

GURUJI KRISHNANANDA (1939-2012)

LIGHT

Light, not the physical Light but the subtlest Light, is the Source of all Creation. It is the Source of all positive energies. It is the Source of Love, Peace, Truth, Wisdom and all Life. This Light is GOD.

CHANNELLING

Channelling is allowing the Light to descend into us by intending and then spreading It around the world. Our body transforms the frequency to the grosser level.

The vibrations from the Light reach all beings and nature. They carry the energies of Healing, Love, Peace and all Positivity. They help Transformation. We will be better human beings. The world will be a better world.

TECHNIQUE

Imagine an ocean of Light above you. Imagine the Light descending and filling up your body. Then, experience the Love, Light and Peace of the Light for a minute and then, imagine It spreading out gradually to your school, locality, country and world.

Practise this for a minimum period of seven minutes.

LIGHT CHANNELS WORLD MOVEMENT

was launched by Guruji Krishnananda, founder of the Rishis Path, on 18-05-2008.

The Movement is to channel Light daily for seven minutes when we wake up or go to bed from our own places on this earth.

The aim of the Movement is, mainly, Peace on this earth.

UNIQUENESS OF THE MOVEMENT

- Oneness by Light
- Non-religious, Universal
- No restrictions, no conditions
- No membership
- Everyone can contribute to Peace
- Helps the individual, helps the world

LIGHT CHANNELS

Volume 3, Issue 10

NEWSLETTER

August 2013

A MESSAGE

Guruji Krishnananda

(From a previous issue of this Newsletter)

There is an Awakening. A Spiritual Awakening is happening at the mystical level. It is happening more with the children which is indicated by the experiences they have while they channel Light.

Awakening is happening because of more Light descending to the human Consciousness. More Light means more energies. More changes. More Transformation. A silent Spiritual Revolution is building up. Each one of us can participate in this. We can create new destinies for this beautiful planet Earth.

Light channelling is not a simple activity. It is a great life-changing destiny-creating activity.

HAPPENINGS

Jayant Deshpande

We are witnessing intense turmoil at various levels. This turmoil brings changes; positive changes. Maharshi Amara had explained that Pralaya is change and not destruction, as is generally understood. The world needs more Light to help the humanity sail through this difficult period. Our Volunteers, the school-authorities and school children are making wonderful efforts to bring down more Light. In the month of July alone, apart from 5.15 lakh children from 1135 schools, who channel Light almost daily in their schools, 1.6 lakh more children from 404 schools also channelled Light.

These efforts will not go waste. The Light spread by these pure souls touches everybody in this world and helps them move quickly towards the New Age.

LIGHT WORKS

Manoj Chopra

In the year 2009, when we started approaching schools for Light channelling, Maharshi Amara inspired us at every step. His guidance helped us take the Light channelling work to the next level. He was always there for us to achieve our set goals year after year on "World Channels Day". Although we observe his death anniversary on August 25th, he is a living force of 'MANASA'.

This year we have found ample changes in schools for Light channelling. School authorities are showing complete faith in Light and Light channelling and they are coming forward for daily channelling of Light in the school premises. This is very good news for the Movement. Light channelling is the need of the hour and I am happy that schools are appreciating it. Probably in this present time this is the only way to move towards a Peaceful world quickly.



MANASA FOUNDATION (R)

Taponagara, Chikkagubbi, (Off Hennur - Bagalur Road) Bangalore Urban - 560077. INDIA.

Phone : (080) 2846 5280, 99000 75280 (10 AM to 4 PM)

e-mail : info@lightagemasters.com info@lightchannels.com

website : www.lightagemasters.com www.lightchannels.com

REGULAR CHANNELLING CENTRES

People from the locality join voluntarily to channel Light in a group at our Regular Light Channelling Centres, periodically. All are welcome to participate. There is no fee. There is no membership.

