



GURUJI KRISHNANANDA (1939)

LIGHT

Light, not the physical Light but the subtlest Light, is the Source of all Creation. It is the Source of all positive energies. It is the Source of Love, Peace, Truth, Wisdom and all Life. This Light is GOD.

CHANNELLING

Channelling is allowing the Light to descend into us by intending and then spreading It around the world. Our body transforms the frequency to the grosser level.

The vibrations from the Light reach all beings and nature. They carry the energies of Healing, Love, Peace and all Positivity. They help Transformation. We will be better human beings. The world will be a better world.

TECHNIQUE

Imagine an ocean of Light above you. Imagine the Light descending and filling up your body. Then, experience the Love, Light and Peace of the Light for a minute and then, imagine It spreading out gradually to your school, locality, country and world.

Practise this for a minimum period of seven minutes.

LIGHT CHANNELS WORLD MOVEMENT

was launched by Guruji Krishnananda, founder of the Rishis Path, on 18-05-2008.

The Movement is to channel Light daily for seven minutes when we wake up or go to bed from our own places on this earth.

The aim of the Movement is, mainly, Peace on this earth.

UNIQUENESS OF THE MOVEMENT

- Oneness by Light
- Non-religious, Universal
- No restrictions, no conditions
- No membership
- Everyone can contribute to Peace
- Helps the individual, helps the world
- Prepares us and the world to enter the Photon Belt

LIGHT CHANNELS

Volume 1, Issue 7

NEWSLETTER

May 2011

A MESSAGE

Guruji Krishnananda

Light channelling by the school children has been a phenomenal success. And it is expanding further. But we have to remember that Light channelling is to be done by everyone: young, adults and old. Everyone gets benefits. But, more than the individual benefits, the world gets benefitted.

Light channelling by lakhs of children has helped global processes of cleansing. We can see so many truths getting surfaced, though they are not pleasant. The Light from the channelling has contributed a lot for this surfacing of the truths. If one introspects, one can easily make out that this process is occurring at the individual level also.

We should not limit channelling of the Light to school children, elders also have to participate in this. Teachers, parents and all others.

HAPPENINGS

Jayant Deshpande

Schools are closed for summer vacation but our Volunteers are still working. They are teaching children in summer camps and elderly people in old age homes. They are also opening new Light Channelling centres with the help of wonderful people willing to conduct channelling sessions in their houses or institutes, where people can gather once a week for this selfless work.

More people from the areas around these new centres in Mumbai, Mysore and Bangalore are joining the weekly sessions and participating in this great movement.

In spite of being a period of vacations, we could teach more than 8000 new children in 31 institutes during April 2011.

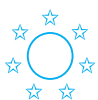
LIGHT WORKS

Manoj Chopra

From the day we started introducing channelling to school children, the smile on their innocent faces after the session has been motivating us in this work. Many came personally and several opted to thank through their dazzling eyes & divine faces. These smiles are real reward of our work. We could see glimpse of 'God' through their innocent smiling faces.

Ashmitha a 7 year old wonder child does Light Channelling in garden and other places which has motivated many elders to join our regular Light channelling center at Indiranagar. She is a New Age child. Once Guruji casually remarked that these children can guide elders. It has begun now. Let the Light spread and the whole world smile.

MANASA FOUNDATION (R)



Taponagara, Chikkagubbi, (Off Hennur - Bagalur Road) Bangalore Urban - 560077. INDIA.

Phone : (080) 2846 5280, 2271 5501, 093420 30250 (10 AM to 4 PM)

e-mail : info@lighttagemasters.com info@lightchannels.com

website : www.lighttagemasters.com www.lightchannels.com

REGULAR CHANNELLING CENTRES

Held in Bangalore

On All Days (7 PM to 7:15 PM)

Venue: Sri Sidashrama, 17th cross, Malleshwaram. Contact No.: 9480121545- Mr. Chandrashekar K

On Thursdays (6:30 PM to 7 PM)

Venue: Munch Kins, No.890, 38th Cross, 20th Main, 4th 'T' Block', Jayanagar. Contact No.: 9448856629 - Mrs. Usha Satishchandra

On Fridays (6:30 PM to 7 PM)

Venue: 'Sumathi', No.481, 7th Cross, 7th Main, J.P.Nagar, III Phase. Contact No.: 9900110351- Mr. Ramesh V Bhosekar

On Saturdays (11:30 AM to 12 Noon)

Venue: 'Sri Ranga Kalakshetra', 13th Cross, Indiranagar 2nd stage. Contact No.: 9900967005 - Mrs. Hemalatha Pramod

On Saturdays (6:00 PM to 6:30 PM)

Venue: The Indian Institute of World Culture, No.6, B.P.Wadia Road, Basavanagudi. Contact No.: 9448856629 - Mrs.Usha Satishchandra

Held in Mysore

On Sundays (9:30 AM to 10:30 AM)

Venue: 'Cuts and Curve', C.K. Complex, Sangam Circle, Vijaynagar 3rd stage. Contact No.: 9886112881- Ms. Pragti Raaj

Held in Solapur

On All Days (7 PM to 7:30 PM)

