

GURUJI KRISHNANANDA (1939) LIGHT

Light, not the physical Light but the subtlest Light, is the Source of all Creation. It is the Source of all positive energies. It is the Source of Love, Peace, Truth, Wisdom and all Life. This Light is GOD.

CHANNELLING

Channelling is allowing the Light to descend into us by intending and then spreading It around the world. Our body transforms the frequency to the grosser level.

The vibrations from the Light reach all beings and nature. They carry the energies of Healing, Love, Peace and all Positivity. They help Transformation. We will be better human beings. The world will be a better world.

TECHNIQUE

Imagine an ocean of Light above you. Imagine the Light descending and filling up your body. Then, experience the Love, Light and Peace of the Light for a minute and then, imagine It spreading out gradually to your school, locality, country and world.

Practise this for a minimum period of seven minutes.

LIGHT CHANNELS WORLD MOVEMENT

was launched by Guruji Krishnananda, founder of the Rishis Path, on 18-05-2008.

The Movement is to channel Light daily for seven minutes when we wake up or go to bed from our own places on this earth.

The aim of the Movement is, mainly, Peace on this earth.

UNIQUENESS OF THE MOVEMENT

- · Oneness by Light
- · Non-religious, Universal
- · No restrictions, no conditions
- No membership
- $\cdot\,$ Everyone can contribute to Peace
- Helps the individual, helps the world
- Prepares us and the world to enter the Photon Belt

LIGHT CHANNELS

Volume 2, Issue 12

NEWSLETTER

October 2012

A MESSAGE

Guruji Krishnananda

Those who are alert and aware see that the Pralaya processes are in full swing. Everyone is going through the turbulence when things good and bad surface and they have to be dealt with. We cannot wish them away. How we deal with that is the test. If we deal with that in the right way, spiritual way, helps easy entry to the New Age.

The Universe is monitoring us to help us. There are many intelligences working for the New Age. They are not seen and not known by many. But knowing is not necessary. We need not know everything and we cannot know everything.

Mother earth is also waiting to enter the New Age. When we channel Light, all the processes get strengthened. And, of course, we also get the benefits. Light channelling appears very simple. But it is very powerful and effective. Everyone who has channelled the Light have experienced the benefits. Let us channel Light every day.

HAPPENINGS

Jayant Deshpande

In the month of September our Volunteers covered 332 schools and conducted more than 400 Light Channelling sessions where 1.37 lakhs children channelled Light.

More than 2.2 million children have channelled Light at least once and close to half a million children channel Light almost daily in the Light Channelling sessions conducted regularly in about a thousand schools.

LIGHT WORKS

Manoj Chopra

As we are aware, we are already in a different time zone. There are new and more energies flooding our earth. These energies are helping us to awaken and to open up to new realities. I am observing that more people are voicing against violence, corruption, injustice etc. There is growing anger towards hollow and corrupt systems. These new energies will not allow suppressing of the truth any more.

We all cannot go out and fight for the cause but we can join and wage the war against, injustice, intolerance etc. by channelling Light from our respective places. Channelling is not an ordinary activity. It is a life changing activity.

Systems formed on the basis of power and greed will fall soon and there will be new systems which will be based on the principle of Love and sharing. Let us wait and welcome the New Age and channel more Light.



MANASA FOUNDATION (R)

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REGULAR CHANNELLING CENTRES

Bangalore

Monday to Friday (7 PM to 7:15 PM) Sri Siddhashrama, 17th Cross, Malleshwaram 2480121545 Mr. K. Chandrashekar

Mondays (6:30 PM to 7 PM) Anjaneya Temple, Mahalakshmi Layout 🖀 9972111809 Mrs. Anjali Patil K

Tuesdays (7:31 AM to 8 AM & 7:31 PM to 8 PM) No.62, II Cross, III Main Road, Near Alpine Apartments, Dena Bank Colony, Ganganagar 2080-23536547 Mr. Mukesh Parmar

Wednesdays (6:30 PM to 7 PM) Maruti Mandira, Vijaynagar 2010 Mrs. Anjali Patil K

Thursdays (6:30 PM to 7 PM) Munch Kins, No.890, 38th Cross, 20th Main, 4th 'T' Block', Jayanagar 20448856629 Mrs. Usha Satishchandra

Fridays (6:30 PM to 7 PM) 'Sumathi', No.481, 7th Cross, 7th Main, J.P.Nagar III Phase 2000110351 Mr. Ramesh V Bhosekar

Saturdays (11:00 AM to 12 Noon) No 312, Phase 4, Golden Park Apartment, K.C.D.C Main Road, Bommannahalli, **2** 9886437042 Dr. Ravinder Singh Gaur

Saturdays (11:30 PM to 12 Noon) 'Sri Ranga Kalakshetra', 13th Cross, Indiranagar, 2nd stage 9900967005 Mrs. Hemalatha Pramod

Saturdays (6:00 PM to 6:30 PM) Women's Peace League, 36, Shankar Mutt Road, Basavanagudi ☎ 9448856629 Mrs. Usha Satishchandra

