

GURUJI KRISHNANANDA (1939-2012)

LIGHT

Light, not the physical Light but the subtlest Light, is the Source of all Creation. It is the Source of all positive energies. It is the Source of Love, Peace, Truth, Wisdom and all Life. This Light is GOD.

CHANNELLING

Channelling is allowing the Light to descend into us by intending and then spreading It around the world. Our body transforms the frequency to the grosser level.

The vibrations from the Light reach all beings and nature. They carry the energies of Healing, Love, Peace and all Positivity. They help Transformation. We will be better human beings. The world will be a better world.

TECHNIQUE

Imagine an ocean of Light above you. Imagine the Light descending and filling up your body. Then, experience the Love, Light and Peace of the Light for a minute and then, imagine It spreading out gradually to your school, locality, country and world.

Practise this for a minimum period of seven minutes.

LIGHT CHANNELS WORLD MOVEMENT

was launched by Guruji Krishnananda, founder of the Rishis Path, on 18-05-2008.

The Movement is to channel Light daily for seven minutes when we wake up or go to bed from our own places on this earth.

The aim of the Movement is, mainly, Peace on this earth.

UNIQUENESS OF THE MOVEMENT

- Oneness by Light
- Non-religious, Universal
- No restrictions, no conditions
- No membership
- Everyone can contribute to Peace
- Helps the individual, helps the world

LIGHT CHANNELS

Volume 4, Issue 2

NEWSLETTER

December 2013

A MESSAGE

Guruji Krishnananda

(Excerpts from his talks)

Sometimes people ask, “can I send Light to a person?” A person will be in distress, in need of help. Why not? We can send Light to individuals, groups and places. When you do it you can also have a purpose. Send Light. Pray to the Light, “please help him.” You can send the Light as a beam of Light to that person. Whenever you send Light, send it for a minimum of 7 minutes.

A person asked, “why 7 minutes?” That is the unit the Light Masters found out by experimenting. Less than that won't have any impact. They said minimum 7 minutes, not only 7 minutes. Send Light to people, places affected by floods and drought. You can use Light for any purpose, any good purpose.

HAPPENINGS

Jayant Deshpande

November was an eventful month when our volunteers covered 233 schools and helped more than 91,000 children channel Light. More than 25 lakh children in 4437 schools have learnt to channel Light since we began teaching Light Channelling to students, 4 years ago. The Light channelled by these wonderful children silently hastens several positive changes we are witnessing in the life around us.

On Guruji's first Mahasamadhi day, the second volume of the book containing the Light Channelling experiences of children, teachers and volunteers was released. This book can be freely downloaded from our website.

LIGHT WORKS

Manoj Chopra

Light Channelled by more than 25 lakh people in just four years could not have happened without the Grace and guidance from higher realms. It is a fact that Astral Masters helped and encouraged us all the way to achieve this milestone. It is also important to understand that this work is an extension of huge astral work. Higher intelligences take care of the activities of this Earth and there is a great concern for our World.

At this juncture it is also important to mention the dedicated and disciplined efforts by more than 100 volunteers, who imbibe the dream of New Age in their hearts. Their selfless work touches everyone's heart.

We should feel proud to be a part of this great Revolution.



MANASA FOUNDATION (R)

Taponagara, Chikkagubbi, (Off Hennur - Bagalur Road) Bangalore Urban - 560077. INDIA.

Phone : (080) 2846 5280, 99000 75280 (10 AM to 4 PM)

e-mail : info@lightagemasters.com info@lightchannels.com

website : www.lightagemasters.com www.lightchannels.com

REGULAR CHANNELLING CENTRES

People from the locality join voluntarily to channel Light in a group at our Regular Light Channelling Centres, periodically. All are welcome to participate. There is no fee. There is no membership.

Bangalore

Monday to Friday (7 PM to 7:15 PM)
Sri Siddashrama, 17th Cross,
Malleswaram
☎ 9480121545 Mr. K. Chandrashekar

Mondays (6:30 PM to 7 PM)
Anjaneya Temple, Mahalakshmi Lyt.
☎ 9972111809 Mrs. Anjali Patil K.

