

We have shared the views of some of the School Principles in this issue apart from the experiences of Children, Teachers and Volunteers.

In the last one year we covered more than one thousand two hundred schools in several cities and taught channelling to more than 16 lakh children. This is a wonderful achievement, but it is not enough if we channel Light only once. We have to channel regularly. Our focus going forward will be to help schools channel Light regularly.

LIGHT WORKS

Manoj Chopra

More than one year has just elapsed and so much work has been done and much bigger work is waiting to happen. Present time is a challenging time with lot of opportunities to work up to our full capacities to serve humanity.

Light Channelling Team is working towards a vision of transformation of the world by hastening up New Age. Dream is to free Mother Earth from all negativities and to heal her all wounds.

'World Channels Day' has given a real boost to our Light Channelling work and shown us our real hidden potential. Never dying enthusiasm of Light Channelling Volunteers and Love and Respect of School Authorities towards our work and Volunteers made this work a great success.

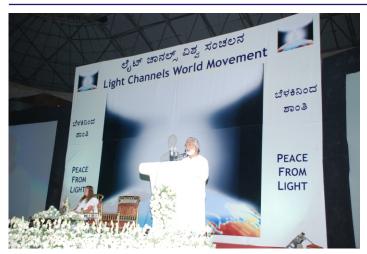
MANASA FOUNDATION (R)

Taponagara, Chikkagubbi, (Off Hennur - Bagalur Road) Bangalore Urban - 560077. INDIA.

Phone: (080) 2846 5280, 2271 5501, 093420 30250 (10 AM to 4 PM)

e-mail: info@lightagemasters.com info@lightchannels.com

website: www.lightagemasters.com www.lightchannels.com





On 26th February 2009, a special event was organised in Koramanagala Indoor Stadium, Bangalore, when thousands of people gathered there and elsewhere in the world channelled Light for 7 minutes, under the Guidance of Guruji Krishnananda. A huge Energy descended during the event, which helps in spreading Peace and Brotherhood.

SILENT REVOLUTION

Pragti Raaj

A vast hall filled with children sitting like buddhas in peace. Engrossed in channelling Light. So much of sincerity and innocence that it floods the heart. You will of course find the mischievous and curious buddhas here and there who would like to open one of their eyes to see what the other children around are doing. It looks like they are winking! And that too is such an endearing sight. When gently these mischievous ones are signalled to close their eyes, they do so smiling! And they come closer and closer to Light. Closer to perfection as each day passes by.

We find children who are nine or ten years old in silent tears when the technique is being done. Those tears of bliss flow down those innocent cheeks. And when asked, why the tears?? They say, "I do not know where I was. I am so happy. I was in a state of perfection. And I know that I can achieve that perfection." We are spell bound with such sentences coming from these little ones. Indeed these are the Light children who will one day take charge and usher this earth into the Light Age full of perfection and happiness.

These children are aware of the benefits, which Light channeling is bringing to them.

Nowhere in the history has such a war or revolution taken place - a revolution so silent and so beautiful. The beauty of this revolution is that we do not need weapons and there is no bloodshed or pain involved here. No war strategies required and millions of rupees are not wasted!! All we have to do is fill ourselves with lot of Light and Love and get the Light channelled by the school children who are the future Light citizens and they are closer to Light. And the Light on descending is doing its job effectively and we can see the impact all around us.

Miracles are occurring in their own silent ways. The people are being exposed to the wrongdoings of the leaders. We see people are becoming more and more aware. We see them protesting against the wrong. Not just this, when we carry Light and Love within us, coming in contact with others intensifies the process of change in individuals. If we look at this closely, we will wonder in awe!! How simple can it be!!

This only shows how compassionate the Great Masters are towards the entire humanity to have given us such simple and simplified methods to carry on the revolution of Light and fill the world with Light and Love.

When we are alert we see all help coming to us from Light. Sometimes, even when we do not ask for help, we get it. What more can we ask for? And all of this just through a simple technique of filling ourselves with Light and channelling as much as possible.

Those of us who can spare time and go to schools, let us do it. And those of us who have the constraints of time, let us fill ourselves with lot of Light and Love wherever we go or whomever we meet so as to intensify the process of change, a constant thing in this vast beautiful creation.

Let us all use these simple yet powerful techniques of channelling Light given and march towards the Light Age, where Peace, Perfection, and Harmony shall prevail.

We are deeply grateful to all the School Authorities, Teachers and Children who joined us in Channelling Light on 1st February 2011 and made World Channels Day a great success.

In the month of December 2010, Light Channelling was conducted in the following Schools in various cities.

AMRAVATI

- 1. Pragati Vidyalaya, Rahatgaon
- 2. Shri Saibaba Vidyalaya, Sai Nagar
- 3. Shri Sharada Kanya School, Sharada Nagar

ANANTPUR

- Sharon English Medium School, Kadiri
- 2. Sri Saraswati Vidhya Mandir, Kadiri
- 3. Valmuki High School, M.P.L. Road, Kadiri

CHIKKABALLAPURA

 Govt. Girls High School, Vapasandra

- Govt. Higher Primary & High School, Jangamma Kote Siddhlagatta Taluk
- 3. Govt. High School, SanteKallahalli
- 4. Govt. Higher Primary School, Byrasandra Siddhlagatta Taluk
- 5. Govt. Urdu Higher Primary School, M G Road
- 6. Mangala Vidyaniketan Trust, Vaijkur Chintamani Taluk
- 7. Mohamadiya High School, M G Road
- 8. Quiet Corner School, Vapasandra

CHENNAI

- Chennai Middle School, Vadapaloni
- 2. Chennai Primary School, West Mambalam

- 3. D.A.V. Matriculation School, Gopalapuram, Royapettah
- 4. Guntur Subbiah Pillai Theagarayanagar Higher Sec. School, T. Nagar
- 5. Institute of Design, Nungambakkam
- 6. International Montessori Training Institute, T. Nagar
- 7. M C J Special School, Anna Nagar West
- 8. P S Higher Secondary School, Mylapore
- 9. PND Adarsh Vidhyalaya Primary Wing, Royappetah High Road
- 10. Sai Vidhyalaya Matriculation Hr. Sec. School, Mylapore
- 11. St. Anthony's School, Kotivakkam
- 12. Vishranthi Charitable Trust, M. G. R. Salai, Palavakkam

List of Schools which participated in Channelling Light on "World Channels Day" (01-02-2011)

BANGALORE

Hennur Road

- 1. S V N English School, Thanisandra Main Road
- 2. Govt. Urdu School, Hegdenagar
- Govt. Kannada School, Hegdenagar
- 4. Karnataka Public School, Chokkanahalli
- 5. Kendriya Vidyalaya, St. John's Road
- 6. Yashsvi Vidyaniketan, Kategenahalli
- 7. Oxford Public School, Kogilu
- 8. St. Teresa Public School, Kothanur
- 9. St. Charles English School, Lingarajapuram
- 10. Jawahar Navodaya Vidyalaya, Bagalur
- 11. Hegde Nagar Public School, Hegdenagar
- 12. Govt. High School, Bagalur
- 13. Govt. Primary School, Bagalur
- 14. Royal Concorde International School, Kalyannagar
- 15. Govt. High Primary School, Thanisandra
- 16. Siddhartha High School, Kothanur
- 17. Laxmi Memorial School, Behind BTS
- 18. Jyothi Kannada School, Kacharakanahalli
- 19. Alphonsa Public School, Frazer Town
- 20. Vidyaniketan School, Doddagubbi
- 21. B M English School, Kada Sonappanahalli

- 22. S J M Public School, Nagavara
- 23. Govt. Primary School, Gollahalli
- 24. Govt. Primary School, Bande Bommasandra
- 25. Royal Concorde High School State Syl., Chelekere
- 26. Lovely Bishop School, Chelekere
- 27. St. Charles Kannada School, Kammanahalli
- 28. Govt. Primary School, Bagalur
- Govt. Urdu Primary School, Bagalur
- 30. BASP Educational Institute, Shivajinagar
- 31. Govt. Primary School, Chikkagubbi
- 32. Govt. Higher Primary School, Babusapalya
- 33. Diana Public School, Chokkanahalli
- 34. Govt. Upper & Lower Primary School, Bellahalli
- 35. Manasa Public School, Thanisandra
- Aakanksha Vidya Kendra, Chokkanahalli
- 37. Bright School, Thanisandra
- 38. Good Shepherd School, Byrati Bande
- 39. Don Bosco High School, Kothanur
- 40. Govt. Lower Primary School, Kada Agrahara
- 41. Govt. Higher Primary School, Yerappanahalli
- 42. St. Joseph's Convent School, Kada Agrahara
- 43. Govt. Primary School, Byrati Bande
- 44. Govt. Primary School, Kannur

- 45. Veerabhadra Govt. School, Doddagubbi
- 46. Govt. Higher Primary School, Bytarayanapura
- 47. Sadhana Vidya Kendra, K Narayanapura
- 48. New City School, K Narayanapura
- 49. Govt. High School, Kada Sonappanahalli
- 50. Siddhartha High School, Lingarajapuram
- 51. Jai Gopal Garodia Rasthrothana Vidyalaya, Kalyannagar
- 52. Govt. Lower Primary School, Nagenahalli
- 53. Govt. Lower Primary School, Anagalpura
- 54. Golden Chariot Public School, Jalahalli Circle
- 55. Govt. High School, Bilishivalaya
- Govt. Lower Primary School, Hosur Bande
- 57. Govt. Lower Primary School, Chelekere
- 58. Govt. Primary & High School, Nagavara
- 59. Sharada Vidyaniketan, Hennur
- 60. Govt. Primary School, Hennur
- 61. Royal Public School, Hennur
- 62. Govt. Higher Primary School, Amruthahalli

