

**GURUJI KRISHNANANDA (1939)**

### LIGHT

Light, not the physical Light but the subtlest Light, is the Source of all Creation. It is the Source of all positive energies. It is the Source of Love, Peace, Truth, Wisdom and all Life. This Light is GOD.

### CHANNELLING

Channelling is allowing the Light to descend into us by intending and then spreading It around the world. Our body transforms the frequency to the grosser level.

The vibrations from the Light reach all beings and nature. They carry the energies of Healing, Love, Peace and all Positivity. They help Transformation. We will be better human beings. The world will be a better world.

### TECHNIQUE

Imagine an ocean of Light above you. Imagine the Light descending and filling up your body. Then, experience the Love, Light and Peace of the Light for a minute and then, imagine It spreading out gradually to your school, locality, country and world.

Practise this for a minimum period of seven minutes.

### LIGHT CHANNELS WORLD MOVEMENT

was launched by Guruji Krishnananda, founder of the Rishis Path, on 18-05-2008.

The Movement is to channel Light daily for seven minutes when we wake up or go to bed from our own places on this earth.

The aim of the Movement is, mainly, Peace on this earth.

### UNIQUENESS OF THE MOVEMENT

- Oneness by Light
- Non-religious, Universal
- No restrictions, no conditions
- No membership
- Everyone can contribute to Peace
- Helps the individual, helps the world
- Prepares us and the world to enter the Photon Belt

# LIGHT CHANNELS

Volume 2, Issue 11

NEWSLETTER

September 2012

## A MESSAGE

**Guruji Krishnananda**

We had predicted that there would be turbulence at all levels, individual to the global. We are witnessing it happening now. This is a very unusual turbulence caused by the special energies brought down to the earth by the Rishis. The turbulence brings to the surface our emotional, intellectual and spiritual struggles. We have to deal with these wisely. In the process, we learn and grow. Once we learn and move ahead, the turbulence vanishes. The Light helps us here, in understanding and setting our course right.

Channelling Light helps the world and also us, the channels. We must always remember that Light has great intelligence and wisdom. It knows what our problems are and rightly advises us. We may not be aware of the process at this level and we will be aware of it at a deeper level.

Revolution by Light is a silent process and we are carrying it on silently, even without our own knowledge.

## HAPPENINGS

**Jayant Deshpande**

The Principal of a school was very reluctant to introduce Light Channelling in his school but somehow gave permission to conduct a session. After the session, he requested our Volunteers to conduct the session three more times in the same week ! In another school, students of a particular class were known to be very mischievous and difficult but when our Volunteers visited and told them about Light Channelling, they listened patiently and also channelled Light silently !

The Light carried by our Volunteers touches the individuals somehow and opens them to Light.

In the month of August our Volunteers were very busy covering many schools. They conducted 500 sessions where 1.75 lakhs children channelled Light. This was in addition to more than 4 lakh children channelling Light almost daily during their daily school prayers.

## LIGHT WORKS

**Manoj Chopra**

Recently, in one of the Light Channelling sessions in a remote area, a rooster flew inside the school campus suddenly and began crowing. Childrens' attention was getting diverted due to its presence and noise. Our volunteer prayed Guruji and sent Light to the rooster. Immediately it looked around and flew away. After that our volunteer could conclude his session without any disturbance. Miracles and help from our Masters and Light have become a part of our work.

Our volunteers have learnt not to give up in any situation, be it a difficult climatic conditions or challenges in their personal lives. Nothing deters them to march ahead. They are Light soldiers. They are go getters. I feel they are the hope for the world.



## MANASA FOUNDATION (R)

Taponagara, Chikkagubbi, (Off Hennur - Bagalur Road) Bangalore Urban - 560077. INDIA.