Bangalore

Monday to Friday (7 PM to 7:15 PM)
Sri Siddashrama, 17th Cross,
Malleshwaram

☎ 9480121545 Mr. K. Chandrashekar

Mondays (6:30 PM to 7 PM)

Anjaneya Temple, Mahalakshmi Lyt.

☎ 9972111809 Mrs. Anjali Patil K.

Wednesdays (6:30 PM to 7 PM)

Maruti Mandira, Vijaynagar

☎ 9972111809 Mrs. Anjali Patil K.

Thursdays (6:30 PM to 7 PM)

Munch Kins, No.890, 38th Cross, 20th
Main, 4th 'T' Block', Jayanagar

☎ 9448856629 Mrs. Usha
Sathishchandra

Fridays (6:30 PM to 7 PM)

'Sumathi', No.481, 7th Cross, 7th
Main, J.P.Nagar III Phase

☎ 9900110351 Mr. Ramesh V.
Bhosekar

Fridays 12 Noon

Siddhi Vinayaka Devasthanam,
59/1, Hutchins Road, 3rd Cross,
Cooke Town

☎ 9980205803 Mrs. Nirmala Bala
☎ 9880162766 Mr. Vinu Varghese

Saturdays (11:00 AM to 12 Noon)

No 312, Phase 4,
Golden Park Apartment,
K.C.D.C Main Road, Bommannahalli,
☎ 9886437042 Dr. Ravinder Singh
Gaur

Saturdays (5:30 PM to 6:00 PM)

'Sri Ranga Kalakshetra', 13th Cross,
Indiranagar, 2nd Stage

☎ 9900967005 Mrs. Hemalatha
Pramod

Saturdays (6:30 PM to 7 PM)

Balamuri Mahaganapathi,
Shri Rajarajeshwari and
Sri Lakshmi Narayana Temple,
8th Cross, Near Hoysala Circle,
Kengeri Satellite Town

☎ 9972111809 Mrs. Anjali Patil K.



A channelling session at the Regular Light Channelling Centre, Basavanagudi, Bangalore

IMPORTANT EVENTS

- 1st February 2010 - A group of 50 plus volunteers covered more than 50 schools in South India and organised channelling for more than 30000 children giving a great momentum to 'Light Channels World Movement'.
- 18th December 2010 - A band of 50 plus volunteers covered 107 schools on this single day in Mysore, Bangalore, Chennai, Mumbai and Hyderabad and organised channelling for more than 62000 children.
- 1st February 2011, 'World Channels Day' - More than 130 volunteers covered around 600 schools across India and organised Light channelling for more than 4 lakh children.
- On 18th January 2012 - 11,570 children in 16 different sessions in Bangalore, Pune, Chennai and Mangalore channelled Light.
- 1st February, 2012, The World Channels Day - More than six lakh children in hundreds of schools across India channelled Light and made this day of channelling a great success.
- 7th May 2012 - About a thousand people gathered in Chowdiah Memorial Hall in Bangalore for the Light Channels Meet. Thousands from across the world joined from their own places through live webcast and thousands more mind linked and joined from their own places to channel Light for 15 minutes.
- 1st Feb 2013, 3rd World Channels day - Around 8.86 Lakh children and teachers of 1868 schools channelled Light all over India and made this day of channelling a great success.
- 29th June, 2013 - 13,449 children in 30 schools of Bangalore, Mysore, Hyderabad, Sangli and Regular Light Channelling Centres across India, channelled Light.

LIGHT CHANNELLING IN SCHOOLS

Schools participated	4256
Students channelled Light	24.41 Lakh
Schools channelling regularly	1135
Students channelling regularly	5.15 Lakh

APPEAL TO SCHOOLS

Please help in strengthening Light Channels
World Movement by making Light Channelling a
part of daily prayers in your School.

HAND OF LIGHT

Padmaja Balaji

I sit in the company of the Light. As usual, the whispers from beyond toast me with days of helplessness associated with every creative activity. You should know by now that I am not a prolific writer. And then Grace descends.

