



GURUJI KRISHNANANDA (1939)

LIGHT

Light, not the physical Light but the subtlest Light, is the Source of all Creation. It is the Source of all positive energies. It is the Source of Love, Peace, Truth, Wisdom and all Life. This Light is GOD.

CHANNELLING

Channelling is allowing the Light to descend into us by intending and then spreading It around the world. Our body transforms the frequency to the grosser level.

The vibrations from the Light reach all beings and nature. They carry the energies of Healing, Love, Peace and all Positivity. They help Transformation. We will be better human beings. The world will be a better world.

TECHNIQUE

Imagine an ocean of Light above you. Imagine the Light descending and filling up your body. Then, experience the Love, Light and Peace of the Light for a minute and then, imagine It spreading out gradually to your school, locality, country and world.

Practise this for a minimum period of seven minutes.

LIGHT CHANNELS WORLD MOVEMENT

was launched by Guruji Krishnananda, founder of the Rishis Path, on 18-05-2008.

The Movement is to channel Light daily for seven minutes when we wake up or go to bed from our own places on this earth.

The aim of the Movement is, mainly, Peace on this earth.

UNIQUENESS OF THE MOVEMENT

- Oneness by Light
- Non-religious, Universal
- No restrictions, no conditions
- No membership
- Everyone can contribute to Peace
- Helps the individual, helps the world
- Prepares us and the world to enter the Photon Belt

LIGHT CHANNELS

Volume 1, Issue 12

NEWSLETTER

October 2011

A MESSAGE

Guruji Krishnananda

By the experiences in this letter alone, one can make out that Light works, helps and improves the quality of behaviour and living. There are more experiences and there are more benefits. Light does everything to make Life on this earth peaceful and perfect. Now, we know that this is no exaggeration but an understatement. One has to experience Light and its benefits.

What touches me is that the teachers are also experiencing and taking help from Light. One teacher is a candle that lights a million candles.

The Rishis instructed me to begin this silent revolution by Light with children. I could not understand much. Now, I realise, the children are pure and are able to recognise and channel Light with their inner wisdom. The elders have to follow. They will. Slowly ! The child is the father of man !

HAPPENINGS

Jayant Deshpande

We are very happy to bring out this twelfth issue of Light Channels. This would not have been possible without the support from School Authorities who welcomed us wholeheartedly and motivated us to approach more schools.

More than 2.5 lakh children in more than 500 schools now channel Light daily during their daily prayers in the schools. Thousands of children in hundreds of schools are joining this movement every month.

We opened one more Regular Light Channelling Centre in Visakhapatnam last month.

LIGHT WORKS

Manoj Chopra

Greatest happening in nature happens without any fanfare. It just happens without a declaration. It could be a Moonrise, a Sunset or blooming of a flower. Similarly, the Light channelling team is building up a revolution silently. An exciting tomorrow is no longer a dream.

A reputed magazine's opinion poll reveals that 81% youth in India have hope for a better future, in spite of a gloomy present. This is an indication of a wonderful time ahead.

One year has just passed since we began publishing our Newsletter. I humbly thank our Guruji, Volunteers, Teachers and School Authorities for all their Love and support.

MANASA FOUNDATION (R)

Taponagara, Chikkagubbi, (Off Hennur - Bagalur Road) Bangalore Urban - 560077. INDIA.

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e-mail : info@lightagemasters.com info@lightchannels.com

website www.lightagemasters.com www.lightchannels.com



REGULAR CHANNELLING CENTRES

Bangalore

Daily (7 PM to 7:15 PM)

Sri Siddhashrama, 17th Cross,
Malleswaram

☎ 9480121545 Mr. K. Chandrashekar

Mondays (6:30 PM to 7 PM)

Anjaneya Temple, Mahalakshmi Layout

☎ 9972111809 Mrs. Anjali Patil K

Tuesdays (7:30 AM to 8 AM &
7:30 PM to 8 PM)

No.62, II Cross, III Main Road,
Near Alpine Apartments,
Dena Bank Colony, Ganganagar

☎ 080-23536547 Mr. Mukesh Parmar

Wednesdays (6:30 PM to 7 PM)

