



GURUJI KRISHNANANDA (1939-2012)

LIGHT

Light, not the physical Light but the subtlest Light, is the Source of all Creation. It is the Source of all positive energies. It is the Source of Love, Peace, Truth, Wisdom and all Life. This Light is GOD.

CHANNELLING

Channelling is allowing the Light to descend into us by intending and then spreading It around the world. Our body transforms the frequency to the grosser level.

The vibrations from the Light reach all beings and nature. They carry the energies of Healing, Love, Peace and all Positivity. They help Transformation. We will be better human beings. The world will be a better world.

TECHNIQUE

Imagine an ocean of Light above you. Imagine the Light descending and filling up your body. Then, experience the Love, Light and Peace of the Light for a minute and then, imagine It spreading out gradually to your school, locality, country and world.

Practise this for a minimum period of seven minutes.

LIGHT CHANNELS WORLD MOVEMENT

was launched by Guruji Krishnananda, founder of the Rishis Path, on 18-05-2008.

The Movement is to channel Light daily for seven minutes when we wake up or go to bed from our own places on this earth.

The aim of the Movement is, mainly, Peace on this earth.

UNIQUENESS OF THE MOVEMENT

- Oneness by Light
- Non-religious, Universal
- No restrictions, no conditions
- No membership
- Everyone can contribute to Peace
- Helps the individual, helps the world
- Prepares us and the world to enter the Photon Belt

LIGHT CHANNELS

Volume 3, Issue 2

NEWSLETTER

December 2012

A MESSAGE

Guruji Krishnananda

(From a previous issue of this Newsletter)

All the turmoil we see at the global, national and individual levels is a part of the huge process of Transition into the Light Age. The Light that we are channelling is hastening the process of Transition. We have to be aware of this and strengthen the process by channelling more Light.

All the people do not receive and accept the Light straightaway. Those who do not accept are ignorant about the New Age and its realities. They will be educated at the Astral level by the Rishis and Light Workers.

Children, being innocent and pure, accept the Light at deeper levels without fully understanding the impact of Light. Understanding is not necessary. Acceptance is necessary.

With so many children and people channelling Light, we enter the new Light Age earlier.

HAPPENINGS

Jayant Deshpande

Light channelling work continues with the same enthusiasm. Our Volunteers conducted more than 400 sessions in November 2012. More than 1,30,000 children channelled Light in these sessions.

More than 23 lakh children have channelled Light at least once so far and close to half a million children in more than a thousand schools channel Light almost daily in their schools during the school prayers.

LIGHT WORKS

Manoj Chopra

Our beloved Spiritual Master passed away last month but he lives forever in our hearts. He has brought down enormous knowledge and energies, which will guide the humanity in future times. It is difficult to understand his magnanimous personality but his teachings were simple and practical which can be easily understood and followed by anyone.

He launched the 'Light Channels World Movement' in 2008 to help the world sail through this transitory period. Under his guidance, Light Channelling was introduced to the schools and achieved huge success and popularity among children, teachers and school authorities.

He was and is our eternal guide. His Love and Surrender to God is exemplary to the coming generation of this planet. He was epitome of Love and sacrifice.



MANASA FOUNDATION (R)

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website : www.lightagemasters.com www.lightchannels.com

REGULAR CHANNELLING CENTRES

Bangalore

Monday to Friday (7 PM to 7:15 PM)
Sri Siddhashrama, 17th Cross,
Malleswaram

☎ 9480121545 Mr. K. Chandrashekar

Mondays (6:30 PM to 7 PM)

Anjaneya Temple, Mahalakshmi Lyt.

☎ 9972111809 Mrs. Anjali Patil K.

Tuesdays (7:31 AM to 8 AM &
7:31 PM to 8 PM)

No.62, II Cross, III Main Road,
Near Alpine Apartments,

Dena Bank Colony, Ganganagar

☎ 080-23536547 Mr. Mukesh Parmar

Wednesdays (6:30 PM to 7 PM)

Maruti Mandira, Vijaynagar

☎ 9972111809 Mrs. Anjali Patil K.

Thursdays (6:30 PM to 7 PM)

Munch Kins, No.890, 38th Cross,
20th Main, 4th 'T' Block', Jayanagar

☎ 9448856629 Mrs. Usha

Satishchandra

Fridays (6:30 PM to 7 PM)

'Sumathi', No.481, 7th Cross,
7th Main, J.P.Nagar III Phase

☎ 9900110351 Mr. Ramesh V.