* * *

“My little eyes looked in wonder. That which appeared half dried and lifeless was vibrating with chlorophyll rich happiness spreading vibrant energies. It was a great revelation for me as a little child that godly rains from above could bring miracles on a small plant.”

I listen in rapt attention to the narration. As our conversations take a wide angle birth touching upon the rollercoaster rides of life, the person explains further...

“.....It was one of those days when I was not familiar with Light Channelling technique. The hurt was too deep and my soul was wringing in pain. So, I devised a way of coming out of bitterness using Light. First I imagined sitting inside the globe of Light in all my waking hours and requested Light to be with me during my sleep. It took me two complete days to come out of the pain. Next two days, I imagined a heavy downpour of Light on the concerned person.

“And the testing part came when I had to connect these two globes of Light. I was hesitant. When it dawned on me that all are children of God, I wasted no time in constructing a bridge of Light giving strong affirmations that my connection is only with the soul. In due course, with pain and bitterness completely gone, I can see this person without judgment. Now I see everyone as a child of God.”

The smile is infectious and love palpable.

It is only in our hands how we react to a situation, isn't it? We can either turn our hurt and bitterness into anger and hatred thus generating a huge field of negativity and annihilation within and around, or we can take the help of Light and be a source of happiness even to those who have hurt us.

It reminds me how we always blame the Unconscious for the mishappenings of life, forgetting that they are nothing but our own ripples of cause and effect. But the power of karmas can be mitigated, like my friend did, by employing Light in all possible situations of life.

Our Unconscious also acts as a storehouse of Spiritual energies absorbed during Meditations which are more powerful than the influence of karmas. My Master had explained that by mere choosing of Light, even our karmas act as a springboard to lead a life of purity. Well, there's only gain with Light.

* * *

My heart jumps in joy to see the previous night's rains weaving magic on the trees and plants. And the tweets and coos from across seem to sing in chorus for the first time..... Now let the title be 'Hand of Light.' And I obey to their sounds for the first time.

REGULAR CHANNELLING CENTRES

Saturdays (6 PM to 7 PM)
Shiksha Sagar Primary School
No. 77, 5th Main, Postal Colony,
Sanjaynagar,
☎ 9686571066 Mr. Sudeep Jayaram

Saturdays (7:30 PM to 8:30 PM)
Gurudwara Sahib, Opp. Anjaneya
Temple, Ashwathnagar Main Road,
Sanjaynagar,
☎ 9686571066 Mr. Sudeep Jayaram

Mysore

Wednesdays (6 PM)
Infosys Ltd, Hebbal Electronics City,
Hootagalli, Mysore-570018
☎ 9980837179, Mr. Anand Niranjana
☎ 8095026224, Mr. Akash Mallick

Solapur

Daily (7 PM to 7:30 PM)
Bal Ganesh Mandir, Bushar Peth, Mohol
☎ 09860967066 Mr. Vivekanand Swami
☎ 09970800279 Mrs. Swaroopa Swami

Chennai

Sundays (10 AM to 10:30 AM)
No. 481, SAIPREM, 19th Street,
4th Sector, K. K. Nagar
☎ 9444880409 Mrs. Rajalakshmi R.

Tirunelveli

Daily (7 PM to 7:30 PM)
Vadaku Theru, Chella Pillaiar Kulam,
A.P. Nadanoor Post,
Aalangulam Taluk-627423
☎ 9444458747 Mr. Mariappan N.

