

**GURUJI KRISHNANANDA (1939)**

### **LIGHT**

Light, not the physical Light but the subtlest Light, is the Source of all Creation. It is the Source of all positive energies. It is the Source of Love, Peace, Truth, Wisdom and all Life. This Light is GOD.

### **CHANNELLING**

Channelling is allowing the Light to descend into us by intending and then spreading It around the world. Our body transforms the frequency to the grosser level.

The vibrations from the Light reach all beings and nature. They carry the energies of Healing, Love, Peace and all Positivity. They help Transformation. We will be better human beings. The world will be a better world.

### **TECHNIQUE**

Imagine an ocean of Light above you. Imagine the Light descending and filling up your body. Then, experience the Love, Light and Peace of the Light for a minute and then, imagine It spreading out gradually to your school, locality, country and world.

Practise this for a minimum period of seven minutes.

### **LIGHT CHANNELS WORLD MOVEMENT**

was launched by Guruji Krishnananda, founder of the Rishis Path, on 18-05-2008.

The Movement is to channel Light daily for seven minutes when we wake up or go to bed from our own places on this earth.

The aim of the Movement is, mainly, Peace on this earth.

### **UNIQUENESS OF THE MOVEMENT**

- Oneness by Light
- Non-religious, Universal
- No restrictions, no conditions
- No membership
- Everyone can contribute to Peace
- Helps the individual, helps the world
- Prepares us and the world to enter the Photon Belt

# LIGHT CHANNELS

Volume 3, Issue 1

NEWSLETTER

November 2012

## A MESSAGE

**Guruji Krishnananda**

(From a previous issue of this Newsletter)

We are moving into an age of New Consciousness. We are on the way. Before moving in there, we have to leave behind our thoughts and acts of the old Age. This is not easy. Not easy at all. We require the strength and guidance. These come from the Light. That is why we channel the Light.

The Light has all the power and wisdom. Light not only guides us into the New Age, but also guides us in living the daily life sensibly and peacefully. It helps a student, a house-holder, a computer engineer, an artist ..... even a Yogi, if he really follows the Light.

Light channelling brings the Revolution that a thousand leaders cannot attempt to achieve.

## HAPPENINGS

**Jayant Deshpande**

I am deeply saddened to write here that Guruji Krishnananda, who launched the Light Channels World Movement in 2008, passed away on 23rd November. As this unique movement gathers momentum, we miss his guidance at this level but his Light will continue to guide us into the New Age.

By now close to half a million children channel Light regularly in more than a thousand schools. A small group of volunteers could make this happen with their selfless and untiring efforts and immense support from school authorities, teachers and children.

A new Regular Light Channelling Centre was opened in Cooke Town area in Bangalore when a temple in that area gave us permission to conduct regular Light Channelling sessions on every Friday.

## LIGHT WORKS

**Manoj Chopra**

We have entered a very interesting, exciting and challenging period. Guruji says, "what we have not achieved in our whole life can be achieved now. If we choose Light from our heart and genuinely say sorry and do not repeat our mistake then everything will be forgiven". It is difficult to believe now that we are entering very soon a great era where only Love and Light will rule.

Light channelling is the hope of the world, which connects us to the Divine. So far millions have channelled Light and lakhs are practising this technique every day. Let us accept the changes that Light wants to bring in us, which in turn contribute to Love and Peace on our Earth.



## **MANASA FOUNDATION (R)**

Taponagara, Chikkagubbi, (Off Hennur - Bagalur Road) Bangalore Urban - 560077. INDIA.

Phone : (080) 2846 5280, 99000 75280 (10 AM to 4 PM)

e-mail : [info@lightagemasters.com](mailto:info@lightagemasters.com) [info@lightchannels.com](mailto:info@lightchannels.com)

website : [www.lightagemasters.com](http://www.lightagemasters.com) [www.lightchannels.com](http://www.lightchannels.com)

**REGULAR CHANNELLING CENTRES****Bangalore**

Monday to Friday (7 PM to 7:15 PM)  
Sri Siddhashrama, 17th Cross,  
Malleswaram  
☎ 9480121545 Mr. K. Chandrashekar

Mondays (6:30 PM to 7 PM)  
Anjaneya Temple, Mahalakshmi Lyt.  
☎ 9972111809 Mrs. Anjali Patil K.

