

GURUJI KRISHNANANDA (1939)

LIGHT

Light, not the physical Light but the subtlest Light, is the Source of all Creation. It is the Source of all positive energies. It is the Source of Love, Peace, Truth, Wisdom and all Life. This Light is GOD.

CHANNELLING

Channelling is allowing the Light to descend into us by intending and then spreading It around the world. Our body transforms the frequency to the grosser level.

The vibrations from the Light reach all beings and nature. They carry the energies of Healing, Love, Peace and all Positivity. They help Transformation. We will be better human beings. The world will be a better world.

TECHNIQUE

Imagine an ocean of Light above you. Imagine the Light descending and filling up your body. Then, experience the Love, Light and Peace of the Light for a minute and then, imagine It spreading out gradually to your school, locality, country and world.

Practise this for a minimum period of seven minutes.

LIGHT CHANNELS WORLD MOVEMENT

was launched by Guruji Krishnananda, founder of the Rishis Path, on 18-05-2008.

The Movement is to channel Light daily for seven minutes when we wake up or go to bed from our own places on this earth.

The aim of the Movement is, mainly, Peace on this earth.

UNIQUENESS OF THE MOVEMENT

- Oneness by Light
- Non-religious, Universal
- No restrictions, no conditions
- No membership
- Everyone can contribute to Peace
- Helps the individual, helps the world
- Prepares us and the world to enter the Photon Belt

LIGHT CHANNELS

Volume 2, Issue 5

NEWSLETTER

March 2012

A MESSAGE

Guruji Krishnananda

The times are advancing. Great Changes are expected. We are entering a new Time-Frame. The time has come for the Light to cleanse the world of all that is corrupt, violent and non-loving. The Light can cleanse, help us build up new systems of value and bring peace and love on this earth. The Light, we know, has great Intelligence and Power. Light is God. We have to allow the Light do its work. We have to spread Light to all corners of the world, to everyone and everything. The Time has come for us to bring about the Revolution by Light.

We are organizing an Event on May 7th when we are inviting all the citizens of the world to channel Light for fifteen minutes from 7.45 pm from their own places. People can do it individually or gather small or big groups and channel Light. We should not stop with this one time channelling. We must continue channelling daily for seven minutes at any convenient time.

We will experience the impact of the Light in our individual lives and global life. The Revolution continues till there is total peace and love on this earth.

HAPPENINGS

Jayant Deshpande

More and more children are turning to Light to improve their performance in studies, to refine their behavior and some have even improved their handwriting! Their innocence and complete trust in Light works wonders.

More than two million children have channelled Light at least once and more than four lakh children in nine hundred schools now channel regularly. Our Volunteers covered more than 250 schools and taught channelling to more than a lakh new children in February 2012.

LIGHT WORKS

Manoj Chopra

Light channelling movement is an expression of Love towards our Masters. It is our gratitude and acknowledgement for their Love and care which has moulded our life so beautifully.

Spiritual Master's wishes and dreams are always universal. They take birth to help the world and initiate revolution like Light channelling movement. If most of us respond and join this revolution, then suffering and miseries will just fade away and earth will become heaven soon.

Light channelling movement is reaching its next level where much more work is waiting ahead. This world needs much more Light. Let us strengthen this movement by becoming Light and spreading Light.



MANASA FOUNDATION (R)

Taponagara, Chikkagubbi, (Off Hennur - Bagalur Road) Bangalore Urban - 560077. INDIA.

Phone : (080) 2846 5280, 93420 30250 (10 AM to 4 PM)

e-mail : info@lightagemasters.com info@lightchannels.com

website : www.lightagemasters.com www.lightchannels.com

REGULAR CHANNELLING CENTRES**Bangalore**

Monday to Friday (7 PM to 7:15 PM)

Sri Siddhashrama, 17th Cross,
Malleshwaram

☎ 9480121545 Mr. K. Chandrashekar

Mondays (6:30 PM to 7 PM)

Anjaneya Temple, Mahalakshmi Layout

☎ 9972111809 Mrs. Anjali Patil K

Tuesdays (7:31 AM to 8 AM &
7:31 PM to 8 PM)

No.62, II Cross, III Main Road,
Near Alpine Apartments,

Dena Bank Colony, Ganganagar

☎ 080-23536547 Mr. Mukesh Parmar

Wednesdays (6:30 PM to 7 PM)

