



GURUJI KRISHNANANDA (1939)

LIGHT

Light, not the physical Light but the subtlest Light, is the Source of all Creation. It is the Source of all positive energies. It is the Source of Love, Peace, Truth, Wisdom and all Life. This Light is GOD.

CHANNELLING

Channelling is allowing the Light to descend into us by intending and then spreading It around the world. Our body transforms the frequency to the grosser level.

The vibrations from the Light reach all beings and nature. They carry the energies of Healing, Love, Peace and all Positivity. They help Transformation. We will be better human beings. The world will be a better world.

TECHNIQUE

Imagine an ocean of Light above you. Imagine the Light descending and filling up your body. Then, experience the Love, Light and Peace of the Light for a minute and then, imagine It spreading out gradually to your school, locality, country and world.

Practise this for a minimum period of seven minutes.

LIGHT CHANNELS WORLD MOVEMENT

was launched by Guruji Krishnananda, founder of the Rishis Path, on 18-05-2008.

The Movement is to channel Light daily for seven minutes when we wake up or go to bed from our own places on this earth.

The aim of the Movement is, mainly, Peace on this earth.

UNIQUENESS OF THE MOVEMENT

- Oneness by Light
- Non-religious, Universal
- No restrictions, no conditions
- No membership
- Everyone can contribute to Peace
- Helps the individual, helps the world
- Prepares us and the world to enter the Photon Belt

LIGHT CHANNELS

Volume 1, Issue 9

NEWSLETTER

July 2011

A MESSAGE

Guruji Krishnananda

All those who are familiar with the Light and Light channelling realize that any one, not just the school children, can channel the Light to benefit individually and also globally. To eradicate corruption, to bring peace and to deal with the processes of the Great Change that is sweeping the globe, all of us have to channel Light. We can organize weekly sessions at our homes, as we organize Satsang or Bhajan sessions. Many are doing this already.

Light channelling sessions anywhere establish Peace and Love.

HAPPENINGS

Jayant Deshpande

The Light channelling work expands silently. The Volunteers are working passionately but silently to realise the dream of their Master. The dream is to see this world full of Peace and Love. Schools are helping us immensely. A school began the Parents-Teacher meeting with a Light channelling session.

Our Volunteers covered 114 new schools and taught channelling to 39000 new school children in June 2011. More than one lakh children now channel Light every day, during their school prayers. A Light channelling centre started in Madurai and one more centre was opened in Bangalore.

LIGHT WORKS

Manoj Chopra

For our Light Channelling volunteers impossible means I-M-POSSIBLE. Their conviction to bring down more Light is embedded in them. In this year the work is getting intensified by follow up and regularisation of channelling in the schools. We have already gained much bigger momentum compare to last year and work is scaling new heights.

Many teachers and class-monitors are coming ahead and supporting the movement by taking initiative to teach Light channelling to their colleagues. Our volunteers are playing major role for training teachers and monitors. Cooperation from the school authorities is amazing. It is helping us our work to expand further.

Challenging and exciting time is waiting ahead, where destinies can be rewritten.

MANASA FOUNDATION (R)

Taponagara, Chikkagubbi, (Off Hennur - Bagalur Road) Bangalore Urban - 560077. INDIA.

Phone : (080) 2846 5280, 2271 5501, 093420 30250 (10 AM to 4 PM)

e-mail : info@lightagemasters.com info@lightchannels.com

website : www.lightagemasters.com www.lightchannels.com



REGULAR CHANNELLING CENTRES

Bangalore

All Days (7 PM to 7:15 PM)
Sri Sidashrama, Malleshwaram
☎ 9480121545 Mr. Chandraseker K

On Mondays (6:30 PM to 7PM)
Anjaneya Temple, Mahalakshmi Layout
☎ 9972111809 Mrs. Anjali Patil K

On Tuesdays (7:31 AM to 8 AM &
7:31 PM to 8 PM)
Dena Bank Colony, Ganganagar
☎ 080-23536547 Mr. Mukesh Parmar

On Wednesdays (6:30 PM to 7 PM)
Maruti Mandira, Vijaynagar
☎ 9972111809 Mrs. Anjali Patil K

On Thursdays (6:30 PM to 7 PM)
Munch Kins, Jayanagar
☎ 9448856629 Mrs. Usha Satishchandra

On Fridays (6:30 PM to 7 PM)
J.P.Nagar, III Phase
☎ 9900110351 Mr. Ramesh V Bhosekar

On Saturdays (11:30 AM to 12 Noon)
Indiranagar 2nd stage
☎ 9900967005 Mrs. Hemalatha Pramod

On Saturdays (6:00 PM to 6:30 PM)
The Indian Institute of World Culture,
Basavanagudi
☎ 9448856629 Mrs. Usha Satishchandra