MATHIKERE

- Kendriya Vidyalaya IISC
 Primary & High School, Mathikere
- 2. St. Lourdes English Primary & High School, Mathikere
- St. Anthony's High School, Mathikere
- 4. BBMP High School & P.U. College, Mathikere
- 5. Govt. Model Primary School, Mathikere
- 6. BEL Primary, CBSE & High School, Mathikere
- 7. Vinod English School, Goraguntepalya
- 8. Shri Vidya Kendra, Peenya 1st Stage
- 9. Good Hope Public School, Peenya 2nd Stage
- 10. Govt. Higher Primary School, Sunkadakatte
- 11. Govt. Model Primary School, Hegganahalli
- 12. St. Mary's Convent High School, T. Dasarahalli
- 13. Gurushree Vidya Kendra, Doddabidarakallu
- 14. Children's Education Centre, Yeshwanthapura
- 15. Triveni Public School, Hesaraghatta Road
- BNR International Public School, Mallasandra
- 17. Govt. Model Primary School, Manjunatha Nagara
- 18. Govt. High & Higher Primary School, Chikkabidarakallu
- 19. Oxford Public School, Anchepalya
- 20. Govt. Primary School, Anchepalya
- 21. St. Philomena's English School, Vidyaranyapura
- 22. Oriental English High School, Vidyaranyapura
- 23. Govt. Primary School, Vidyaranyapura
- 24. Millennium Public School, Vidyaranyapura
- 25. LCR English School, Mathikere
- Navodaya Kishore Kendra, Singapura
- 27. Nisarga Vidya Niketan, Nagasandra
- 28. H.S.L.N. High School, Hesaraghatta
- 29. Kuvempu Memorial School, Nagasandra
- 30. Ashoka International School, K.G.Halli
- 31. Shilpashree Public School, Peenya
- 32. Riverdale Public School, Vidyaranyapura

- 33. Vyasa International School, Vidyaranyapura
- 34. Gnana Teja English High School, Mathikere
- 35. Vidyaniketan Primary & High School, T. Dasarahalli
- 36. Vijayashree Public School, T. Dasarahalli
- 37. Govt. High School, Mallasandra
- 38. Govt. Model Primary School, T. Dasarahalli
- 39. Pavithra School, Chikkabanavara
- 40. Govt. High School, Chikkabanavara
- 41. Blossom's English School, Nagasandra
- 42. Gangadareshwara School, Mallasandra
- 43. Jindal Jubilee Govt. High School, Abbigere
- 44. Regency Public School, Vidyaranyapura
- 45. Gopal Vidya Mandira, Sola Devanahalli
- 46. C.E.S. Public School, Chikkabanayara
- 47. Ayyappa Education Centre, T. Dasarahalli
- 48. Ayyappa Education Centre, Shettihalli

R.T.NAGAR

- 1. Sunrise Public School, Bhoopsandra
- 2. Siksha Sagar School, Sanjaynagar
- Shantiniketan School, Bhadrappa Layout
- 4. Millennium Public School, Sanjaynagar
- New Florence Public School, Sanjaynagar
- 6. Sree Bharati School, Sultanpalya
- 7. Govt. Urdu Lower Primary School, Kaval Byrasandra
- 8. Sophia Primary & High School, K.G. Halli
- Govt. Tamil Lower Primary School, K.G. Halli
- 10. Govt. Kannada & Urdu School, K.G. Halli
- 11. Govt. Higher Primary School, K.G. Halli
- 12. Govt. Kannada High School, Arabic College Road
- 13. Cauvery National Public School, Kaverinagar
- 14. Govt. School, Govindpura
- 15. S R K School, Sahakarnagar
- 16. Silicon Valley School, Sahakarnagar

- 17. Bishop Sergeant Central School, Sahakarnagar
- 18. Shri L.N. Vidya Mandir, Sahakarnagar
- 19. Vivekananda School, Sahakarnagar
- Ramnarayan Chellaram School, R M V 2nd Stage
- 21. Govt. School, R M V
- 22. Kendriya Vidyalaya, Hebbal
- 23. Jain Heritage School, Kempapura
- 24. S V N Public School, Amruthalli
- 25. Nammooru Hiriya Prathamika Shale, Sahakarnagar
- 26. Girls High School Sumangali Seva Ashrama, Hebbal
- 27. Gnaneshwari Kannada Higher Primary School, Kaval Byrasandra
- 28. Paravati Ratansingh English High School, Kaval Byrasandra
- 29. Beacon English School, Shampura
- 30. Jasmint English School, Kaverinagar

CHINTAMANI

- 1. Sanghamitra Comp. High School, Nandagudi
- 2. Govt. Lower Primary School, N Hosahalli
- 3. Govt. Higher Primary School, Vaijkur
- 4. Govt. Higher Primary School, Talagavara
- 5. Govt. Higher Primary School, Akkimangala

INDIRANAGAR

- 1. HAL West Primary School, Vimanapura
- 2. Govt. Primary and Middle School, Jeevan Bhimanagar
- 3. ATFAA Nursery, Primary & High School, Austin Town
- 4. Little Angels Modern High School, Domlur Layout
- 7th Day Adventist School, Old Airport Road
- 6. Govt. High School, Jeevan Bhimanagar
- 7. Kendriya Vidyalaya, NAL, Jeevan Bhimanagar
- 8. Kendriya Vidyalaya, DRDO, C V Raman Nagar
- 9. BBMP Boys High School, Austin Town
- 10. BBMP Girls High School, Austin Town
- 11. RBANMS High School (Main), Commercial Street

- 12. RBANMS High School -Bifurcate, Commercial Street
- 13. Vagdevi Vilas Residential School, Varthur
- 14. Baldwin's Boys High School, Richmond Road
- 15. Vagdevi Vilas Residential School, Varthur
- Holy Saint High School,
 17th Cross, Koramangala
- 17. Neena English High School, 98/A, KHB colony, Koramangala
- 18. The Indiranagar Cambridge School, Jeevan Bhimanagar
- 19. Devarayammal Tamil Higher Primary School, Vimanapura PO
- 20. Govt. School (Anganwadi), Annasandrapalya
- 21. Resurrection School, Indiranagar
- Shamsher Boys Sports Company, Opp. Kendriya Vidyalaya, MEG Centre
- 23. Govt. Urdu Higher Primary School, Halasuru
- 24. Govt. Kannada Higher Primary School, Halasuru
- 25. Our Lady of Bon Secours School, Ashoknagar
- 26. Sacred Heart Girls Up-Graded Primary School, Ashoknagar
- 27. Sheila Kothavala Institute for Deaf, Old Airport Road
- 28. Frank Anthony Public School, Cambridge Layout
- 29. The Eastwood High School, Cambridge Layout
- 30. St. Meera's High School, Halasuru Post
- 31. Army Public School, M G Road
- 32. Holy Shepherd Education Society, Indiranagar
- 33. Kendriya Vidyalaya NAL, Vimanapura Post
- 34. Navapragna School, Marathahalli
- 35. RBANMS Middle School, Dickenson Road
- 36. Vagdevi Vilas PU College, Marathahalli Post
- 37. Mother Dolphin English School, Vimanapura Post
- 38. Fusco's School, Indiranagar
- 39. Lady Velankani School, Marathahalli

MALLESHWARAM

- Poorna Pragna School, Sadashivanagar
- 2. Garden city School, Guttahalli
- 3. Vyalikaval School, Vyalikaval
- 4. Kishore Kendra School, Malleshwaram
- 5. Jnana Bhodini School, Seshadripuram
- 6. Sheshadripuram School, Seshadripuram
- 7. Nirmala Rani School, Malleshwaram
- 8. Morning Star School, Ramachandrapura
- 9. Seva Dal School, Kumara Park
- 10. Thirumala Vidyalaya, Vyalikaval
- 11. Sevasadana School, Srirampura
- 12. National Higher Primary School, Basavanagudi
- 13. Model High School, Chamarajapet
- 14. Govt. Higher Primary School, Police Colony
- 15. Sri Morarji Desai Residential School, Chamarajapet
- 16. Govt. High School, Police Colony
- 17. Catherine High School, Cotton Pet

RAMAMURTHY NAGAR

- 1. Maitreye Vidya Niketan, Ramamurthy Nagar
- 2. Ramana High School, Ramamurthy Nagar
- 3. Sri Vikas Vidya English School, Ramamurthy Nagar
- 4. Sri Vikas Vidya High School, Ramamurthy Nagar
- 5. Jai Gopal Vidya Rastrottana, Ramamurthy Nagar
- 6. Mithra School, Horamavu
- 7. Venkateshwara School, K.R Puram
- 8. Amara Jyothi English School, K.R Puram
- 9. Bharatiya Vidya Niketan, K.R Puram
- 10. Bharatiya Vidya Niketan High School, K.R Puram
- 11. Govt. High School, Hoodi
- 12. MTB Jnana Jyothi School, Maheshwari Nagar
- 13. Govt. Primary School, Doddana Kundi