Tuesdays (7:31 AM to 8 AM &  
7:31 PM to 8 PM)  
No.62, II Cross, III Main Road,  
Near Alpine Apartments,  
Dena Bank Colony, Ganganagar  
☎ 080-23536547 Mr. Mukesh Parmar

Wednesdays (6:30 PM to 7 PM)  
Maruti Mandira, Vijaynagar  
☎ 9972111809 Mrs. Anjali Patil K.

Thursdays (6:30 PM to 7 PM)  
Munch Kins, No.890, 38th Cross,  
20th Main, 4th 'T' Block', Jayanagar  
☎ 9448856629 Mrs. Usha  
Satishchandra

Fridays (6:30 PM to 7 PM)  
'Sumathi', No.481, 7th Cross,  
7th Main, J.P.Nagar III Phase  
☎ 9900110351 Mr. Ramesh V.  
Bhosekar

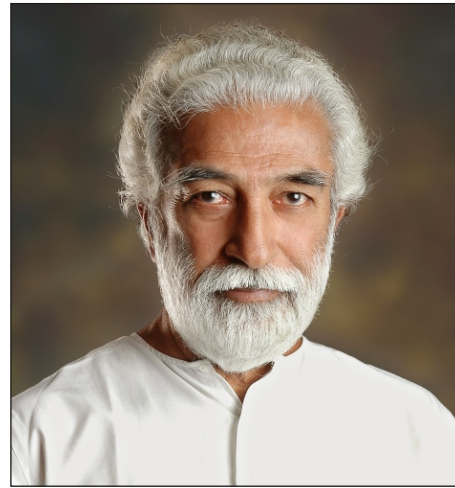
Fridays 12 Noon  
Siddhi Vinayaka Devasthanam,  
59/1, Hutchins Road, 3rd Cross,  
Cooke Town  
☎ 9980205803 Mrs. Nirmala Bala  
☎ 9880162766 Mr. Vinu Varghese

Saturdays (11:00 AM to 12 Noon)  
No 312, Phase 4,  
Golden Park Apartment,  
K.C.D.C Main Road, Bommanahalli,  
☎ 9886437042 Dr. Ravinder Singh  
Gaur

Saturdays (11:30 PM to 12 Noon)  
'Sri Ranga Kalakshetra', 13th Cross,  
Indiranagar, 2nd Stage  
☎ 9900967005 Mrs. Hemalatha  
Pramod

Saturdays (6:00 PM to 6:30 PM)  
Women's Peace League,  
36, Shankar Mutt Road, Basavanagudi  
☎ 9448856629 Mrs. Usha Satishchandra

Saturdays (6:30 PM to 7 PM)  
Balamuri Mahaganapathi,  
Shri Rajarajeshwari and  
Sri Lakshmi Narayana Temple,  
8th Cross, Near Hoysala Circle,  
Kengeri Satellite Town  
☎ 9972111809 Mrs. Anjali Patil K.

**GURUJI KRISHNANANDA****18.05.1939 - 23.11.2012**

**With immeasurable pain in our hearts we wish farewell  
to our beloved Spiritual Father, Guruji Krishnananda.  
He burnt like a candle to give Light to others.  
His Spiritual Teachings will live on forever.**

**IMPORTANT EVENTS**

- 1<sup>st</sup> February 2010 - A group of 50 plus volunteers covered more than 50 schools in South India and organised channelling for more than 30000 children giving a great momentum to 'Light Channels World Movement'.
- 18<sup>th</sup> December 2010 - A band of 50 plus volunteers covered 107 schools on this single day in Mysore, Bangalore, Chennai, Mumbai and Hyderabad and organised channelling for more than 62000 children.
- 1<sup>st</sup> February 2011, 'World Channels Day' - More than 130 volunteers covered around 600 schools across India and organised Light channelling for more than 4 lakh children.
- On 18th January 2012 - 11,570 children in 16 different sessions in Bangalore, Pune, Chennai and Mangalore channelled Light.
- 1st February, 2012, The World Channels Day - More than six lakh children in hundreds of schools across India channelled Light and made this day of channelling a great success.
- 7th May 2012 – About a thousand people gathered in Chowdiah Memorial Hall in Bangalore for the Light Channels Meet. Thousands from across the world joined from their own places through live webcast and thousands more mind linked and joined from their own places to channel Light for 15 minutes.

