

**GURUJI KRISHNANANDA (1939)**

### LIGHT

Light, not the physical Light but the subtlest Light, is the Source of all Creation. It is the Source of all positive energies. It is the Source of Love, Peace, Truth, Wisdom and all Life. This Light is GOD.

### CHANNELLING

Channelling is allowing the Light to descend into us by intending and then spreading It around the world. Our body transforms the frequency to the grosser level.

The vibrations from the Light reach all beings and nature. They carry the energies of Healing, Love, Peace and all Positivity. They help Transformation. We will be better human beings. The world will be a better world.

### TECHNIQUE

Imagine an ocean of Light above you. Imagine the Light descending and filling up your body. Then, experience the Love, Light and Peace of the Light for a minute and then, imagine It spreading out gradually to your school, locality, country and world.

Practise this for a minimum period of seven minutes.

### LIGHT CHANNELS WORLD MOVEMENT

was launched by Guruji Krishnananda, founder of the Rishis Path, on 18-05-2008.

The Movement is to channel Light daily for seven minutes when we wake up or go to bed from our own places on this earth.

The aim of the Movement is, mainly, Peace on this earth.

### UNIQUENESS OF THE MOVEMENT

- Oneness by Light
- Non-religious, Universal
- No restrictions, no conditions
- No membership
- Everyone can contribute to Peace
- Helps the individual, helps the world
- Prepares us and the world to enter the Photon Belt

# LIGHT CHANNELS

Volume 2, Issue 6

NEWSLETTER

April 2012

## A MESSAGE

**Guruji Krishnananda**

The Light has revolutionized our lives. It has brought us peace, efficiency, wisdom and a zeal for living. The Light has more. It depends on us to take out the rich gifts from Light. While channelling Light, we also experience it. This experience changes our attitudes and transforms us from the human to the divine. There is no doubt about it.

The time has come to take the Revolution by Light to the next level where we spread the awareness of Light to more people and help them to channel Light daily. If more people channel Light, there will be more awakenings in the individuals and more Transformation. When individuals transform the systems also transform. All systems : economic, political, religious, educational, medicinal.....change. If the systems do not change, they collapse. This is what all the Wise who are living and who are in the higher planes and watching us say.

Light channelling is not a simple activity, it brings changes in everyone, everywhere. It builds up a silent, peaceful and total Revolution. Let us build up the Revolution. Let everyone of us channel Light daily from our homes.

## HAPPENINGS

**Jayant Deshpande**

When a Light channelling session begins in a school, a crowd present there, becomes silent and flies away silently after the session. Children and teachers experience peace. They feel fresh after the session. The grasping power of children is improving. These are actual experiences of the children and teachers who have taken up channelling of Light with great faith and sincerity. And then there are impacts at several other levels, which take us closer to the New Age. The whole nature and living beings are ready and waiting. Waiting for the human beings to get ready!

Channelling in schools continues regularly in more than 900 schools, as our volunteers introduce channelling to more than 20000 additional children in 74 new schools.

## LIGHT WORKS

**Manoj Chopra**

“Give me a few men and women who are pure and selfless, and I shall shake the world”, are the most inspiring words, from Swami Vivekananda, the greatest master ever born. Need of the hour is such people who are pure and selfless and should be ready to work for his dream project without keeping any personal agenda.

I have always seen reflection of his men and women in our volunteers who work selflessly and passionately to see this world a better place. I always also dream that we all carry enormous Love and Light.

Let us grow up to his expectation and prepare ourselves to meet challenges which are waiting ahead. Let us become his men and women.



## MANASA FOUNDATION (R)

Taponagara, Chikkagubbi, (Off Hennur - Bagalur Road) Bangalore Urban - 560077. INDIA.