Bhosekar

Fridays 12 Noon

Siddhi Vinayaka Devasthanam,

59/1, Hutchins Road, 3rd Cross,
Cooke Town

☎ 9980205803 Mrs. Nirmala Bala

☎ 9880162766 Mr. Vinu Varghese

Saturdays (11:00 AM to 12 Noon)

No 312, Phase 4,

Golden Park Apartment,

K.C.D.C Main Road, Bommanahalli,

☎ 9886437042 Dr. Ravinder Singh

Gaur

Saturdays (11:30 PM to 12 Noon)

'Sri Ranga Kalakshetra', 13th Cross,
Indiranagar, 2nd Stage

☎ 9900967005 Mrs. Hemalatha

Pramod

Saturdays (6:00 PM to 6:30 PM)

Women's Peace League,

36, Shankar Mutt Road, Basavanagudi

☎ 9448856629 Mrs. Usha Satishchandra

Saturdays (6:30 PM to 7 PM)

Balamuri Mahaganapathi,

Shri Rajarajeshwari and

Sri Lakshmi Narayana Temple,

8th Cross, Near Hoysala Circle,

Kengeri Satellite Town

☎ 9972111809 Mrs. Anjali Patil K.



A Channelling session at the new Regular Light Channelling Center in Cooke Town, Bangalore

IMPORTANT EVENTS

- 1st February 2010 - A group of 50 plus volunteers covered more than 50 schools in South India and organised channelling for more than 30000 children giving a great momentum to 'Light Channels World Movement'.
- 18th December 2010 - A band of 50 plus volunteers covered 107 schools on this single day in Mysore, Bangalore, Chennai, Mumbai and Hyderabad and organised channelling for more than 62000 children.
- 1st February 2011, 'World Channels Day' - More than 130 volunteers covered around 600 schools across India and organised Light channelling for more than 4 lakh children.
- On 18th January 2012 - 11,570 children in 16 different sessions in Bangalore, Pune, Chennai and Mangalore channelled Light.
- 1st February, 2012, The World Channels Day - More than six lakh children in hundreds of schools across India channelled Light and made this day of channelling a great success.
- 7th May 2012 – About a thousand people gathered in Chowdiah Memorial Hall in Bangalore for the Light Channels Meet. Thousands from across the world joined from their own places through live webcast and thousands more mind linked and joined from their own places to channel Light for 15 minutes.

LIGHT CHANNELLING IN SCHOOLS

Schools participated	3891
Students channelled Light	23.18 Lakh
Schools channelling regularly	1050
Students channelling regularly	4.75 Lakh

APPEAL TO SCHOOLS

**Please help in strengthening Light Channels
World Movement by making Light Channelling a
part of daily prayers in your School.**

PURSUIT OF HORIZON

Padmaja Balaji

I froze upon the masterpiece poem 'I saw a man pursuing the horizon.....' and was awed to realise that many layers of interpretations are hidden in those few casual lines. No wonder, Stephen Crane is aptly looked upon as a path breaker who created a new horizon in the arena of literature.

I wondered.....what is a horizon according to me?

One of the clearest memories of my childhood is related to a puppy. A visitor of our household told my parents that he would bring a puppy in a week's time. Needless to say how excited I was when I overheard this piece of conversation!

On my way back home from school, I used to imagine a beautiful puppy waiting for me in the house. Weeks turned into months but it appeared as if the Universe too didn't bother to sense my feelings. I've no idea about my siblings but my little heart suffered silently.....all alone. However, after six months of intense wait, one fine day, a puppy did enter into our lives unexpectedly through our neighbour to share a special bonding of 13 years.

One may laugh at this trivial experience but I cannot explain to you the pain associated with trusting someone's words verbatim. Because nobody realises that a child has no other awareness but Truth. Because I did not know then that casual words of assurance carry no real meaning in the present world.

A child, by nature, is sensitive and observant though he may not appear to be so. And a good imitator too when needed. Because of these reasons, these future pillars of the society need to be moulded in a positive way.

It is here that I feel extremely happy of my role as one of the Light Channelling volunteers. In liaison with school authorities, we meet children of different age groups. I wish to specially add here that every session is unique, important and special for us. We may never meet the same child again; we may not give more than 10-15 minutes per session.

But we connect with them with complete understanding of the impact that we may make in their lives as catalysts for the all-powerful Light to sow the seeds of Truth, Purity and Love into their being. In addition, our unshaken faith in the Light is passed on to them with great care, attention and Love by the Light Itself through us.

In short, a child who channels Light for the first time is baptised directly by God.

When this one-time practice transforms into a daily habit, all that is false, untruth and negative lose its grip and power to influence them anymore. There's only Peace and Love in the heart. Not only that, contrary to the prevalent left brain-right brain dominance theory, Light awakens the artist cum scientist in them thus signifying a dawn of the new global community and a birth of a new horizon.

And this horizon is not based on a lie but built entirely on Truth.

I cannot stop smiling as Jack Black's voice on Po of 'Kung Fu Panda' crosses my mind - 'There is no charge for awesomeness.....or attractiveness'.

