



GURUJI KRISHNANANDA (1939)

LIGHT

Light, not the physical Light but the subtlest Light, is the Source of all Creation. It is the Source of all positive energies. It is the Source of Love, Peace, Truth, Wisdom and all Life. This Light is GOD.

CHANNELLING

Channelling is allowing the Light to descend into us by intending and then spreading It around the world. Our body transforms the frequency to the grosser level.

The vibrations from the Light reach all beings and nature. They carry the energies of Healing, Love, Peace and all Positivity. They help Transformation. We will be better human beings. The world will be a better world.

TECHNIQUE

Imagine an ocean of Light above you. Imagine the Light descending and filling up your body. Then, experience the Love, Light and Peace of the Light for a minute and then, imagine It spreading out gradually to your school, locality, country and world.

Practise this for a minimum period of seven minutes.

LIGHT CHANNELS WORLD MOVEMENT

was launched by Guruji Krishnananda, founder of the Rishis Path, on 18-05-2008.

The Movement is to channel Light daily for seven minutes when we wake up or go to bed from our own places on this earth.

The aim of the Movement is, mainly, Peace on this earth.

UNIQUENESS OF THE MOVEMENT

- Oneness by Light
- Non-religious, Universal
- No restrictions, no conditions
- No membership
- Everyone can contribute to Peace
- Helps the individual, helps the world
- Prepares us and the world to enter the Photon Belt

LIGHT CHANNELS

Volume 2, Issue 1

NEWSLETTER

November 2011

A MESSAGE

Guruji Krishnananda

There were several Shifts in Consciousness and a very important one on 28th October 2011 predicted by the Mayans. The shifts are leading steps towards the new Light Age. This is the time that all of us have to begin to understand, experience and spread Light. The time has come for preparing to enter the Light Age.

The school children are doing wonderfully well in this regard. They are channelling Light. The time has come for the elders to channel Light. The teachers have to introduce this at their homes. The parents have to begin channelling the Light. The elders have greater responsibilities than the children. We must begin to appreciate this.

The time for very great and abrupt changes is nearing. Everyone of us have to begin to channel the Light. Light alone helps. Light alone saves.

HAPPENINGS

Jayant Deshpande

Our Volunteers work silently, inspired by the silent and mystical ways of Light. They are people with families, jobs and responsibilities. From their busy schedule of a very demanding life, they carve out time, sacrificing personal time available to them, to visit schools. The Light they carry in their hearts, touches the school authorities. Their sincere wish to see New Age on this earth and their dedication to the work is well reciprocated by the Universe through the school authorities and children.

The Universe always responds to our pure wishes and sincere efforts. It is not an insignificant occurrence that more than 2.5 lakh children in more than 500 schools channel Light daily during their school prayers.

The Universe is waiting for more to join, to reciprocate more.

LIGHT WORKS

Manoj Chopra

During one of the Light channelling sessions, one boy had a vision. He saw that politicians had stopped fighting and guns were dropped down. This is another indication of brighter times ahead. God communicates through such wonderful advanced souls. Although there are earthquakes, floods, untimely snowfall, recession and scams but simultaneously new constructive beginnings are also taking place in many nations. We have to be alert to observe all these changes.

In the month of October, although there were many holidays and heavy rains, it did not deter the spirit of our volunteers. I am really touched by their untiring efforts and Love towards the work.

