



GURUJI KRISHNANANDA (1939)

LIGHT

Light, not the physical Light but the subtlest Light, is the Source of all Creation. It is the Source of all positive energies. It is the Source of Love, Peace, Truth, Wisdom and all Life. This Light is GOD.

CHANNELLING

Channelling is allowing the Light to descend into us by intending and then spreading It around the world. Our body transforms the frequency to the grosser level.

The vibrations from the Light reach all beings and nature. They carry the energies of Healing, Love, Peace and all Positivity. They help Transformation. We will be better human beings. The world will be a better world.

TECHNIQUE

Imagine an ocean of Light above you. Imagine the Light descending and filling up your body. Then, experience the Love, Light and Peace of the Light for a minute and then, imagine It spreading out gradually to your school, locality, country and world.

Practise this for a minimum period of seven minutes.

LIGHT CHANNELS WORLD MOVEMENT

was launched by Guruji Krishnananda, founder of the Rishis Path, on 18-05-2008.

The Movement is to channel Light daily for seven minutes when we wake up or go to bed from our own places on this earth.

The aim of the Movement is, mainly, Peace on this earth.

UNIQUENESS OF THE MOVEMENT

- Oneness by Light
- Non-religious, Universal
- No restrictions, no conditions
- No membership
- Everyone can contribute to Peace
- Helps the individual, helps the world
- Prepares us and the world to enter the Photon Belt

LIGHT CHANNELS

Volume 1, Issue 8

NEWSLETTER

June 2011

A MESSAGE

Guruji Krishnananda

We are moving into an age of New Consciousness. We are on the way. Before moving in there, we have to leave behind our thoughts and acts of the old Age. This is not easy. Not easy at all. We require the strength and guidance. These come from the Light. That is why we channel the Light.

The Light has all the power and wisdom. Light not only guides us into the New Age, but also guides us in living the daily life sensibly and peacefully. It helps a student, a house-holder, a computer engineer, an artist.....even a Yogi, if he really follows the Light.

Light channelling brings the Revolution that a thousand leaders cannot attempt to achieve.

HAPPENINGS

Jayant Deshpande

With opening of schools comes the joy of meeting the little angels who bring down more Light with their purity and innocence. Our Volunteers were eagerly waiting to meet these angels once again.

Schools have just opened and the channelling activity in schools has already gathered momentum. Enthusiasm of our Volunteers is being abundantly rewarded by the sincerity of these little Light angels. School authorities are very positive about this and some schools began the new session silently with Light channelling.

Five new regular Light channelling centres were opened in May 2011.

LIGHT WORKS

Manoj Chopra

Monsoon has just begun so as channelling of Light in schools after the vacations. Our earth is bathing with new energies which are bringing beautiful changes at individual as well as global level. Although if we look around it appears as though this is the season of utter chaos and confusion. But amidst all this chaos, hope for better tomorrow is still gaining strength within us. After turmoil there will be tranquility.

We can clearly see polarisation of positive and negative forces now. Truth cannot be suppressed anymore. Let us strengthen the positive force by channelling more Light and help the New Age to dawn. Every channelling session is taking us one step closer to the New Age.

We thank school authorities who are welcoming us again to conduct Light channelling after reopening of the schools.

MANASA FOUNDATION (R)



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e-mail : info@lightagemasters.com info@lightchannels.com
website : www.lightagemasters.com www.lightchannels.com

REGULAR CHANNELLING CENTRES

Held in Bangalore

On All Days (7 PM to 7:15 PM)
Sri Sidashrama, Mallechwaram
☎ 9480121545 Mr. Chandraseker K

On Mondays (6:30 PM to 7PM)
Anjaneya Temple, Mahalakshmi Layout
☎ 9972111809 Mrs. Anjali Patil K

On Wednesdays (6:30 PM to 7 PM)
Maruti Mandira, Vijaynagar
☎ 9972111809 Mrs. Anjali Patil K

On Thursdays (6:30 PM to 7 PM)
Munch Kins, Jayanagar
☎ 9448856629 Mrs. Usha Satishchandra

On Fridays (6:30 PM to 7 PM)
J.P.Nagar, III Phase
☎ 9900110351 Mr. Ramesh V Bhosekar

On Saturdays (11:30 AM to 12 Noon)
Indiranagar 2nd stage
☎ 9900967005 Mrs. Hemalatha Pramod

On Saturdays (6:00 PM to 6:30 PM)
The Indian Institute of World Culture,
Basavanagudi
☎ 9448856629 Mrs. Usha Satishchandra

On Saturdays (6:30 PM to 7 PM)
Balamuri Mahaganapathi, Kengeri
Satellite Town
☎ 9972111809 Mrs. Anjali Patil K

Held in Mysore

On Sundays (9:30 AM to 10:30 AM)
'Cuts and Curve', Vijaynagar 3rd Stage
☎ 9886112881 Ms. Pragti Raaj

