



## GURUJI KRISHNANANDA (1939-2012)

### LIGHT

Light, not the physical Light but the subtlest Light, is the Source of all Creation. It is the Source of all positive energies. It is the Source of Love, Peace, Truth, Wisdom and all Life. This Light is GOD.

### CHANNELLING

Channelling is allowing the Light to descend into us by intending and then spreading It around the world. Our body transforms the frequency to the grosser level.

The vibrations from the Light reach all beings and nature. They carry the energies of Healing, Love, Peace and all Positivity. They help Transformation. We will be better human beings. The world will be a better world.

### TECHNIQUE

Imagine an ocean of Light above you. Imagine the Light descending and filling up your body. Then, experience the Love, Light and Peace of the Light for a minute and then, imagine It spreading out gradually to your school, locality, country and world.

Practise this for a minimum period of seven minutes.

### LIGHT CHANNELS WORLD MOVEMENT

was launched by Guruji Krishnananda, founder of the Rishis Path, on 18-05-2008.

The Movement is to channel Light daily for seven minutes when we wake up or go to bed from our own places on this earth.

The aim of the Movement is, mainly, Peace on this earth.

### UNIQUENESS OF THE MOVEMENT

- Oneness by Light
- Non-religious, Universal
- No restrictions, no conditions
- No membership
- Everyone can contribute to Peace
- Helps the individual, helps the world
- Prepares us and the world to enter the Photon Belt

# LIGHT CHANNELS

Volume 3, Issue 4

NEWSLETTER

February 2013

## A MESSAGE

### Guruji Krishnananda

(From a previous issue of this Newsletter)

We are moving into an age of New Consciousness. We are on the way. Before moving in there, we have to leave behind our thoughts and acts of the old Age. This is not easy. Not easy at all. We require the strength and guidance. These come from the Light. That is why we channel the Light.

The Light has all the power and wisdom. Light not only guides us into the New Age, but also guides us in living the daily life sensibly and peacefully. It helps a student, a house-holder, a computer engineer, an artist.....even a Yogi, if he really follows the Light.

Light channelling brings the Revolution that a thousand leaders cannot attempt to achieve.

## HAPPENINGS

### Jayant Deshpande

Although our volunteers were very busy preparing for the third 'World Channels Day', they managed to conduct more than 300 sessions of Light channelling in the month of January, where more than a lakh children channelled Light.

The Universe blessed the sincere planning and pure intent of our volunteers to bring more Light to this world. Their sincere efforts touched the schools authorities and the children and there was only support and cooperation from everybody. Our volunteers, the school children and teachers had wonderful experiences. Close to 9 lakh children in 1868 schools channelled Light. Authorities of many schools organised Light Channelling sessions on their own and many new schools happily joined us in this noble effort.

## LIGHT WORKS

### Manoj Chopra

Every year the 'World Channels Day' brings a lot of excitement and new energies. All Light channelling volunteers know this as a very special day of his or her life and also as a day of opportunities to work for their Master's Dream. This year also they all worked with full enthusiasm and worked out a perfect plan for the perfect day.

Third 'World Channels Day' was a grand success and brought joy and happiness to whoever participated in this great Movement of Light Channelling. We heartily thank all school authorities, teachers and students for their support. Also we thank student leaders and teachers who conducted Light channelling by themselves and helped us take this day to newer heights.



## MANASA FOUNDATION (R)

Taponagara, Chikkagubbi, (Off Hennur - Bagalur Road) Bangalore Urban - 560077. INDIA.

Phone : (080) 2846 5280, 99000 75280 (10 AM to 4 PM)

e-mail : [info@lightagemasters.com](mailto:info@lightagemasters.com) [info@lightchannels.com](mailto:info@lightchannels.com)

website : [www.lightagemasters.com](http://www.lightagemasters.com) [www.lightchannels.com](http://www.lightchannels.com)

## REGULAR CHANNELLING CENTRES

### Bangalore

Monday to Friday (7 PM to 7:15 PM)  
Sri Siddhashrama, 17th Cross,  
Malleshwaram  
☎ 9480121545 Mr. K. Chandrashekar

Mondays (6:30 PM to 7 PM)  
Anjaneya Temple, Mahalakshmi Lyt.  
☎ 9972111809 Mrs. Anjali Patil K.

Tuesdays (7:31 AM to 8 AM &  
7:31 PM to 8 PM)  
No.62, II Cross, III Main Road,  
Near Alpine Apartments,  
Dena Bank Colony, Ganganagar  
☎ 080-23536547 Mr. Mukesh Parmar

Wednesdays (6:30 PM to 7 PM)  
Maruti Mandira, Vijaynagar  
☎ 9972111809 Mrs. Anjali Patil K.

