

**GURUJI KRISHNANANDA (1939)**

### LIGHT

Light, not the physical Light but the subtlest Light, is the Source of all Creation. It is the Source of all positive energies. It is the Source of Love, Peace, Truth, Wisdom and all Life. This Light is GOD.

### CHANNELLING

Channelling is allowing the Light to descend into us by intending and then spreading It around the world. Our body transforms the frequency to the grosser level.

The vibrations from the Light reach all beings and nature. They carry the energies of Healing, Love, Peace and all Positivity. They help Transformation. We will be better human beings. The world will be a better world.

### TECHNIQUE

Imagine an ocean of Light above you. Imagine the Light descending and filling up your body. Then, experience the Love, Light and Peace of the Light for a minute and then, imagine It spreading out gradually to your school, locality, country and world.

Practise this for a minimum period of seven minutes.

### LIGHT CHANNELS WORLD MOVEMENT

was launched by Guruji Krishnananda, founder of the Rishis Path, on 18-05-2008.

The Movement is to channel Light daily for seven minutes when we wake up or go to bed from our own places on this earth.

The aim of the Movement is, mainly, Peace on this earth.

### UNIQUENESS OF THE MOVEMENT

- Oneness by Light
- Non-religious, Universal
- No restrictions, no conditions
- No membership
- Everyone can contribute to Peace
- Helps the individual, helps the world
- Prepares us and the world to enter the Photon Belt

# LIGHT CHANNELS

Volume 2, Issue 7

NEWSLETTER

May 2012

## A MESSAGE

**Guruji Krishnananda**

The Light Channels World Movement entered a new phase on May 7th, 2012 with the launch of the Revolution by Light. Thousands channelled Light on the day from different parts of the world. New energies received on the night of Budha Poornima were channelled on the day which helps all transitional and transformational processes. The Revolution has to be strengthened and expanded now expeditiously as we are approaching the doorways to the New Age.

## HAPPENINGS

**Jayant Deshpande**

Most of the schools are closed for summer holidays. Our Volunteers approached some of the schools, which are still open and introduced Light Channelling in eleven new schools. More than six thousand new children were introduced to Light Channelling.

Thousands participated in the May 7th event by channelling Light from their own places. Many schools joined specially in the channelling of Light on this day. We whole heartedly thank all the children, school authorities and the people who made this event a great success by their participation.

A book, "Experiences of Light Channels" containing the experiences of the School Children, Teachers and the Light Channel Volunteers, was released during the event. All the Light Channel Volunteers were honoured by Guruji for their selfless contribution to the Light Channels World Movement. With their selfless dedicated efforts, Light Channelling could be introduced to millions of school children. More than 2 million school children have channelled Light so far and more than four lakh children channel Light daily during the school prayers.

## LIGHT WORKS

**Manoj Chopra**

May 7th was another opportunity to channel Light and also spread the message of Great Masters, to the citizens of this world. The message is loud and clear 'Our earth is passing through revolutionary changes; to surpass any challenges being good is enough'. Spirituality is redefined being good and honest. If you are good and honest you are under the umbrella of Light. Light is our saviour.

We have gone to the next level of the 'Light Channels World Movement'. The school children are doing a wonderful job of spreading Light. Let we all, the elders, also follow the footsteps of children and make this movement a great success. Let us help ourselves and help the world by the kindest act of channelling Light.



### MANASA FOUNDATION (R)

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e-mail : [info@lightagemasters.com](mailto:info@lightagemasters.com) [info@lightchannels.com](mailto:info@lightchannels.com)

website : [www.lightagemasters.com](http://www.lightagemasters.com) [www.lightchannels.com](http://www.lightchannels.com)

**REGULAR CHANNELLING CENTRES****Bangalore**

Monday to Friday (7 PM to 7:15 PM)

Sri Siddhashrama, 17<sup>th</sup> Cross,  
Malleshwaram

☎ 9480121545 Mr. K. Chandrashekar

Mondays (6:30 PM to 7 PM)

Anjaneya Temple, Mahalakshmi Layout

☎ 9972111809 Mrs. Anjali Patil K

Tuesdays (7:31 AM to 8 AM &  
7:31 PM to 8 PM)

No.62, II Cross, III Main Road,  
Near Alpine Apartments,

Dena Bank Colony, Ganganagar

☎ 080-23536547 Mr. Mukesh Parmar

Wednesdays (6:30 PM to 7 PM)