Maruti Mandira, Vijaynagar

☎ 9972111809 Mrs. Anjali Patil K

Thursdays (10:30 AM to 11:00 AM)

No 312, Phase 4,

Golden Park Apartment,
K.C.D.C Main Road, Bommanahalli,
☎ 9886437042 Dr. Ravinder Singh
Gaur

Thursdays (6:30 PM to 7 PM)

Munch Kins, No.890, 38th Cross,
20th Main, 4th 'T' Block', Jayanagar

☎ 9448856629 Mrs. Usha
Satishchandra

Fridays (6:30 PM to 7 PM)

'Sumathi', No.481, 7th Cross,
7th Main, J.P.Nagar III Phase

☎ 9900110351 Mr. Ramesh V
Bhosekar

Saturdays (5:30 PM to 6 PM)

'Sri Ranga Kalakshetra', 13th Cross,
Indiranagar, 2nd stage

☎ 9900967005 Mrs. Hemalatha
Pramod

Saturdays (6:00 PM to 6:30 PM)

Women's Peace League School,
36, Shankamutt Road, Basavangudi,

☎ 9448856629 Mrs. Usha
Satishchandra

Saturdays (6:30 PM to 7 PM)

Balamuri Mahaganapathi,
Shri Rajarajeshwari and
Sri Lakshmi Narayana Temple,
8th cross, Near Hoysala Circle,
Kengeri Satellite Town

☎ 9972111809 Mrs. Anjali Patil K

Saturdays (6 PM to 7 PM)

Shiksha Sagar Primary School
No. 77, 5th Main, Postal Colony,
Sanjaynagar

☎ 9686571066 Mr. Sudeep Jayaram



A Channelling session at the
Regular Light Channelling Centre in Ganganagar, Bangalore

IMPORTANT EVENTS

- 1st February 2010 - A group of 50 plus volunteers covered more than 50 schools in South India and organised channelling for more than 30000 children giving a great momentum to 'Light Channels World Movement'.
- 17th September 2010 - More than 20 volunteers covered around 50 schools of Mysore, Hubli, Chennai and Bangalore and organised channelling for more than 32000 children.
- 27th November 2010 - A band of 43 volunteers organised channelling in more than 59 schools in Shimoga, Mumbai, Chennai and Bangalore for 33000 children.
- 18th December 2010 - A band of 50 plus volunteers covered 107 schools on this single day in Mysore, Bangalore, Chennai, Mumbai and Hyderabad and organised channelling for more than 62000 children.
- 14th January 2011 - More than 1.5 lakh people in Solapur channelled Light.
- 1st February 2011, 'World Channels Day' - More than 130 volunteers covered around 600 schools across India and organised Light channelling for more than 4 lakh children.
- On 27th June 2011 - 15255 children of 19 schools of Bangalore, Mysore, Dharwad, Madurai, Chennai & Pune channelled Light which was the highest of the month.

LIGHT CHANNELLING IN SCHOOLS

Schools participated	2141
Students channelled Light	17.44 Lakh
Schools channelling regularly	504
Students channelling regularly	2,52,000

APPEAL TO SCHOOLS

**Please help in strengthening Light Channels
World Movement by making Light Channelling a
part of daily prayers in your School.**

THE TURNAROUND

Hemalatha Pramod

When we go for Light channelling session for the first time, we notice a boy or two, giggling and talking. Soon the disturbance passes on to the other boys and the whole atmosphere becomes noisy. With hope in our heart of bringing a change, we persist and visit the school few more times. Finally, when we visit them for the fourth time, we notice a sudden change. The children have become more disciplined and calm. They respect us and when they come running to meet us, we feel like comforting them. We clearly see the relief on the teachers' faces and during our talk with them we understand that they have been channelling Light regularly in their school. We are relieved and touched by this silent transformation that has taken place.

The feeling lingers on and we try to find out as to how Light really works and I come across this line put up on a school board. It reads "Just when the caterpillar was about to die, it turned into a beautiful butterfly!"

When the caterpillar does turn into a butterfly, it is ready to savour the nectar, flying in freedom, spreading joy and happiness all around. Does the butterfly ever complain of the pain it went through in this process? I wonder.