Thursdays (6:30 PM to 7 PM)  
Munch Kins, No.890, 38th Cross,  
20th Main, 4th 'T' Block', Jayanagar  
☎ 9448856629 Mrs. Usha  
Sathishchandra

Fridays (6:30 PM to 7 PM)  
'Sumathi', No.481, 7th Cross,  
7th Main, J.P.Nagar III Phase  
☎ 9900110351 Mr. Ramesh V.  
Bhosekar

Fridays 12 Noon  
Siddhi Vinayaka Devasthanam,  
59/1, Hutchins Road, 3rd Cross,  
Cooke Town  
☎ 9980205803 Mrs. Nirmala Bala  
☎ 9880162766 Mr. Vinu Varghese

Saturdays (11:00 AM to 12 Noon)  
No 312, Phase 4,  
Golden Park Apartment,  
K.C.D.C Main Road, Bommanahalli,  
☎ 9886437042 Dr. Ravinder Singh  
Gaur

Saturdays (11:30 PM to 12 Noon)  
'Sri Ranga Kalakshetra', 13th Cross,  
Indiranagar, 2nd Stage  
☎ 9900967005 Mrs. Hemalatha  
Pramod

Saturdays (6:00 PM to 6:30 PM)  
Women's Peace League,  
36, Shankar Mutt Road, Basavanagudi  
☎ 9448856629 Mrs. Usha Sathishchandra

Saturdays (6:30 PM to 7 PM)  
Balamuri Mahaganapathi,  
Shri Rajarajeshwari and  
Sri Lakshmi Narayana Temple,  
8th Cross, Near Hoysala Circle,  
Kengeri Satellite Town  
☎ 9972111809 Mrs. Anjali Patil K.



A Channelling session at the Regular Light Channelling Center in Miraj

## IMPORTANT EVENTS

- 1<sup>st</sup> February 2010 - A group of 50 plus volunteers covered more than 50 schools in South India and organised channelling for more than 30000 children giving a great momentum to 'Light Channels World Movement'.
- 18<sup>th</sup> December 2010 - A band of 50 plus volunteers covered 107 schools on this single day in Mysore, Bangalore, Chennai, Mumbai and Hyderabad and organised channelling for more than 62000 children.
- 1<sup>st</sup> February 2011, 'World Channels Day' - More than 130 volunteers covered around 600 schools across India and organised Light channelling for more than 4 lakh children.
- On 18th January 2012 - 11,570 children in 16 different sessions in Bangalore, Pune, Chennai and Mangalore channelled Light.
- 1st February, 2012, The World Channels Day - More than six lakh children in hundreds of schools across India channelled Light and made this day of channelling a great success.
- 7th May 2012 – About a thousand people gathered in Chowdiah Memorial Hall in Bangalore for the Light Channels Meet. Thousands from across the world joined from their own places through live webcast and thousands more mind linked and joined from their own places to channel Light for 15 minutes.
- 1st Feb 2013, 3rd World Channels day - Around 8.86 Lakh children and teachers of 1868 schools channelled Light all over India and made this day of channelling a great success.

## LIGHT CHANNELLING IN SCHOOLS

<b>Schools participated</b>	<b>4083</b>
<b>Students channelled Light</b>	<b>23.84 Lakh</b>
<b>Schools channelling regularly</b>	<b>1115</b>
<b>Students channelling regularly</b>	<b>5.05 Lakh</b>

## APPEAL TO SCHOOLS

**Please help in strengthening Light Channels  
World Movement by making Light Channelling a  
part of daily prayers in your School.**

## WORLD CHANNELS DAY

Manoj Kumar Chopra

Every year Light channelling volunteers wait for the 'World Channels Day', which is celebrated on February 1st. This is the day of spreading Love and Peace on earth. Also this is the day associated with the sentiments of our Master Amaraji's Birthday. Every year we choose to gift him in a unique way by channelling maximum Light.

Light channelling team started gearing up for this mega event more than a month back. Like every year, planning started with Team Meetings and was followed by extensive visits to the schools. Work was divided area-wise and each volunteer was given responsibility. Around 2000 schools were visited personally by our volunteers for taking permission for Light Channelling. There were warm welcomes from the schools as always and many agreed voluntarily for Light channelling for 3 minutes, although, several schools had exams and Annual Day celebrations. Nearly 1000 schools did channelling by themselves and joined in our mission of spreading Peace silently. This shows their Love and respect for our volunteers and trust in our Dream.

Around 210 volunteers worked very hard and many spent sleepless nights. But their Love and dedication for work kept them going. They believe in Light and Light Channelling Movement. Their Oneness with the team and meticulous planning was the key to the success. The Love they carry for each other is the strength of the team. When one works with such passion then the whole Universe helps. God loves such souls and rewards them with wonderful experiences and miracles. They had been helped at every small step.

The Day, February 1st, started for several volunteers as early as 6am and ended late in the evening. By the grace of our Astral Masters and help from Light, everything went smoothly. The Day ended with joy and satisfaction. It was a grand success.

The objective of 'Light Channelling Movement' is to heal the individual and also the world which is wounded by our negative actions. The most beautiful time will start on Mother Earth when she will be free from violence, non-love, injustice etc.

The Light channelled by lakhs of individuals with pure intent will definitely impact the world. This Light Channelling is shaping a new destiny for the world. The Revolution that begins with Light, always achieves its goal.