Maruti Mandira, Vijaynagar

☎ 9972111809 Mrs. Anjali Patil K

Thursdays (10:30 AM to 11:00 AM)

No 312, Phase 4,

Golden Park Apartment,

K.C.D.C Main Road, Bommannahalli,

☎ 9886437042 Dr. Ravinder Singh

Gaur

Thursdays (6:30 PM to 7 PM)

Munch Kins, No.890, 38th Cross,

20th Main, 4th 'T' Block', Jayanagar

☎ 9448856629 Mrs. Usha

Satishchandra

Fridays (6:30 PM to 7 PM)

'Sumathi', No.481, 7th Cross,

7th Main, J.P.Nagar III Phase

☎ 9900110351 Mr. Ramesh V

Bhosekar

Saturdays (11:30 PM to 12 Noon)

'Sri Ranga Kalakshetra', 13th Cross,  
Indiranagar, 2nd stage

☎ 9900967005 Mrs. Hemalatha

Pramod

Saturdays (6:00 PM to 6:30 PM)

Women's Peace League,

36, Shankar Mutt Road, Basavanagudi

☎ 9448856629 Mrs. Usha

Satishchandra

Saturdays (6:30 PM to 7 PM)

Balamuri Mahaganapathi,

Shri Rajarajeshwari and

Sri Lakshmi Narayana Temple,

8th cross, Near Hoysala Circle,

Kengeri Satellite Town

☎ 9972111809 Mrs. Anjali Patil K

Saturdays (6 PM to 7 PM)

Shiksha Sagar Primary School

No. 77, 5th Main, Postal Colony,

Sanjaynagar

☎ 9686571066 Mr. Sudeep Jayaram



7th May 2012 - Manoj Kumar Chopra, in charge of Light Channelling works at Manasa, being honoured by Guruji Krishnananda

**Light Channels Meet, May 7th 2012**

Guruji introduced Light Channelling in 2008 and since then we, the meditators have been channelling Light. Then in 2009 it was introduced to school children. More than 2 million children have channelled Light since then. Guruji has also been speaking in the classes about the Spiritual importance of 2012 events and a great Revolution in Consciousness. All this knowledge and awareness have to be spread to the whole world. And May 7th event was the launch pad towards this effort; to spread this great and last Revolution by Light.

The preparation for this event began well in advance in February. While the volunteers worked at the physical level under Guruji's guidance, Guruji worked at the astral level inviting many Astral Masters to bless this event. After a phase of thorough planning, began the phase of impeccable execution. The Volunteers' Love, dedication and hard work and the grace of the Rishis made the event a grand success. Help from Light was experienced at every stage of execution.

Close to one thousand people had gathered at the Chowdiah Memorial Hall. Masters from Shambala and many other Masters were present astrally. Message from the Rishis was delivered by Guruji with great clarity, simplicity and humility as thousands of people watched the Live Webcast of this program all over the world. When Light Channelling began at 7.45 pm, the entire hall was filled with Divine silence as a great Energy brought down on Buddha Purnima was channelled to the whole world. Thousands more joined in this channelling of Light, at the same time, from different places in the world. After channelling for 15 minutes, the Light Channel Volunteers were honoured by Guruji by gifting them a memento of Light Channels. Many of them were overwhelmed with gratitude and many expressed that this was a life fulfilling moment for them.

The event gave people the Light of Hope and an Assurance from the Rishis of a glorious future; of a not very distant New Age.

**LIGHT CHANNELLING IN SCHOOLS**

<b>Schools participated</b>	<b>2980</b>
<b>Students channelled Light</b>	<b>20.84 Lakh</b>
<b>Schools channelling regularly</b>	<b>930</b>
<b>Students channelling regularly</b>	<b>4.14 Lakh</b>



## MESSAGE FROM THE RISHIS

(Excerpts from Guruji's Speech at the May 7th Event)  
(Compiled by Jayant Deshpande)

My fellow human beings, this is a very important day in my life. I am an ordinary man but today I carry a very important message from the Rishis. This message is meant for everyone on this earth.

It is a message of Hope. It is a message of Assurance.

The message begins like this ...

Most of the events expected to occur at the end of 2012 will occur. But let no one panic. The world will not end. The destruction feared to be associated with these events can be prevented. This is the most important part of the message.

This destruction is related to the Spiritual Transformation of people. What is Spirituality? Spirituality is just being good, honest and peaceful. We do not have to go to temples. We do not have to go on pilgrimages. This is the essence of Spirituality. This definition comes from the Masters who bring all knowledge from higher realms.