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website : [www.lightagemasters.com](http://www.lightagemasters.com) [www.lightchannels.com](http://www.lightchannels.com)

**REGULAR CHANNELLING CENTRES****Bangalore**

Monday to Friday (7 PM to 7:15 PM)

Sri Siddhashrama, 17<sup>th</sup> Cross,  
Malleshwaram

☎ 9480121545 Mr. K. Chandrashekar

Mondays (6:30 PM to 7 PM)

Anjaneya Temple, Mahalakshmi Layout

☎ 9972111809 Mrs. Anjali Patil K

Tuesdays (7:31 AM to 8 AM &  
7:31 PM to 8 PM)

No.62, II Cross, III Main Road,  
Near Alpine Apartments,

Dena Bank Colony, Ganganagar

☎ 080-23536547 Mr. Mukesh Parmar

Wednesdays (6:30 PM to 7 PM)

Maruti Mandira, Vijaynagar

☎ 9972111809 Mrs. Anjali Patil K

Thursdays (10:30 AM to 11:00 AM)

No 312, Phase 4,

Golden Park Apartment,

K.C.D.C Main Road, Bommannahalli,

☎ 9886437042 Dr. Ravinder Singh

Gaur

Thursdays (6:30 PM to 7 PM)

Munch Kins, No.890, 38th Cross,

20th Main, 4th 'T' Block', Jayanagar

☎ 9448856629 Mrs. Usha

Satishchandra

Fridays (6:30 PM to 7 PM)

'Sumathi', No.481, 7th Cross,

7th Main, J.P.Nagar III Phase

☎ 9900110351 Mr. Ramesh V

Bhosekar

Saturdays (11:30 PM to 12 Noon)

'Sri Ranga Kalakshetra', 13th Cross,

Indiranagar, 2nd stage

☎ 9900967005 Mrs. Hemalatha

Pramod

Saturdays (6:00 PM to 6:30 PM)

Women's Peace League,

36, Shankar Mutt Road, Basavanagudi

☎ 9448856629 Mrs. Usha

Satishchandra

Saturdays (6:30 PM to 7 PM)

Balamuri Mahaganapathi,

Shri Rajarajeshwari and

Sri Lakshmi Narayana Temple,

8th cross, Near Hoysala Circle,

Kengeri Satellite Town

☎ 9972111809 Mrs. Anjali Patil K

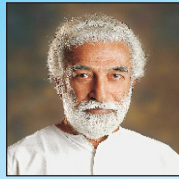
Saturdays (6 PM to 7 PM)

Shiksha Sagar Primary School

No. 77, 5th Main, Postal Colony,

Sanjaynagar

☎ 9686571066 Mr. Sudeep Jayaram



Guruji Krishnananda

**REVOLUTION BY LIGHT  
BEGINS WITH YOU**

**CHANNEL LIGHT DAILY  
REMOVE CORRUPTION, VIOLENCE**



**LIGHT IS ENERGY  
LIGHT IS GOD**

**Imagine Light above you, flows through you, spreads around.**

**JOIN  
LIGHT CHANNELS MEET  
ON 7<sup>th</sup> MAY 2012, MONDAY**

**from your own place**

**Channel Light for 15 minutes from 7:45 pm local time**

**or at**

**Chowdiah Memorial Hall  
from 7pm**

**NO ENTRY FEE  
ADMISSION BY  
REGISTRATION**

**TO REGISTER  
CALL  
99000 75280**

**Live webcast of the event begins at 7pm IST**

For more information, please visit

**[www.lightchannels.com/RevolutionByLight](http://www.lightchannels.com/RevolutionByLight)**

**For updates on your mobile,  
please SMS 'JOIN LCWM' to 92200 92200**

**LIGHT CHANNELLING IN SCHOOLS**

<b>Schools participated</b>	<b>2969</b>
<b>Students channelled Light</b>	<b>20.77 Lakh</b>
<b>Schools channelling regularly</b>	<b>929</b>
<b>Students channelling regularly</b>	<b>4.12 Lakh</b>

**APPEAL TO SCHOOLS**

**Please help in strengthening Light Channels  
World Movement by making Light Channelling a  
part of daily prayers in your School.**

## A CONQUEST

Usha Satishchandra

Deep down in each heart, I am sure, there is always an underlying thought to organize within and around and lead a hurdle free life. For some it comes naturally, the majority musters courage, gathers strength and faces challenges squarely. A few others grope to come to terms with themselves and situations and some continue to move on indifferent and unaffected.

