

GURUJI KRISHNANANDA (1939-2012)

LIGHT

Light, not the physical Light but the subtlest Light, is the Source of all Creation. It is the Source of all positive energies. It is the Source of Love, Peace, Truth, Wisdom and all Life. This Light is GOD.

CHANNELLING

Channelling is allowing the Light to descend into us by intending and then spreading It around the world. Our body transforms the frequency to the grosser level.

The vibrations from the Light reach all beings and nature. They carry the energies of Healing, Love, Peace and all Positivity. They help Transformation. We will be better human beings. The world will be a better world.

TECHNIQUE

Imagine an ocean of Light above you. Imagine the Light descending and filling up your body. Then, experience the Love, Light and Peace of the Light for a minute and then, imagine It spreading out gradually to your school, locality, country and world.

Practise this for a minimum period of seven minutes.

LIGHT CHANNELS WORLD MOVEMENT

was launched by Guruji Krishnananda, founder of the Rishis Path, on 18-05-2008.

The Movement is to channel Light daily for seven minutes when we wake up or go to bed from our own places on this earth.

The aim of the Movement is, mainly, Peace on this earth.

UNIQUENESS OF THE MOVEMENT

- Oneness by Light
- Non-religious, Universal
- No restrictions, no conditions
- No membership
- Everyone can contribute to Peace
- Helps the individual, helps the world
- Prepares us and the world to enter the Photon Belt

LIGHT CHANNELS

Volume 3, Issue 3

NEWSLETTER

January 2013

A MESSAGE

Guruji Krishnananda

(From a previous issue of this Newsletter)

First, let me wish all the Managers, Teachers, Students and Volunteers a very Happy New Year with more Light and all that Light brings in abundance: Peace, Wellness and Success. All of you have made this selfless and self-rewarding Light Channelling Movement a great success. This is no more our Movement. It is your Movement. A World Movement.

Light chose children to come down. You have chosen Light to serve. This Movement is truly universal: non-religious and non-political. I am happy that you appreciate this.

Someday, all man-made boundaries vanish. Then Light-channelling continues and bonds all of us in the Oneness of Universalism. Let us work for that day. Let us wait for that day.

HAPPENINGS

Jayant Deshpande

The Volunteers involved in the Light Channelling work are from different age groups. Some are very young IT professionals, who, in spite of shouldering the responsibilities of their young families and a very demanding profession, somehow find time for this noble work. Then there are others who are more than seventy years old but have the energy and enthusiasm to work tirelessly to spread the Light.

The Love they have for the Master who gave us the dream of a New Age, makes this possible. That's is how, in spite of being a month of holidays, our Volunteers conducted 346 sessions of Light Channelling in December 2012. About 85000 children channelled Light in these sessions.

Please join us in our efforts to bring down more Light, on 1st February, 2013, the 'World Channels Day', by channelling Light from your own places for a minimum period of 3 minutes at any convenient time.

LIGHT WORKS

Manoj Chopra

The New Year 2013 has dawned with a hope of better tomorrow. Amongst growing violence and chaos around, there is hope. There are awakenings. There are changes. Speak to any common person and try to understand him. He has genuine intent to see this world free from non-love and violence. There is growing anger and helplessness towards injustice. Sooner or later collective intent will take shape and will form long lasting changes. Higher Intelligence is monitoring everything and decides the changes at the right time. Let us pray and channel more Light to the world.

God has offered us one more opportunity to serve Him on another 'World Channels Day'. It is the day dedicated to spreading of Love and Peace. Light channelling team has geared up to spread maximum Light on this day. Their Love and dedication touches my core. I remember Guruji often calling them 'Dare Angels'.



MANASA FOUNDATION (R)

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e-mail : info@lightagemasters.com info@lightchannels.com

website : www.lightagemasters.com www.lightchannels.com

REGULAR CHANNELLING CENTRES

Bangalore

Monday to Friday (7 PM to 7:15 PM)
Sri Siddhashrama, 17th Cross,
Malleshwaram

☎ 9480121545 Mr. K. Chandrashekar

Mondays (6:30 PM to 7 PM)
Anjaneya Temple, Mahalakshmi Lyt.
☎ 9972111809 Mrs. Anjali Patil K.

Tuesdays (7:31 AM to 8 AM &
7:31 PM to 8 PM)
No.62, II Cross, III Main Road,
Near Alpine Apartments,
Dena Bank Colony, Ganganagar
☎ 080-23536547 Mr. Mukesh Parmar

Wednesdays (6:30 PM to 7 PM)
Maruti Mandira, Vijaynagar
☎ 9972111809 Mrs. Anjali Patil K.