Phone : (080) 2846 5280, 99000 75280 (10 AM to 4 PM)

e-mail : [info@lightagemasters.com](mailto:info@lightagemasters.com) [info@lightchannels.com](mailto:info@lightchannels.com)

website : [www.lightagemasters.com](http://www.lightagemasters.com) [www.lightchannels.com](http://www.lightchannels.com)

## REGULAR CHANNELLING CENTRES

### Bangalore

Monday to Friday (7 PM to 7:15 PM)

Sri Siddhashrama, 17<sup>th</sup> Cross,  
Malleshwaram

☎ 9480121545 Mr. K. Chandrashekar

Mondays (6:30 PM to 7 PM)

Anjaneya Temple, Mahalakshmi Layout

☎ 9972111809 Mrs. Anjali Patil K

Tuesdays (7:31 AM to 8 AM &  
7:31 PM to 8 PM)

No.62, II Cross, III Main Road,  
Near Alpine Apartments,

Dena Bank Colony, Ganganagar

☎ 080-23536547 Mr. Mukesh Parmar

Wednesdays (6:30 PM to 7 PM)

Maruti Mandira, Vijaynagar

☎ 9972111809 Mrs. Anjali Patil K

Thursdays (6:30 PM to 7 PM)

Munch Kins, No.890, 38th Cross,

20th Main, 4th 'T' Block', Jayanagar

☎ 9448856629 Mrs. Usha

Satishchandra

Fridays (6:30 PM to 7 PM)

'Sumathi', No.481, 7th Cross,

7th Main, J.P.Nagar III Phase

☎ 9900110351 Mr. Ramesh V

Bhosekar

Saturdays (11:00 AM to 12 Noon)

No 312, Phase 4,

Golden Park Apartment,

K.C.D.C Main Road, Bommanahalli,

☎ 9886437042 Dr. Ravinder Singh

Gaur

Saturdays (11:30 PM to 12 Noon)

'Sri Ranga Kalakshetra', 13th Cross,

Indiranagar, 2nd stage

☎ 9900967005 Mrs. Hemalatha

Pramod

Saturdays (6:00 PM to 6:30 PM)

Women's Peace League,

36, Shankar Mutt Road, Basavanagudi

☎ 9448856629 Mrs. Usha

Satishchandra

Saturdays (6:30 PM to 7 PM)

Balamuri Mahaganapathi,

Shri Rajarajeshwari and

Sri Lakshmi Narayana Temple,

8th cross, Near Hoysala Circle,

Kengeri Satellite Town

☎ 9972111809 Mrs. Anjali Patil K

Saturdays (6 PM to 7 PM)

Shiksha Sagar Primary School

No. 77, 5th Main, Postal Colony,

Sanjaynagar

☎ 9686571066 Mr. Sudeep Jayaram



A Light Channelling session in the Regular Light Channelling Centre at Siddhashrama, Malleshwaram

## IMPORTANT EVENTS

- 1<sup>st</sup> February 2010 - A group of 50 plus volunteers covered more than 50 schools in South India and organised channelling for more than 30000 children giving a great momentum to 'Light Channels World Movement'.
- 27<sup>th</sup> November 2010 - A band of 43 volunteers organised channelling in more than 59 schools in Shimoga, Mumbai, Chennai and Bangalore for 33000 children.
- 18<sup>th</sup> December 2010 - A band of 50 plus volunteers covered 107 schools on this single day in Mysore, Bangalore, Chennai, Mumbai and Hyderabad and organised channelling for more than 62000 children.
- 1<sup>st</sup> February 2011, 'World Channels Day' - More than 130 volunteers covered around 600 schools across India and organised Light channelling for more than 4 lakh children.
- On 18th January 2012 - 11,570 children in 16 different sessions in Bangalore, Pune, Chennai and Mangalore channelled Light.
- 1st February, 2012, The World Channels Day - More than six lakh children in hundreds of schools across India channelled Light and made this day of channelling a great success.
- 7th May 2012 – About a thousand people gathered in Chowdiah Memorial Hall in Bangalore for the Light Channels Meet. Thousands from across the world joined from their own places through live webcast and thousands more mind linked and joined from their own places to channel Light for 15 minutes.