MANASA FOUNDATION (R)



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e-mail : info@lightagemasters.com info@lightchannels.com
website : www.lightagemasters.com www.lightchannels.com

REGULAR CHANNELLING CENTRES

Bangalore

Monday to Friday (7 PM to 7:15 PM)

Sri Siddhashrama, 17th Cross,
Malleswaram

☎ 9480121545 Mr. K. Chandrashekar

Mondays (6:30 PM to 7 PM)

Anjaneya Temple, Mahalakshmi Layout

☎ 9972111809 Mrs. Anjali Patil K

Tuesdays (7:31 AM to 8 AM &
7:31 PM to 8 PM)

No.62, II Cross, III Main Road,
Near Alpine Apartments,

Dena Bank Colony, Ganganagar

☎ 080-23536547 Mr. Mukesh Parmar

Wednesdays (6:30 PM to 7 PM)

Maruti Mandira, Vijaynagar

☎ 9972111809 Mrs. Anjali Patil K

Thursdays (10:30 AM to 11:00 AM)

No 312, Phase 4,

Golden Park Apartment,

K.C.D.C Main Road, Bommanahalli,

☎ 9886437042 Dr. Ravinder Singh

Gaur

Thursdays (6:30 PM to 7 PM)

Munch Kins, No.890, 38th Cross,

20th Main, 4th 'T' Block', Jayanagar

☎ 9448856629 Mrs. Usha

Satishchandra

Fridays (6:30 PM to 7 PM)

'Sumathi', No.481, 7th Cross,

7th Main, J.P.Nagar III Phase

☎ 9900110351 Mr. Ramesh V

Bhosekar

Saturdays (11:30 PM to 12 Noon)

'Sri Ranga Kalakshetra', 13th Cross,

Indiranagar, 2nd stage

☎ 9900967005 Mrs. Hemalatha

Pramod

Saturdays (6:00 PM to 6:30 PM)

Women's Peace League,

36, Shankar Mutt Road, Basavanagudi

☎ 9448856629 Mrs. Usha

Satishchandra

Saturdays (6:30 PM to 7 PM)

Balamuri Mahaganapathi,

Shri Rajarajeshwari and

Sri Lakshmi Narayana Temple,

8th cross, Near Hoysala Circle,

Kengeri Satellite Town

☎ 9972111809 Mrs. Anjali Patil K

Saturdays (6 PM to 7 PM)

Shiksha Sagar Primary School

No. 77, 5th Main, Postal Colony,

Sanjaynagar

☎ 9686571066 Mr. Sudeep Jayaram



A Channelling session at the Regular Light Channelling Centre
in Gopalpatnam, Visakhapatnam

IMPORTANT EVENTS

- 1st February 2010 - A group of 50 plus volunteers covered more than 50 schools in South India and organised channelling for more than 30000 children giving a great momentum to 'Light Channels World Movement'.
- 17th September 2010 - More than 20 volunteers covered around 50 schools of Mysore, Hubli, Chennai and Bangalore and organised channelling for more than 32000 children.
- 27th November 2010 - A band of 43 volunteers organised channelling in more than 59 schools in Shimoga, Mumbai, Chennai and Bangalore for 33000 children.
- 18th December 2010 - A band of 50 plus volunteers covered 107 schools on this single day in Mysore, Bangalore, Chennai, Mumbai and Hyderabad and organised channelling for more than 62000 children.
- 14th January 2011 - More than 1.5 lakh people in Solapur channelled Light.
- 1st February 2011, 'World Channels Day' - More than 130 volunteers covered around 600 schools across India and organised Light channelling for more than 4 lakh children.
- On 27th June 2011 - 15255 children of 19 schools of Bangalore, Mysore, Dharwad, Madurai, Chennai & Pune channelled Light which was the highest of the month.
- 22nd October 2011 - More than 12,000 children from 23 schools in Bangalore, Mysore, Hyderabad and Chennai channelled Light on this day.

LIGHT CHANNELLING IN SCHOOLS

Schools participated	2212
Students channelled Light	17.72 Lakh
Schools channelling regularly	515
Students channelling regularly	2,64,000

APPEAL TO SCHOOLS

**Please help in strengthening Light Channels
World Movement by making Light Channelling a
part of daily prayers in your School.**

SCALES OF DREAMS

Padmaja Balaji

For a young mind, every moment is a capricious blend of wonderment, questions and colours. Whether it is the rhyme of twinkling stars or the story of Jack & the Beanstalk, the tall corridors of logic are kept tight-clipped from such a mind by Divine design, enabling it to be fearless, poetic and a daring dreamer. This connoisseur of tenderness gets enchanted by the vastness of the sky and dream weaves her secret alleys and doorways from her heart to a horizon known only to her.