Thursdays (6:30 PM to 7 PM)
Munch Kins, No.890, 38th Cross,
20th Main, 4th 'T' Block', Jayanagar
☎ 9448856629 Mrs. Usha
Satishchandra

Fridays (6:30 PM to 7 PM)
'Sumathi', No.481, 7th Cross,
7th Main, J.P.Nagar III Phase
☎ 9900110351 Mr. Ramesh V.
Bhosekar

Fridays 12 Noon
Siddhi Vinayaka Devasthanam,
59/1, Hutchins Road, 3rd Cross,
Cooke Town
☎ 9980205803 Mrs. Nirmala Bala
☎ 9880162766 Mr. Vinu Varghese

Saturdays (11:00 AM to 12 Noon)
No 312, Phase 4,
Golden Park Apartment,
K.C.D.C Main Road, Bommanahalli,
☎ 9886437042 Dr. Ravinder Singh
Gaur

Saturdays (11:30 PM to 12 Noon)
'Sri Ranga Kalakshetra', 13th Cross,
Indiranagar, 2nd Stage
☎ 9900967005 Mrs. Hemalatha
Pramod

Saturdays (6:00 PM to 6:30 PM)
Women's Peace League,
36, Shankar Mutt Road, Basavanagudi
☎ 9448856629 Mrs. Usha Satishchandra

Saturdays (6:30 PM to 7 PM)
Balamuri Mahaganapathi,
Shri Rajarajeshwari and
Sri Lakshmi Narayana Temple,
8th Cross, Near Hoysala Circle,
Kengeri Satellite Town
☎ 9972111809 Mrs. Anjali Patil K.



A Channelling session at the Regular Light Channelling Center in Mahalakshmi Layout, Bangalore.

IMPORTANT EVENTS

- 1st February 2010 - A group of 50 plus volunteers covered more than 50 schools in South India and organised channelling for more than 30000 children giving a great momentum to 'Light Channels World Movement'.
- 18th December 2010 - A band of 50 plus volunteers covered 107 schools on this single day in Mysore, Bangalore, Chennai, Mumbai and Hyderabad and organised channelling for more than 62000 children.
- 1st February 2011, 'World Channels Day' - More than 130 volunteers covered around 600 schools across India and organised Light channelling for more than 4 lakh children.
- On 18th January 2012 - 11,570 children in 16 different sessions in Bangalore, Pune, Chennai and Mangalore channelled Light.
- 1st February, 2012, The World Channels Day - More than six lakh children in hundreds of schools across India channelled Light and made this day of channelling a great success.
- 7th May 2012 – About a thousand people gathered in Chowdiah Memorial Hall in Bangalore for the Light Channels Meet. Thousands from across the world joined from their own places through live webcast and thousands more mind linked and joined from their own places to channel Light for 15 minutes.

LIGHT CHANNELLING IN SCHOOLS

Schools participated	3982
Students channelled Light	23.48 Lakh
Schools channelling regularly	1075
Students channelling regularly	4.85 Lakh

APPEAL TO SCHOOLS

Please help in strengthening Light Channels
World Movement by making Light Channelling a
part of daily prayers in your School.

CALL OF THE LIGHT

Padmaja Balaji

Let's imagine a giant-size cauldron sitting prettily on all our intelligent heads acting as a two-way device. The nature of it is to transmit and receive thoughts and emotions of ours and others. Given that, at any given point of time, our so-called interconnected small minds are bound to be influenced by the huge whirlpool generated in the cauldron.

Now, let us look at the world. Mother Earth is at the boiling point. We, the blessed race with freewill, have enough tested her motherly patience with our collective dark attitudes of violence, untruth, corruption and non-love. We have let her down and in the process ourselves too.

The point to remember is, you don't need to know me personally to know that my role in your own life is equally important just as yours, whether you like it or not, accept it or not.

As I write this article, I recall with tears how my Beloved Master, unknown to the world's knowledge and awareness, silently accepted crucifixion for the welfare of humanity & earth. Light Channels World Movement launched by him is not only a single wake-up call of the Conscience but it is 'the' Call of the Light to lead a life of Love henceforth.

While we adults struggle to accept Light because of our overheated brain and logical bending, it's no secret that children are very good in receiving and transmitting this Divine Light. Some are already masters in the making. To quote one....

It was break time. I was waiting with my friend to take the next batch of sessions while watching the children roaming all over the playground. To my surprise, a little boy came running towards me in his bare feet to share his then bought half-fruit with his little money saying 'Miss, take it please.' How beautiful his smile was with his missing front teeth! And what a beautiful heart he has!

Do you know how elated I was the whole day? I was just an instrument for 10 minutes for the Light to touch his Spiritual essence but he didn't see me as a stranger.

It's this connectedness and oneness out of Love that is going to be the demand of the millennium. Only by heeding to the Call of the Light, can this urgent demand be met. Otherwise, we have to give (a)way or go away.