Venue: Bal Ganesh Mandir, Bushar Peth, Mohol. Contact No.: 09860967066, 09970800279 - Mr. Vivekanand Swami and Mrs. Swaroopa Swami

Held in Dharwad

On Sundays (5 PM to 5:30 PM)

Venue: Community Hall, Bharatinagar. Contact No.: 9845651555 - Mr. Avinash Rao

Held in Chennai

On Sundays (10 AM to 10:30 AM)

Venue: 481, SAIPREM, 19th street, 4th sector, K K Nagar. Contact No.: 23620582/9444880409 - Mrs. Rajalakshmi R

Held in Tirunelveli

On All Days (7 PM to 7:30 PM)

Venue: Vadakku Theru, Chella pillaiar Kulam, A.P. Nadanoor Post, Aalangulam Taluk, Pin-627423. Contact No.: 9444458747 - Mr. Mariappan. N



A channelling session at our Tirunelveli centre

IMPORTANT EVENTS

- 1st February 2010 - A group of 50 plus volunteers covered more than 50 schools in South India and organised channelling for more than 30000 children giving a great momentum to 'Light Channels World Movement'.
- 17th September 2010 - More than 20 volunteers covered around 50 schools of Mysore, Hubli, Chennai and Bangalore and organised channelling for more than 32000 children.
- 27th October 2010 - More than 15 volunteers organised channelling for 22000 children in Hindupur, Chennai and Mysore.
- 27th November 2010 - A band of 43 volunteers organised channelling in more than 59 schools in Shimoga, Mumbai, Chennai and Bangalore for 33000 children.
- 18th Dec 2010 - a band of 50 plus volunteers covered 107 schools on this single day in Mysore, Bangalore, Chennai, Mumbai and Hyderabad and organised channelling for more than 62000 children.
- 14th January 2011 - More than 1.5 lakhs people in Solapur channelled Light.
- 1st February 2011, 'World Channels Day' - More than 130 volunteers covered around 600 schools across India and organised Light channelling for more than 4 lakhs children.

LIGHT CHANNELLING IN SCHOOLS

Schools participated	1500
Students channelled Light	15.86 Lakhs
Schools channelling regularly	150
Students channelling regularly	1 Lakh

LIGHT, THE INSPIRER

Usha Satishchandra

A teacher by profession, I enjoyed every moment of my career sharing, teaching, learning, interacting, motivating and experiencing. I basked in this glory for a period. I felt there can not be a better profession than this. Over the years, things changed, situations changed. When I entered classrooms, I no longer encountered bright aspirants but sullen faces. Life filled with monotony and drudgery was well writ on the faces of these innocent children. They no longer enjoyed anything. The challenges they encountered were huge. Children fed on confusions, lack of trust and low self-esteem. Worst of all drooping faces with absolutely no aspiration to learn filled the atmosphere. Fears, complexes, insecurities, inabilities, lack of motivation became the order of the day.

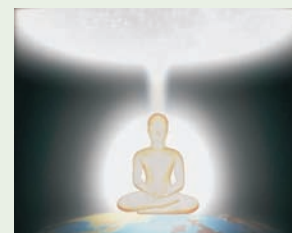
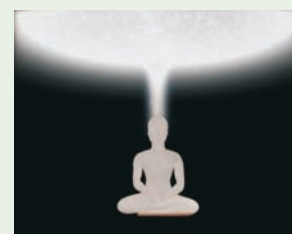
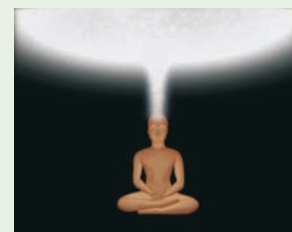
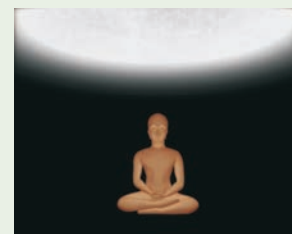
All kinds of experiments, life skill activities, hands on experience to instill confidence in them turned them to be achievers to an extent. Yet, there were moments when I was a witness to many a agony of my students. Deep down, I had this feeling that there was something missing in their lives. The joy, the children inherently carry with them was denied and deprived in the name of competition, success and a bright secure future. My heart cried silently. The future looked very bleak. This sadness, this yearning, this quest found in "LIGHT CHANNELLING" a true inspiration, a LIFE FORCE.

February 1st 2010, the day chosen for children to channel Light on this beautiful planet is my most memorable day in my life. I was elated. Here is a life skill, which offers you everything and anything. All you need to do is simply request this wonderful "LIGHT" the provider, the sustainer and the rejuvenator to enter you, immerse yourself completely in it and spread it effortlessly around you till you embrace the entire world. What a noble thought and simple act! There cannot be a greater gift than this to recreate a paradise on this earth. "LIGHT" in itself is a complete package, abundantly dressed in purity, overflowing with love and filled with a value system.

My first experience, channelling Light with the children is my red-letter day. Three minutes of this experience swept me off my feet and I was in a totally different world. A world filled with absolute bliss. I no longer have any fears for any of my children in this entire world. I know they are safe and secure in the hands of LIGHT. When they choose LIGHT, they have chosen the ABSOLUTE.