Maruti Mandira, Vijaynagar

☎ 9972111809 Mrs. Anjali Patil K

Thursdays (10:30 AM to 11:00 AM)

No 312, Phase 4,

Golden Park Apartment,

K.C.D.C Main Road, Bommanahalli,

☎ 9886437042 Dr. Ravinder Singh

Gaur

Thursdays (6:30 PM to 7 PM)

Munch Kins, No.890, 38th Cross,

20th Main, 4th 'T' Block', Jayanagar

☎ 9448856629 Mrs. Usha

Satishchandra

Fridays (6:30 PM to 7 PM)

'Sumathi', No.481, 7th Cross,

7th Main, J.P.Nagar III Phase

☎ 9900110351 Mr. Ramesh V

Bhosekar

Saturdays (11:30 PM to 12 Noon)

'Sri Ranga Kalakshetra', 13th Cross,

Indiranagar, 2nd stage

☎ 9900967005 Mrs. Hemalatha

Pramod

Saturdays (6:00 PM to 6:30 PM)

Women's Peace League,

36, Shankar Mutt Road, Basavanagudi

☎ 9448856629 Mrs. Usha

Satishchandra

Saturdays (6:30 PM to 7 PM)

Balamuri Mahaganapathi,

Shri Rajarajeshwari and

Sri Lakshmi Narayana Temple,

8th cross, Near Hoysala Circle,

Kengeri Satellite Town

☎ 9972111809 Mrs. Anjali Patil K

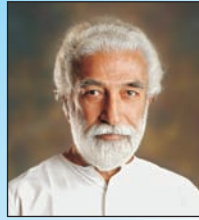
Saturdays (6 PM to 7 PM)

Shiksha Sagar Primary School

No. 77, 5th Main, Postal Colony,

Sanjaynagar

☎ 9686571066 Mr. Sudeep Jayaram



Guruji Krishnananda

**REVOLUTION BY LIGHT**

BEGINS WITH YOU

CHANNEL LIGHT DAILY

REMOVE CORRUPTION, VIOLENCE

LIGHT IS ENERGY**LIGHT IS GOD**

Imagine Light above you, flows through you,
spreads around.

**JOIN
LIGHT CHANNELLING EVENT
ON 7th MAY 2012, MONDAY**

FROM YOUR OWN PLACE

CHANNEL LIGHT FOR 15 MINUTES FROM 7:45 PM

For more information, please visit
www.lightchannels.com/RevolutionByLight

IMPORTANT EVENTS

- 1st February 2010 - A group of 50 plus volunteers covered more than 50 schools in South India and organised channelling for more than 30000 children giving a great momentum to 'Light Channels World Movement'.
- 18th December 2010 - A band of 50 plus volunteers covered 107 schools on this single day in Mysore, Bangalore, Chennai, Mumbai and Hyderabad and organised channelling for more than 62000 children.
- 1st February 2011, 'World Channels Day' - More than 130 volunteers covered around 600 schools across India and organised Light channelling for more than 4 lakh children.
- 1st February, 2012, The World Channels Day - More than six lakh children in hundreds of schools across India channelled Light and made this day of channelling a great success.

LIGHT CHANNELLING IN SCHOOLS

Schools participated	2895
Students channelled Light	20.56 Lakh
Schools channelling regularly	905
Students channelling regularly	4.04 Lakh

APPEAL TO SCHOOLS

**Please help in strengthening Light Channels
World Movement by making Light Channelling a
part of daily prayers in your School.**

REVOLUTION BY LIGHT

Guruji Krishnananda

Many unseen Masters in the Astral Worlds are monitoring the Life on this earth. They carry great Love for all of us. They are aware that we will be going through great changes beginning from the end of this year, 2012. They want to help us to understand the processes and sail through this phase of great changes.

These Masters are passing on a lot of knowledge and energies through various channels. I am one of them. I am a channel for The Sapta Rishis, the seven sages, also known as The Hierarchy. My Guru, Maharshi Amara (1919-1982) works with them very closely. I carry the following simple message from them meant for all the citizens of this earth.

* * *

We are aware of certain major events like our complete entry into the Photon Belt, Galactic Alignment, Pole Shifts, the earth standing still for three days etc., occurring at the end of this year. It is feared that these may cause disruption of communications and other systems, and a lot of destruction. The Rishis (Light Masters) ask us not to feel scared. Such events have occurred earlier and we have sailed through. We can easily prepare ourselves for this, and they help us. We are not alone.

