

GURUJI KRISHNANANDA (1939-2012)

LIGHT

Light, not the physical Light but the subtlest Light, is the Source of all Creation. It is the Source of all positive energies. It is the Source of Love, Peace, Truth, Wisdom and all Life. This Light is GOD.

CHANNELLING

Channelling is allowing the Light to descend into us by intending and then spreading It around the world. Our body transforms the frequency to the grosser level.

The vibrations from the Light reach all beings and nature. They carry the energies of Healing, Love, Peace and all Positivity. They help Transformation. We will be better human beings. The world will be a better world.

TECHNIQUE

Imagine an ocean of Light above you. Imagine the Light descending and filling up your body. Then, experience the Love, Light and Peace of the Light for a minute and then, imagine It spreading out gradually to your school, locality, country and world.

Practise this for a minimum period of seven minutes.

LIGHT CHANNELS WORLD MOVEMENT

was launched by Guruji Krishnananda, founder of the Rishis Path, on 18-05-2008.

The Movement is to channel Light daily for seven minutes when we wake up or go to bed from our own places on this earth.

The aim of the Movement is, mainly, Peace on this earth.

UNIQUENESS OF THE MOVEMENT

- Oneness by Light
- Non-religious, Universal
- No restrictions, no conditions
- No membership
- Everyone can contribute to Peace
- Helps the individual, helps the world

LIGHT CHANNELS

Volume 3, Issue 9

NEWSLETTER

July 2013

A MESSAGE

Guruji Krishnananda

(From a previous issue of this Newsletter)

All the turmoil we see at the global, national and individual levels is a part of the huge process of Transition into the Light Age. The Light that we are channelling is hastening the process of Transition. We have to be aware of this and strengthen the process by channelling more Light.

All the people do not receive and accept the Light straightaway. Those who do not accept are ignorant about the New Age and its realities. They will be educated at the Astral level by the Rishis and Light Workers.

Children, being innocent and pure, accept the Light at deeper levels without fully understanding the impact of Light. Understanding is not necessary. Acceptance is necessary.

With so many children and people channelling Light, we enter the new Light Age earlier.

HAPPENINGS

Jayant Deshpande

With opening of schools after the summer vacations, the Light channelling in schools gathers momentum again. With great enthusiasm and support from schools, 413 sessions were conducted in 350 schools, where 1,50,000 children participated in this great work silently.

The children practising this simple technique sincerely are not only improving their performance in studies but they are improving their behavior and interpersonal relations also.

Light helps everybody – Those who channel Light and also those who do not. But we need more Light and more Light channels.

LIGHT WORKS

Manoj Chopra

Light channelling is God's work and it is the noblest work towards humanity. Our volunteers love this work as teaching Light channelling is soul satisfying experience for them. With great Love they sacrifice their precious time and carry out this wonderful work. Their Love and dedication always touches my core.

As always Light channelling team has a plan for this year too. They have geared up their activities with team meetings and meticulous planning to take this movement to greater heights.

Light wants to help us. Let all of us choose Light. In this transitory and challenging time let us take more help from Light by carrying and spreading it more.



MANASA FOUNDATION (R)

Taponagara, Chikkagubbi, (Off Hennur - Bagalur Road) Bangalore Urban - 560077. INDIA.

Phone : (080) 2846 5280, 99000 75280 (10 AM to 4 PM)

e-mail : info@lightagemasters.com info@lightchannels.com

website : www.lightagemasters.com www.lightchannels.com

REGULAR CHANNELLING CENTRES**Bangalore**

Monday to Friday (7 PM to 7:15 PM)
Sri Siddashrama, 17th Cross,
Malleshwaram
☎ 9480121545 Mr. K. Chandrashekar

Mondays (6:30 PM to 7 PM)
Anjaneya Temple, Mahalakshmi Lyt.
☎ 9972111809 Mrs. Anjali Patil K.

Wednesdays (6:30 PM to 7 PM)
Maruti Mandira, Vijaynagar
☎ 9972111809 Mrs. Anjali Patil K.

Thursdays (6:30 PM to 7 PM)
Munch Kins, No.890, 38th Cross, 20th
Main, 4th 'T' Block', Jayanagar
☎ 9448856629 Mrs. Usha
Satishchandra

Fridays (6:30 PM to 7 PM)
'Sumathi', No.481, 7th Cross, 7th
Main, J.P.Nagar III Phase
☎ 9900110351 Mr. Ramesh V.
Bhosekar

Fridays 12 Noon
Siddhi Vinayaka Devasthanam,
59/1, Hutchins Road, 3rd Cross,
Cooke Town
☎ 9980205803 Mrs. Nirmala Bala
☎ 9880162766 Mr. Vinu Varghese

Saturdays (11:00 AM to 12 Noon)
No 312, Phase 4,
Golden Park Apartment,
K.C.D.C Main Road, Bommannahalli,
☎ 9886437042 Dr. Ravinder Singh
Gaur

Saturdays (11:30 PM to 12 Noon)
'Sri Ranga Kalakshetra', 13th Cross,
Indiranagar, 2nd Stage
☎ 9900967005 Mrs. Hemalatha
Pramod

Saturdays (6:00 PM to 6:30 PM)
Women's Peace League,
36, Shankar Mutt Road, Basavanagudi
☎ 9448856629 Mrs. Usha Satishchandra

Saturdays (6:30 PM to 7 PM)
Balamuri Mahaganapathi,
Shri Rajarajeshwari and
Sri Lakshmi Narayana Temple,
8th Cross, Near Hoysala Circle,
Kengeri Satellite Town
☎ 9972111809 Mrs. Anjali Patil K.



