



**GURUJI KRISHNANANDA (1939)**

### LIGHT

Light, not the physical Light but the subtlest Light, is the Source of all Creation. It is the Source of all positive energies. It is the Source of Love, Peace, Truth, Wisdom and all Life. This Light is GOD.

### CHANNELLING

Channelling is allowing the Light to descend into us by intending and then spreading It around the world. Our body transforms the frequency to the grosser level.

The vibrations from the Light reach all beings and nature. They carry the energies of Healing, Love, Peace and all Positivity. They help Transformation. We will be better human beings. The world will be a better world.

### TECHNIQUE

Imagine an ocean of Light above you. Imagine the Light descending and filling up your body. Then, experience the Love, Light and Peace of the Light for a minute and then, imagine It spreading out gradually to your school, locality, country and world.

Practise this for a minimum period of seven minutes.

### LIGHT CHANNELS WORLD MOVEMENT

was launched by Guruji Krishnananda, founder of the Rishis Path, on 18-05-2008.

The Movement is to channel Light daily for seven minutes when we wake up or go to bed from our own places on this earth.

The aim of the Movement is, mainly, Peace on this earth.

### UNIQUENESS OF THE MOVEMENT

- Oneness by Light
- Non-religious, Universal
- No restrictions, no conditions
- No membership
- Everyone can contribute to Peace
- Helps the individual, helps the world
- Prepares us and the world to enter the Photon Belt

# LIGHT CHANNELS

Volume 1, Issue 10

NEWSLETTER

August 2011

## A MESSAGE

**Guruji Krishnananda**

All the turmoil we see at the global, national and individual levels is a part of the huge process of Transition into the Light Age. The Light that we are channelling is hastening the process of Transition. We have to be aware of this and strengthen the process by channelling more Light.

All the people do not receive and accept the Light straightaway. Those who do not accept are ignorant about the New Age and its realities. They will be educated at the Astral level by the Rishis and Light Workers.

Children, being innocent and pure, accept the Light at deeper levels without fully understanding the impact of Light. Understanding is not necessary. Acceptance is necessary.

With so many children and people channelling Light, we enter the new Light Age earlier.

## HAPPENINGS

**Jayant Deshpande**

When a child met with an accident and had to undergo surgery, entire school channelled Light to the child during surgery. The surgery, which would have taken 2 hours normally, was over successfully in just 20 minutes! So much of Love for a fellow student and so much of trust in Light!

With such touching experiences more than 1.5 lakh children in more than 300 schools are now channelling Light daily. In the month of July alone our Volunteers covered more than 130 new schools and a total of 520 schools.

More than 1900 schools have been covered so far.

Two new Regular Light channelling centres were opened in Bangalore.

## LIGHT WORKS

**Manoj Chopra**

As we turn on the TV or read newspaper, the situation of our earth looks so grim. So much is happening at global and individual levels. As we look around, it appears that there is no hope for this world.

There is a need to bring down maximum Light on this earth. Our Volunteers are working hard by starting Light channelling with a Big Bang. In the month of July, they helped highest number of students channel Light in a month so far. They are unstoppable. There is hope when we see children immersed in Light channelling so deeply and sincerely. Our Volunteers are working towards the goal of creating a better world for our future generations. Darkness will be wiped out by Light very soon.

We are touched by the gesture of Love shown by many school authorities and children with thanking letters and requests to visit them again.

## MANASA FOUNDATION (R)

Taponagara, Chikkagubbi, (Off Hennur - Bagalur Road) Bangalore Urban - 560077. INDIA.