Nevertheless, there is always hope that each coming day will take us farther than before and simplify our lives. All endeavours continue to pervade each perplexed mind. The solutions are easier said than done and life continues a static monotony. On the other hand children, innocent and young, curious and eager, adapt and explore to grow and experience. They are the 'Dreamers'. They create new destinies for themselves and others too.

'The child is the father of Man'- The children of today, pave way to create a new world, a new destiny when they choose Light. Thousands and thousands of students are spreading Hope, Love, Peace and Joy by innocently and nobly accepting Light. It is these youngsters, who establish a bond by laying their trust in Light. They are breaking unseen barriers and building bridges to ease several gaps. The bloom and blossom of this union is impacting the adults too. Many are opening their hearts to Light!

Like the beautiful and infectious smile of an innocent child, this irresistible cheer and joy spreads without any inhibitions to the whole world. It reaches every nook and corner, touches every heart, unnerves fear and strengthens hope. The Light in turn acts as a balm to ease out every pain, to spread cheer around and gradually joy prevails in reciprocation. A beaming smile, reflected in their brightly lit faces filled with optimism, is the greatest conquest mankind has ever made!

For me this seemingly distant dream of a beautiful tomorrow is a reality. The children have chosen to restore Peace and Love. They have welcomed Light and wholeheartedly embraced the world even before the world could embrace them! My heart resonates their dream! The day is not far when the rest of the world joins hands to strengthen this movement. ■

## TURNING A LEAF

Padmaja Balaji

How good is your imagination?

I know very well that my imagination can not match even point one percent of an illustrious artist but surely not bad enough to make my life boring. How much I laugh even now about 'Three little kittens..' while I vividly remember fairies and angels showering me with so many gifts in my imagination during childhood.

Having graduated as Light Channels volunteer now, whenever I talk to anyone about Light channelling for the first time, typically it has to begin with 'Imagine an Ocean of Light above your head....' I've seen many being touched by the Power of this special imagination in just 3 minutes in their first attempt itself in the form of Peace.

Imagine how helpless I would have been when an adult told me, "Sorry! I am unable to imagine Ocean of Light how much ever I try."

Light is the Source of Creation. So, by default It has all the necessary ingredients to transform us physically, mentally and spiritually. Let us also not forget that it doesn't require any great effort to follow Light channelling technique. All it requires is a pure intent. I've found that children are the best in this department. No wonder Light becomes an instant reality for them.

While I continue wondering whether imagination, for a few, is difficult only on this count or in all matters of life, allow me to strike an imaginary conversation with the fallen leaf that I reverentially picked up out of sudden impulse from the sacred ground.

Probably it is an opportunity to turn the leaves of my life more and more towards Light in reality.....soon. ■

## REGULAR CHANNELLING CENTRES

Saturdays (7:30 PM to 8:30 PM)

Gurudwara Sahib,  
Opp. Anjaneya Temple, Ashwathnagar  
Main Road, Sanjaynagar  
☎ 9686571066 Mr. Sudeep Jayaram

### Mysore

Wednesdays (6 PM)

Infosys Ltd  
Hebbal Electronics City, Hootagalli,  
Mysore-570018  
☎ 9980837179, Anand Niranjana  
☎ 8095026224, Akash Mallick

### Solapur

Daily (7 PM to 7:30 PM)

Bal Ganesh Mandir, Bushar Peth, Mohol  
☎ 09860967066 Mr. Vivekanand Swami  
☎ 09970800279 Mrs. Swaroopa Swami

### Dharwad

Sundays (5 PM to 5:30 PM)

Community Hall, Bharatinagar  
☎ 9845651555 Mr. Avinash Rao

### Chennai

Sundays (10 AM to 10:30 AM)

No. 481, SAIPREM, 19th Street,  
4th Sector, K K Nagar  
☎ 9444880409 Mrs. Rajalakshmi R

### Tirunelveli

Daily (7 PM to 7:30 PM)