On Saturdays (6:30 PM to 7 PM)
Balamuri Mahaganapathi, Kengeri
Satellite Town
☎ 9972111809 Mrs. Anjali Patil K

Mysore

On Sundays (9:30 AM to 10:30 AM)
'Cuts and Curve', Vijaynagar 3rd Stage
☎ 9886112881 Ms. Pragti Raaj

Solapur

All Days (7 PM to 7:30 PM)
Bal Ganesh Mandir, Bushar Peth, Mohol
☎ 09860967066, Mr. Vivekanand Swami

Chennai

On Sundays (10 AM to 10:30 AM)
K K Nagar
☎ 9444880409 Mrs. Rajalakshmi R

Tirunelveli

All Days (7 PM to 7:30 PM)
Vadaku Theru, Aalangulam Taluk-627423
☎ 9444458747 Mr. Mariappan N.

Madurai

On Thursdays (5:20 PM to 6 PM)
Madurai Agricultural College
☎ 9443925074 Mr. Swaminathan C

Mumbai

On Sundays (10 AM to 10:30 AM)
Community Hall, Thane West
☎ 9769916001 Mr. Hemant Sharma

Pune

On Sundays (4 PM to 4:30 PM)
Gokhalenagar, Pune
☎ 9011038169 Mr. Ashutosh Navangul



A Channelling session at our Madurai Centre

IMPORTANT EVENTS

- 1st February 2010 - A group of 50 plus volunteers covered more than 50 schools in South India and organised channelling for more than 30000, children giving a great momentum to 'Light Channels World Movement'.
- 17th September 2010 - More than 20 volunteers covered around 50 schools of Mysore, Hubli, Chennai and Bangalore and organised channelling for more than 32000, children.
- 27th November 2010 - A band of 43 volunteers organised channelling in more than 59 schools in Shimoga, Mumbai, Chennai and Bangalore for 33000, children.
- 18th December 2010 - a band of 50 plus volunteers covered 107 schools on this single day in Mysore, Bangalore, Chennai, Mumbai and Hyderabad and organised channelling for more than 62000, children.
- 14th January 2011 - More than 1.5 lakh people in Solapur channelled Light.
- 1st February 2011, 'World Channels Day' - More than 130 volunteers covered around 600 schools across India and organised Light channelling for more than 4 lakh children.
- On 27th June 2011 15255, children of 19 schools of Bangalore, Mysore, Dharwad, Madurai, Chennai, Pune channelled Light which was the highest of the month.

LIGHT CHANNELLING IN SCHOOLS

Schools participated	1,793
Students channelled Light	16.29 Lakhs
Schools channelling regularly	268
Students channelling regularly	1,35,445

Shri B V Arunkumar, has withdrawn from the Light Channelling activity from now on. All concerned may please note that he does not represent us any more.

LOVE IS ALL AROUND

Pragti Raaj

The sun rises splashing hues of crimson on the morning blue sky. What a lovely sight it is as the sun spreads warmth, light and love unconditionally to one and all. The sunshine wakes up the buds helping them to bloom into flowers spreading their fragrance. They bloom for no one in particular but for the sheer joy of blooming and their beauty entralls us. And then the birds tweet, chirp and soar into the arms of the loving sky. Flowers offer their nectar unconditionally to the bees. The trees welcome us with their shade and love and expect nothing in return.

Nature carries enormous Light and Love right from the start of the day. One can feel it all around. But sadly, why is it that we humans resist Love? Why are we guarded and defensive?

We see that Love and Light in the school children on the way to school. They shout out joyfully to the volunteers "Light ma'am" !!!, "Light sir" !!! They wave to us and give their bright smiles. It touches our hearts and makes us wonder, "Can't we be like them? Can't we give a genuine smile like them? Can't we return back to innocence like them?"

It is time for all of us to think about these things. To give into the voice of the heart and not always to that of the mind.

Let us give into the beauty of the heart and let it beat with Love for this entire earth. Let us move towards Light. ■

NEED OF THE HOUR

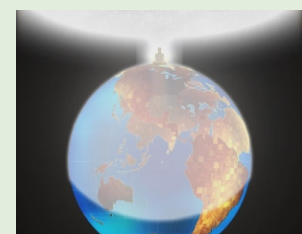
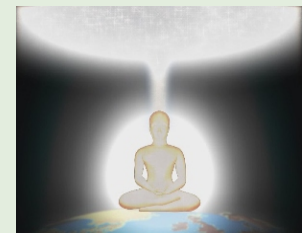
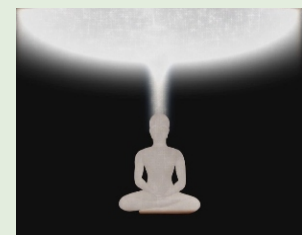
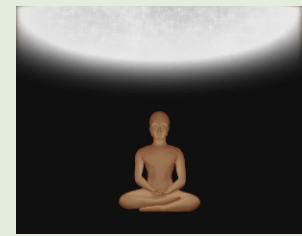
Hemalatha

After conducting Light channeling session in a school, as I was coming out, I came across a happy looking boy. He said, "Thank you madam for coming and teaching us this technique." I casually enquired, "Do you practise it everyday?" His reply astonished me. He said, "How can I not practise? You have made me the class leader!" A responsible leader already budding in this young boy, I thought.