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website : [www.lightagemasters.com](http://www.lightagemasters.com) [www.lightchannels.com](http://www.lightchannels.com)



**REGULAR CHANNELLING CENTRES****Bangalore**

Daily (7 PM to 7:15 PM)

Sri Sidashrama, 17<sup>th</sup> Cross,  
Malleshwaram

☎ 9480121545 Mr. Chanderseker K

Mondays (6:30 PM to 7 PM)

Anjaneya Temple,  
Mahalakshmi Layout

☎ 9972111809 Mrs. Anjali Patil K

Tuesdays (7:31 AM to 8 AM &  
7:31 PM to 8 PM)

No.62, II Cross, III Main Road,  
Near Alpine Apartments,  
Dena Bank Colony, Ganganagar

☎ 080-23536547 Mr. Mukesh Parmar

Wednesdays (6:30 PM to 7 PM)

Maruti Mandira, Vijaynagar

☎ 9972111809 Mrs. Anjali Patil K

Thursdays (10:30 AM to 11:00 AM)

No 312, Phase 4,  
Golden park apartment,  
K.C.D.C Main Road, Bommanahalli,  
☎ 9886437042 Dr Ravinder Singh  
Gaur

Thursdays (6:30 PM to 7 PM)

Munch Kins, No.890, 38th Cross,  
20th Main, 4th 'T' Block', Jayanagar  
☎ 9448856629 Mrs. Usha  
Satishchandra

Fridays (6:30 PM to 7 PM)

'Sumathi', No.481, 7th Cross,  
7th Main, J.P.Nagar III Phase  
☎ 9900110351 Mr. Ramesh V  
Bhosekar

Saturdays (11:30 AM to 12 Noon)

'Sri Ranga Kalakshetra', 13th Cross,  
Indiranagar, 2nd stage  
☎ 9900967005 Mrs. Hemalatha  
Pramod

Saturdays (6:00 PM to 6:30 PM)

The Indian Institute of World Culture,  
No.6, B.P. Wadia Road, Basavanagudi  
☎ 9448856629 Mrs. Usha  
Satishchandra

Saturdays (6:30 PM to 7 PM)

Balamuri Mahaganapathi,  
Shri Rajarajeshwari and  
Sri Lakshmi Narayana Temple,  
8th cross, Near Hoysala Circle,  
Kengeri Satellite Town  
☎ 9972111809 Mrs. Anjali Patil K



A Channelling session at Gurudwara Sahib, Sanjaynagar, Bangalore

**IMPORTANT EVENTS**

- 1<sup>st</sup> February 2010 - A group of 50 plus volunteers covered more than 50 schools in South India and organised channelling for more than 30000, children giving a great momentum to 'Light Channels World Movement'.
- 17<sup>th</sup> September 2010 - More than 20 volunteers covered around 50 schools of Mysore, Hubli, Chennai and Bangalore and organised channelling for more than 32000, children.
- 27<sup>th</sup> November 2010 - A band of 43 volunteers organised channelling in more than 59 schools in Shimoga, Mumbai, Chennai and Bangalore for 33000, children.
- 18<sup>th</sup> December 2010 - A band of 50 plus volunteers covered 107 schools on this single day in Mysore, Bangalore, Chennai, Mumbai and Hyderabad and organised channelling for more than 62000, children.
- 14<sup>th</sup> January 2011 - More than 1.5 lakh people in Solapur channelled Light.
- 1<sup>st</sup> February 2011 - 'World Channels Day' - More than 130 volunteers covered around 600 schools across India and organised Light channelling for more than 4 lakh children.
- On 27th June 2011 - 15255 children of 19 schools of Bangalore, Mysore, Dharwad, Madurai, Chennai & Pune channelled Light which was the highest of the month.

**LIGHT CHANNELLING IN SCHOOLS**

<b>Schools participated</b>	<b>1931</b>
<b>Students channelled Light</b>	<b>16.78 Lakh</b>
<b>Schools channelling regularly</b>	<b>315</b>
<b>Students channelling regularly</b>	<b>1,65,000</b>

**APPEAL TO SCHOOLS**

**Please help in strengthening Light Channels  
World Movement by making Light Channelling a  
part of daily prayers in your School.**

**LIGHT-IN-U! A MELODY!**

Usha Satishchandra

Light channelling!

Light descends and pervades. No great speeches ever made, can be filled with so much of grandeur and eloquence than the shortest speech in silence, addressing the entire world, touching each heart, to invoke the finest and deepest emotions. Each time you intend to create a world within and around you there is beauty beyond description!