Light is waiting for the world to respond. Let all of us join this Revolution and work together to fulfill the dream of the New Age. ■

## REGULAR CHANNELLING CENTRES

Saturdays (6 PM to 7 PM)  
Shiksha Sagar Primary School  
No. 77, 5th Main, Postal Colony,  
Sanjaynagar  
☎ 9686571066 Mr. Sudeep Jayaram

Saturdays (7:30 PM to 8:30 PM)  
Gurudwara Sahib,  
Opp. Anjaneya Temple, Ashwathnagar  
Main Road, Sanjaynagar  
☎ 9686571066 Mr. Sudeep Jayaram

### Mysore

Wednesdays (6 PM)  
Infosys Ltd, Hebbal Electronics City,  
Hootagalli, Mysore-570018  
☎ 9980837179, Mr. Anand Niranjana  
☎ 8095026224, Mr. Akash Mallick

### Solapur

Daily (7 PM to 7:30 PM)  
Bal Ganesh Mandir, Bushar Peth, Mohol  
☎ 09860967066 Mr. Vivekanand Swami  
☎ 09970800279 Mrs. Swaroopa Swami

### Chennai

Sundays (10 AM to 10:30 AM)  
No. 481, SAIPREM, 19th Street,  
4th Sector, K. K. Nagar  
☎ 9444880409 Mrs. Rajalakshmi R.

### Tirunelveli

Daily (7 PM to 7:30 PM)  
Vadaku Theru, Chella Pillaiar Kulam,  
A.P. Nadanoor Post  
Aalangunam Taluk-627423  
☎ 9444458747 Mr. Mariappan N.

### Pune

Sundays (4 PM to 4:30 PM)  
3 B, Kapila Housing Society,  
Gokhalenagar, Pune-411016  
☎ 9011038169 Mr. Ashutosh Navangul

Thursdays (2.30 pm to 3 pm)  
Sindhi Mandir, Besides Satnam Textile,  
Near Shivsena Office, Uruli Kanchan,  
Haveli Dist, Pune-412202  
☎ 9822973632, Mr. Goraksh Mahadik

### Visakhapatnam

Saturdays (7PM to 7.30PM)  
Door No. 14-339/19, Flat No. 207,  
Sree Mithra Heights, Balaji Garden,  
Gopalpatnam, opp. APRTC Bus Depot,  
Visakhapatnam-530029.  
☎ 9848628324, Mr. V. Harikrishnan

## EXPERIENCES

(Compiled by Vaishali Joshi)



I had pain in my right hand today. After Light Channelling, the pain has vanished. I channel Light every day. Whenever I am in stress, I channel Light and the stress goes away.

- Harshith, Std. VI, Vagdevi Vilas School, Bangalore

When I channelled Light, I felt that life is easy! Everything seemed to be in place.

- Jyoti, Std. XII, Rajkiya Vikas Vidyalaya, Dwarka

I felt good for the first time in my life!

- Sameer, Std. X, Cantt. Board, Mehram Nagar

Sessions like these are necessary in today's times. It is good that the students are being made aware of it.

- Mr. Bhailume, Teacher, Karmaveer Bhausaheb Hire High School, Pune

I have been approaching various people to conduct Meditation and Yoga in our school for a long time. I was willing to pay from my pocket but nobody took interest. Now Light has come to my school through Manasa Foundation.

- Mr. Shiva Prasad, Principal, Sri Sharada Vidya Mandira School, Peenya, Bangalore

The post of Vice Principal comes with lot of responsibilities. I am slightly apprehensive and hope that all goes well in my tenure. By practising the Light Channelling technique I can be relaxed and positive that handling the new position and the peripheral stuff will be easy for me.

- Ms. Rasal, Vice Principal, Karmaveer Bhausaheb Hire High School, Pune

The session at the morning assembly was wonderful and I am sure my children will benefit from it. I have distributed the cards to the children so that they can practise it at home as well.

The teachers too will guide them at school.

- Ms. Anuradha Shivaram, Principal, Manipal School, Attavar, Mangalore

On 30th Jan, I had a lot of compilation work to do relating to Light Channelling and a migraine attack too. I was working with great difficulty. At around 4.30 PM, two boys came home to do AC maintenance. When my son returned from school he found out that his expensive new mobile was missing. Not keeping vigil when there were strangers inside the house was an act of negligence on my part as I was engrossed in work. Everyone in the family was tensed, naturally. I was not disturbed about the loss but hated to call the company and give a complaint against the boys. If they were innocent how could I ever justify my act to Guruji and God?

After two hours, the supervisor called me and apologized that one of the boys had stolen it and he delivered the mobile personally. A miracle indeed!

Rishis are monitoring us all the time. They saved my skin one more time. Light chases and finds always.

- Padmaja Balaji, Volunteer

I was returning home from office along with my colleagues by office car. When we were on the highway, suddenly a young man crossed the road. Our driver applied brake but the car hit him and he was thrown for about 2 meters. He was bleeding and was unconscious. I channelled Light to him for some time. He was taken away in an ambulance. I was worried in the night but no one knew about his condition. Next day, the owner of the car informed that he was given first aid in the ambulance and he walked away to his house! It was really miraculous. I thanked Light, Rishis and Guruji.

- Vijayaragavan Hari Krishnan, Volunteer