Pune

Saturdays (6:30 PM to 7:00 PM)
3 B, Kapila Housing Society,
Gokhale Nagar, Pune-411016
☎ 9011038169 Mr. Ashutosh Navangul

Thursdays (2.30 pm to 3 pm)
Sindhi Mandir, Besides Satnam Textile,
Near Shivsena Office, Uruli Kanchan,
Haveli Dist, Pune-412202
☎ 9822973632, Mr. Goraksh Mahadik

Visakhapatnam

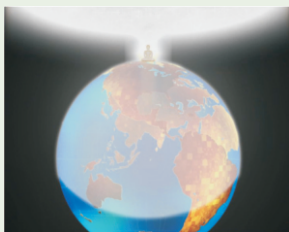
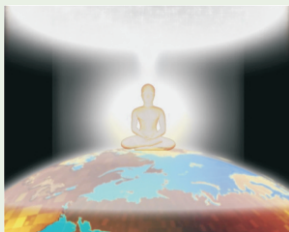
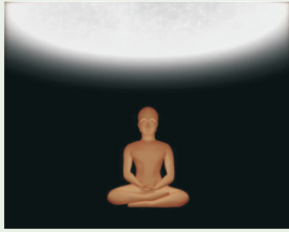
Saturdays (7PM to 7.30PM)
Door No. 14-339/19, Flat No. 207,
Sree Mithra Heights, Balaji Garden,
Gopalpatnam, opp. APRTC Bus Depot,
Visakhapatnam-530029.
☎ 9848628324, Mr. V. Harikrishnan

Miraj

Thursday (7.45pm)
Shri Shivarudra B. Belaganvi
A-Gat Plot No-135
☎ 09822421463 Mr. Mahajan

EXPERIENCES

(Compiled by Vaishali Joshi)



Today (18th July), after reaching the bus stop I realized that I had left my mobile phone at home. Going back would have caused delay in reaching the destination where I had to meet another volunteer, Guruprasad and visit a school for a Light Channelling session. Although we had planned about where to meet and the location of the school, there was every possibility for confusion to creep in without any means of communication between us.

With the belief that the Light will take care, I got into the bus and realized that I could communicate with him via Light. I sent a message to him in a globe of Light. Both of us reached at the same time even though we had to change two buses ! He was not aware of my message. But in spite of being late he had no panic or urgency to reach the destination since he too had prayed that he should reach the destination at the right time. The session was conducted successfully.

It has become part of life to receive grace from Rishis and Light. Perhaps, this may be the only work where one feels proud and humble at same time for being able to spread the Light and Love to entire world.

- Manoj Deshpande, Volunteer

Today (26-7-2013), the Light Channelling sessions in The Madras Seva Sadan Hr. Sec. School, Tambaram East ended with a beautiful note when a girl of Std. VII told me immediately after the session, "I said sorry in my mind to the girl whom I have hurt." The other girl smiled shyly and accepted with grace. Such instant transformation brings happiness. The whole class applauded her with claps.

- Padmaja Balaji, Volunteer

I was feeling dejected as I was unable to participate in Light channelling sessions on a regular basis

due to work, but had decided to take leave if it was a class-wise session. One such opportunity presented itself. I wanted to go for the session desperately. Knowing that I have a presentation, I decided to ask for leave, and left it to Guruji and the Rishis with a silent prayer. Even before I could ask for leave, my boss declared a holiday that day due to some celebration. I was both surprised and happy. I felt blessed the entire day as I could concentrate on doing the sessions without any worries.

- Nithya James, Volunteer

We conducted a Light Channelling session in Govt. Lower Primary School, Kogilu Main Road, Bangalore. Some students were practising very sincerely. We were also able to feel a lot of energies passing through our bodies. As the session was in progress, with my eyes still closed, I started seeing a bright white beam of Light coming down and reaching only one student and he was connected to this beam of Light and was spreading Light to everyone. Meanwhile, there was another child who was glowing with golden Light and he was radiating this golden Light to his surroundings. This was a very powerful and wonderful experience and the energies were amazing.

- Pratap M. Gobalakrishnan, Volunteer

I channel Light daily in the morning and night for 5 minutes each. It has made me very active, given peace in daily life and has made me a happier person. It has increased my will power. My behavior has changed. I feel sorry if I have hurt others and get strength to avoid fighting with classmates. It has given me a feeling that everyone around me is good and they love me, so I have no ill-feeling against anyone.

- Prema S., Std. VIII, Thayammal Middle School, Kulasekaran Pattinam