Not only that, I still remember how my heart leapt in joy when I first saw rainbow colours in the physics laboratory using a triangular prism. Experimenting Newton's light theory on my own had given me immense happiness and satisfaction. Yes, a school plays a significant role in shaping a child towards her dream project.

Now, as a volunteer, whenever I step into a school for Light channelling work, a wave of thrill, happiness, respect and also fear sweep my being every time. You may wonder why fear? It's because my dream should always align with the dreams of the school, children and most importantly, Light itself.

Ah, Light.... what can I say!

I saw Light shimmering in grace through a whole class who thronged me later, only to say that they all tried channelling together one more time on their own immediately after I left, to experience Peace and Silence again.

I saw Light dancing in Love when the children reserved their warmest smile and offered their delicacies out of their little snack boxes.

I saw Light teasing me through those young girls who wished me on the Teachers' Day.

Finally, I saw Light shining its most bright when two girls bore the cross of the other two on their back and said a genuine 'sorry' to me for their misbehaviour.

It's no wonder why the all powerful Light chose schools and children for the first phase of its dream project. ■

ENTRANCE

Usha Satishchandra

There is something in the air.....and this freshness lingers for a long time. The warm welcome, the beaming faces, sense of joy and fulfillment, a stillness filled with gratitude makes a world of difference. Hopping in and out of each school in the vicinity, I can feel a spring in my footsteps and a song in my heart. I linger on this feeling spreading over my entire being.

Overjoyed, I spread my arms wide open and look heavenwards. A clear blue sky filled with hopes and dreams beckons me. It appears a very familiar sight. I wonder at it. In a flash, the sky reflects to me all the dreams, hopes and future of an innocent child, a small place, a country, a nation and the world! All expectantly awaiting the awakening of a new dawn, a new beginning! What a magnificent picture! A masterpiece worthy to be transferred onto canvas! I feel a deep desire to capture this dream world and adorn my drawing room. The excitement, the joy is unbelievable! What a wonderful dream!

Mesmerized, I turn round only to realize that this is no dream but a reality. Every school that we walk into, where Light channelling is the anthem for the day, has an experience to share. A renovated building clad in fresh paint, spick and span corridors, smiling faces, warm welcome, success stories running from excellent results, regular fee collection, refined inter-intra personal relations, speedy recoveries to healthy and joyous atmosphere.

A surge of finest emotions re-kindles in me. I recall the ways of Light, as this wonderful energy descends into every individual. It silently awakens the innate qualities of Love, Purity and Wisdom and naturally spreads and strengthens all the hopes and dreams. I carry home the world each day and share my moments with Light! My cup of joy brimming with Life! ■

REGULAR CHANNELLING CENTRES

Saturdays (7:30 PM to 8:30 PM)

Gurudwara Sahib,
Opp. Anjaneya Temple, Ashwathnagar
Main Road, Sanjaynagar
☎ 9686571066 Mr. Sudeep Jayaram

Mysore

Wednesdays (6 PM)

Infosys Ltd
Hebbal Electronics City, Hootagalli,
Mysore-570018
☎ 9980837179, Anand Niranjana
☎ 8095026224, Akash Mallick

Solapur

Daily (7 PM to 7:30 PM)

Bal Ganesh Mandir, Bushar Peth, Mohol
☎ 09860967066 Mr. Vivekanand Swami
☎ 09970800279 Mrs. Swaroopa Swami

Dharwad

Sundays (5 PM to 5:30 PM)

Community Hall, Bharatinagar
☎ 9845651555 Mr. Avinash Rao

Chennai

Sundays (10 AM to 10:30 AM)

