

GURUJI KRISHNANANDA (1939)

LIGHT

Light, not the physical Light but the subtlest Light, is the Source of all Creation. It is the Source of all positive energies. It is the Source of Love, Peace, Truth, Wisdom and all Life. This Light is GOD.

CHANNELLING

Channelling is allowing the Light to descend into us by intending and then spreading It around the world. Our body transforms the frequency to the grosser level.

The vibrations from the Light reach all beings and nature. They carry the energies of Healing, Love, Peace and all Positivity. They help Transformation. We will be better human beings. The world will be a better world.

TECHNIQUE

Imagine an ocean of Light above you. Imagine the Light descending and filling up your body. Then, experience the Love, Light and Peace of the Light for a minute and then, imagine It spreading out gradually to your school, locality, country and world.

Practise this for a minimum period of seven minutes.

LIGHT CHANNELS WORLD MOVEMENT

was launched by Guruji Krishnananda, founder of the Rishis Path, on 18-05-2008.

The Movement is to channel Light daily for seven minutes when we wake up or go to bed from our own places on this earth.

The aim of the Movement is, mainly, Peace on this earth.

UNIQUENESS OF THE MOVEMENT

- Oneness by Light
- Non-religious, Universal
- No restrictions, no conditions
- No membership
- Everyone can contribute to Peace
- Helps the individual, helps the world
- Prepares us and the world to enter the Photon Belt

LIGHT CHANNELS

Volume 2, Issue 4

NEWSLETTER

February 2012

A MESSAGE

Guruji Krishnananda

Six Lakhs children channelled Light on 1st February, the Birthday of my Guru, Maharshi Amara. This huge event was possible because of the massive effort by our dedicated volunteers, understanding teachers and school authorities and the angelic children who participated in this silent Revolution by Light.

The Revolution by Light is a happening phenomenon. If one is alert, one can see it happening everywhere, beginning from the individual spread all over the world. There is an awakening all over and because of this people are becoming increasingly intolerant of corruption, deception and violence. People are voicing their intolerance and are protesting en masse. Those in power are shaken and being pushed to the corner. This would be the biggest and the last Revolution before the ushering of the New Age. Some can see and the others will see it later.

I wish more people join this Revolution by Light by channelling Light.

HAPPENINGS

Jayant Deshpande

On 1st February, the World Channels Day, more than a hundred volunteers, some of them quite old but very young in their spirits, covered hundreds of schools for conducting channelling sessions. School authorities were very cooperative and many gave permission on the spot for channelling, although they had not planned for it earlier. A car of our volunteers came in the way of another driverless speeding car, which had somehow separated while being towed and could have killed or injured many. No one was even injured as the car took the impact with great Love!

With many such amazing experiences lakhs channelled Light to make this a very memorable day.

LIGHT WORKS

Manoj Chopra

Second 'World Channels Day' left us with beautiful memories. This day was the most wonderful day of our lives. For our volunteers, the day started quite early at 6 am and many worked until late evening.

Grace flowed throughout the day. It was as if Light had prepared the platform for our volunteers to work. Silent help and many miracles were experienced all over the day. Our volunteers worked selflessly and the Universe helped.

Without unconditional support from school authorities 'World Channels Day' would not have been a great success. We humbly thank them for joining us with our universal goal of establishing Peace and Love on this earth.



MANASA FOUNDATION (R)

Taponagara, Chikkagubbi, (Off Hennur - Bagalur Road) Bangalore Urban - 560077. INDIA.

Phone : (080) 2846 5280, 93420 30250 (10 AM to 4 PM)

e-mail : info@lightagemasters.com info@lightchannels.com
website : www.lightagemasters.com www.lightchannels.com

REGULAR CHANNELLING CENTRES

Bangalore

Monday to Friday (7 PM to 7:15 PM)

Sri Siddhashrama, 17th Cross,
Malleswaram

☎ 9480121545 Mr. K. Chandrashekar

Mondays (6:30 PM to 7 PM)

Anjaneya Temple, Mahalakshmi Layout

☎ 9972111809 Mrs. Anjali Patil K

Tuesdays (7:31 AM to 8 AM &
7:31 PM to 8 PM)