Saturdays (6:30 PM to 7 PM) Balamuri Mahaganapathi, Shri Rajarajeshwari and Sri Lakshmi Narayana Temple, 8th cross, Near Hoysala Circle, Kengeri Satellite Town 2007 2111809 Mrs. Anjali Patil K

Saturdays (6 PM to 7 PM) Shiksha Sagar Primary School No. 77, 5th Main, Postal Colony, Sanjaynagar 9686571066 Mr. Sudeep Jayaram



IMPORTANT EVENTS

- 1st February 2010 A group of 50 plus volunteers covered more than 50 schools in South India and organised channelling for more than 30000 children giving a great momentum to 'Light Channels World Movement'.
- 27th November 2010 A band of 43 volunteers organised channelling in more than 59 schools in Shimoga, Mumbai, Chennai and Bangalore for 33000 children.
- 18th December 2010 A band of 50 plus volunteers covered 107 schools on this single day in Mysore, Bangalore, Chennai, Mumbai and Hyderabad and organised channelling for more than 62000 children.
- 1st February 2011, 'World Channels Day' More than 130 volunteers covered around 600 schools across India and organised Light channelling for more than 4 lakh children.
- On 18th January 2012 11,570 children in 16 different sessions in Bangalore, Pune, Chennai and Mangalore channelled Light.
- 1st February, 2012, The World Channels Day More than six lakh children in hundreds of schools across India channelled Light and made this day of channelling a great success.
- 7th May 2012 About a thousand people gathered in Chowdiah Memorial Hall in Bangalore for the Light Channels Meet. Thousands from across the world joined from their own places through live webcast and thousands more mind linked and joined from their own places to channel Light for 15 minutes.

LIGHT CHANNELLING IN SCHOOLS

Schools participated Students channelled Light Schools channelling regularly Students channelling regularly 3730 22.55 Lakh 1005 4.45 Lakh

APPEAL TO SCHOOLS

Please help in strengthening Light Channels World Movement by making Light Channelling a part of daily prayers in your School.

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PROFIT & LOSS ACCOUNT

Padmaja Balaji

"Here's your ring," exclaimed my team leader.

It was during end April of this year. As a part of spreading awareness about May 7 event, our team were to address two different gatherings in two different buildings belonging to two different units of a giant IT company. It was there that I realised that I had lost one of my gold earrings.

When did I lose? Where to search? Whom to ask? How to justify my carelessness?

I decided to worry about the loss later. So, I quietly pocketed the remaining one in my trousers and forgot about it. The sessions went on well and my heart was brimming with happiness. While returning home, I requested my friend to sip a cup of filter coffee with me. That was when she noticed the missing earring shining on the floor of my house.

This 'lost & found' episode reminds me of wrong suspicions and painful allegations suffered by many innocents. Most importantly, it reminds me of a revelation that I had while my heart was experiencing the pain of an affected one in the hands of violence.....

There is every possibility that a negatively charged individual may change into a positive one in an instant and that the change may be sudden and complete. Such a transition is difficult and rare to witness though.

However, the story of you and I are entirely different. Having fallen in the bracket of 'good', we, the majority of population refuse to believe how our very own secret thoughts of pride, suspicion and doubt, casual pungent utterances and flickering moments of anger too take a heavy toll on our system and the collective consciousness of our planet. We appear superficially harmless but under the garb of superficial goodness, we inflict more new wounds than healing the old.

So, you, I, he and she are responsible for the present state. Whether one is a crazy artist or a serious rebel, an orthodox arbitrator or a fascinating homemaker, an innocent child or a responsible teacher, a restless grandfather or a wilting grandmother, any and every, dating with Light for at least 7 minutes a day is a sure quick forward step toward spreading Love and Peace in and around.

Now, reflecting on my lost and found ring episode, people generally would react that I was one lucky lot this time too. But they don't know that, like Alauddin, my leanings are always on a different genie. It's a very powerful one though.

Yes, in spite of my weaknesses and shortcomings, it's always the Light, which traces, chases and fixes my losses and findings to ensure what I cannot and can have.

In simple terms, Light is managing my Profit & Loss Account upon my one simple request!

REGULAR CHANNELLING CENTRES

Saturdays (7:30 PM to 8:30 PM) Gurudwara Sahib, Opp. Anjaneya Temple, Ashwathnagar Main Road, Sanjaynagar 🖀 9686571066 Mr. Sudeep Jayaram

Mysore

Wednesdays (6 PM) Infosys Ltd Hebbal Electronics City, Hootagalli, Mysore-570018 9980837179, Anand Niranjan 8095026224, Akash Mallick

Solapur

Daily (7 PM to 7:30 PM) Bal Ganesh Mandir, Bushar Peth, Mohol 1 09860967066 Mr. Vivekanand Swami 1 09970800279 Mrs. Swaroopa Swami

Chennai

Sundays (10 AM to 10:30 AM) No. 481, SAIPREM, 19th Street, 4th Sector, K K Nagar 2010 Mrs. Rajalakshmi R