The new unspoken language carries a charisma, which lingers in your thought, memory and deed for eons to come. The energy behind this silence is much more emphatic, clear, pure and optimistic. Once you establish contact with Light, you are touched for life. Its impression is left etched deep within each one of us. The impact is untarnished with the passage of time. All confusions are wiped off in the sweep of Light, as it descends each moment, in all its glory.

In its majestic, simple, eloquent elegance, as it touches each one of us, it speaks volumes. You don't have to lend your ears; it communicates to the entire you. One just melts in this embrace and is ready to follow the tune of Light, singing in unison one universal song, woven with Love, for Peace and Transformation and not only for the self but the entire creation. Wow! What an anthem! Every heart that resonates this, creates the sweetest song ever heard. The melody of such a tune calms every nerve. Peace and Love reverberates in every cell of your being.

The extravagance of such an orchestra can be created anytime, anywhere, within three to seven minutes of Light channelling sessions solely or in groups. Let us join together to be a part of this magnificent celebration of Life with Light in all its magnitude. ■

**LIGHT AND THE MONSOONS**

Pragti Raaj

The scorching hot summer finally gives into monsoons. What a relief! Clouds look like cotton candies hovering in the sky and it is time for the skies to meet the parched earth through millions of raindrops. Rains perhaps are a way of the skies communicating with the earth and the earthlings.

Meanwhile it is such an endearing sight to see our little school children with their colourful raincoats on their way to school. Greenery everywhere and the colourful umbrellas and the raincoats add to the beauty of the nature. You see them running and rushing to school, as it starts pouring heavily, laughing, shouting and crying in joy!

And as the weather outside due to rains is damp and cold, we are deeply touched by the warmth and welcome of the school authorities as we once again enter their schools for channelling Light. Most of them welcome us back with a smile and enormous respect. This humbles us. So much of Love! This in itself encourages us to move forward and teach the little children about Light. The co-operation of the school authorities is our greatest inspiration. It keeps us going. And the children recognising us volunteers when we return back to schools fills our heart with joy!

In the sea of these children, channelling Love and Light, our volunteers have found the greatest satisfaction of their lives. They say one should never stop dreaming, as dreaming is a food for the soul itself. One Master goes on to say, 'you stop living, the day you stop dreaming!' How true!

As the rains pour incessantly, there is no stopping our volunteers too. They move on spreading Light and Love. ■

**REGULAR CHANNELLING CENTRES**

Saturdays (6 PM to 7 PM)  
Shiksha Sagar Primary School  
No. 77, 5th Main, Postal Colony  
Sanjaynagar  
☎ 9686571066 Mr. Sudeep Jayaram

Saturdays (7:30 PM to 8:30 PM)  
Gurudwara Sahib,  
Opp. Anjaneya Temple,  
Ashwathnagar Main Road,  
Sanjaynagar  
☎ 9686571066 Mr. Sudeep Jayaram

**Mysore**

Sundays (9:30 AM to 10:30 AM)  
'Cuts and Curve', C.K. Complex,  
Sangam Circle,  
Vijaynagar 3rd Stage  
☎ 9886112881 Ms. Pragti Raaj

**Solapur**

Daily (7 PM to 7:30 PM)  
Bal Ganesh Mandir, Bushar Peth,  
Mohol  
☎ 09860967066 Mr. Vivekanand Swami  
☎ 09970800279 Mrs. Swaroopa Swami

**Dharwad**

Sundays (5 PM to 5:30 PM)  
Community Hall, Bharatinagar  
☎ 9845651555 Mr. Avinash Rao

**Chennai**

Sundays (10 AM to 10:30 AM)  
No. 481, SAIPREM, 19th street,  
4th Sector, K K Nagar  
☎ 9444880409 Mrs. Rajalakshmi R