Wednesdays (6:30 PM to 7 PM)
Maruti Mandira, Vijaynagar
☎ 9972111809 Mrs. Anjali Patil K.

Thursdays (6:30 PM to 7 PM)
Munchkins, No.890, 38th Cross, 20th
Main, 4th 'T' Block', Jayanagar
☎ 9972888033 Mr. Karthik N.

Fridays (6:30 PM to 7 PM)
'Sumathi', No.481, 7th Cross, 7th
Main, J.P.Nagar III Phase
☎ 9900110351 Mr. Ramesh V.
Bhosekar

Fridays 12 Noon
Siddhi Vinayaka Devasthanam,
59/1, Hutchins Road, 3rd Cross,
Cooke Town
☎ 9980205803 Mrs. Nirmala Bala
☎ 9880162766 Mr. Vinu Varghese

Saturdays (11:00 AM to 12 Noon)
No 312, Phase 4,
Golden Park Apartment,
K.C.D.C Main Road, Bommanahalli,
☎ 9886437042 Dr. Ravinder Singh
Gaur

Saturdays (5:30 PM to 6:00 PM)
'Sri Ranga Kalakshetra', 13th Cross,
Indiranagar, 2nd Stage
☎ 9902844667 Ms. Manju
Maheshwari

Saturdays (6:30 PM to 7 PM)
Balamuri Mahaganapathi,
Shri Rajarajeshwari and
Sri Lakshmi Narayana Temple,
8th Cross, Near Hoysala Circle,
Kengeri Satellite Town
☎ 9972111809 Mrs. Anjali Patil K.



A channelling session at our Cosmic Tower in Taponagara on Children's Day

IMPORTANT EVENTS

- 1st February 2010 - A group of 50 plus volunteers covered more than 50 schools in South India and organised channelling for more than 30000 children giving a great momentum to 'Light Channels World Movement'.
- 18th December 2010 - A band of 50 plus volunteers covered 107 schools on this single day in Mysore, Bangalore, Chennai, Mumbai and Hyderabad and organised channelling for more than 62000 children.
- 1st February 2011, 'World Channels Day' - More than 130 volunteers covered around 600 schools across India and organised Light channelling for more than 4 lakh children.
- On 18th January 2012 - 11,570 children in 16 different sessions in Bangalore, Pune, Chennai and Mangalore channelled Light.
- 1st February, 2012, The World Channels Day - More than six lakh children in hundreds of schools across India channelled Light and made this day of channelling a great success.
- 7th May 2012 - About a thousand people gathered in Chowdiah Memorial Hall in Bangalore for the Light Channels Meet. Thousands from across the world joined from their own places through live webcast and thousands more mind linked and joined from their own places to channel Light for 15 minutes.
- 1st Feb 2013, 3rd World Channels day - Around 8.86 Lakh children and teachers of 1868 schools channelled Light all over India and made this day of channelling a great success.
- 29th June, 2013 - 13,449 children in 30 schools of Bangalore, Mysore, Hyderabad, Sangli and Regular Light Channelling Centres across India, channelled Light.

LIGHT CHANNELLING IN SCHOOLS

Schools participated	4437
Students channelled Light	25.17 Lakh
Schools channelling regularly	1140
Students channelling regularly	5.18 Lakh

APPEAL TO SCHOOLS

**Please help in strengthening Light Channels
World Movement by making Light Channelling a
part of daily prayers in your School.**

UNIVERSAL TECHNIQUE

Manikandan

Light Channelling - The concept behind this is modern; the practice is revolutionary. The concept behind this is free from religion, tradition or orthodoxy; yet the practice clad in Light is backward compatible and suits all religions. The concept behind this is based on humility and the practice is a real act of surrender. The concept has a tempting charm that can pull all age groups equally alike and the practice is sacred and yet contagious.