One may ask, why is destruction related to the Spiritualisation. The most important fact is that we are entering into a new time frame, a New Age. In the New Age, this goodness, honesty and peace are the minimum conditions to live and exist. People who do not choose to be peaceful and loving can not survive.

The New Age is not far away. It begins from end of 2012. By the end of 2012 all the people will not become saints. The Rishis say, "You don't have to completely transform. But you have to choose. Choose to be good, that is enough." Choosing qualifies us to enter into the New Age. Once many people choose, the Rishis who control the destruction, will have enough reason and justification to totally avoid or minimise the destruction part.

The Revolution by Light is for Transformation. It is for preparation. It is to help us choose. It is a silent effort to bring about great changes all over the earth, taking the help of Light.

This message is for the entire humanity. All imperfect systems will collapse. They may collapse suddenly or gradually. Personally I feel the collapse will be sudden. When the systems collapse, naturally there will be chaos and confusion. But the Rishis say do not worry. They have plans. They will help. They have seen these events many times. It is not the first time we are entering the Photon Belt.

When imperfect systems collapse, new systems come into existence. This may happen immediately or gradually. The decision in this regard is not taken, yet.

Every individual on this earth will be contacted directly. I feel so happy to repeat this. Rishis are such kind and loving people. Even those who do not change, will be taken care of with Great Love. It is not that they will be abandoned and punished. In the kingdom of God there is no punishment. Everyone is given another opportunity. A million times we fail, one more opportunity is given. The kingdom of God is full of Love.

All hidden faculties, the 3rd eye, our capacity to communicate telepathically, living on Prana etc. will open up. When the systems collapse, we may not have food. Then we may be given the gift of living on Prana. Suddenly all people will be contacted and helped.

Yesterday, during Buddha Purnima, a special energy was released. When we channel Light, even this energy will be channelled. After channelling today, please do not stop channelling. Channel everyday for a minimum period of 7 minutes.

I do not know whether I have carried the message properly or not. But the Light in you, I am sure, It has captured the message in its purity and entirety from the Light Masters. I feel this is the most fortunate moment in my life to be the messenger of the Great Rishis.

## REGULAR CHANNELLING CENTRES

Saturdays (7:30 PM to 8:30 PM)

Gurudwara Sahib,  
Opp. Anjaneya Temple, Ashwathnagar  
Main Road, Sanjaynagar  
☎ 9686571066 Mr. Sudeep Jayaram

### Mysore

Wednesdays (6 PM)

Infosys Ltd  
Hebbal Electronics City, Hootagalli,  
Mysore-570018  
☎ 9980837179, Anand Niranjana  
☎ 8095026224, Akash Mallick

### Solapur

Daily (7 PM to 7:30 PM)

Bal Ganesh Mandir, Bushar Peth, Mohol  
☎ 09860967066 Mr. Vivekanand Swami  
☎ 09970800279 Mrs. Swaroopa Swami

### Dharwad

Sundays (5 PM to 5:30 PM)

Community Hall, Bharatinagar  
☎ 9845651555 Mr. Avinash Rao

### Chennai

Sundays (10 AM to 10:30 AM)

No. 481, SAIPREM, 19th Street,  
4th Sector, K K Nagar  
☎ 9444880409 Mrs. Rajalakshmi R

### Tirunelveli

Daily (7 PM to 7:30 PM)

Vadakku Theru, Chella Pillaiar Kulam,  
A.P. Nadanoor Post  
Aalangulam Taluk-627423  
☎ 9444458747 Mr. Mariappan N

### Madurai

Thursdays (5:20 PM to 6 PM)

Madurai Agricultural College,  
Staff Club Building  
☎ 9443925074 Mr. Swaminathan C

### Pune

Sundays (4 PM to 4:30 PM)