## LIGHT CHANNELLING IN SCHOOLS

<b>Schools participated</b>	<b>3317</b>
<b>Students channelled Light</b>	<b>22.14 Lakh</b>
<b>Schools channelling regularly</b>	<b>975</b>
<b>Students channelling regularly</b>	<b>4.35 Lakh</b>

## APPEAL TO SCHOOLS

**Please help in strengthening Light Channels  
World Movement by making Light Channelling a  
part of daily prayers in your School.**

**I AM WITH YOU****Padmaja Balaji**

The other day, as usual, I was enjoying my interactions with the chirpy class about Light. Unexpectedly one girl threw an unusual question.

“Do you have a halo? Are you able to see others' halos?”

Caught off guard, for a fraction of a second I wondered what and how to reply as this question garnered the attention of the whole class. I mentally connected to my Guiding Light who has taught us how to dream big. Thankfully, the children accepted my answer, “Is it that important? What is important to note is that you would always be happy, joyful and peaceful in the presence of one who is vibrating in Purity and Love.”

It's amusing to recollect my first day experience as a Light Channelling volunteer. Nobody in my team knew that I was nervous down to the spine. Addressing even a small audience was a matter of great concern for me. But a lotus chapter was destined to open in my life silently as the dream of the Universe overpowered my being on that day.

Yes, I meant right. My Master has said that our Universe carries its own dreams; and that when we actualise these dreams, our dreams and that of the Universe become One.

You may laugh if I say, off the track though, that I tried to visualise these dreams as colourful balloons happily hovering all over our Cosmic splendour. In one giant leap, I wanted to catch at least one such in my hand to fly along.

Well, let me assure you, our dream of spreading Light to the whole world takes new wings every time the children express or question something different...

*‘Some see white Light, some blue and some yellow. Are they all real?’*

*‘Can I send Light to my parents who fight all the time?’*

*‘My life goal is to help the world.’*

*‘I was hungry. But now I am not hungry.’*

*‘Meditation Ma'am, will you come every day? I like it very much.’*

I can even show you a scribbled drawing of a smiling lion and a flower happily sharing space on a ruled paper, which was gifted to me with so much Love by a very young girl.

Touched by the journey so far, allow me to whisper loudly ‘I am with you, Universe!’ ■

**REGULAR CHANNELLING CENTRES**

Saturdays (7:30 PM to 8:30 PM)  
Gurudwara Sahib,  
Opp. Anjaneya Temple, Ashwathnagar  
Main Road, Sanjaynagar  
☎ 9686571066 Mr. Sudeep Jayaram

**Mysore**

Wednesdays (6 PM)  
Infosys Ltd  
Hebbal Electronics City, Hootagalli,  
Mysore-570018  
☎ 9980837179, Anand Niranjan  
☎ 8095026224, Akash Mallick

**Solapur**

Daily (7 PM to 7:30 PM)  
Bal Ganesh Mandir, Bushar Peth, Mohol  
☎ 09860967066 Mr. Vivekanand Swami  
☎ 09970800279 Mrs. Swaroopa Swami

**Chennai**

Sundays (10 AM to 10:30 AM)  
No. 481, SAIPREM, 19th Street,  
4th Sector, K K Nagar  
☎ 9444880409 Mrs. Rajalakshmi R

**Tirunelveli**

Daily (7 PM to 7:30 PM)  
Vadaku Theru, Chella Pillaiar Kulam,  
A.P. Nadanoor Post  
Aalangulam Taluk-627423  
☎ 9444458747 Mr. Mariappan N

**Madurai**

Thursdays (5:20 PM to 6 PM)  
Madurai Agricultural College,  
Staff Club Building  
☎ 9443925074 Mr. Swaminathan C

**Pune**

Sundays (4 PM to 4:30 PM)  
3 B, Kapila Housing Society,  
Gokhalenagar, Pune-411016  
☎ 9011038169 Mr. Ashutosh Navangul