**Tirunelveli**

Daily (7 PM to 7:30 PM)  
Vadaku Theru, Chella Pillaiar Kulam,  
A.P. Nadanoor Post  
Aalangulam Taluk-627423  
☎ 9444458747 Mr. Mariappan N

**Madurai**

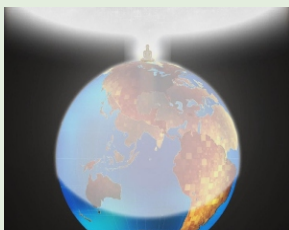
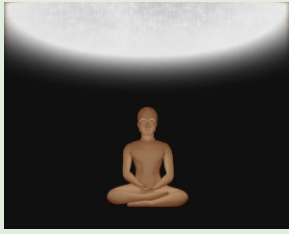
Thursdays (5:20 PM to 6 PM)  
Madurai Agricultural College,  
Staff Club Building  
☎ 9443925074 Mr. Swaminathan C

**Pune**

Sundays (4 PM to 4:30 PM)  
3 B, Kapila Housing Society,  
Gokhalenagar, Pune 411016  
☎ 9011038169 Mr. Ashutosh Navangul

## EXPERIENCES

(Compiled by Vaishali Joshi)



I am overwhelmed with the benefits of Light channelling. A child was injured during a fall and was to be operated. The surgery would take two hours. The entire school channelled Light to the child during the surgery. Miraculously, the operation was successful in 20 minutes!

A hyperactive child has mellowed down with the group channelling technique followed by the school. We were dumbfounded at such a response.

- Smt. R. K. Indira, Teacher, Govt. Model Higher Primary School, Yediyur, Bangalore

I am very pleased with the difference channelling of Light has brought to my students. A student habituated in using foul language has mended her ways and refined her behaviour. Children who were very naughty have calmed down and are much quieter. Grasping power of students has improved. I can easily see a difference in the interaction among the students. There is a lot of Love and care nurtured among them.

- Mrs. Komala, Principal, Good Earth, Bangalore

Many of our previous batch pupils have reported and boasted of the Light channelling technique. Because they were able to secure outstanding score in their S.S.L.C. examination, they have become optimistic, healthy and serene compared to their preceding classes. They were also able to get solutions to various pondering questions which came their way.

Amazingly, our institution has achieved a glorious result in 2010-11 comparatively to last 28 years. Thank you.

- Haneesh R. P., Head Master, Indian High School, Bangalore

I was filled with sorrow due to some incident which occurred in the morning. But after Meditation I felt my worries were lightened. Definitely, I would like to include Meditation as one of the important part in my life. Thank you.

- Indre Raghuram, Venkat Public School, Bangalore

I felt blank for some time and couldn't see anything. Then suddenly I saw a globe, I was outside the globe and I saw that everyone on this earth was meditating.

- Pallavi, Std. IV, St. Loudes English School, Bangalore

I saw many white balls of Light before me. I felt silence for the first time.

- Iswarya, Std. VI, PU Middle School, Madurai

I experience a lot of Peace and calmness after channelling Light. Earlier I found it difficult to concentrate in class. I travel 40 kms. every day to reach college. It takes a minimum of 15-20 minutes to focus on the lecture in the class because the sound of honking vehicles lingers in my ears, distracting me. I am happy to have found solace in Light channelling. 3 minutes of practice helps to gain 17 minutes!

- Umesh, Student, B.E.S. College of Education, Bangalore

I feel that with Light channelling, all the bad feelings are going out of me and I am now filled with only good feelings.

- Divyashree, Std. VII, Govt. Higher Primary School, Doddakanneli, Bangalore.

I am relieved of my short temper and Light channelling has helped me to remain calmer. I am now more focused in my studies.

- Nethra, Std. IX, Govt. Model Primary School, M.A.R.P. Lane, Bangalore

In one of the schools, during the beginning of regular Light channelling, I suddenly became aware that everyone was channelling along with me and through me. Towards the end, I felt special energies were attached to children. The vibrations were very strong. Then I heard Light Masters telling me to end the session.

- Sudeep Jayaram, Volunteer, Light Channels World Movement