Some are preparing to save themselves at this physical level by building underground facilities. But this will not help. We have to prepare ourselves at a different level, the Spiritual level.

Let us quickly and thoroughly understand that Spirituality is being good, being honest and living in harmony with others and nature. Let us also understand clearly that because we are entering the New Age or Light Age, the purity levels of our thinking and living have to be very high. All the corrupt systems that we see around have to change. If they do not change, they collapse. It is this collapse that causes chaos and upheavals. Nature also initiates cleansing processes and causes destruction.

Smooth transition into the Light Age is possible without any chaos and destruction if we transform spiritually, cleanse the systems of corruption and live a value system. It is difficult to believe this simple reality. But the Rishis who have witnessed Transition in earlier cycles say that this is as simple as said. They are aware of Higher Intelligences, Higher systems and Higher Life. When the present corrupt systems collapse, they are capable of replacing them with higher systems immediately so that we survive and live in a world of unbelievable possibilities. They can activate our faculties to communicate telepathically when the communication systems collapse. They may help us to live on Prana, the vital energy from Sun, when food may not be available. There are endless ways of higher living in the Light Age.

At this point of time, we have to understand the urgency and necessity of Spiritual Transformation and begin the preparation. Because we are already in advanced Transition period, we need not practise the old ways of Meditation to help Transformation. We can practise the most advanced technique of experiencing the Light.

The Light that I am speaking of is not the physical light. It is the Divine Light of the subtlest frequency from which all this creation has emerged. This Light is God Himself. This Light is everywhere. Anyone can access this.

The Rishis say clearly: Experience this Light in every cell of your system of body, mind and intellect. It purifies, opens up our hidden faculties, helps establish contact with the outer Intelligences and Masters and, most importantly, at this point of time, helps us to sail through the great changes of 2012.

This Light can be channelled and spread around. Its vibrations impact the individuals and the systems. Corruption vanishes. Violence recedes. Love and Oneness prevail. The New Age of Peace and Perfection gets established. This has happened earlier and will happen even now.

This is no ordinary Revolution. It is the greatest silent Revolution ever built by ordinary people like us. Anyone and everyone can join this from the corner of one's room and make a difference.

I personally invite you to participate in this revolution.

* * *

The technique is very simple. Sit quietly. Close your eyes. Imagine an ocean of Light above you. Imagine the Light enters you and spreads around. First, fill up your system and experience the Light. Then, fill up your room, house and locality. You can also intend that the Light brings Purity, Peace and Perfection. Then, spread the Light to the whole world. Send the Light more to the places where there is turmoil.

There may not be any immediate dramatic changes. But you will experience changes in your life and surroundings. There will be changes all over gradually.

* * *

We are inviting everyone to participate in channelling Light on 7th May 2012 for fifteen minutes from 07.45 pm (IST) to the world from one's own place. Let us participate in this most unusual event in millions. Please spread the Message.

There will be a live webcast of the event starting at 7pm IST on 7th May 2012. To watch and participate, please visit our website on that day.

REGULAR CHANNELLING CENTRES

Saturdays (7:30 PM to 8:30 PM)

Gurudwara Sahib,
Opp. Anjaneya Temple, Ashwathnagar
Main Road, Sanjaynagar
☎ 9686571066 Mr. Sudeep Jayaram

Mysore

Wednesdays (6 PM)

Infosys Ltd
Hebbal Electronics City, Hootagalli,
Mysore-570018
☎ 9980837179, Anand Niranjana
☎ 8095026224, Akash Mallick

Solapur

Daily (7 PM to 7:30 PM)

Bal Ganesh Mandir, Bushar Peth, Mohol
☎ 09860967066 Mr. Vivekanand Swami
☎ 09970800279 Mrs. Swaroopa Swami

Dharwad

Sundays (5 PM to 5:30 PM)

Community Hall, Bharatinagar
☎ 9845651555 Mr. Avinash Rao

Chennai

Sundays (10 AM to 10:30 AM)

No. 481, SAIPREM, 19th Street,
4th Sector, K K Nagar
☎ 9444880409 Mrs. Rajalakshmi R

Tirunelveli

Daily (7 PM to 7:30 PM)

Vadaku Theru, Chella Pillaiar Kulam,
A.P. Nadanoor Post
Aalangulam Taluk-627423
☎ 9444458747 Mr. Mariappan N

Madurai

Thursdays (5:20 PM to 6 PM)