Held in Solapur

On All Days (7 PM to 7:30 PM)
Bal Ganesh Mandir, Bushar Peth, Mohol
☎ 09860967066, Mr. Vivekanand Swami

Held in Dharwad

On Sundays (5 PM to 5:30 PM)
Community Hall, Bharatinagar
☎ 9845651555 Mr. Avinash Rao

Held in Chennai

On Sundays (10 AM to 10:30 AM)
K K Nagar
☎ 9444880409 Mrs. Rajalakshmi R

Held in Tirunelveli

On All Days (7 PM to 7:30 PM)
Vadaku Theru, Aalangulam Taluk-627423
☎ 9444458747 Mr. Mariappan N.

Held in Mumbai

On Sundays (10 AM to 10:30 AM)
Community Hall, Thane West
☎ 9769916001 Mr. Hemant Sharma

Held in Pune

On Sundays (4 PM to 4:30 PM)
Gokhalenagar, Pune
☎ 9822792590 Mr. Ashutosh Navangul



A channelling session at our Mallechwaram, Bangalore centre

IMPORTANT EVENTS

- 1st February 2010 - A group of 50 plus volunteers covered more than 50 schools in South India and organised channelling for more than 30000 children giving a great momentum to 'Light Channels World Movement'.
- 17th September 2010 - More than 20 volunteers covered around 50 schools of Mysore, Hubli, Chennai and Bangalore and organised channelling for more than 32000 children.
- 27th October 2010 - More than 15 volunteers organised channelling for 22000 children in Hindupur, Chennai and Mysore.
- 27th November 2010 - A band of 43 volunteers organised channelling in more than 59 schools in Shimoga, Mumbai, Chennai and Bangalore for 33000 children.
- 18th Dec 2010 - a band of 50 plus volunteers covered 107 schools on this single day in Mysore, Bangalore, Chennai, Mumbai and Hyderabad and organised channelling for more than 62000 children.
- 14th January 2011 - More than 1.5 lakhs people in Solapur channelled Light.
- 1st February 2011, 'World Channels Day' - More than 130 volunteers covered around 600 schools across India and organised Light channelling for more than 4 lakhs children.

LIGHT CHANNELLING IN SCHOOLS

Schools participated	1509
Students channelled Light	15.88 Lakhs
Schools channelling regularly	150
Students channelling regularly	1 Lakh

AT THE CROSSROADS

Pragti Raaj

When we look at the globe, we see the oceans, rivers and the names of the countries. Well, the names on the map are for the convenience of course. But in reality, we see the territories, boundaries and demarcations. Who created these demarcations? Did nature create these lines and boundaries? Did mother earth ask of us to fight and cause bloodshed, violence in the name of peace? It is us! It is we who have allowed this to happen. We have chosen to fight in the name of countries, caste, creed and race. We are responsible for the chaos around.

Why do we need these boundaries and demarcations at all if they are the cause of all the chaos on this earth? It is time to contemplate on this and drop the narrow ideas of just our state, our country. It is time to be global. It reminds me of a scene from a Hindi movie 'Auro', where a child, creates a plain white globe for a science exhibition, without anything on it. No names of countries or boundaries! What a beautiful idea!

Thousands of years ago earth has seen glorious years where people lived in perfect harmony, peace and love. But as time elapsed we lost the glory. But now, we are at crossroads. It is time to make choices between love and non-love. We have pushed mother earth to the limits. We have tested her patience and tolerance for too long. And we know it does not take even a single minute for her to unleash her fury.

Let us be the responsible citizens of earth and lead mother earth to glory again. Let us start before it gets too late. Let us begin today. Let us channel Light. Light has Love and Intelligence. The enormous strength of Light and Love is in our hands. It is time for ONE EARTH and ONE HUMANITY! ■

THE DIVINE LIGHT

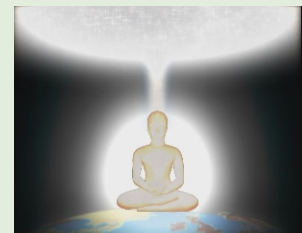
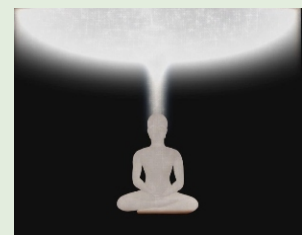
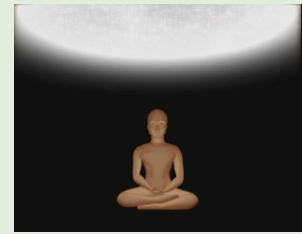
Karthik N

We have seen and heard of so many kinds of lights, and its vibrant color variants. Most precious and mysterious among them is The Divine Light. For, though it is invisible and intangible, Light carries best of the qualities and all the powers.