No. 481, SAIPREM, 19th Street,
4th Sector, K K Nagar
☎ 9444880409 Mrs. Rajalakshmi R

Tirunelveli

Daily (7 PM to 7:30 PM)

Vadaku Theru, Chella Pillaiar Kulam,
A.P. Nadanoor Post
Aalangulam Taluk-627423
☎ 9444458747 Mr. Mariappan N

Madurai

Thursdays (5:20 PM to 6 PM)

Madurai Agricultural College,
Staff Club Building
☎ 9443925074 Mr. Swaminathan C

Pune

Sundays (4 PM to 4:30 PM)

3 B, Kapila Housing Society,
Gokhalenagar, Pune-411016
☎ 9011038169 Mr. Ashutosh Navangul

Visakhapatnam

Saturdays (7PM to 7.30PM)

Door No. 14-339/19, Flat No. 207
Sree Mithra Heights,
Balaji Garden, Gopalpatnam
Opp. APRTC Bus Depot.
VISAKHAPATNAM-530029.
☎ 9848628324, Mr. V. Harikrishnan

EXPERIENCES

(Compiled by Vaishali Joshi)



I am very pleased with the benefits of Light channelling, which has brought a vast difference in our students. We had a few students wherein we tried all different methods to mend them, but it did not help. After involving these children in Light channelling, a lot of improvements were seen. Even the parents were happy about their improvement. All the students and teachers of our school are very much pleased to see improvement in interaction among the students. Thank you.

Personally, after practising Light channelling, I am away from arguments and expectations. Satisfied with whatever I have, I am getting closer to Light, which I experience as Mukti. So, I find happiness everywhere.

- Smt. Nalinakshi R, Head Mistress,
Sunrise English School, Bangalore

It is a wonderful feeling. We not only join the students for the session but also look forward to the session as it energises us for the whole day to take up the challenges. After channelling, when we open our eyes, the peace and soothing effect we feel is beyond description.

-Dr. Aditi Agnihotri, Coordinator, Shiksha
Sagar High School, Bangalore

After the Light Channel Volunteers explained about Light and the technique, we practised it. At first I imagined that special Light came and through my head it entered my body and covered me completely. Then it spread to the whole world along with me. For a few minutes I felt calmness in me and I did not have any worries of outside world. After opening my eyes I saw a new world with calmness in the mind.

- Humera Ajaz, Student, Madrasa-E-
Zainab, Bangalore

On the day of my results, I was very tensed. I practised Light channelling. I felt very calm and peaceful.

- Wasiha Banu B., Std. VII, M. E. Z.
English School, Bangalore

I felt that all superstitions and wrong beliefs were going away. I felt that our nation was getting back all the good things that we had as part of our ancient times.

- Aafiya, Std. IX, K.K. English School,
Varthur

I channelled Light whenever I felt sad. After channelling my sadness went away and my mind became blank.

- A student from K.K. English School,
Varthur

I had a wonderful experience while channelling Light. It really activated all my sleeping cells and actually showed me my potential. The silence prevailing for those 7 minutes was very pleasurable and just awesome.

- Ritika Siyal, Std. VI, Prasiddhi School,
Bangalore

After doing this technique I feel that I am a new person and I feel positive. If we do this everyday, it relieves us of our stress and relaxes us.

- Manasa, Std. IX, Meridian School,
Hyderabad

When I was channelling Light, I saw that the politicians stopped fighting and the guns were dropped down. This technique has the power to do good to the whole humanity and bring Peace to the world.

- Vivek, Student, Meridian School,
Hyderabad

Once, I felt the presence of a huge Astral building above our regular Light channelling centre. It was full of Light and big enough for thousands of people to gather. I felt the presence of a tall pillar of Light towards sky. The energies were very strong and I felt a strange joy the entire day.

- Sudeep Jayaram, Volunteer