- 14. Govt. High School, Doddana Kundi
- 15. RJS School, Doddana Kundi
- 16. Govt. Higher Primary School, Ramamurthy Nagar
- 17. Govt. Higher Primary School, Kaudenahalli
- 18. Govt. Higher Primary School, Vijina pura
- 19. Manu School, Vijina pura
- 20. Cambridge School, K.R Puram
- 21. ITI Central School, Ramamurthy Nagar
- 22. Govt. Higher Primary School, B N Pura
- 23. Govt. Primary School, Mahadevapura
- 24. Govt. Higher Primary School, Jodi Huskur
- 25. Govt. High School, Jodi Huskur
- 26. Govt. Higher Primary School, Avalahalli, K R Puram
- 27. Govt. Higher Primary School, Bidarahalli, K R Puram
- 28. Govt. Higher Primary School, Byappanahalli, K R Puram
- 29. Sharada Vidya Mandira, Varthur
- 30. Govt. Lower Primary School, Bailnarasapura, K R Puram
- 31. Shishu Mandira School, T.C. Palya
- 32. L.B.S School, K R Puram
- 33. Govt. Lower Primary School, Horamavu Road, R.M Nagar

RAJAJINAGAR

- 1. Achala Vidya Mandir, Rajajinagar
- Adi Chunchunagiri High School English Medium School, Vijayanagar
- 3. Alfred Nobel Public School, Mahadeshwarnagar
- 4. Amaravani High School, Kamakshipalya
- 5. Annie Besant Convent Primary and High School, Magadi Road
- 6. Aurobindo Vidya Mandira, Rajajinagar
- 7. Aurobindo Vidya Mandira, Basveshwaranagar
- 8. Assumption English School, Rajajinagar II Block
- 9. Arunodaya high School, Sunkadakatte
- 10. B.B.M.P. Girls High School, Srirampura
- 11. B.B.M.P. High School & College, Magadi Road
- 12. Basaveshwara Primary and High School, Rajajinagar
- 13. Basaveshwara Boy's High School, 1st Block, Rajajinagar

- 14. BET Convent School, Rajarajeshwarinagar
- 15. Bhanu Vidya Samasthe, Kengeri Satellite Town
- Bharatiya Samskruti Vidyapeetha, Vijayanagar
- 17. Blue Bell Convent School, Byadarahalli
- 18. East West Academy School, Rajajinagar, 5th block
- 19. Florence High School, Basaveshwaranagar
- 20. Govt. High School, Magadi Road
- Govt. High School, Sanegoravanahalli, Basaveshwaranagar
- 22. Govt. School, Rajajinagar II Block
- 23. Govt. High School, Marenahalli
- 24. Govt. Middle School, Kengeri Satellite Town
- Govt. Model Primary School, Hirohalli
- Holy Angel's High School, RPC Layout
- 27. Indian High School, Basaveshwaranagar
- 28. Jagadguru Sri Jayadeva Proudashale, Basaveshwaranagar
- 29. Jnana Vahini Vidya Samasthe, Basaweshwarnagar
- 30. Kengeri Primary, High School & College, Kengeri
- 31. K.V.V. English School, Mudalpalya
- 32. Maurya Public School, Basaveshwaranagar
- 33. Max Muller School, Basaveshwaranagar
- 34. Milind Public School, Anjananagar
- 35. Mothers Public School, Mahalakshmipura
- 36. Mount Carmel School, Rajarajeshwarinagara
- 37. Nehru Memorial Public School, Kengeri Satellite Town
- 38. Navkis Educational Centre, Gokula
- 39. New Balaji Vikram English High School, Kengeri
- 40. New Horizon Public School, Rajarajeshwarinagara
- 41. Nammura Sarakari Madariya Proudha Shale, Kamakshipalya
- 42. New Carmel High School, Munishwara Layout
- 43. New Public High School, Vijayanagar
- 44. Nisarga School, Kengeri
- 45. Okkaligara Sangh Proudha Shale, Sriganhadakavalu
- 46. Prasanna Primary and High School, Muneswaranagara

- 47. Radha Krishna School of Education, Kengeri Satellite Town
- 48. Rohit English School, Prashantnagar
- 49. RNS Vidyaniketan High School, Vijayanagar
- 50. Sarkari Prathamika Shale, Byadarahalli
- 51. Sarkari Madari Prathamika Shale, Hirohalli
- 52. Shanti Dhama School, Sunkadakatte
- 53. Sharadha Education Centre, Vijayanagar
- 54. Sri Gurugnana Kendra, Kengeri
- 55. Sri Maruti Vidya Mandira, Kamakshipalya
- 56. Sri Jnankshi Vidyaniketan, Rajarajeshwarinagara
- 57. Sri Rajeshwari Vidya Shale, Rajarajeshwarinagara
- 58. St. Laurence High School and College, Kamakshipalya
- 59. St. Meera High School and Nandagokula School, Kamakshipalya
- 60. St. Yash Public School, Kempegaudanagar
- 61. St. Philomena Public School, Maruti Nagar
- 62. Tiny Twinkler's Primary School, Vijayanagar
- 63. Udaya Education Society English Medium, Vijayanagar
- 64. V. L. S. Vidyasagar, Basaveshwaranagar
- 65. Venkat International Public School, Rajajinagar
- 66. Vidhya Bharathi High School, Rajajinagar
- 67. Vidyanikethan Public School, Sunkadakatte
- 68. Vinayaka High School Kannada and English, Anjananagar
- 69. VLS International School, Basaveshwaranagar
- Sarvajna High School English and Kannada, Vijayanagar M. C. Layout
- 71. Pine Wood's High School, Nagarabhavi road, Vijayanagar
- 72. Florence School, Basaveshwaranagar
- 73. Privadarshini School, K S Town

JAYANAGAR & J P NAGAR

- 1. C.E.S. English School, Jaraganahalli
- 2. Govt. School, Jaraganahalli
- 3. Apollo Convent School, BSK 3rd Stage

- 4. Carmel Convent Primary School, Jayanagar
- 5. Holy Spirit Convent School, Bannerghatta Road
- 6. NMKRV P.U.College for Women, Jayanagar
- 7. R.V. Girl's High School, Jayanagar
- 8. JSS Educational Institutions, Chunchagatta
- 9. Saint Glorious Convent School, Chunchagatta
- 10. Kamala Nehru High School, Basavanagudi
- 11. Excellent School, Srinagar
- 12. Carmel Jyothi English High School, Chunchagatta
- 13. Capitol Public School, J P Nagar
- 14. Shanthiniketan English School, Girinagar
- 15. Lawrence English School, Muneshwara Block
- 16. Chinmaya Vidya Mandir, HSR
- 17. Jnana Deepthi English School, Girinagar
- 18. Carmel Convent Higher Primary School, Jayanagar
- 19. Patel Gullappa School, Muneshwara Block
- 20. Govt. Higher Primary School, Yellekunte, HSR
- 21. Sri Kumaraswamy Vidya Mandira, Hanumanthanagar
- 22. Saraswathi Vidya Mandira, Gavipuram
- 23. New Holy Cross English School, Jayanagar
- 24. Sri Vinayaka Vidyalaya, J P Nagar
- 25. N.S.V.K Kannada / English Medium High School, Jayanagar
- 26. Raghavendra Vidya Samasthe, Yelachenahalli
- 27. Mookambika School, NR Colony
- 28. Chamarajpet Ramamandira Association School, Chamarajapet
- 29. Bharatamata Vidya Mandira High School For Girls, Hanumanthanagar
- 30. St. Anthony's High School, Jayanagar
- 31. Community Center Primary School, Jayanagar
- 32. Govt. Higher School, Hanumanthanagar
- 33. Govt. Model Primary School, Sarakki, J P Nagar 1st Phase
- 34. Mahila Mandali Vidya Samasthe Higher Primary School, NR Colony
- 35. CES English School, Jayanagar
- 36. Acharya Patashala High School, NR Colony
- 37. Venkateshwara Vidyapeetha, Hanumanthanagar

- 38. Newton Public School, HSR
- 39. MEWA Higher Primary School, Jayanagar
- 40. MES High School, Jayanagar
- 41. Balaji P U College, Hanumanthanagar
- 42. Tejaswini English Medium School, Jayanagar
- 43. MEWA High School, Jayanagar
- 44. Govt. Higher Primary School, Gottigere, Bannerghatta Road
- 45. Vishwamanava Kannada Shale, Kasturinagara
- 46. R.M.S. International School, Kanakapura Main Road
- 47. Parents Teachers Association School, Jayanagar
- 48. Sahakari Vidya Kendra Higher Primary School, Jayanagar
- 49. Govt. Model Primary School, Gunjur, Sarjapur Road
- 50. N.S.V.K. Kannada Primary School, Jayanagar
- 51. Sri Sangameshwara Vidyalaya, Jayanagar
- 52. Holy Christ School, Jayanagar
- 53. Community Center High School, Jayanagar
- 54. B.E.S. High School, Jayanagar
- 55. Bharatamata Vidya Mandira Higher Primary School For Girls, Hanumanthanagar
- 56. St. Michael's English School, Muneshwara Block
- 57. New Carmel School, Hosakerehalli
- 58. Lorven Public School, Kodichikkanahalli
- 59. Shubodhini English Convent School, Bommanahalli
- 60. Govt. Higher Primary School, Kothanur, J P Nagar
- 61. Govt. Higher Primary School, Byrasandra, Jayanagar
- 62. Tejaswini Kannada Medium School, Jayanagar
- 63. Govt. Higher Primary School, Parangipalya, HSR
- 64. Indira Children School, Jayanagar
- 65. B.E.S. Higher Primary School, Jayanagar
- 66. National Public School, Chunchagatta
- 67. Sahakari Vidya Kendra High School, Jayanagar
- 68. Glitsy Public School, Chunchagatta
- 69. Flora Public School, Yelachenahalli
- 70. Sri Sharada Vidya Mandir, J P Nagar
- 71. Bhavani Higher Primary School,
 Bhavaninagar
- 72. Govt. Higher Primary School, Gottigere, J P Nagar