Tirunelveli

Daily (7 PM to 7:30 PM) Vadakku Theru, Chella Pillaiar Kulam, A.P. Nadanoor Post Aalangulam Taluk-627423 2 9444458747 Mr. Mariappan N

Madurai

Thursdays (5:20 PM to 6 PM) Madurai Agricultural College, Staff Club Building 2 9443925074 Mr. Swaminathan C

Pune

Sundays (4 PM to 4:30 PM) 3 B, Kapila Housing Society, Gokhalenagar, Pune-411016 9011038169 Mr. Ashutosh Navangul

Thursdays (2.30 pm to 3 pm) Sindhi Mandir, Besides Satnam Textile, Near Shivsena office,Uruli Kanchan, Haveli Dist, Pune-412202 **2** 9822973632, Mr. Goraksh Mahadik

Visakhapatnam

Saturdays (7PM to 7.30PM) Door No. 14-339/19, Flat No. 207 Sree Mithra Heights , Balaji Garden, Gopalpatnam Opp. APRTC Bus Depot. VISAKHAPATNAM-530029. 2010 9848628324, Mr. V. Harikrishnan















EXPERIENCES

(Compiled by Vaishali Joshi)

On 19th September, a Light Channelling session was to be conducted at Sirole, at 12 noon. The Sun was very hot and there were a very few clouds in the sky. I prayed to Light for help. The Principal requested us to complete the session in 5 minutes, as it was very hot outside. But when we were about to start the session, we were surprised to observe that the Sun had hidden itself behind the clouds ! I thanked Light for the great help. We conducted the session for 20 minutes ! The Principal thanked us and said that in the whole of last year no other morning school prayer was so peaceful. We were filled with joy and gratitude.

- Santosh Kore, Volunteer

While channelling Light all my fear, anxiety and tensions were lost. I felt relaxed.

- Megha A., Std. VIII, Sri Maruthi Convent, Bangalore

Earlier I was not happy and did not feel like talking with others. But after I began channelling Light I have changed. Now I am happy with everyone and I feel that with this we can change the world positively.

- Pavithra M., Std. IX, Sri Maruthi Convent, Bangalore

When I was in 9th class, I was very poor in mathematics, science and English. But now I am getting more marks in all subjects. Thanks to channelling of Light, which I am doing daily in the morning and evening.

- Nandeesh Y., Std. X, Shree Maruthi Vidya Mandir, Bangalore

After Light Channelling, when I opened my eyes, I felt very calm. I felt very fresh and I realised that anger was not with me.

- Praveen R., Std. VIII, Raghavendra English School, Vidyaranyanagar, Bangalore

Practice of Light Channelling once daily makes me relaxed, calm, confident and enthusiastic. Earlier, when somebody used to make me angry or tease me, I would scold them and make a big issue. But now I am able to deal with it coolly and calmly. It is because of Light Channelling.

- Chaitra V., Std. X, Raghavendra English School, Vidyaranyanagar, Bangalore

Changes happened in my life after learning Light Channelling. There is more concentration in studies and more respect towards my parents.

> - Sushmit Jain, Std. VI, S. D. M. Higher Primary School, Ujire

I practise this technique everyday in the morning and night. Once when the class was being divided into sections, I prayed to Light not to separate me and my close friend Deeksha. And my wish was fulfilled ! One cow in our house used to chase us. I prayed to Light and now it is not chasing us.

> - Pallavi Shri, Std. VI, S. D. M. Higher Primary School, Ujire

Recently my grandmother was in the hospital because of some disc problem. I sent her lot of Light. Now she is alright ! Earlier, I had difficulty in understanding my lessons and remembering them after reading. Now I don't have that problem.

- Ananya, Std. VI, S. D. M. Higher Primary School, Ujire

The Light Channelling programme has made a big difference in our lives. We practise everyday for 5-7 minutes after the assembly. The students have gained more of positive energy. The teachers have reported that this technique helps them get along with the day well. I myself find the flow of good feel and energy in me when I practise it. We are, and we will continue practising this Light Channelling technique, to spread Love and goodwill among us.

- Ms. Sridevi E., Asst. Headmistress, Raghavendra English School, Vidyaranyanagar, Bangalore

After practising Light Channelling, I personally feel cool, calm and confident. It has developed patience, determination, inner strength and many other positive qualities in me.

> Geethalakshmi, Asst. Teacher, Raghavendra English School, Vidyaranyanagar, Bangalore

LIGHT CHANNELS An English Monthly Newspaper, for private circulation only. Printed, Published and Edited by Jayant Deshpande on behalf of Manasa Foundation (R). Published from Manasa Foundation (R), Taponagara, Chikkagubbi, Off Hennur Bagalur Road, Bangalore – 560077 and Printed at : M/s. Good Printz, Veena Complex, Old Madras Road, Dooravaninagar, Bangalore - 560 016. Mob. : 9742156507. Owner : Manasa Foundation (R), Taponagara, Chikkagubbi, Off Hennur Bagalur Road, Bangalore – 560077. Editor : Jayant Deshpande