The Divine Light holds in its bosom Purity, Peace, Love, Joy, Knowledge and all that a human ever aspires for. In Light, we can lay our complete trust, and love it from the depth of our hearts. The Light not just reciprocates, but gives so much back that a beautiful relationship starts budding silently. With the relationship begins a journey - Journey to Eternity, where we blossom into a true Human being, and then a Divine being. The Journey might be long and hard. But, the path is strewn with Love and Guidance at every step. When we lead our Life with Light in our hearts, the Life becomes much simpler and beautiful.

Light channelling is a unique opportunity to blend with this Divine Light, in its purest form. This simple technique improves the quality of our Life to a great extent. There are many ways in which we can manifest the qualities of Light in our daily living.

My journey has begun, and changes are many. Confusions, fears, insecurities, stress and many other negativities are slowly fading away. There is so much more to explore now. Life has become joyous, and worth living! ■



EXPERIENCES

(Compiled by Vaishali Joshi)

VOLUNTEERS

Couple of weeks back I taught Light Channelling to some kids who were playing near my house. One of them was a 5-year-old girl, Ashmitha. She was so happy after the Light Channelling session that she told my other neighbours and her grandmother about it. Her grandmother was also eager to learn and I happily taught her. She was also excited and she introduced Light Channelling to about 30 ladies during their Mahila Samaj meeting in Nandini Layout.

After playing in the park, Ashmitha would say that she was tired and she would sit and channel Light. Seeing her, others in the park were curious to know, what it was, and the little girl taught them channelling as well. Now she wishes me with a smile that touches my heart. I feel she is all over the place, full of joy and happiness.

Suddenly many people began asking me about it in my neighbourhood. It motivated me to start the Regular Light Channelling centre in Indiranagar. So much happened with one little sincere soul.

- Hemalatha Pramod

When I completed Light Channelling for 5th class students at Oxford Matric School, Chennai, more than 8 children joyously said they could see Blue Light. Chandan who was very mischievous in that class said that blue rays of Light plunged into his head the moment he visualized ocean of Light. Generally in many classes, after Light Channelling I see at least one of the students' eyes filled up with tears of Love and Joy. I am looking forward to yet another Lightful year.

- Manikandan Baskaran

Our Light Channelling team conducted Light Channelling session for all students on the opening day of our college on June 10. Nearly 500 students channelled Light. We started our placement activity for the first time and we could place nearly 22 students in different multinational companies. Our result of T.Y. BCS has improved by more than 20% this year compared to the previous year. There is sudden rise in placements as well as results. I have no words to express our thanks and gratitude to Guruji, Rishis and our channelling team.

- Dr. Mrs. Charusheela Birajdar, Principal
Maharashtra College of Science and
Commerce, Pune

TEACHERS AND STUDENTS

When I began practising Light channelling technique, I felt a huge ocean of Light on me. Gradually I took the Light inside me and I was really amazed to have a strange experience. I felt as if I had lost all my body weight and I felt that I was floating in the air.

- Kiran Kumar S, Teacher, Vidyanjali
Academy for Learning, RT Nagar,
Bangalore

I am doing the Light Channelling from past two weeks and I am experiencing lot of change in these two weeks. My concentration power is increased.

- Chetana H., Std. IX, M S R
Vidyaniketan, Bangalore

I am doing the Light Channelling from past two weeks. Now I am reading well. While doing Light channelling our mind will become free and fully silent. Everyday at night and morning I am doing 7 minutes.

- Arun K., Std. IX, M S R Vidyaniketan,
Bangalore

When I was spreading Light to world, I saw world covered with white Light. I am feeling good now.

- Payal, Light Channelling Centre, Thane

I was feeling the vibrations of Light inside me. I am fresh and relaxed now.

- Yashvi, Light Channelling Centre, Thane

It is a simple technique. It has helped me a lot. I have healed myself with the help of Light 2-3 times. Once I sent Light to my brother who had a problem. Light helped him and the problem got solved. I have become more balanced, peaceful and positive. I feel more Love towards others and feel like helping them.

- Jainendra Kumar, C.B.D Belapur, Navi
Mumbai

It is a wonderful experience. I feel that I am becoming quiet and calm. I would also like to add that practising it daily increased my self control and concentration. And it is brilliant from the point of view of exams.

- Poorva Kulkarni, Std. 8, Maharashtra
Mandal English Medium School, Pune

Last few days I am feeling so nice and fresh because of this Meditation. My mind is also becoming sharp and my concentration has also increased. I like it and feel like doing it again and again.

- Snehal Atul Shinde, Std. 8,
Maharashtriyā Mandal English Medium
School, Pune

APPEAL TO SCHOOLS

Please help in strengthening
Light Channels
World Movement
by making
Light Channelling a
part of daily prayers
in your School.