- 73. Shantiniketan College, Bannerghatta Road
- 74. S.R.G.V.V.K Trust, J P Nagar
- 75. Samarthan Trust, HSR
- 76. Vandemataram English School, Gavipuram
- 77. Govt. Primary School, Marenahalli, J P Nagar
- 78. IGL Primary School, Jayanagar
- 79. BBMP High School, Jayanagar
- 80. St. Michel's English School, Byatarayanapura
- 81. Govt. Model Primary School, Gavipuram
- 82. Kids Convent School, Gavipuram
- 83. Govt. Kannada Model Primary School, Marenahalli, J P Nagar
- 84. Adarsha Vidyalaya, Jayanagar
- 85. Geetha Higher Primary School, Jayanagar
- 86. Panchavati Vidya Mandira Kannada Hiriya Prathamika Shaale, Jayanagar
- 87. Namura Sarkari Kiriya Prathamika Patashala, J P Nagar
- 88. Insight Academy, Kanakapura Main Road
- 89. Govt. Lower Primary School, Vaddarapalya, Bannerghatta Road
- 90. Good Shepherd School, Jayanagar
- 91. Munch Kins, Jayanagar
- 92. Poornachandra School, Kadrenahalli
- 93. S.M. English School, Y Yelachenahalli
- 94. Puttenahalli Govt. School, Puttenahalli
- 95. Arya Idiga Mahila Sangha, Sheshadripuram
- 96. Loyola High School, SOS Post, Bannerghatta Road
- 97. Jyothy Kendriya Vidyalaya, Yelachenahalli, Kanakapura Road
- 98. Swami Vivekananda Vidya School, Banashankari I Stage
- 99. Govt. Higher Primary School, Uttari
- 100. Govt. P.U.College, Kagalipura
- 101. Govt. Higher Primary School, Kagalipura Colony
- 102. Govt. Higher Primary School, Kagalipura
- 103. Govt. Higher Primary School, Vajarahalli
- 104. Govt. Higher Primary School, Banjarapalya

- 105. Sarkari Samyuktha High School, Kagalipura
- 106. Govt. Modern Higher Primary School, Talgatpura
- 107. Govt. Model Primary School, Dodda Kalasandra
- 108. Govt. Higher Primary School, Thataguni Post
- 109. Govt. Lower Primary School, Wodeyarahalli
- 110. Loyola Higher Primary School, Kalima Agrahara
- 111. Vidya Sagar School, Kanakapura Road
- 112. Siddhaganga Gramanthara Prouda Shaale, Kanakapura Road
- 113. Sophia English School, Kanakapura Road
- 114. Govt. Primary School, Ganigarapalya
- 115. STD Sadhana Public School, Ganigarapalya
- 116. Smaraka Vidya Mandira, 4th Block, Hosahalli Road
- 117. Sarkari Samyukta Prouda Shaale, South Zone-1
- 118. Maruti Prouda Shaale, Thathaguni
- 119. Govt. Model Primary & High School, Uttarahalli
- 120. Govt. Primary School, Arehalli
- 121. Govt. Primary School, Torehalli
- 122. Shanthiniketan Trust School, Mico layout, BTM 2nd stage
- 123. Shanthiniketan Trust School, Bannerghatta Road
- 124. S.G.M. Public School, Avalahalli, Muneshwara Block
- 125. Rani Sarala Devi School, Jayanagar 1st Block
- 126. Holy Saint English School, Jayanagar 7th Block
- 127. St. Anthony's Higher Primary School, 4th 'T' Block, Jayanagar
- 128. Modern School, Near Subbamma Circle, 1st Phase
- 129. B.N.M. P.U.College, Banashankari II Stage
- 130. Mother's Touch School, 3rd Block East, Jayanagar
- 131. Sanmarg Central School, Srinidhi Layout, Chunchgatta
- 132. St. Anthony's High School, 4th 'T' Block, Jayanagar
- 133. Govt. School, Jaraganahalli, Kanakapura Main Road
- 134. Sarakki Govt. High School, 1st Phase, J.P.Nagar

YELAHANKA

- 1. Seshadripuram High School, Yelahanka New Town
- Jnanjyothi School, Yelahanka New Town
- 3. Yelahanka Newtown Govt. School, Yelahanka New Town
- 4. Rotary Datthu Shale (Govt. School), IV Phase, Yelahanka Newtown
- 5. Delhi Public School, Satanur
- 6. Rail Wheel Kendriya Vidyalaya, Yelahanka Newtown
- 7. Vidyasagar Public School, Attur Layout
- 8. Shree Vidyasagar Kannada & English Medium School, Attur Layout
- New Education Public School, Behind Sri Raghavendra Swamy Temple
- 10. Govt. School NES, Next to NES Office
- 11. Seshadripuram First Grade College, Yelahanka Newtown
- 12. Govt. First Grade College, Near NES Office
- 13. Bhuvana Education Trust, Chikkabanayara

ELECTRONIC CITY

- 1. Saint Mary School, Hebbagodi
- 2. Chennakeshava English High School, Hosa Road
- 3. Bright Future School, Garvebhavi Palya
- 4. New Bharath International School, Kudlu Gate Stop
- 5. Janabharati School, Garvebhavi Palya
- 6. Govt. Primary School, Hebbagodi
- 7. Suryodaya High School, Hebbagodi
- 8. Saint Philomena High School, Hebbagodi
- 9. K.V.K School, Hosa Road
- 10. S.K. Public School, Gollahalli
- 11. B.E.S School, Hebbagodi
- 12. St. Mary High School, Garvebhavi Palya
- 13. Swami Vivekananda Gramantara School, Chandapura
- 14. Swami Vivekananda English High School, Chandapura
- 15. Swami Vivekananda P.U. College, Chandapura

- 16. Swami Vivekananda Primary High School, Chandapura
- 17. Lorven Public School, Chandapura
- 18. National Public School, Chandapura
- 19. Sham's School, Konnapana Agrahara
- 20. Sadguru Sainath C.B.S.E School, Hosa Road
- 21. V.M.S Convent School, Bommanahalli
- 22. Bangalore English High School, Parappana Agrahara
- 23. Blue Bell High School, Parappana Agrahara
- 24. Nightingales School, BTM 4th Stage
- 25. Aravind Memorial School, BTM 4th Stage
- 26. Silicon City School, BTM 4th Stage
- 27. Bhagyalakshmi Convent School, BTM 4th Stage
- 28. Salonee School, Vishwapriya Nagar
- 29. Adarsha Primary & High School, Begur Road
- 30. Timmaiah Reddy Primary & High School, Hosa Road
- 31. Royals Public School, Hebbagodi
- 32. Bishop Cotton School, Garvebhavi Palya
- 33. G.S.V High School, Parappana Agrahara
- 34. Sujana Convent School, Parappana Agrahara
- 35. Govt. High School, Vishwapriya Nagar

DAVANGERE

- 1. Sapthagiri English Medium High School, Chigateri Layout
- 2. Sri. Veerabhadrappa Higher Primary School, Chigateri
- 3. S.S.M.B. High School, Vinobanagar
- 4. Sri. Tarlababu Jagadguru Higher Primary School, K.R.Road
- 5. Govt. High School, K.R.Market
- 6. Sethamma R.L.Junior College
- 7. M.S.S. Samyukta Prouda Shale
- 8. Vidyasagar Convent High School, K.B.Extension
- 9. Vimaleshwara Trust Pvt. School
- 10. Govt. Higher Primary Boys School
- 11. Govt. High School, Nitavalli
- 12. BEA Higher Primary & High School
- 13. Pushpa Mahalingappa Mahadevappa Residential School

MALEBENNUR

- 1. Beeralingeshwara Girls High School, Harihar
- 2. Beeralingeshwara Higher Primary School, Harihar

HOSKOTE

- 1. Govt. Boys high School, Hoskote
- 2. Govt. Girls middle School, Hoskote
- 3. S.J.R. School, Hoskote
- 4. Govt. Higher Primary School, Kuburpete, Hoskote
- Henk Brun Swamy Vivekananda School, Hoskote
- 6. Swamy Vivekananda Vidya Kendra, Hoskote
- 7. Govt. Model School, Hoskote
- 8. Govt. Higher Primary School, Jadagenahalli, Hoskote
- 9. Bharathmatha School, Hoskote
- 10. Gayathri Vidya Mandir, Hoskote
- 11. Govt. High School, Nandagudi, Hoskote

AMARAVATI

- 1. Golden Kids School, Camp Road
- Saraswati Vidyalaya, Dasturnagar Road
- 3. Sant Kanwaram High School, Dasturnagar Chowk
- 4. Shri Saibaba Vidyalaya, Sainagar
- 5. New High School (Main), Jog Chowk
- 6. Takhatmal English High School, Sai Nagar
- 7. Nootan Kanya School, Jog Chowk
- 8. Asmita Vidya Mandir, Shri Ambadevi Road

SHIMOGA

- 1. Adichunchanagiri School
- 2. Ramakrishna School

MYSORE

- 1. SVEI School, Vijayanagar
- 2. Notre Dame School, Vijayanagar
- 3. Vijaya School, Hinkal
- 4. Gangotri School, Gangotri Layout
- 5. Siddeshwara School, Vijayanagar
- 6. J.S.S. School, Vijayanagar