The process of transformation is so much woven in the nature. A dried seed sprouts all over again. A sweet and juicy fruit comes out of a withered flower. A plant that has been brutally cut grows all over again. Life-Force! It is the Life-Force which is there in everyone of us and in everything around us, that makes this happen.

The Butterfly is a reality. The fruit is a reality. Why not we bring out more of this Life-Force in us and make this earth a paradise where Freedom, Harmony, Peace and Love is the way of life.

Light is the source of all Life-Force. Light is the source of all Creation. Let us channel more Light and soak this Earth in Light. ■

THE BEGINNING

Pragti Raaj

Tucked away in a narrow lane beside a temple rests a small school with a lush green park, which serves as a haven to the shouting and shrieking joyful children. I wondered for a moment whether this park waits for these children every day. I was welcomed by an elderly Headmaster whose exceptionally warm heart caught my attention. There was something different in the very air of this school until I found out the reason during my visits week after week. Something unusual met my eyes each time.

I would see the mid-primary school children carrying the tiny tots from nursery and kindergarten in their arms and wiping the tears of the new arrivals in the school wailing for their mothers! These young mid-primary girls were behaving like little mothers. And I assumed that they must be from the same family and casually enquired with each of them. They said "No. But they are our sisters from the school. Here we are all one." I was speechless for a moment because these are the signs of the Light Age. Then the boys helping the younger ones to cross the road and leading them to safety was another rare sight.

I smiled to myself and thought that these children already have Light and Love. Channelling will only lead them to be the torchbearers. In a small way Light Age has begun in this school. This atmosphere has been meticulously cultivated by the Headmaster himself. He says, "To me Love is more important than discipline out of fear". I saw a fine balance of discipline and Love indeed.

As I started my vehicle, I thought I heard the trees in the park whisper smugly "our kids dwell in Love already". I smiled at the park in acceptance.

As I drove back home, I knew this time it was the children who taught me how to manifest Light, Love and Oneness. ■

REGULAR CHANNELLING CENTRES

Saturdays (7:30 PM to 8:30 PM)
Gurudwara Sahib,
Opp. Anjaneya Temple, Ashwathnagar
Main Road, Sanjaynagar
☎ 9686571066 Mr. Sudeep Jayaram

Mysore

Sundays (9:30 AM to 10:30 AM)
'Cuts and Curve', C.K. Complex,
Sangam Circle, Vijaynagar 3rd Stage
☎ 9886112881 Ms. Pragti Raaj

Mondays and Wednesdays (6 PM)
Infosys Ltd
Hebbal Electronics City, Hootagalli,
Mysore-570018
☎ 9980837179, Anand Niranjan
☎ 8095026224, Akash Mallick

Solapur

Daily (7 PM to 7:30 PM)
Bal Ganesh Mandir, Bushar Peth, Mohol
☎ 09860967066 Mr. Vivekanand Swami
☎ 09970800279 Mrs. Swaroopa Swami

Dharwad

Sundays (5 PM to 5:30 PM)
Community Hall, Bharatinagar
☎ 9845651555 Mr. Avinash Rao

Chennai

Sundays (10 AM to 10:30 AM)
No. 481, SAIPREM, 19th Street,
4th Sector, K K Nagar
☎ 9444880409 Mrs. Rajalakshmi R

Tirunelveli

Daily (7 PM to 7:30 PM)
Vadaku Theru, Chella Pillaiar Kulam,
A.P. Nadanoor Post
Aalangulam Taluk-627423
☎ 9444458747 Mr. Mariappan N

Madurai

Thursdays (5:20 PM to 6 PM)
Madurai Agricultural College,
Staff Club Building
☎ 9443925074 Mr. Swaminathan C