To ensure that Light is channelled regularly in this school, I had identified class leaders who would help the children practise it everyday. But little did I realise that such a young boy of only 9 years would rise up to the occasion with such enthusiasm and responsibility.

There dwells a leader in each one of us. Time has come for all of us to rise up to the situation and take up responsibility. Deep inside, each one of us has this strong urge to fight out injustice and bring Peace and Love to this world. We witnessed this when Anna Hazare marched on the streets. Many leaders emerged from different parts of the country leading a small group of people. We too can bring out our true potential and make an impact in our own small way, from wherever we are, just like this boy, who, in his own small world, is determined to make a difference.

The words of the little boy give us immense satisfaction and encourage us to carry out the work. We have a dream; a dream to establish Light on this earth. It is our Hope that the world will join us one day. ■



EXPERIENCES

(Compiled by Vaishali Joshi)

VOLUNTEERS

When we conducted the session at Govt. Primary School, Jogupalya, Bangalore on 20-6-2011, I saw sparkling blue colour Light for a few seconds as soon as I closed my eyes. After the session Shafia, a 7th std. student said that she felt the bright Light entering and spreading through her. When she opened her eyes, she saw the whole surrounding filled with blue Light. It was really amazing.

- Sunitha R. Rao

I conducted a Light channelling session at a semi slum area at Pune for the children and their parents. After the session, which was conducted without any visual aids, a lady by name Pramila shared her experience eagerly, "Madam, when I opened my eyes, I could not see anything. It was white Light everywhere and all the people sitting here were balls of white Light. I closed and opened my eyes again to make sure, but it was the same for sometime!" This experience of the lady touched me deeply!

- Geeta Joshi

In June 2010, whenever I visited Vidyanjali Academy for Learning in Bangalore for conducting a Light channelling session, we could not conduct a session as there were rains everytime. On 3-6-2011, almost after one year, the session took place in spite of a cloudy and rainy weather. Many students saw Light. I realised that we should not give up making efforts from our side when the school is willing. The grace of Light helps.

- Mukesh Kumar Parmar

TEACHERS AND STUDENTS

As I started practising the technique of channelling Light, I felt a huge ocean of Light above me. Gradually I took the Light inside me and I was really amazed when I had this strange experience. I felt as if I had lost all my body weight and I was floating in the air.

- Kiran Kumar S., Teacher, Vidyanjali Academy for Learning, Bangalore

The children of Corporation Girl's High School, Shrirampuram, Bangalore are channelling Light from the month of July 2010 regularly everyday for 10 minutes. By the grace of Light Masters, Light and Guruji, the performance of our school was 92% in the SSLC examination and our schools stands first among all Corporation High Schools.

- Vice Principal, Mahanagara Palike Girls Junior College, Srirampura, Bangalore

Light channelling has improved Patience, Concentration, Tolerance, Discipline and Memory of our students. There is a good improvement in the character and behaviour of the students.

We thank the Light Channelling team of Manasa Foundation.

- B. Jayalakshmi, Govt. High School, Saniguruvanahalli, Bangalore

I was regularly doing Light channelling during my exams and Light really supported me. Two months before my exams a counsellor in my class guided me. She told me that my method of study was going wrong somewhere and she gave a correct way of preparing for my exams. Within two months I was thorough with my portions.

During my maths paper, towards the end I realised that I still had to solve two problems and I had only two minutes left. The questions were easy but the answers had to be very lengthy. I prayed to Light and Light Masters to help me. After solving the problems when I looked at my watch, it was showing the same time, which it was showing before I began solving the problems. As soon as I finished writing, the bell rang and invigilator started collecting our answer papers. I was really shocked! I have scored 85.5% only because of Light and Light Masters. I am thankful to them for guiding me.

- Rucha Nashikkar, Student, Mumbai

I feel fresh after the session. I saw a golden globe of Light while channelling Light.

- Senkamalam, VII Std., P.U. Middle School, Madurai

I saw a golden globe of Light while channelling Light.

- Vishnu, VII Std., P.U. Middle School, Madurai

After channelling Light, I feel as if I am born again.

- Manimekalai, IV Std., P.U. Middle School, Madurai

APPEAL TO SCHOOLS

Please help in strengthening
Light Channels
World Movement
by making
Light Channelling a
part of daily prayers
in your School.