DHARWAD

- 1. Kendriya Vidyalaya, Dharwad
- 2. J.S.S. Kannada Medium (Unaided)
- 3. J.S.S. Kannada Medium (Aided)
- 4. J.S.S. English Medium School, Dharwad

HOSUR

1. St. John Bosco Girls Primary, Higher Secondary School, Hosur

ANEKAL

- 1. M.E.S. High School
- 2. A.S.B. Boys High School
- 3. A.S.B. High School (Girls)
- 4. Bharathi Primary School
- 5. Vidhatha Primary School
- 6. Vidhatha Convent School
- 7. J.E.T. School (C.B.S.E.), Hompalagatta Cross, Hosur Road
- 8. Saraswathi Vidhya Mandira, Maruthi Layout
- 9. Pearl Valley Educational Trust
- 10. Nehru Memorial School
- 11. Guru Bhavana, Masters Association
- 12. Anekal Public High School, Hosur Main Road
- 13. St. Joseph's School, Hosur Main Road
- 14. Lincoln Memorial English School
- 15. Royal English School, Indlavadi Cross
- 16. Sri Guruji Vidyaniketan School, Santhe Beedhi
- 17. Vishwachethana P.U College, Rajarajeshwari Layout
- 18. Govt. Higher Primary School
- 19. Shri Thimmarayaswamy School, Bahaddur Pura
- 20. Chaitanya Vidya Mandir, Centre for Handicap Children
- 21. Govt. Higher Primary School
- 22. Govt. Model Primary School
- 23. Vidhatha High School
- 24. Bharathi High School

CHENNAI

- Kola Saraswathi Senior School, Kilpauk
- Shri Vasantben Matric. School, T Nagar
- Guntur Subbiah Pillai School, T Nagar
- 4. Avvai Home TVR Girls Higher School, Adayar
- 5. Jingle Bells Sriniketan School, Thiruvanmiyur
- Annai Theresa Matric School, K K Nagar
- 7. Chettinad Vidhyashram, R A Puram
- 8. Sri Venkateshwara Matric School, Royapettah
- 9. Sri Sankara Vidyalaya School, Tambaram East
- 10. M C J Special School, Anna Nagar West
- 11. Madras Seva Sadan High School, Harrington Road, Chetpet
- 12. Y.M.C.A Boy's Town High School, Perungudi

- 13. Govt. High School, Velacherry, Velacherry
- 14. Oxford Matric. High School, West Mambalam
- 15. Bhuvana Krishna Matric. School, Kelambakkam

KOVILPATTI

- Kammavar Girls Higher Secondary School
- 2. Ravilla K.R.A Vidyasram School

NAGERCOIL

- St. Joseph's Convent Higher Secondary School
- 2. S.M.R.V. High School
- 3. C.M.C. Matriculation School

HYDERABAD

- 1. Gautam Model School, Dilsukhnagar
- Dilsukhnagar Public School, Dilsukhnagar
- 3. Nalanda High School, Saroor Nagar
- 4. Dilsukhnagar Public School, Vanasthalipuram
- 5. KB School of Excellence (Residential School), LB Nagar

SOLAPUR

- 1. V M Mehta Primary School, Vishal Nagar, Dawat Chowk
- 2. G S Pawar Primary School, Bharati Vidyapeeth Campus, Bijapur Road
- Indian Model School & College, Near Kumtekar Hospital
- 4. P S English Medium School, Shravika Nagar, Samrat Chowk
- 5. Shri Siddheshwar Prashala, Siddheshwar Peth
- 6. S B Primary School, Kalyan Nagar
- 7. Shri Chaturabai Primary School, 197, Shravika Nagar
- 8. Siddheshwar English Medium School, Siddheshwar Peth

OSMANABAD

- 1. Terna Public School, Near Barshi Naka
- 2. Little Star School, Police Line
- 3. Nutan Primary Vidyamandir, Vidyanagar Tambri Vibhag
- 4. Shripatrao Bhosale Secondary School, Tambari Vibhag

TIRUNELVELI

 Kandhimathi Primary School, High Ground

PUNE

- 1. Kendriya Vidyalaya CME, Dapodi
- 2. Kendriya Vidyalaya, Ganesh Khind Road, Aundh
- 3. Panditrao Agashe High School, Pune City
- 4. NMV Girls High School, Pune city
- 5. Shivraya Pratishthan School, Kothrud
- 6. Erendwane School, Kothrud
- 7. Narshinha High School, Sangvi
- 8. Maharshi Karve High School Pune University, Aundh
- 9. Jog School, Kothrud
- 10. SNDT Premleela Vitthaldas Kanyashala, Pune City
- 11. Maharshi Karve High School Pune University, Aundh

MUMBAI & THANE

- 1. Kendriya Vidyalaya, Thane
- 2. Home Of Faith High School, Thane
- 3. Thane Mahanagar Palika School-21,23,102, Thane
- 4. R.J.Thakur Marathi Medium School, Thane
- 5. Thane Mahanagar Palika School (Savarkar nagar), Thane
- 6. St. Xavier School, Navi Mumbai
- 7. Terna English & Marathi Medium School, Navi Mumbai
- PVS Vidya Bhavan English & Marathi Medium School, Navi Mumbai
- 9. Dnyoday Vidya Mandir, Thane
- 10. Thirani High School, Thane
- 11. Maharashtra Vidyalaya, Thane
- 12. ITM Business School, Navi Mumbai
- 13. Dr. Ambedkar School, Thane
- 14. Tilak English Medium School, Navi Mumbai
- 15. Kendriya Vidyalaya, Navi Mumbai
- 16. New English School, Navi Mumbai
- 17. MGM English Medium School, Navi Mumbai
- 18. NMMC School no. 102, Navi Mumbai
- 19. Thane Mahanagar Palika School No. 65, Thane
- 20. Gram Vikas Mandal Primary School, Thane
- 21. Shirvane Vidyalaya, Navi Mumbai
- 22. Guruvaraya Balaram Patil School, Navi Mumbai
- 23. PES Primary School, Navi Mumbai
- 24. Gunjana English/Hindi High School, Thane
- 25. Shivai Vidyalaya, Thane

MADURAI

- Mahatma Montessori Matric. & Higher Secondary School, Gopalkrishnan Nagar
- 2. Mahatma Montessori Matric. & Higher Secondary School, K.K.Nagar
- 3. Mahatma Montessori Matric. & Higher Secondary School, Alagarcoil
- 4. S.E.V. Matric Higher Secondary School, Narayanpuram
- 5. T.V.S. Lakshmi School, Karuppaurani
- Modern Matriculation School, Y. Othakadai
- 7. Jeevana Matriculation School, Ponmeni
- 8. De Nobili Matriculation Higher Secondary School, K.Pudur
- Bharathidasan Corporation Higher Secondary School, Puthu Mahalipatti Road
- 10. Vikaasa Matric. & Higher Secondary School, Ponnagaram compound
- 11. Auromira Mother Prayer Centre, Naganakulam

AHMEDABAD

1. Shri Sahajanand School, Ambawadi

VISAKHAPATNAM

- 1. Kendriya Vidyalaya, NAD
- 2. Kendriya Vidyalaya, Malakapuram
- 3. Kendriya Vidyalaya, Nausenabaugh
- 4. Kendriya Vidyalaya, Industrial Estate
- 5. Zilla Panchayat High School, Annakapalli
- 6. Indian Maritime University, Gandhigram

AMALAPURAM (AP)

- 1. M.G. Municipal High School, VTH Savariagraharam
- J.N. Municipal High School, Konkapalli

TUTICORIN

- 1. Kamlavathy Matriculation Hr. Sec. School, Sahupuram
- 2. KA Higher Secondary School, Peyanvilai, Arumuganeri
- 3. Sahupuram Recreation Club, DCW Quarters, Sahupuram

GOA

1. Shivaji Raje High School, Kholpewadi

MARTHANDAM / KANYAKUMARI

- 1. Hindu Vidyalaya Matriculation School, (via) Kappiarai, Karungal
- 2. Hindu Vidyalaya Matriculation School, Tuckalay

KADIRI (AP)

- 1. Z P High School, Gownipalli, Anantpur Dist.
- Valmukhi High School, Near Choudeshwari Temple, M.P.L. Road, Anantpur Dist.
- 3. Sri Saraswati Vidhya Mandir, Anantpur Dist.

NELLORE

- D.K.W. Junior College & Women Hostel
- 2. Sai Vidya Niketan, Aditya Nagar
- 3. Narayana Engineering College

SIVAGANGAI

- 1. Arumugam Pillai Seethai Ammal Matric. Hr. Sec. School, Thirupattur
- Christu Rajal Matric. Hr. Sec. School, Thirupattur

In the month of January 2011, Light Channelling was conducted in the following Schools in various cities.