No.62, II Cross, III Main Road,
Near Alpine Apartments,

Dena Bank Colony, Ganganagar

☎ 080-23536547 Mr. Mukesh Parmar

Wednesdays (6:30 PM to 7 PM)

Maruti Mandira, Vijaynagar

☎ 9972111809 Mrs. Anjali Patil K

Thursdays (10:30 AM to 11:00 AM)

No 312, Phase 4,

Golden Park Apartment,

K.C.D.C Main Road, Bommanahalli,

☎ 9886437042 Dr. Ravinder Singh

Gaur

Thursdays (6:30 PM to 7 PM)

Munch Kins, No.890, 38th Cross,

20th Main, 4th 'T' Block', Jayanagar

☎ 9448856629 Mrs. Usha

Satishchandra

Fridays (6:30 PM to 7 PM)

'Sumathi', No.481, 7th Cross,

7th Main, J.P.Nagar III Phase

☎ 9900110351 Mr. Ramesh V

Bhosekar

Saturdays (11:30 PM to 12 Noon)

'Sri Ranga Kalakshetra', 13th Cross,
Indiranagar, 2nd stage

☎ 9900967005 Mrs. Hemalatha

Pramod

Saturdays (6:00 PM to 6:30 PM)

Women's Peace League,

36, Shankar Mutt Road, Basavanagudi

☎ 9448856629 Mrs. Usha

Satishchandra

Saturdays (6:30 PM to 7 PM)

Balamuri Mahaganapathi,

Shri Rajarajeshwari and

Sri Lakshmi Narayana Temple,

8th cross, Near Hoysala Circle,

Kengeri Satellite Town

☎ 9972111809 Mrs. Anjali Patil K

Saturdays (6 PM to 7 PM)

Shiksha Sagar Primary School

No. 77, 5th Main, Postal Colony,

Sanjaynagar

☎ 9686571066 Mr. Sudeep Jayaram



1st February, 2012 Channelling activity in Mangalore on 'World Channels Day' concluded with a Light channelling session at a Volunteer's residence

IMPORTANT EVENTS

- 1st February 2010 - A group of 50 plus volunteers covered more than 50 schools in South India and organised channelling for more than 30000 children giving a great momentum to 'Light Channels World Movement'.
- 17th September 2010 - More than 20 volunteers covered around 50 schools of Mysore, Hubli, Chennai and Bangalore and organised channelling for more than 32000 children.
- 27th November 2010 - A band of 43 volunteers organised channelling in more than 59 schools in Shimoga, Mumbai, Chennai and Bangalore for 33000 children.
- 18th December 2010 - A band of 50 plus volunteers covered 107 schools on this single day in Mysore, Bangalore, Chennai, Mumbai and Hyderabad and organised channelling for more than 62000 children.
- 14th January 2011 - More than 1.5 lakh people in Solapur channelled Light.
- 1st February 2011, 'World Channels Day' - More than 130 volunteers covered around 600 schools across India and organised Light channelling for more than 4 lakh children.
- On 18th January 2012 - 11,570 children in 16 different sessions in Bangalore, Pune, Chennai and Mangalore channelled Light.
- 1st February, 2012, The World Channels Day - More than six lakh children in hundreds of schools across India channelled Light and made this day of channelling a great success.

LIGHT CHANNELLING IN SCHOOLS

Schools participated	2621
Students channelled Light	19.26 Lakh
Schools channelling regularly	815
Students channelling regularly	3,75,000

APPEAL TO SCHOOLS

**Please help in strengthening Light Channels
World Movement by making Light Channelling a
part of daily prayers in your School.**

A GIFT OF LOVE

Hemalatha Pramod

World Channels Day was celebrated on February 1st. More than 6 lakhs children and teachers channelled Light on a single day with the help of just about a hundred volunteers.

On the evening of 1st February, we felt as if we had passed out of a graduation degree and were looking forward to reaching new heights. Many lessons were learnt. We not only learnt to work within our specified physical zones, but also to go beyond boundaries separating us. We learnt to work in oneness as a team and also to rise to our individual potential. We learnt to be "One" in "Oneness" as one of our meditators rightly expressed. Most importantly we realised that we are not mere volunteers but we are carriers of "Light".