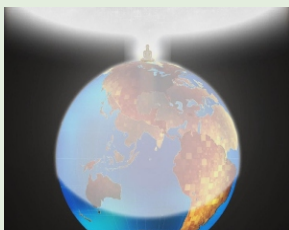
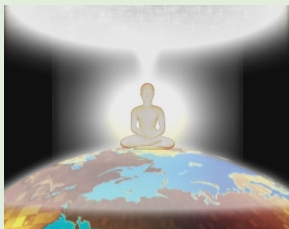
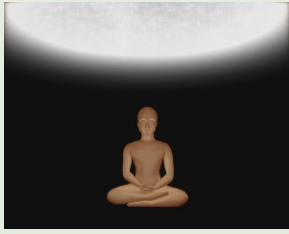
Thursdays (2.30 pm to 3 pm)  
Sindhi Mandir, Besides Satnam Textile,  
Near Shivsena office, Uruli Kanchan,  
Haveli Dist, Pune-412202  
☎ 9822973632, Mr. Goraksh Mahadik

**Visakhapatnam**

Saturdays (7PM to 7.30PM)  
Door No. 14-339/19, Flat No. 207  
Sree Mithra Heights,  
Balaji Garden, Gopalpatnam  
Opp. APRTC Bus Depot.  
VISAKHAPATNAM-530029.  
☎ 9848628324, Mr. V. Harikrishnan

## EXPERIENCES

(Compiled by Vaishali Joshi)



I experienced Love and Peace. It was so nice. I cannot put it in words. You have to experience it yourself.

- Pavani, Std. X, Government High School, Immadihalli

I feel a lot of positivity filled and blooming out of me. Whenever I do Light Channelling I experience the bright Light in my head. The problems I face are the same but I feel they are very very small, and I am not affected by the negativity or criticism towards me. I am in bliss.

- Srikala, BBM Student, Seshadripuram College, Yelahanka

We are given a lot of assignments in the class. People around me were very competitive. It was a project on financial system and we had to do a presentation on it. I don't know much about graphics and other things. I told Light about my problem and prepared the slides. I gathered information from various places, gave examples, and got huge confidence. When I was on the stage, I remembered the Light for about a minute and It made my day! My presentation was extremely good! I got good comments from my teachers and friends. It was a miracle! I love Light. It has given me huge energy and support and is an inevitable part of my life.

- Kavyashree R., B. Com Student

The Light Channelling session at MIT, Pune turned out to be a wonderful experience. It was conducted for the students of some classes known to be very mischievous. In the beginning, they were in no mood to listen to anything. But as the session progressed, they became calm and later did not even open their eyes during the channelling! A lot of students shared that they felt peace, calm and joy.

- Medha Kulkarni, Volunteer

During an evening walk, a young boy recognized and greeted me and said that he was studying in a school where we had done Light Channelling

last year. He said emphatically that he was channelling Light every day and that his marks almost doubled in his latest exam compared to the previous one. Another young boy stopped me on the street and conveyed that his memory had improved after channelling Light regularly.

These are very satisfying and fulfilling moments. These incidences touch us deeply.

- Nirmala Bala, Volunteer

In Radcliffe school, the students of Lower and Upper KG were very restless and the teachers were happy to see them connect so purely during the Light Channelling session. The children admitted seeing white Light. The students of fourth and fifth standard appreciated the calm and relaxation they felt and have voluntarily agreed to channel Light regularly.

- Geeta Joshi, Volunteer

On 12-7-2012, I visited Mariam Nilaya High School, Near OMBR layout, Bangalore to take permission for conducting Light Channelling in their school. Incidentally, the Headmistress of the school, Sister Rosemary, had been praying to God to help her bring about an improvement in her students. She was very happy to know about Light Channelling and told me that God had sent me to her as a response to her prayers. She insisted that Light Channelling should be done on the very same day. I was alone, so I got a bit nervous. Before the session started, I prayed to Guruji and Master V. During the first session I felt that the statue of Vishwamitra Maharshi was behind me and Jesus was standing along with it and spreading Light.

Sister Rosemary said that she saw the whole ground covered with Light. She told the teachers that the Light I was talking about was God. She also shared that she experiences this Light during her deep prayers and contemplation.

- Shubhalaxmi Kanhere, Volunteer