BANGALORE

- 1. Mahila Mandal, Dollars Colony
- 2. Florence High School, Basaveshwaranagar
- 3. Sri Aurobindo Memorial School, Banashankari II Stage
- 4. Holy Spirit Convent School, SOS Post, Bannerghatta Main Roa
- 5. Govt. Junior College, Bagalur
- 6. Govt. High School, Bagalur Colony, North 4
- 7. Seven Hills Public School, Vidyaranyapura Post
- 8. P.E.S. Higher Primary & High School, Vidyaranyapura
- 9. Sabari English High School, Vidyaranyapura
- 10. Govt. Lower Kannada Primary School, Vidyaranyapura Post
- 11. Govt. Urdu Lower Primary School, Vidyaranyapura Post
- 12. Bharatiya Murthy Kannada Higher Primary School, Vidyaranyapura Post
- 13. Govt. Model Primary School, Gunjur
- 14. Indiranagar Cambridge School, HAL III Stage

- 15. Govt. Kannada Higher Primary School, Benniganahalli
- 16. HAL West Primary School, HAL Old Township, Off. Suranjandas Road
- 17. Govt. Higher Primary School, Soladevanahalli, North Region - 04
- 18. Govt. Higher Primary School, Kodagi Thirumalapura
- 19. Govt. Kannada Higher Primary School, Ramakrishna Hegdenagar
- Govt. Urdu Higher Primary School, R.K. Hegdenagar
- Hegdenagar Public School, R.K. Hegdenagar
- 22. Raghavendra Vidya Samasthe, Yelachenahalli
- 23. Stanford Public School, Vidyaranyapura Post
- 24. Govt. Urdu Higher Primary School, M.S. Palya, Vidyaranyapura Post
- 25. B.K.N. Urdu Public School, M.S.Palya
- 26. Govt. Higher Primary School, Jakkur Post
- 27. National Public School, Chunchgatta Main Road
- 28. G R Vidyadeep Public School, International Airport Road, Ganganagar

- 29. Akansha Vidya Kendra, Lake Hegdenagar Main Road
- 30. Manasa Public School, Thanisandra
- 31. Sri Sharada Vidya Mandir, Gururaghavendra Nagar
- 32. Sri Vinayaka Vidyalaya, Gururaghavendra Nagar
- 33. Golden Chariot Public School, Hegde Nagar Main Road
- 34. Govt. Urdu Lower Primary School, Bellahalli, Yelahanka Post
- 35. National Public School, Hesaraghatta
- 36. H.S.L.N. High School, Hesaraghatta
- 37. St. George Public School, Thanisandra
- 38. Bright School, Ashwathnagar, Thanisandra
- 39. Carmel Jyothi English High School, Chunchgatta Main Road
- 40. Sindhi High School, Kempapura Hebbal
- 41. Anjanadi High School, Carmelaram Post
- 42. Little Angels Modern High School, Domlur Layout
- 43. Rashtriya Military School, Museum Road PO, Opp. Johnson Market

In the month of January 2011, Light Channelling was conducted in the following Schools in various cities.

- 44. Capitol Public School, RBI Layout, 7th Phase
- 45. Auden Public High School, Banashankari 3rd Stage
- 46. Chinmaya Vidya Mandir, HSR Layout
- 47. 7th Day Adventist School, Next to Manipal Hospital
- 48. M.E.I. International School, Chikkabanavara
- 49. C.E.S. Public School, Chikkabanayara
- 50. Diana Public School, Hegdenagar Main Road
- 51. Govt. Higher Primary School, Sarjapur Road
- 52. Frank Anthony Public School, Cambridge Layout
- 53. Jain Group of Institutions, Kempapura, Hebbal
- 54. Gopal Vidya Mandir, Soladevanahalli
- 55. Good Shepherd School, Byrathi Bande, Dodda Gubbi Post
- 56. Soundarya Composite P.U.College, Havanoor Extn, Nagasandra post
- 57. Vidyaniketan School, Kempapura Hebbal
- 58. Frank Anthony Public School, Cambridge Layout
- 59. Govt. Higher Primary School, Hoskote Taluk
- 60. Govt. High School, Devanagundi Post Via Kadugodi
- 61. Govt. Lower Primary School, Anagondana Halli Hobli
- 62. Govt. High School, Kadugundahalli
- 63. Renuka High School, Sarjapur Road
- 64. Beacon English School, Shampura
- 65. Sri Poornachandra Vidya Kendra, Teacher's Colony
- 66. Gnan Vikas Public School, JP Nagar 8th Phase
- 67. Cauvery National Public School, Kaveri Nagar, R T Nagar Post
- 68. S.M.English School, Konanakunte
- 69. NSVK High School, Jayanagar
- 70. Adams Public School, Near Railway Gate, Shyampura
- 71. Orchid Public School, 17th Cross, Govindpura
- 72. Army Public School, M.G. Road
- 73. Kendriya Vidyalaya ASC (S) Primary School, Victoria Road
- 74. St. Anthony's High School, Jayanagar
- Adyapana School, Kaval Byrsandra R.T. Nagar Post
- 76. New Mona Primary School, Manorayanpallya R.T. Nagar Post

- 77. Bangalore High School, Jayanagar
- 78. Kaveri Convent School, V.P. Road
- 79. Krupanidhi Christ Convent School, V.P. Road
- 80. St. Joseph English High School, Govindpura
- 81. Govt. Primary and Middle School, Srinagar
- 82. Daniel Modern School, IX Cross, Govindpura Main Road
- 83. New Mona High School, R T Nagar Post
- 84. Crescent Eng High School, III Main Road, Anandgiri Extn.
- 85. S E S English School, Hebbal
- 86. Dayanandasagar Kannada Primary High School, Kumaraswamy Layout
- 87. Airforce School Hebbal, Near Mekhri Circle
- 88. The Eastwood High School, Cambridge Layout
- S M English School, Sultan Palya Main Road
- 90. Stanford English School, Near Railway Gate Shampura
- 91. Jasmint English School, Kaveri Nagar
- 92. Newton Public High School, Kanaka Nagar
- 93. Gnaneshwari Kannada HP School, Kaval Byra Sandra
- 94. Parvathi R Rathansingh School, Kaval Byra Sandra
- 95. Govt. Primary School, Bagalur
- 96. Govt. School, Bayalahalli
- 97. Govt. High School, Bagalur
- 98. Jawahar Navodaya Vidyalaya, Bagalur
- 99. New Education Public School, Yelahanka New Town
- 100. Bishop Cotton School, Electronic City
- 101. Gnana Bharathi School, Electronic City
- 102. St. Charles School, Kammanahalli
- 103. Maruti Public School, Horamovu
- 104. HP Newton School, Nagawara
- 105. Govt. Primary School, Kodihalli
- 106. Seshadripuram 1st Grade College, Yelahanka
- 107. Vidya Sagar Primary School, Attur Layout
- 108. Mother Teresa School, Kothanur
- 109. Govt. School, Byatarayanapalya

ANEKAL

 Royal English School, Indlavadi Cross

CHINTAMANI

1. Sri Vijaya P U College, Venkateshwara Extention, Near Venkat Reddy Hospital

KOLAR

- Govt. Higher Primary School, Chikka Ayyur, Tyavana Halli Post, Vakkaleri Hobli
- 2. Govt. Samyuktha High School, Tyavana Halli, Kolar Taluk
- 3. Govt. High School, Arabhikothanur, NH-4
- 4. Govt. Higher Primary School, Arabhikothanur, NH-4
- 5. Basaveshwara Public School, Kendatti NH-4

HASSAN

- 1. Govt. High School, Didaga
- 2. Govt. Higher Primary School

MYSORE

- 1. Sadvidya P.U.C. College, Vijayanagara
- 2. S.V.E.I. School, 4th Stage, Vijayanagara
- 3. J.S.S. High School, 2nd Stage, Vijayanagara
- 4. Govt. School, Hinkal
- 5. Notre Dame Convent School, 4th Stage, Vijayanagara
- 6. Vijaya High School, Hinkal
- 7. Gangothri School, Gangothri Layout

MANGALORE

- 1. Vidyadayini English & Kannada Medium School, Suratkal
- Sri Radha Krishna Anudanita Higher Primary School, Near Kanaje, Bantwal Taluk

MADURAI

- Bharathidasan Corporation Higher Secondary School, Puthu Mahalipatti Road
- 2. Draupathiamman Corporation Primary School, Puthu Mahalipatti Road
- Vikaasa Matriculation Higher Secondary School, Ponnagaram Compound
- 4. Agricultural College, TNAU Y. Othakadai
- 5. S.D.H. Jain Vidyalaya, Thiruppaalai

In the month of January 2011, Light Channelling was conducted in the following Schools in various cities.

CHENNAI

- 1. P S Matriculation Primary, Higher Secondary School, Mylapore
- 2. Shri Vasantben Chandubhai Shah Matric School, TNagar
- 3. Lady Meyyammai Higher Sec. School, Adayar
- 4. P S Higher Secondary School (North), Mylapore
- 5. C D Nayagam Theyagaraya Hr. Sec. School, TNagar
- 6. Kumaraja Muthaiya Hr. Sec. School, Gandhinagar
- 7. Y.M.C.A Boy's Town Higher Sec. School, Old Mahabalipuram
- 8. Sri. Karpagavalli Matriculation School, Nungambakkam
- 9. Sri Venkateshwara Matriculation Hr. Sec. School, Royapettah
- 10. Chettinad Vidhyashram, R.A Puram
- 11. Kola Saraswathi Sr. Sec. School, Kilpauk
- 12. Madras Seva Sadan High School, Chetpet
- 13. Kola Saraswathi Vaishnav Senior Sec. School, Kilpauk
- 14. Oxford Matric High School, West Mambalam
- 15. Modern Senior Sec School, Nanganallur
- 16. Govt. High School, Velacherry, Velacherry
- 17. Bhuvana Krishna Matric School, Kelambakkam
- 18. Sai Vidyalaya Matriculation (SVM), Mylapore

AMALAPURAM

- Satyam High School, Vaddigudam Road
- 2. Hanuman Talent School, Vaddigudam Road
- 3. Raveendra's Maharishi EMH School, Vaddigudam Road