3 B, Kapila Housing Society,  
Gokhalenagar, Pune-411016  
☎ 9011038169 Mr. Ashutosh Navangul

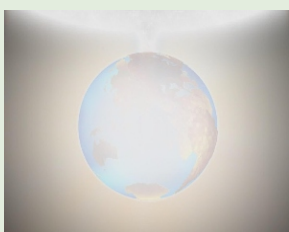
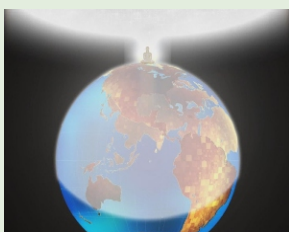
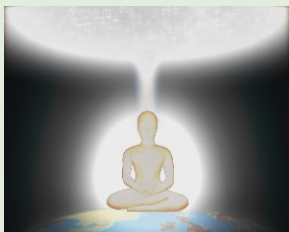
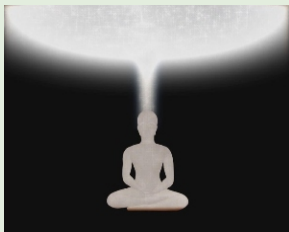
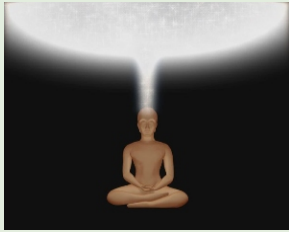
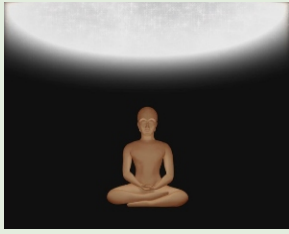
### Visakhapatnam

Saturdays (7PM to 7.30PM)

Door No. 14-339/19, Flat No. 207  
Sree Mithra Heights,  
Balaji Garden, Gopalpatnam  
Opp. APRTC Bus Depot.  
VISAKHAPATNAM-530029.  
☎ 9848628324, Mr. V. Harikrishnan

## EXPERIENCES

(Compiled by Vaishali Joshi)



While doing Light channelling for the first time, I could feel peace and also Light, which is full of Love, entering into me. I practise this for three minutes in the night before going to sleep. I am happy and peaceful when I do Light channelling. It helps my studies. When I open my eyes after channelling Light, I can really see the whole class filled with Light.

- S. Balaji Kumar, Std. VI, Chennai Middle School, Trustpuram, Chennai

While doing Light channelling, my mind is calm and brings good memory. I practised this technique during my Social Science exam. I got all those questions which I had studied. This is the truth!

- Ajit Kumar, Std. VIII, Chennai Middle School, Trustpuram, Chennai

Light channelling brings wisdom, intelligence and knowledge. Because it deals with anger, my mind is peaceful. During these three days of practising Light channelling, I felt as if I was shining in Light.

- A. Vijay Kumar, Std. IX, Chennai High School, Kilpauk Gardens, Chennai

I participated in the essay competition conducted by my school. I was feeling very sad because I did not get the prize. Then I immediately I practised Light channelling. Without any remorse, I went back home happily.

I used to fight with my mother. After practising Light channelling, my anger got reduced. Then I said sorry to my mother.

Whatever I study in the night, I am able to remember in the morning. Thanks to Light channelling.

- K. Keerthi, Std. VII, Chennai High School, Kilpauk Gardens, Chennai

During the exam I forgot whatever I had studied. After channelling Light, I could remember what I had studied.

- P. Ajay, Std. VII, Chennai High School, Kilpauk Gardens, Chennai

After I started practising Light channelling, I could remember the portions I studied. I have changed my crying nature.

- G. Nagamma, Std. VII, Chennai High School, Kilpauk Gardens, Chennai

I was very sad because I had lost the competition. Then I channelled Light and my sadness vanished!

- S. Mohammed Jailani, Std. VII, Chennai High School, Kilpauk Gardens, Chennai

I had applied for leave on 1st February for attending to the Light Channelling work. But just a couple of days earlier I was told to take care of a customer demo on 3rd February. Preparing the presentation and setting up the hardware for the demo would have needed at least 3 to 4 days. I got a bit tensed. But I said to myself that I can not miss the Light Channelling work on 1st February and somehow felt that Rishis would take care of this. On the morning of 2nd February, I saw a mail that the demo was cancelled as the customer who was supposed to visit us, wasn't feeling well!

- Rani Sawade, Volunteer

On 12th March, I slipped from the stairs and fell down. My backbone was injured and I could not sit for Meditations for one week. On 17th, in spite of the back pain, I joined a group Light Channelling session with other meditators. We all channelled Light for 30 to 35 minutes. After the session I noticed that my backache had reduced by 90%. I was surprised and also happy.

- Pratibha Oak, Volunteer

I was filled with sorrow and was very disturbed and upset in my life. I also had negative feelings always. When I practised Light Channelling, I experienced peace and calmness and I felt balanced, peaceful and positive.

- Mrs. Lalitha Xavier, Sheila Kothwal Insititute for Deaf, Bangalore