This practice was gifted to the world for peace and healing. We are connected to the world through our neighbours. A disharmony with our neighbours is a kind of disease in the society and disharmony between neighbouring countries is like a disease in this world. This manifests as disputes, insecurity, fights and wars. It is just like two biological cells without harmony stop exchanging nourishment causing damage to the health of tissues, organs, there by affecting the whole system. We are like the cells and our earth is like the system.

But we have a solution to bring harmony and that solution is Light ! When we channel the Light, It flows to our neighbours. The Love of Light connects us, removes distances and we experience oneness. When we are in equilibrium with our neighbours, there is peace in the society which spreads. That's why mass and regular practice is of paramount importance. When millions consciously channel the Light, there will be more awakenings and there will be more circulation of Divine Love. Our Mother Earth gets healed, shines ! Developing cordial relations with neighbours is a revolutionary leap towards the New Age. This approach undoubtedly works as this process is silent, leaving our neighbours' privileged privacy undisturbed. Along the way, we realize that Light is our immediate, closest and eternal neighbour wherever we are !

Light channelling is always an act of Love, more than a practice. Every time it brings new energies like the rains bring fresh water. Here the quality of the practice depends upon our intent and not on how trained we are. Even a beginner with pure intent can channel a lot of Light.

Channelling is offering our love and respect to the world. It is a part of thanks giving to the nature. It is also a silent way of welcoming our fraternity towards Light. It is for a collective purpose and the purpose is coexistence through Love, Peace and Sharing. More we contemplate, more we understand why it is considered a higher Meditation. It is the greatest and kindest gift bestowed to our planet. Pages can be written to explain the glory of this humble technique.

It is a motivating factor that school communities have taken this practice close to their hearts. They are our momentum. And the school children, our torch bearers, continue to inspire us by their simplicity and effectiveness. This Movement breaths through them. Interestingly when a few students say that they are improving their hand writing by the practice, little do they know that they are actually re-writing the destiny of our world.

Let us channel Light. Together we can undo the scribbling and write a new poem in the pages of history ! ■

REGULAR CHANNELLING CENTRES

Saturdays (6 PM to 7 PM)
Shiksha Sagar Primary School
No. 77, 5th Main, Postal Colony,
Sanjaynagar,
☎ 9686571066 Mr. Sudeep Jayaram

Saturdays (7:30 PM to 8:30 PM)
Gurudwara Sahib, Opp. Anjaneya
Temple, Ashwathnagar Main Road,
Sanjaynagar,
☎ 9686571066 Mr. Sudeep Jayaram

Mysore

Wednesdays (6 PM)
Infosys Ltd, Hebbal Electronics City,
Hootagalli, Mysore-570018
☎ 9980837179, Mr. Anand Niranjana
☎ 8095026224, Mr. Akash Mallick

Solapur

Daily (7 PM to 7:30 PM)
Bal Ganesh Mandir, Bushar Peth, Mohol
☎ 09860967066 Mr. Vivekanand Swami
☎ 09970800279 Mrs. Swaroopa Swami

Chennai

Sundays (10 AM to 10:30 AM)
No. 481, SAIPREM, 19th Street,
4th Sector, K. K. Nagar
☎ 9444880409 Mrs. Rajalakshmi R.

Tirunelveli

Daily (7 PM to 7:30 PM)
Vadaku Theru, Chella Pillaiar Kulam,
A.P. Nadanoor Post,
Aalangulam Taluk-627423
☎ 9444458747 Mr. Mariappan N.