Pune

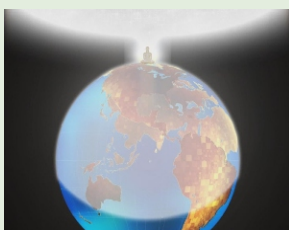
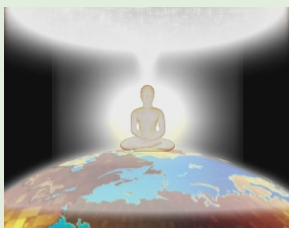
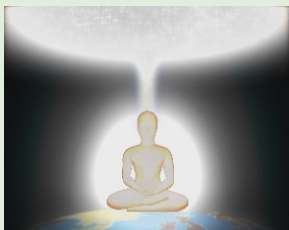
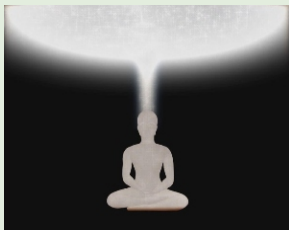
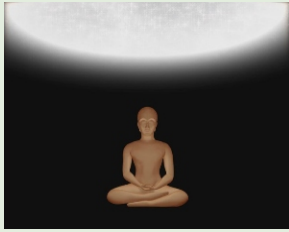
Sundays (4 PM to 4:30 PM)
3 B, Kapila Housing Society,
Gokhalenagar, Pune-411016
☎ 9011038169 Mr. Ashutosh Navangul

Visakhapatnam

Saturdays (7PM to 7.30PM)
Door No. 14-339/19, Flat No. 207
Sree Mithra Heights,
Balaji Garden, Gopalpatnam
Opp. APRTC Bus Depot.
VISAKHAPATNAM-530029.
☎ 9848628324, Mr. V. Harikrishnan

EXPERIENCES

(Compiled by Vaishali Joshi)



Once when I was going to a shop, I saw a dog. I was scared. I channelled Light to the dog and it went away! I was very happy.

- Poojitha M. K., Student

I experienced silence.

- Saddam Hussein, Std. VI, PU Middle School, Kallindri, Madurai

I saw white Light all around me - in plants, animals and even in the soil. Everything was white Light and shining. After opening the eyes, it was wonderful.

- Sri Vidya, Student, Vidya Dayani High School, Hyderabad

When I opened my eyes, I felt I entered a world full of Light. I am feeling very happy.

- Anu, Student, M H Gupta High School, Hyderabad

I am practising channelling of Light for the past one year. I got many benefits from it. Being the head of a school with 3200 students and 115 staff members, it does a lot of help to administer everything effectively. I can solve very complicated problems easily. Now I think only positively. I can also solve others' problems. I got a lot of confidence. It has also improved my mental health.

- Smt. Sreedevi R., Headmistress, Shanti Dhama English School, Bangalore

I have been a part of many workshops. People promise many things but nothing happens. But this was a unique experience. I am very happy! Before channelling, I requested the Light to remove all the body pain and negativity in me. I felt the Light occupying all the objects in the school and it gradually spread to the road and moved in circles and spread everywhere. I feel very energized and light-hearted.

- Smt. Sharadamba C.R., Headmistress, Mirambika School for New Age, Bangalore

I felt silence while channelling.

- Ranjith, Std. VIII, PU Middle School, Naickenpatti, Madurai

Light is leading me. We were unable to construct a house for the past five years in spite of all our best efforts. After adopting the technique and practising it regularly, we have begun the construction!

- Smt. R. Shantha, Headmistress, National Public School, Beereshwarnagar, Chunchgatta

I can see with regular practice of Light channelling, the ancient era reviving. Students are regular to school. There is a significant change in their behaviour and attitude. They have mellowed down a lot. They have stopped lying. I have observed that the gait of a few boys, who were aggressive, has turned majestic and dignified. They are very loving, peaceful and calm now. Children often come and share their experiences with me. It's really wonderful. Some of the ex-students became aware of this practice at school. On learning about the benefits, they voluntarily approached me and learnt the same.

- Smt. Pasumathi S, Headmistress, New Holy Cross English School, Bangalore

The Principal and the teachers at the school informed us that the students from a particular class were extremely unruly and undisciplined and it would be a challenge to conduct Light channelling in that class. The teachers warned us that the students would not listen to us and that they would insult us and would not even let us enter into the class. But we were surprised to see the students welcoming us with smiling faces. They silently channelled Light with us! A student told us with tears in his eyes about the amazing experience of channelling and promised that he would channel everyday!

- Medha Kulkarni, Volunteer, Light Channels World Movement