Vadaku Theru, Chella Pillaiar Kulam,  
A.P. Nadanoor Post  
Aalangulam Taluk-627423  
☎ 9444458747 Mr. Mariappan N

### Madurai

Thursdays (5:20 PM to 6 PM)

Madurai Agricultural College,  
Staff Club Building  
☎ 9443925074 Mr. Swaminathan C

### Pune

Sundays (4 PM to 4:30 PM)

3 B, Kapila Housing Society,  
Gokhalenagar, Pune-411016  
☎ 9011038169 Mr. Ashutosh Navangul

### Visakhapatnam

Saturdays (7PM to 7.30PM)

Door No. 14-339/19, Flat No. 207  
Sree Mithra Heights,  
Balaji Garden, Gopalpatnam  
Opp. APRTC Bus Depot.  
VISAKHAPATNAM-530029.  
☎ 9848628324, Mr. V. Harikrishnan



## EXPERIENCES

(Compiled by Vaishali Joshi)



When I close my eyes I can really feel the Light entering my body. After those three minutes I feel stress-free, calm, cheerful and ready to face the day. It is a wonderful way to start the day.

- Mrs. Jessy Samuel, Principal, Sheila Kothavala Insititute for Deaf, Bangalore

When I sit for channelling Light, I hear the noise around me but still I am at peace. Even at other times I am at peace even if there are sounds around me.

- Atish Arun Gaekwad, Std. VII, Balwikas Corporation School, Lokmanya Nagar, Pune

When I was channelling Light, I could feel the Light and the vibrations. I feel fresh.

- Ms. Nazeema, Teacher, Jeevana Jyothi Vidyalaya, Bangalore

I channel Light daily at home. I am freed from anxiety, tensions and worries. I am doing well mentally and physically. I can work freely with hope and I have achieved my aim. My class children are concentrating on their studies and have improved their memory. They are much better than before. They have improved their moral, physical and mental behaviour. They can understand situations and act according to it. I can say Light channelling has helped in their all round development.

- Smt. Ranganayakamma K. S., Asst. Headmistress, Women's Peace League Hr. Primary School, Bangalore

Every day, children in my class channel Light. Most of the children have become well disciplined. Their concentration has improved and their interest in studies has also increased.

- Smt. K. V. Savithri, Teacher, Women's Peace League High School, Bangalore

After regular practice of Light channelling, we have observed many changes in our children. The restlessness in them has reduced and their concentration has increased. They understand our teachings very well.

- Chandrashekhar, Teacher, Ambedkar School, Bangalore

When I was channelling Light, I found the desks and benches of my classroom radiating Light.

- A Student, Std. IV, Kendriya Vidyalaya, Sadashivanagar, Bangalore

Light helps me to be calm and joyful the whole day. Ever since I am observing Light, I feel I am studying better.

- Seshanth, Std. IX, Sheila Kothavala Insititute for Deaf, Bangalore

As part of the plans for Amara Jayanti, myself and Usha Satishchandra wanted to visit many schools. A few days before I found that my two-wheeler was stopping in between. On that particular day when I started my vehicle I prayed to it not to trouble us. To our surprise it didn't stop in between. I thought that maybe my son had got it repaired. But he hadn't. Next day again the vehicle did not start as the battery was weak! For Light channelling work even vehicle gets tuned to it!

- Jyothi Shanbhag, Volunteer

Small miracles have become a part of life. Each Wednesday our Mysore team meets at Infosys and channels Light. But on that Wednesday a meeting was scheduled at that time which would have made it difficult for me to attend the channelling. I was thinking of making an excuse to my manager and go for channelling. I even went to his office but did not find him in his cabin. Soon I received a mail from him stating that the meeting has been postponed to Friday! Wonderful are the ways of Light!

- Akash Malik, Volunteer

In a school, when I started giving the details of channelling, a crow flew in through the window and sat on the fan. It was making lot of harsh and deafening noise. But when we started channelling, the crow became still. It looked as though it was also channelling Light. During the entire session it was in the same motionless posture and when the girls started talking after the session, it quietly flew out of the window.

- Rajalakshmi, Volunteer