KANYAKUMARI

 Udaya School of Engineering, Kanyakumari, Vellamadi Junction, Ammandivilai Post

HYDERABAD

- 1. Swathi High School, Madhapur
- 2. Aliya Govt. Boys High School, Koti
- 3. Govt. School, Banjara Hills
- 4. Kendriya Vidyalaya, Secunderabad

KOVILPATTI

 Govt. Higher Secondary School, Ettayapuram

TUTICORIN

1. A P C Veerabahu Matriculation Higher Secondary School, Tuticorin

NELLORE

1. Sai Vidyaniketan School, Aditya Nagar

HOSUR

1. P.U.M Kannada & Tamil School, Kamaraj Colony

VISHAKHAPATNAM

1. Kendriya Vidyalaya, Nausenabaugh

PUNE

- Modern High School, Pashan Road, Aundh
- 2. Venkateshwara Classes, Hinjewadi

MUMBAI & THANE

- Sau. Nalini Yashvantrao Daude Vidyalaya, Vidyala Marg, Opp. Sambhaji Park
- Sau. Lakshmibai English Medium School, Veer Savarkar Road, Mulund East
- Sainath English & Hindi Medium High School, Vashi
- 4. Sacred Heart High School, Vashi
- 5. NMMC School No. 28, Near Modern College, Vashi
- 6. PES Primary (Marathi) School, C.B.D Belapur
- 7. IES Navi Mumbai High School, Vashi
- 8. Tilak School & Junior College, Nerul
- 9. St. Xavier's High School, Nerul
- 10. Sanjivini International School, Sector No.18
- 11. NMMC School.No.12, Shiravne
- 12. New English School, Sec 3/E, Kalamboli
- 13. NMMC School No. 102, Nerul
- 14. Bharti Vidyapeeth High School, Sector No. 3, C.B.D. Belapur
- 15. Vishwajyot High School, Kharghar
- 16. Shirvane Vidyalaya, Nerul
- 17. MGM English Medium School, Nerul
- 18. Suvidya Vidyalaya, Sec -9, Kamothe, Navi Mumbai
- 19. New English School (Marathi), Sec 3/E, Kalamboli
- Guruvaray Balaram Tilak School, Nerul
- 21. Fr. Agnel Multipurpose School, Vashi

AMARAVATI

- 1. Narayandas Laddha High School
- 2. Adarsh Primary School
- 3. Vanita Samaj School, Rajkamal Chowk
- 4. Maheshwari Kanya School
- 5. Ganeshdas Rathi School
- Mudholkar Peth Mahila Mandal School

OSMANABAD

- 1. Little Star Primary School, Police Line
- 2. Terna Public School

PANDHARPUR

- 1. W B Navrange Balkashram, 431, Navipeth, Near court
- Lotus English Medium School, Infront of Pandharpur Taluka, Police Station Road

SOLAPUR

- 1. Umabai Secondary Marathi Medium School, Samrat Chowk
- 2. Umabai Shravika Vidyalya, Samrat Chowk
- Ganesh Naik Marathi Primary School, Jule Solapur
- 4. Shri Siddeshwar Temple, Siddeshwar Peth
- 5. Shanti Industrial Training Centre, Shivaji Nagar, Bijapur road
- 6. Oyster International School, Soregaon
- 7. Shivdare College of Commerce, Bijapur Road, Jule Solapur-1
- 8. Shri S B Primary School, Left of Asra Bridge
- Indian Model School, Jule Solapur Bijapur Road
- 10. G S Pawar Primary School, Jule Solapur Bijapur Road
- 11. College of Pharmacy, Twin Solapur

Sri. Gururaj Kanade, along with Sri. Santosh Madhukar Kore and other volunteers conducted Light Channelling in Solapur for more than 1.5 Lakh people on 14-01-2011.

List of Volunteers who joined the Light Channelling work recently

BANGALORE

Indiranagar Team

Vidya Virkar

CHENNAI

N Mariappan

MAHOL (MH)

Vivekananda Swami Swaroopa Swami

MANGALORE

Karuna Murari

PUNE

Geeta Joshi

List of regular Light Channelling Volunteers who worked on World Channels Day (1st February 2011)

BANGALORE

TAPONAGARA

AREA CO-ORDIONATOR - GIRISH H S

Suchitra Jeevananda

Sudha Ravi

Sunil Bisarahalli

Veena G

Shobhana K

Nirmala Bala

INDIRANAGAR

AREA CO-ORDINATOR -

HEMALATHA PRAMOD

Sunitha R Rao

Kavitha Govinde

Vijayalakshmi B V

Manju Maheshwari

Padmini S

Vinu Varghese

Seema Ajay

Purnima Almel

J. P. NAGAR

AREA CO-ORDINATOR - KARTHIK N

Manjula V

Amarnath N D

Jyothy S

Nikhil K S

R. T. NAGAR

AREA CO-ORDINATOR - MUKESH

PARMAR

Oblesha O

Raghavendra K

Mala Suresh

Sudeep Jayaram

RAJAJINAGAR

AREA CO-ORDINATOR - ANJALI

PATIL K

Kamal D

Swarnalatha

Annapoorna M N

Varalakshmi M

Ananthlakshmi R S

Kiran

Praveen P B

Sujatha V

Manoj Deshpande

Nagamma A

Nalini Rajshekar

Narsimhamurthy R

K. R. PURAM

AREA CO-ORDINATOR - MADHAVI Y

Chalapathi Y V

Ramakrishna Malavade K

Madhuri R Malavade

Pratap M Gobalakrishnan

Nayana Karanth

Vikas Karanth

Ullas Karanth

Aravind G

Vijay Kumar

Ravi Kishore

Sridhar G

Mahentesh

Suryanaryan T

Devdas Thokur

I. T. ELECTRONIC CITY

AREA CO-ORDINATOR -

MANJUSHREE M JADAV

Govind Gopal Jaiswal

R Raghavan

YELAHANKA

AREA CO-ORDINATOR - RAJSHREE

PADKI

Amruth Padki

MALLESHWARAM

AREA CO-ORDINATOR -

PRABHUDEV K H

Chandrashekar K

Sunanda Prabhudev

K E Moorthy

Rama Parthasarathy

R Vijayalakshmi

KORAMANGALA

Niharika Rajnala

Vishwas Prasad

JAYANAGAR

AREA CO-ORDINATOR - USHA

SATISHCHANDRA

Arun Kumar B V

Shubha S

Hemanath Thokur

Jyothi Shanbhag

Gayathri Gupta

Saravanan S

Rama Bhosekar

Ramesh Bhosekar R V

Sridevi N

Anita K A

Pavithra Thokur

Vanaja K V

Rajeshwari Chandrashekar

Sudharshan H C

Ramesh S Borkar

Dr. Ravinder Singh Gour

PUNE

AREA CO-ORDINATOR - MEDHA

KULKARNI

Goraksh Mahadik

Ashutosh Navangul

Sumit Konnar

Chetan Gogawale

Dhanashree Kulkarni

Charusheela R Birajdar

Mahesh Chawla

Sunetra Joshi

Pallavi Joshi

Abhay Joshi

Ashish P Desai

Pushkar Patki

Shweta M Kosamkar

Vinita Mendjoge

CHANARAYAPATNA/HASSAN

T B Puttegowda

MUMBAI & THANE

AREA CO-ORDINATOR - HEMANT

KUMAR SHARMA

Chhaya Kolte

Deepthy Raghavendra

Mahesh Dandekar

Jayashree Joshi

Deepali Khandekar

Sonali Nashikkar

Arun V Naik

Mohan Khedekar

SHIMOGA

AREA COORDINATOR - DEEPAK H DIVAKAR

Rashmi Rao N

Praveena Mahadevappa Anaji Shivaprasad M

MYSORE

AREA CO-ORDINATOR - PRAGTI RAAJ

DHARWAD

AREA CO-ORDINATOR - AVINASH N RAO Mahadeviah Y N

CHENNAI

AREA CO-ORDINATOR - JANA SUMATHI A Nithya James

Rajalakshmi R

Rajyalakshmi P

Manikandan B

HYDERABAD

AREA CO-ORDINATOR - PRATHIBHA P BISARAHALLI Supriya V

MADURAI

AREA CO-ORDINATOR -SWAMINATHAN C

AURANGABAD

Pralhad Giri Smita Giri

NELLORE

AREA CO-ORDINATOR - BHUDEVI M

GOA

AREA CO-ORDINATOR - PUNDALIK DHAKORKAR

VISHAKAPATNAM

AREA COORDINATOR -HARIKRISHNAN V Padmashree S

ANEKAL

AREA CO-ORDINATOR -CHANDRASHEKARA M Jayashree Shambhulinga B

Chennaveerappa M

HOSUR

AREA COORDINATOR - SUBHA NATRAJAN

STAMFORD, U.S.A.