Next time when you struggle to compose yourself, remember that you are impacting the lives of your dear and near ones and also the world. At that time, remember to keep the Light in you....with you. Your life will change. Mine too, thanks to you.

It should not take us long to roar just as the saint did - '*Anything that brings Spiritual, mental or physical weakness, touch it not with the toes of your feet.*' ■

REGULAR CHANNELLING CENTRES

Saturdays (6 PM to 7 PM)
Shiksha Sagar Primary School
No. 77, 5th Main, Postal Colony,
Sanjaynagar
☎ 9686571066 Mr. Sudeep Jayaram

Saturdays (7:30 PM to 8:30 PM)
Gurudwara Sahib,
Opp. Anjaneya Temple, Ashwathnagar
Main Road, Sanjaynagar
☎ 9686571066 Mr. Sudeep Jayaram

Mysore

Wednesdays (6 PM)
Infosys Ltd, Hebbal Electronics City,
Hootagalli, Mysore-570018
☎ 9980837179, Mr. Anand Niranjan
☎ 8095026224, Mr. Akash Mallick

Solapur

Daily (7 PM to 7:30 PM)
Bal Ganesh Mandir, Bushar Peth, Mohol
☎ 09860967066 Mr. Vivekanand Swami
☎ 09970800279 Mrs. Swaroopa Swami

Chennai

Sundays (10 AM to 10:30 AM)
No. 481, SAIPREM, 19th Street,
4th Sector, K. K. Nagar
☎ 9444880409 Mrs. Rajalakshmi R.

Tirunelveli

Daily (7 PM to 7:30 PM)
Vadaku Theru, Chella Pillaiar Kulam,
A.P. Nadanoor Post
Aalangulam Taluk-627423
☎ 9444458747 Mr. Mariappan N.

Pune

Sundays (4 PM to 4:30 PM)
3 B, Kapila Housing Society,
Gokhalenagar, Pune-411016
☎ 9011038169 Mr. Ashutosh Navangul

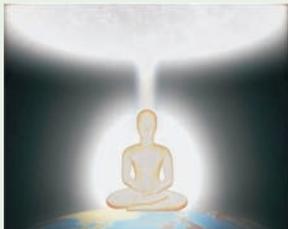
Thursdays (2.30 pm to 3 pm)
Sindhi Mandir, Besides Satnam Textile,
Near Shivsena Office, Uruli Kanchan,
Haveli Dist, Pune-412202
☎ 9822973632, Mr. Goraksh Mahadik

Visakhapatnam

Saturdays (7PM to 7.30PM)
Door No. 14-339/19, Flat No. 207,
Sree Mithra Heights, Balaji Garden,
Gopalpatnam, opp. APRTC Bus Depot,
Visakhapatnam-530029.
☎ 9848628324, Mr. V. Harikrishnan

EXPERIENCES

(Compiled by Vaishali Joshi)



We had difficulties at home and I used to forget whatever the teacher taught us. My mind was not peaceful. After the channelling of Light I felt peaceful. All difficulties went away. I was able to recollect all that the teacher had taught us. The whole world was peaceful.

- Vasanthi, Std. VII, Govt. Higher Primary School, Parangipalya, Bangalore

When I closed my eyes and imagined the Light coming down and entering me, I felt that my tension had reduced. I was at Peace and was spreading the Light throughout the world. The entire world was filled with Light and everyone was happy enjoying peaceful life. After opening my eyes, I felt chillness on my face, as if I had washed it. Whatever tension and worries I had were washed away.

- Mrs. Sheeba Gracy D., Teacher, Best Public School, Davis Road, Bangalore

For some reason I was very angry and upset during the morning time. But when the Light Channelling session started in our school, I decided to join the channelling. After closing my eyes,

at first I saw a kind of red Light. After some time the colour of the Light changed to white and I became very calm and peaceful.

- Mrs. Azra Parveen, Headmistress, St. Michael's English School, Kogilu Layout, Bangalore

Light Channelling is a five minute Meditation which gives us a lot of positive energy and strength to start our day in a very positive and peaceful way. As it is conducted in our morning assembly, it also lets the students' minds be calm and peaceful. It shows a way to conduct our activities for the rest of the day in the right manner. Hence, I would like to thank Manasa Foundation on behalf of our school for bringing this beautiful form of Meditation to our school and to us.

- Rasna Kapoor Anand, Teacher, Indian Public School, Vignan Nagar, Bangalore

Practising this technique makes me peaceful. I had stage fear previously but now I don't have it. I feel so good.

- K. Mahalakshmi, Std. IX, Madapati Hanumatha Rao Girls High School, Hyderabad

World Channels Day

1st February 2013

Please join us
by channelling Light
for 3 minutes at any
convenient time on this day.