REGULAR CHANNELLING CENTRES

Saturdays (6 PM to 7 PM)
Shiksha Sagar Primary School
No. 77, 5th Main, Postal Colony,
Sanjaynagar
☎ 9686571066 Mr. Sudeep Jayaram

Saturdays (7:30 PM to 8:30 PM)
Gurudwara Sahib,
Opp. Anjaneya Temple, Ashwathnagar
Main Road, Sanjaynagar
☎ 9686571066 Mr. Sudeep Jayaram

Mysore

Wednesdays (6 PM)
Infosys Ltd, Hebbal Electronics City,
Hootagalli, Mysore-570018
☎ 9980837179, Mr. Anand Niranjan
☎ 8095026224, Mr. Akash Mallick

Solapur

Daily (7 PM to 7:30 PM)
Bal Ganesh Mandir, Bushar Peth, Mohol
☎ 09860967066 Mr. Vivekanand Swami
☎ 09970800279 Mrs. Swaroopa Swami

Chennai

Sundays (10 AM to 10:30 AM)
No. 481, SAIPREM, 19th Street,
4th Sector, K. K. Nagar
☎ 9444880409 Mrs. Rajalakshmi R.

Tirunelveli

Daily (7 PM to 7:30 PM)
Vadaku Theru, Chella Pillaiar Kulam,
A.P. Nadanoor Post
Aalangulam Taluk-627423
☎ 9444458747 Mr. Mariappan N.

Madurai

Thursdays (5:20 PM to 6 PM)
Madurai Agricultural College,
Staff Club Building
☎ 9443925074 Mr. Swaminathan C.

Pune

Sundays (4 PM to 4:30 PM)
3 B, Kapila Housing Society,
Gokhalenagar, Pune-411016
☎ 9011038169 Mr. Ashutosh Navangul

Thursdays (2.30 pm to 3 pm)
Sindhi Mandir, Besides Satnam Textile,
Near Shivsena Office, Uruli Kanchan,
Haveli Dist, Pune-412202
☎ 9822973632, Mr. Goraksh Mahadik

Visakhapatnam

Saturdays (7PM to 7.30PM)
Door No. 14-339/19, Flat No. 207
Sree Mithra Heights, Balaji Garden,
Gopalpatnam, Opp. APRTC Bus Depot.
VISAKHAPATNAM-530029.
☎ 9848628324, Mr. V. Harikrishnan

EXPERIENCES

(Compiled by Vaishali Joshi)



I do Light Channelling regularly in my house and also in the school. There is a student who is little mischievous and does not take interest in studies. To improve her behaviour I channelled Light to her regularly. I have observed that now she is more active and is taking interest in her studies. Her behaviour has also improved considerably.

- Smt. Indira, Teacher, Govt. Higher Primary School, Yediyur, Bangalore

When I feel the Light during channelling I experience a kind of happiness and peace. I experience its warmth. I can feel a smile appearing on my face. With the help of Light my concentration has increased, my hurts have disappeared and now this Light is aiding me to reach my goal. I express my heartfelt gratitude to Manasa Foundation.

- Hema M., Std. VIII, Sree Sajjan Rao Vidya Samasthe, Bangalore

I used to meditate earlier. I never felt anything. During Light Channelling when I imagine Light, I feel peace, courage and contentment. Earlier I never used to study at all. Now when I meditate, I feel nothing is impossible, I can accomplish everything. I express my heartfelt thanks to Light and Manasa Foundation.

- Chandini R., Std. VIII, Sree Sajjan Rao Vidya Samasthe, Bangalore

The energy of Light Channelling technique has helped me to be creative. I don't feel like wasting time.

- Surabhi, Std. IX, Sree Sajjan Rao Vidya Samasthe, Bangalore

When the volunteers from Manasa Foundation spoke about Light and Channelling, I did not trust Light. When I had the challenge of handling a bunch of students least interested in studies and board exam results on hand, I started to experiment with Light. It started out of curiosity. I took initiative and started conducting Light Channelling sessions during the assembly. When I had lost all hopes, regular Meditations helped us achieve 85% wonderful results. Thanks to Light and Manasa Foundation. I experience a sea change in and around me.

- Smt. Malini S., Headmistress, Corporation Boys' School, Gavipuram, Bangalore

We are practising Light Channelling regularly. Our concentration is increasing. I feel a new energy is entering me and I experience feeling new - A new brain, a new body and a new intellect. I focus on only one thing, the job on hand. Imagining Light is wonderful!

- Satish, Teacher, Sree Sajjan Rao Vidya Samasthe, Bangalore

On Teachers' Day I received a call from my friend who is blind and is working in a bank wishing me 'Happy Teachers' Day'. I wondered. He responded, 'Madam, you taught me a very beautiful Light Channelling technique. I practise this twice everyday for 7 minutes. I have observed many changes in me. I do not indulge in unnecessary talks. I am more focused on my work. Earlier I was very moody, and now I am always in a happy mood. I sometimes experience the Light.' I was thrilled. This ecstatic response ended with a sincere commitment from him to channel more Light.

- Jyothi Shanbhag, Volunteer