Ravi Sengodan

SOLAPUR

Santosh Kore Suchita Kore

AMALAPURAM

AREA COORDINATOR - M Samba Siva Sastry

AMRAVATI

AREA CO-ORDINATOR - NINAD SOMAN

Sanjeevani Purohit Surekha Joshi

Nishigandha Soman

Smita Kaloti

Vijay Yadavrao Deshmukh

Jayashree Deshmukh

Amola Soman

Meeta Kulkarni

MATHIKERE

AREA CO-ORDINATOR - SURESH N JOSHI

Uma Maheswari

Bagavath Kumar

Ratna Rao

Krishnamurthy B S

Sanath Kumar J

Shanta Sanath Kumar

Amogh J S

Shivakumar H R

Students who participated in the Light Channelling work on World Channels Day (1st February 2011)

BANGALORE

TAPONAGARA

Shyamala Devi

Sunita Deshpande

Keerti Bisarahalli

Varsha Gurier

Prashanth P B

Archana Vishawanath

Sharadamma L

Srivathsan

Parvathi Srivathsan

Rashmi Girish

Roland

INDIRANAGAR

Raghavendra Somayaji Anjali Mehta Ajay Kumar

MALLESHWARAM

Shobha Rao Chandrakala D Geethalakshmi Y Shubhamangala Manoj Chopra Bhagavathi M Nirmala Dattatreya Nandakumari

K. R. PURAM

Jayant Despande Vaishali Joshi

Pradeep Kumar Krishnaiah

Savitha G

R. T. NAGAR

Gururaj Kanade Kavitha Kanade Brajbandhu Mishra

YELAHANKA

Jayalakshmi B Shruthi Sudhakar Sowmya Ajay

MATHIKERE

Kavindra B V Vinay B K Sreedevi B V Suresh C R Gayatri G K

JAYANAGAR

Sunitha B R Soumya Upadhyaya Roopa K S

RAJAJINAGAR

Swaminathan K N Shanthalakshmi Ramadevi T J

KADIRI (AP)

Kalyan Kumar Kiranmayee

PUNE

Sandip Aghav Jayanti Natarajan

J P NAGAR

Vanajakshi T S Nagashree R Padmasheela B S

ANEKAL

Mahesh T V
Roopa S V
Latha
Sudhakar L
Panduranga H
Sreelatha S
Purushothama R
Yashavantha Kumar B
Sowbhagyalakshmi P
Leelavathi Chandrashekar
Bharathi Sharma

Venkateshaiah K V Chinna Reddy T

TIMEDADAI

AHMEDABAD

Seema Almel

Ravikumar J

VIEWS OF SCHOOL AUTHORITIES

The Light process has been admired by us since it spreads Light to everyone. It improves concentration of the children. Students can gain a lot of things through Meditation and they can inculcate good values in their life.

- Smt. Pramila, Head Mistress, New Cambridge School, Bangalore

Manasa Foundation is spreading Light to the whole world through children. They told the benefits of Light Channelling to our children. From that day onwards our children are channelling Light for 3 minutes daily in the class. Because of this regular channelling their concentration and desire to study has increased. Being Head Mistress I thank you on behalf our school and school children.

- Smt. S. Vimala, Head Mistress, BEL Primary School, Bangalore

The programme which was conducted in our school was good. Our school children have started doing Meditation two times a day. I wish your members come at least once in a month and teach about the Light and Yoga.

- Smt. Sangeetha, Head Mistress, BEL Primary School, Bangalore

Light Channelling programme by Manasa Foundation is useful and productive which helps in reducing anxiety and tension among students, and at the same time it helps our children to develop human values in their lives.

> - Sri M R Hegde Vice principal, BEL Composite PU College, Bangalore

The school drop outs have reduced. Students are punctual and attentive.

- Smt. B. R. Sudha, Govt. Model School Kengeri We cannot forget Manasa Foundation. There is overall development in students.

- Smt. Vijayalakshmi, Sri Maruthi English High School, Kamakshipalya

We are practising Light Channelling twice every day in the morning and evening for 5 minutes each. Children have calmed down a lot. Their behaviour and attitudes are changing for better. I like this technique. We wish to continue this technique so that students are better students when they step into High School.

- Smt. Nagalakshmi, Community Centre High School, Jayanagar

We have been practising Light Channelling from Feb. 1st 2010 regularly everyday for five minutes. We observed that children who were slow in grasping have nearly improved by 70%.

- Smt. Bharati Shivkumar, Geetha Higher Primary School Jayanagar, Bangalore

In our school right from the attender to myself practise Light channeling in the assembly for 3 minutes. A parent visiting the school commented that there was so much of silence and he enquired if the school had declared a holiday. Students have improved in their behaviour and attitude and have developed a desire to study. Interpersonal relationships between colleagues are harmonious.

- Smt. K.H. Sudhamani, Bangalore High School, Jayanagar

We channel Light once in a week in the assembly and before beginning the class. It is really working and students are becoming more disciplined with this technique. It is a very welcoming initiative.

 Mrs. Sashikala Rajamanakyam, PS Matriculation Higher Sec School, Mylapore I really loved the way the interactive session is conducted after the Light channeling. We are thankful that you are sparing your time and spending time with our children.

> - Ms. Machamma, Head Mistress, SVEI School, Mysore

Students have become calm. Light Channelling is helping them to build a good culture at School and Home.

- Ms. Nootan Joshi, Principal, Gram Vikas Mandal Primary School, Thane

Manasa Foundation has been conducting Light Channelling sessions in our school since three months. These sessions are very useful to our students and also to our teachers. It is becoming possible to exercise control over our body and subject our mind to concentration through Light. Also, our students are gaining concentration and are interested in studies. Many of their lazy attitudes are decreasing and are now inclined towards improving their conduct. We are practising Light Channeling daily in our school.

- Mr. Gopalakrishnan, Head Master, Veerabhadra Swami H.S., Doddagubbi, Bangalore East Taluk

We are continuing the Light Channeling sessions in the early morning, which was taught by Manasa Foundation. The Light is very helpful in developing concentration and will power in children. The Light has brought new hope and new energies into them, and the students are participating very actively in the learning process. This program is very useful in developing patience, determination, inner strength and many other qualities in students. We are grateful to Manasa Foundation for this and wish that more programs like this find light through Manasa Foundation.

- Mr. Krishnappa, Head Master, Govt. H.S., Bileshivale, Bangalore East Taluk

EXPERIENCES

(Compiled by Vaishali Joshi)

VOLUNTEERS

Today (8-2-11), during the Light Channelling session at Shiksha Sagar School, Bangalore I felt Light surrounding the place at ground level. When I prayed to the Masters to bless us I felt a big circular form of several Rishis standing in the sky and sending Light to the children, and the bright Light entering every child. Yesterday, I felt every child channelling white Light from the Ocean of Light. These days I feel strong presence of Light during Light Channelling. It fills me with lot of love, peace and humility. When I pray to Light Masters to help all these children to sail through 2012 I feel a lot of blessings and grace.

- Sudeep Jayaram,

I was jobless since last one and half years. After taking up Light Channelling work in schools I got a good job. I thank Light for that.

- Mahesh Kore,

On 1st Feb., after the Light Channelling session in SNDT Kanya High School, the teachers and Principal told us that they experienced lot of inner joy and calmness after practising the technique. On 9th Feb., when we went back to the school for another Light Channelling session Mrs. Mahadik, a teacher, told us that when she came forward to address the students after the session she could not feel even a fraction of negativity in the students and she saw Light in them. On 1st Feb., after conducting the Light Channelling session at NMV High School, many girls described that they had never experienced so much Peace and Love before. On 1st Feb., after the Light Channelling session at Maharshi Karve Shikshan Sanstha's University High School was over, the teachers told us that they were very surprised as they never thought the students could sit in silence in this way. They promised to regularise the channelling.

- Dhanashree Kulkarni

TEACHERS & STUDENTS

When I opened my eyes, I saw all things as new.

- J. Kingston Simon, Std. IX, Kamlavathy Matriculation Higher Secondary School, Sahupuram, Thoothukidi dist

When I opened my eyes, I saw around and felt very fresh and enthusiastic. All the things were good to see than ever. After doing it, I thought I must do it daily.

- M.N.Mohamed Abdul Cader, Std. IX, Kamlavathy Matriculation Higher Secondary School, Sahupuram, Thoothukidi dist

I feel happy while doing channelling. My mind becomes free and I feel well. When we don't have interest to read if we do this we will have concentration in studies.

- D.S. Dorai Babu, Student, Sunrise Public School, Bangalore

I felt that I was not a human being. When I was doing Light Channelling, I forgot all my hunger, anger, sorrow, sadness and thirst. I was charming, joyful, everything. I can't explain my experience.

- Yaksha V., Std. 7, Sunrise Public School, Bangalore

I felt that I became Light. I lost the awareness that I was at school. Only when I opened my eyes I realised that I was practising Light Channelling at school.

- Vanishree, Std. 8, Sunrise Public School, Bangalore

Once while channelling Light together for 3 minutes, it was really amazing. We felt that we had been to another world where there was only Light all over. It really helps us to feel cool, calm and confident. It helps the mind and body to relax and also heals our pains, and thoughts and

expressions towards others. Thank you for the Light Channelling technique.

- Shaheen Begum, S.V.N. Public School, Dasarahalli

I realised the Light above my head and the Light slowly entered my body and spread to the whole world. It was fantastic. I was having headache. After the practice my headache was not there.

- A Student, Sunrise Public School, R.T. Nagar, Bangalore

We feel very happy and very joyful and very very peaceful. It was like a heaven!

- A Student, Sunrise Public School, R.T. Nagar, Bangalore

I have health problems, despite that I feel very energetic, very fresh. I love practising this technique.

- Sujatha, Pine Woods High School, Vijayanagar, Bangalore

I feel very happy, very energetic. I can do any amount of work.

- Geetha Shetty, RNS Vidyaniketan, Chandra layout, Bangalore

When I closed my eyes, I thought that the world fully became Light and no one was there. In my body something happened, some power entered and when I opened my eyes, it was very fresh.

 T.M.I Mohamed Abdullah, Std. IX, Kamlavathy Matriculation Higher Secondary School, Sahupuram, Thoothukidi dist

APPEAL TO SCHOOLS

Please help in strengthening
Light Channels
World Movement
by making
Light Channelling a
part of daily prayers
in your School.

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