Miracles marked the highlight of the day. While some schools had to cancel the scheduled program due to some reasons, many other schools accommodated us at short notice. It was amazing to see many of our septuagenarian volunteers reaching out to as many as seven schools, hopping from one school to another. Some volunteers travelled miles and covered thousands of children on this single day. Their Love for the work knew no bounds. In one of the schools, even the sparrows became silent for 5 minutes while the children were channelling! All hurdles were being removed and every session was being blessed from the unknown realms.

What followed next was appreciation letters, invitation for Annual Day programs and even a bunch of bananas plucked fresh from the farm; being offered to us with great Love by the school authorities.

With gratitude, we lay this Gift of Love at the feet of our great Masters and Light ! ■

EMOTIONS - DOWNLOADED, UPLOADED AND UNLOADED

Padmaja Balaji

Initially I didn't give much importance to Steve Martin's dialogue in the movie 'Pink Panther' - "A crime is like a jigsaw puzzle. You have to have the jig and you have to have the saw. You have the jig but no saw. Where is your saw?" In between my laughter, I realised suddenly that human emotions too can be compared to a jigsaw puzzle.

Look around the world and also an occasional gaze into the mirror. Behind a gentle smile and a confident handshake, there is tension, stress, anxiety, pain, disappointment, expectations and disgrace. Give a little space and time and also an opportunity, the warped 3D emotions come to the fore somehow in different shades of light and colours.

Here, let me share my simple imagination that I used. Imagine two expandable empty containers capable of reflecting the contents - one that accumulates positive emotions and the other negative. With every positive / negative emotion that I produced in my mind, I found the respective containers gaining a drop slowly. Not only that, I imagined that my own contents started creating an impact in my entire system of body, mind and intellect and also that of the world of beings around me. It dawned on me that crime is not an impossible probability if I succumb to the pressures of dark container.

How did I deal with my containers then?

Simple. The day I learnt to connect to Light, I realised that ripples of Peace have started filling my emotional containers merging it into One of Love slowly what with the past and present bruises being filled with Light. Need I say that I don't need to worry about the jigs and saws of relationships any more to solve the jigsaw puzzle of emotions.

But let me also share with you that every time I sit with 6-8 year olds and channel Light along with them, life appears to be a simple journey of celebration where there is no awareness of puzzles, riddles and containers.

Hush hush.... they don't know the simple truth that I look at them in awe more than they towards me. ■

REGULAR CHANNELLING CENTRES

Saturdays (7:30 PM to 8:30 PM)

Gurudwara Sahib,
Opp. Anjaneya Temple, Ashwathnagar
Main Road, Sanjaynagar
☎ 9686571066 Mr. Sudeep Jayaram

Mysore

Wednesdays (6 PM)

Infosys Ltd
Hebbal Electronics City, Hootagalli,
Mysore-570018
☎ 9980837179, Anand Niranjana
☎ 8095026224, Akash Mallick

Solapur

Daily (7 PM to 7:30 PM)

Bal Ganesh Mandir, Bushar Peth, Mohol
☎ 09860967066 Mr. Vivekanand Swami
☎ 09970800279 Mrs. Swaroopa Swami

Dharwad

Sundays (5 PM to 5:30 PM)

Community Hall, Bharatinagar
☎ 9845651555 Mr. Avinash Rao

Chennai

Sundays (10 AM to 10:30 AM)

No. 481, SAIPREM, 19th Street,
4th Sector, K K Nagar
☎ 9444880409 Mrs. Rajalakshmi R

Tirunelveli

Daily (7 PM to 7:30 PM)

Vadaku Theru, Chella Pillaiar Kulam,
A.P. Nadanoor Post
Aalangulam Taluk-627423
☎ 9444458747 Mr. Mariappan N

Madurai

Thursdays (5:20 PM to 6 PM)

Madurai Agricultural College,
Staff Club Building
☎ 9443925074 Mr. Swaminathan C

Pune

Sundays (4 PM to 4:30 PM)