Madurai Agricultural College,
Staff Club Building
☎ 9443925074 Mr. Swaminathan C

Pune

Sundays (4 PM to 4:30 PM)

3 B, Kapila Housing Society,
Gokhalenagar, Pune-411016
☎ 9011038169 Mr. Ashutosh Navangul

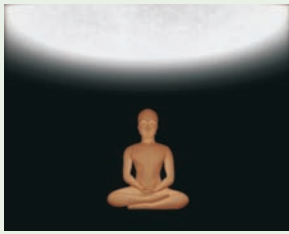
Visakhapatnam

Saturdays (7PM to 7.30PM)

Door No. 14-339/19, Flat No. 207
Sree Mithra Heights,
Balaji Garden, Gopalpatnam
Opp. APRTC Bus Depot.
VISAKHAPATNAM-530029.
☎ 9848628324, Mr. V. Harikrishnan

EXPERIENCES OF SCHOOL CHILDREN

(Compiled by Vaishali Joshi)



Once I was angry for some reason. That day I had lot of homework to complete but I could not concentrate because of anger. I channelled Light for few minutes and my mood for studies improved. I could complete my homework very efficiently. I am short tempered but because of Light channelling I am able to manage my angry nature.

- Durgesh Choudhary, Std. VI, Lord's English Medium School, Pune

One evening I was very tensed about my exams and felt irritated. I started channelling Light. That day I understood the real meaning of my name 'Roshni'. I was feeling as if I was in the clouds and a sparkling Light was entering into my body. My body was full of Light and slowly it became cool and my mind was controlled. It was an energetic experience. I was feeling like I have got everything. I thought and felt that I was an angel of Light and stars. I started reading 'History' which was a difficult subject and I remembered everything. I got nice marks in the class test. Thank you for this.

- Roshni, Std. IX, Kendriya Vidyalay II, 104 Area, Visakhapatnam

I told my father about Light channelling. After hearing he started doing it regularly. Due this he got relief from Asthma.

- Kore, Student, Survase Primary School, Solapur

After practising Light channelling technique my handwriting has improved.

- Badri, Std. IV, K. E. Boards Primary School, Dharwad

Until this session, I was feeling very much stressed. Now I am feeling relaxed and peaceful. I feel that I can do anything.

- Krupali Joshi, Std. VII, Gowtham Model School, Secunderabad

Before, I could not sit in one place and study for more than half an hour. Now I practise Light channelling before I begin to study and I am able to concentrate and study for 2 ½ to 3 hours without getting up from my seat.

- Krishna Kumar, Std X, Kendriya Vidyalay II, 104 Area, Visakhapatnam

When I got less marks in Mathematics our Headmaster called my father to school and talked. Then my father scolded me. After that whenever the teacher asked any question I used to forget everything. I started doing Light channelling every morning in the school and in the evening at home for 5-7 minutes and now I am good at every subject. Now I don't get angry and my mind is very calm. Thanks to Light channelling.

- Sannathimmamma P.M., Std. VII, Govt. Higher Primary School, Kodihalli, Bangalore

I was conducting Light Channelling session at Jyothi School, Bangalore. All the children had closed their eyes and were channelling Light. I was just looking about when I saw a beautiful butterfly flying over the children. It started touching each child at the heart region. It was amazing to see that it touched almost all children and then flew away. The children were blessed.

I agreed to go to SVN English School, Bangalore. The previous night I was running high fever, cough and cold. I decided to go anyway. In the morning, I got ready and found that I was perfectly alright. I had no fever, cough or cold! I did the session happily and came back. Within half-an-hour of coming back, I was again running high fever with cough and cold!

- Sunil Bisarahalli, Volunteer

Once I was driving for a session in a school. All of a sudden, I started experiencing beauty in me and around me. I was actually in the midst of traffic and busy area! I burst out laughing. Beauty in the midst of traffic! I had never felt like this before. The feeling lingered on for couple of days. From then on, whenever I am stuck in traffic, I try to think of this feeling and the traffic doesn't bother me much.

Once, midway to a school in Varthur for a Light channelling session I saw that there wasn't enough petrol in my vehicle. I did not have much time to stop for refilling. I said to myself everything will be fine and carried on. After the session, when I reached the bunk to fill petrol, I noticed that the indicator had remained where it was earlier! I had driven nearly 10 kms, and yet the needle had not moved. Miracles have become a part of our daily life.

- Hemalatha Pramod, Volunteer