Every student, every teacher, every head of the institution who is reading this out there, this one is for each one of you. My dear friends, challenges are fun, freedom is your birthright but experience is the best teacher. I have shared my experience. My humble request to you is experience LIGHT AND SEE THE DIFFERENCE THAT IT MAKES TO YOU AND THE WORLD.

My heartfelt thanks to each and everyone of them who brought Light, more Light, most Light into my life. I am the most happiest person for I never fail to miss my date with 'THE LIGHT'. After so many years; even now, I discover in myself unknown zones, everyday. Each one is a wonder in itself. But, the best I have loved till date is Channelling Light with children. I don't deny that I thoroughly enjoyed teaching Shakespeare, Wordsworth, Keats and a host of literature. But the joy that Light has brought to me has made all the difference to me. Though, I have plenty of opportunities to go back and revive as a teacher, I love to choose and share and experience only one subject - LIGHT. So friends, have a wonderful journey! Embark on "LIGHT".



EXPERIENCES

(Compiled by Vaishali Joshi)

We felt very cool. Calmness and patience has increased after doing this exciting experiment. Nowadays children have become silent. There are no complaints of beating and fighting.

- Mrs. Meera Deshpande, Teacher,
Maharashtriya Mandal English Medium
School, Pune

Today you gave us two things - Discipline and Quietness. Today I felt peace by seeing the students so silent.

- Mrs. Sushma Nair, Principal,
VPM's International School, Airoli, Navi
Mumbai

After channelling Light for two weeks, I have improved my concentration power and now I am able to learn more. My mother is very happy with me.

- B Chandrashekar, Std 9, M S R
VIDYANIKETAN, Bangalore

I am very happy and excited as I have improved my concentration after channelling Light for two weeks. I am able to get good marks now.

- Satish E, Std 9, M S R
VIDYANIKETAN, Bangalore

Light Channelling has really helped me. I am now more active than before and somewhat relaxed always. I am able to concentrate more and also avoid stress.

Yesterday night, I slept after doing Light Channeling and prayed to light to continue channelling throughout the night. Usually when I wake up, I have headache. But this morning there was no headache.

- Pooja, 2nd year, Vagdevi Vilas PU
College, Bangalore

I forgot my pain and I could see Saibaba.

- Chinmay R. Gadepatih, Std. 6,
Maharashtriya Mandal English Medium
School, Pune

I do this technique two times a day. It has improved my concentration and I can concentrate now on whatever work I do during the day. It keeps my mind and body fresh for everything and any activity. Before going to bed it helps me to recognize things I do daily. And our thoughts are also good.

- Aditya Bhintode, Std. 8,
Maharashtriya Mandal English Medium
School, Pune

It feels fresh and helps to concentrate on our studies during exams. Earlier after getting up in the morning I used to feel very sleepy and tired the whole day. But after I started doing this Meditation it feels fresh in the morning and the whole day goes very nice. It helps to concentrate on the work which we are doing.

- Sanika Nadgauda, Std. 8,
Maharashtriya Mandal English Medium
School, Pune

I can concentrate on my studies because of Light Channelling. When I am upset I do Light Channelling and I feel better. I thank Light for being a part of my life and for giving me this power.

- Parth Pimpalkar, Std. 8,
Maharashtriya Mandal English Medium
School, Pune

Due to this I can concentrate on studies, and I feel peaceful and good. I think it is a medicine for refreshing our mind and loosening tension.

- Shubham Bardade, Std. 8,
Maharashtriya Mandal English Medium
School, Pune

I like the session of Light Channelling. It is very interesting. My concentration has increased. I can feel the change. And it is very useful and effective on studies.

- Savani S. Purohit, Std. 8,
Maharashtriya Mandal English Medium
School, Pune

After the Meditation my mind and body becomes fresh. I can concentrate on my daily work and mainly on studies. I practised at home at night. Due to this I could sleep very quietly. All the bad thoughts go and good thoughts come in my mind. I am eagerly waiting for the Meditation everyday.

- Swapnali Pashankar, Std. 8,
Maharashtriya Mandal English Medium
School, Pune

Everyday, after morning prayers, we practise Meditation. It helps to concentrate more on the daily activities in school. I feel fresh and enthusiastic. It takes only 5-10 minutes of Meditation to make an impact over us for the whole day. We can focus better on our academics. The best feeling is when we experience the Light. We look forward to it everyday impatiently. It was a wonderful experience overall. Indeed the Light has great power.

- Kruttika Patwardhan, Std. 8,
Maharashtriya Mandal English Medium
School, Pune

When I do the Meditation I feel that I am swimming in cool water that is refreshing till next day of Meditation. I do all my studies like learning, writing and revising refreshingly. I don't get exhausted full day.

- Ashutosh P. Taru, Std. 8,
Maharashtriya Mandal English Medium
School, Pune

APPEAL TO SCHOOLS

Please help in strengthening
Light Channels
World Movement
by making
Light Channelling a
part of daily prayers
in your School.