Pune

Saturdays (6:30 PM to 7:00 PM)
3 B, Kapila Housing Society,
Gokhalenagar, Pune-411016
☎ 9011038169 Mr. Ashutosh Navangul

Thursdays (2.30 pm to 3 pm)
Sindhi Mandir, Besides Satnam Textile,
Near Shivsena Office, Uruli Kanchan,
Haveli Dist, Pune-412202
☎ 9822973632, Mr. Goraksh Mahadik

Visakhapatnam

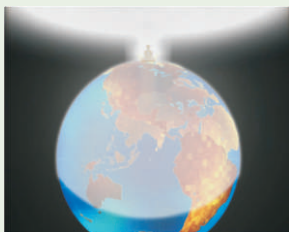
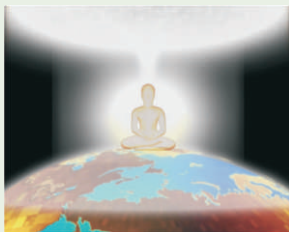
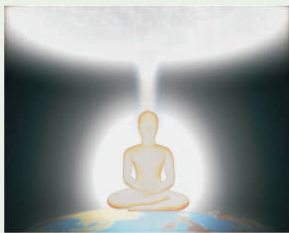
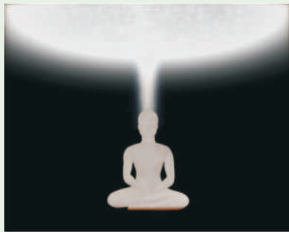
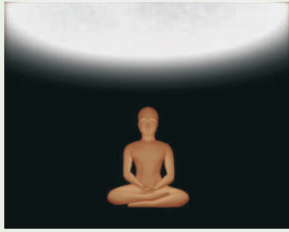
Saturdays (7PM to 7.30PM)
Door No. 14-339/19, Flat No. 207,
Sree Mithra Heights, Balaji Garden,
Gopalpatnam, opp. APRTC Bus Depot,
Visakhapatnam-530029.
☎ 9848628324, Mr. V. Harikrishnan

Miraj

Thursday (7.45pm)
Shri Shivarudra B. Belaganvi
A-Gat Plot No-135
☎ 09822421463 Mr. Mahajan

EXPERIENCES

(Compiled by Vaishali Joshi)



While practising the Light Channelling technique first I felt as if there was a red globe before me. I tried to imagine the ocean of white Light above my head but I felt there is only red Light everywhere. I did not know where I was. I felt very light. Lots of unknown happiness with sadness came to me. I don't know how to express that feeling. Finally, I saw a bright golden beautiful atmosphere with many bluish white stripes. After the session I did not want to open my eyes, as I did not want to miss that world. I never had this kind of experience in my life. I pray to God to give this experience / opportunity every day so that I can do more service to my students in a fruitful way.

- Mrs. E. Kannamma,
Headmistress, Jaigopal Garodia
National Hr. Sec. School,
Tambaram, Chennai

A member of our bhajan group is a chronic diabetic and his toe was recently amputated and he was bedridden. After your group healing he is better now. The problem is not spreading and after a plastic surgery now he is walking and once again participating actively in our bhajans. Thank you for this selfless service. Now I ask many of my friends to channel Light.

- Janaki Srinivasan, RLCC, Siddhi
Vinayaka Devasthanam, Bangalore

Since the past four months I have been practising Light Channelling twice or thrice every day. I feel satisfied and peaceful. After 51 years of marriage, I lost my husband in April 2013 and was very much affected. If my daughter travelled long distance by car with her family I used to get very tensed and could not handle it. But after I started channelling Light regularly I got back my courage and peace. The tragedies and horrors that I read every day in the Newspaper also affect me. At that time I practise Light Channelling and find peace of mind.

- Mrs. V. Vijayalaxmi RLCC,
Siddhi Vinayaka Devasthanam,
Bangalore

It was a wonderful experience for me, my staff and my children. I felt that I am the ocean of peace. I transcended the Light and felt very light and peaceful inside. The more I was penetrating deep, the more peaceful and more light I felt within. I am certain this technique will make every one more focussed and give 100% output in the work we involve ourselves.

- Mr. Santhosh Kumar, Admn.
Principal, Narayan E-Techno
School, Koramangala Branch,
Bangalore

World Channels Day

31st January 2014

Please join us by channelling Light
for 3 minutes at any convenient time on this day.