**LIGHT CHANNELLING IN SCHOOLS**

<b>Schools participated</b>	<b>3820</b>
<b>Students channelled Light</b>	<b>22.95 Lakh</b>
<b>Schools channelling regularly</b>	<b>1025</b>
<b>Students channelling regularly</b>	<b>4.65 Lakh</b>

**APPEAL TO SCHOOLS**

**Please help in strengthening Light Channels  
World Movement by making Light Channelling a  
part of daily prayers in your School.**

**FROM MY DIARY****Padmaja Balaji**

The much anticipated storm had hit at last. Strong winds blew, heavy rains lashed, lightning flashed and thunders roared.

The veracity of the whole process emphasised the existence of domino effect in God's Creation as it had plunged my small home into darkness. My heart swooned, for it had happened at the darkest hour. And it was not easy to cope with the reality as I was so pampered with non-stop light feedings for many years.

And the connectivity with the world was literally lost as all things around me were in a state of deep rest. Against such a backdrop, I noticed certain movements. It was not a storm in the teacup neither a midnight ball of Cinderella & Prince Charming.

Rather it was a gigantic mental dalliance. It was all about thunder & lightning and the play of positive & negative charges. It was also about the raging weather that would affect our Light Channelling commitments in the coming days.

Connecting the dots, I pondered, 'For how long do we intend participating in the exchange of thought and emotion electrons and invite jerks from Mother Earth in return?'

In a lightning streak, I was reminded of my Beloved Light Master's words that a Light Channel acts as a transformer, for the Divine energies get distributed to the whole of Earth through him. No doubt, as a reward, such a one is transformed into a pure being very soon.

Where there is Light, there can be no roars, wounds, trials or judgment either from the sky or from the earth.

It's well past midnight but my heart felt right and light in darkness. Just then, thanks to a duty-bound worker who braved many odds to correct the wrongs, my house was lit again.

\* \* \* \* \*

It was one of those unforgettable days. Exercising my right to shed tears, I was looking at the sky for hope. The next day, in a feeble voice, before starting to talk about Light, I looked at a group of young boys and asked the question, "Do you know why we meditate?"

Before I could realise this involuntary question that spilled from my mouth, came the stunning reply from the front row at lightning speed - 'World Peace'.

The dream sizzled in silence. Hope shone brightly to my right, left, up, down and everywhere. And my voice and gait improved with every session.

Indeed, it is a great honour to be a Light Channel. ■

**REGULAR CHANNELLING CENTRES**

Saturdays (6 PM to 7 PM)  
Shiksha Sagar Primary School  
No. 77, 5th Main, Postal Colony,  
Sanjaynagar  
☎ 9686571066 Mr. Sudeep Jayaram

Saturdays (7:30 PM to 8:30 PM)  
Gurudwara Sahib,  
Opp. Anjaneya Temple, Ashwathnagar  
Main Road, Sanjaynagar  
☎ 9686571066 Mr. Sudeep Jayaram

**Mysore**

Wednesdays (6 PM)  
Infosys Ltd, Hebbal Electronics City,  
Hootagalli, Mysore-570018  
☎ 9980837179, Mr. Anand Niranjan  
☎ 8095026224, Mr. Akash Mallick

**Solapur**

Daily (7 PM to 7:30 PM)  
Bal Ganesh Mandir, Bushar Peth, Mohol  
☎ 09860967066 Mr. Vivekanand Swami  
☎ 09970800279 Mrs. Swaroopa Swami

**Chennai**

Sundays (10 AM to 10:30 AM)  
No. 481, SAIPREM, 19th Street,  
4th Sector, K. K. Nagar  
☎ 9444880409 Mrs. Rajalakshmi R.

**Tirunelveli**

Daily (7 PM to 7:30 PM)  
Vadakku Theru, Chella Pillaiar Kulam,  
A.P. Nadanoor Post  
Aalangulam Taluk-627423  
☎ 9444458747 Mr. Mariappan N.

**Madurai**

Thursdays (5:20 PM to 6 PM)  
Madurai Agricultural College,  
Staff Club Building  
☎ 9443925074 Mr. Swaminathan C.