3 B, Kapila Housing Society,
Gokhalenagar, Pune-411016
☎ 9011038169 Mr. Ashutosh Navangul

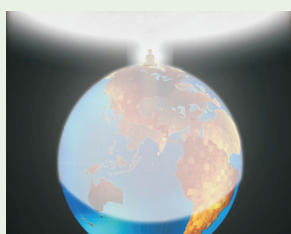
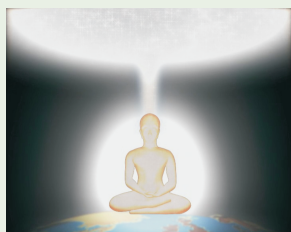
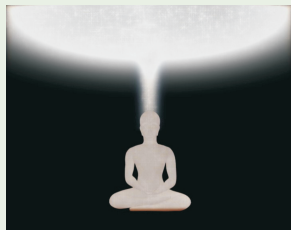
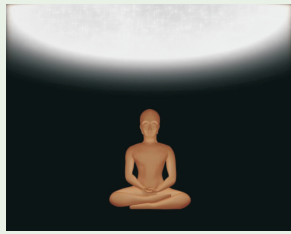
Visakhapatnam

Saturdays (7PM to 7.30PM)

Door No. 14-339/19, Flat No. 207
Sree Mithra Heights,
Balaji Garden, Gopalpatnam
Opp. APRTC Bus Depot.
VISAKHAPATNAM-530029.
☎ 9848628324, Mr. V. Harikrishnan

EXPERIENCES

(Compiled by Vaishali Joshi)



I used to roam around my place of living earlier. Now after I started doing Light channelling, I never roam and sit for studies regularly.

- Dhanalakshmi, Std. IV, Panchayat Union Middle School, Poigaikaraipatti, Madurai

Earlier I used to talk in abusive language with my friends and other school children. After I started doing Light channelling this has reduced considerably.

- Harshal Chaudhari, Student, Gadge Maharaj Residential School, Mumbai

The Light channelling sessions conducted every morning during assembly have benefitted the students in many ways. The students feel that the sessions have helped them greatly in concentration and maintaining calmness. They also feel that it has helped them in doing their work in a better way. A few students have said that these sessions have helped them in getting rid of headache, body pain etc. Teachers also join the students and they have also felt that the classes can be started in a refreshing way every morning. Overall it has been a great way to begin a day and make it a successful one.

- Mrs. Shanthi Murgesh, Canaan Christ Public School, Bangalore

When I practised Light channelling last Saturday in my home, I felt my body vibrating and without any efforts my palms lifted up with a pranam. I felt my stomach and chest region vibrating intensely and at the same time I could feel immense peace. Somehow I could clearly make out that it was a higher Intelligence doing it and took it as a positive sign. I have been regularly practising this technique every morning for half an hour and I wait eagerly for the next dawn. I find this very energising.

- Mrs. Janani Sheshadri, Teacher, Besant Theosophical Society School,

I used to show anger to all but now I am very calm.

- Sethupathy, Std. VII, Panchayat Union Middle School, Naickenpatti, Madurai

Since 6-8 months I was getting entangled in some problems. I was unhappy in life and had lost my confidence and interest in everything. When I was trying to find a solution for this, I found 'Light' book. Even though this book is very small, it gives joy. I practised Light channelling for 5-6 minutes everyday and I felt comfortable. Gradually I started getting peace in my life. I found changes in me. Now I am practising this everyday for everybody's peace.

- Mrs. Rangu Bai J., Headmistress, Lewa English High School, Bangalore

As I had committed to volunteer for a Light channelling session on 1st February, I requested my boss to permit me to reach office two hours late. He did not agree and instructed me strictly to come to work on time. I was highly disappointed and prayed to Light. In the night my boss called and gave me permission! I felt so happy and excited about the whole thing.

- Alakananda, Light Channels Volunteer

On February 1st we were channelling Light in a big hall in a school, which was full of sparrows. When we started channelling, the sparrows were making noise. I thought that the noise will disturb the students and I told them to ignore the noise and focus on channelling. The moment I said this all sparrows became quiet and remained quiet throughout the session, which lasted for five minutes! After the session when the students opened eyes and began talking, even the sparrows began tweeting!

- Santosh Kore, Light Channels Volunteer

On 7th May, 2012, Light Channels Meet will be held in Bangalore when people from all over the world can join from their respective places to mind link and channel Light.

On this occasion we wish to publish a book on Experiences of Light channelling. Please write to us about your experiences.