**Pune**

Sundays (4 PM to 4:30 PM)  
3 B, Kapila Housing Society,  
Gokhalenagar, Pune-411016  
☎ 9011038169 Mr. Ashutosh Navangul

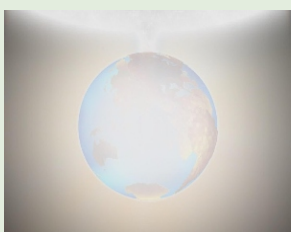
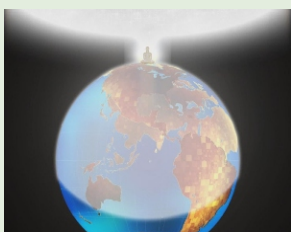
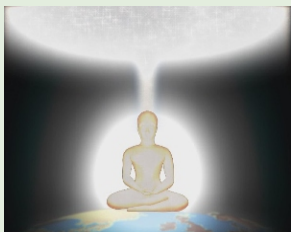
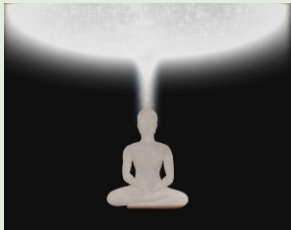
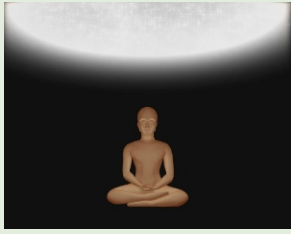
Thursdays (2.30 pm to 3 pm)  
Sindhi Mandir, Besides Satnam Textile,  
Near Shivsena Office, Uruli Kanchan,  
Haveli Dist, Pune-412202  
☎ 9822973632, Mr. Goraksh Mahadik

**Visakhapatnam**

Saturdays (7PM to 7.30PM)  
Door No. 14-339/19, Flat No. 207  
Sree Mithra Heights, Balaji Garden,  
Gopalpatnam, Opp. APRTC Bus Depot.  
VISAKHAPATNAM-530029.  
☎ 9848628324, Mr. V. Harikrishnan

## EXPERIENCES

(Compiled by Vaishali Joshi)



During the 10 days of Ganeshotsav, I practised Light Channelling whenever possible. It became a part of my daily routine. I get refreshed after channelling. But on the 5th and 6th day, I could not channel because of a lot of homework. Those two days were very dull and I did not feel like doing anything. It was as if the battery in my body was not charged.

On the 6th day, while going to bed I promised to practise Light Channelling the very next morning. Around 4.30 AM I heard someone telling me, "Sakshi, channel Light. It is for your own benefit. You have to channel for your friends, your family, for everyone." Then I saw a figure coming towards me from a beam of Light. I channelled Light immediately and felt relaxed.

- Sakshi Swami, Student, Dr. Shamrao Kalmadi High School, Pune

When I visited Kanyakumari on a Saturday, the sky was overcast and I learnt that people had not seen the Sun for a couple of days. On Sunday night the city experienced a heavy downpour. I was a bit shaken because I had fixed Light Channelling session the next day. I prayed to Rishis and Guruji for a clear sky on the next day morning so that I could conduct the session without any problem.

Surprisingly, when I woke up I could see the clear sky. I thanked Rishis and Guruji in my heart and went to the school to conduct the session.

- Swaminathan C, Volunteer

The town I live in, is in the Rainforest Mountains of Rio de Janeiro. On 1-11-2011 we had the worst landslide disaster in the history of Brazil. Thousands died. The town is still fragile as many mountains do not yet have vegetation and are full of cracks.

Today (30-10-12), a huge thunder, lightning and rain storm began. I called upon my blessed new friend Manoj Deshpande and requested him to send Light this way. Immediately, my other new friends Aditya Varun, Hemant Sharma and Deepthy Raghavendra came online and were sending Love and Light to us.

After an hour, the wind dissipated the heavy clouds and the storm ceased. The Sun came out and the sky was blue again. I went outside and spoke to God and Rishis, and with tears in my eyes and a knot in my throat I bowed in love and gratitude for the blessing my town and people received. There are no words to describe what my heart and soul feel. All I wanted to do was throw myself down on Mother Earth and feel her heart beat in unison with mine.

- Ms. Nancy Rogeria from N. Friburgo, Rio de Janeiro, Brazil, on facebook

At the beginning I did not believe in Light Channelling. As I kept practising I felt more positive, optimistic, confident and enlightened.

- Ramya R., Std. X, Raghavendra English School, Vidyanaganagar, Bangalore

Light Channelling was a great experience for me. In the beginning I could not feel anything but after continuous practice I feel that my headache, stress and anger have become less and I always have good experience with my children. When they also started doing Light Channelling they started cooperating with me and their concentration and memory power have developed.

- Thilagam A., Asst. Teacher, Raghavendra English School, Vidyanaganagar, Bangalore