A channelling session at a Senior Citizens club in Pune

IMPORTANT EVENTS

- 1st February 2010 - A group of 50 plus volunteers covered more than 50 schools in South India and organised channelling for more than 30000 children giving a great momentum to 'Light Channels World Movement'.
- 18th December 2010 - A band of 50 plus volunteers covered 107 schools on this single day in Mysore, Bangalore, Chennai, Mumbai and Hyderabad and organised channelling for more than 62000 children.
- 1st February 2011, 'World Channels Day' - More than 130 volunteers covered around 600 schools across India and organised Light channelling for more than 4 lakh children.
- On 18th January 2012 - 11,570 children in 16 different sessions in Bangalore, Pune, Chennai and Mangalore channelled Light.
- 1st February, 2012, The World Channels Day - More than six lakh children in hundreds of schools across India channelled Light and made this day of channelling a great success.
- 7th May 2012 - About a thousand people gathered in Chowdiah Memorial Hall in Bangalore for the Light Channels Meet. Thousands from across the world joined from their own places through live webcast and thousands more mind linked and joined from their own places to channel Light for 15 minutes.
- 1st Feb 2013, 3rd World Channels day - Around 8.86 Lakh children and teachers of 1868 schools channelled Light all over India and made this day of channelling a great success.
- 29th June, 2013 - 13,449 children in 30 schools of Bangalore, Mysore, Hyderabad, Sangli and Regular Light Channelling Centres across India, channelled Light.

LIGHT CHANNELLING IN SCHOOLS

Schools participated	4220
Students channelled Light	24.26 Lakh
Schools channelling regularly	1135
Students channelling regularly	5.15 Lakh

APPEAL TO SCHOOLS

**Please help in strengthening Light Channels
World Movement by making Light Channelling a
part of daily prayers in your School.**

LIGHT UP THE WAY

Padmaja Balaji

My Master is not only my lifesaver but also mobile screensaver too. Looking at his picture on my mobile, my friend's 10-year old daughter asked me, "Who is this?"

"He is my Father," I replied. The next day, we were all travelling together to watch a movie. Inside the car, the little girl surprised me all too sudden, "Where is your Mother?"

Then I had to tell her that my parents are no more and that he is my Godfather. I had to also explain to her series of questions that Godfather means my Godly Father who is God to me and that he is with me all the time guiding me though he is not physically present.

She asked her mother immediately, "Why don't I have a Godfather? Where is my Godfather? When will I get my Godfather? Do you have a Godfather?....."

During those three days that I spent with them, she was persistent to know more about 'Godfather'. I was and am still surprised by the depth, intensity and sincerity with which she was touched by this truth, which many adults don't care to listen or know. Even not all children have this inner stirring and deep urge. So, I pondered over our multiple conversations for a while during my return train journey. Then I realised how greatly we are influenced by the Unconscious layer of the Mind, which carries memories of lifetimes.

As soon as thoughts are produced in the Intellect, they swiftly slip into the Mind where emotions are added (which in turn influences our actions). They all jump from Conscious layer of the Mind to Subconscious and then to Unconscious over a period of time. So, the Unconscious acts as a huge storehouse of ALL our thoughts, emotions and actions thus guarding these memories from conscious tapping. Ironically, by divine design, these piled up memories of many lifetimes continue to influence our actions and decisions in our day-to-day lives. Generally, we have little control over these triggers of the Unconscious.

In the case of the little girl, the word 'Godfather' invoked her beautiful Unconscious part. Such awakenings are rare. But we don't have to be disheartened by the power of our Unconscious. Filling our Body, Mind & Intellect with Divine Light and experiencing It in every cell for a few minutes daily not only alter the negative influence of the Unconscious but also help us remain positive. Truth is, carrying Light always raises us to the state of Divine.

A lover of Life loves to light up the way of all lives. If you wish to be one, let Light be your medication, Meditation, journey and destination. It is the simplest Way.

REGULAR CHANNELLING CENTRES

Saturdays (6 PM to 7 PM)
Shiksha Sagar Primary School
No. 77, 5th Main, Postal Colony,
Sanjaynagar,
☎ 9686571066 Mr. Sudeep Jayaram

Saturdays (7:30 PM to 8:30 PM)
Gurudwara Sahib, Opp. Anjaneya
Temple, Ashwathnagar Main Road,
Sanjaynagar,
☎ 9686571066 Mr. Sudeep Jayaram

Mysore

Wednesdays (6 PM)
Infosys Ltd, Hebbal Electronics City,
Hootagalli, Mysore-570018
☎ 9980837179, Mr. Anand Niranjana
☎ 8095026224, Mr. Akash Mallick

Solapur

Daily (7 PM to 7:30 PM)
Bal Ganesh Mandir, Bushar Peth, Mohol
☎ 09860967066 Mr. Vivekanand Swami
☎ 09970800279 Mrs. Swaroopa Swami

Chennai

Sundays (10 AM to 10:30 AM)
No. 481, SAIPREM, 19th Street,
4th Sector, K. K. Nagar
☎ 9444880409 Mrs. Rajalakshmi R.

Tirunelveli

Daily (7 PM to 7:30 PM)
Vadaku Theru, Chella Pillaiar Kulam,
A.P. Nadanoor Post,
Aalangulam Taluk-627423
☎ 9444458747 Mr. Mariappan N.

Pune

Saturdays (6:30 PM to 7:00 PM)
3 B, Kapila Housing Society,
Gokhalenagar, Pune-411016
☎ 9011038169 Mr. Ashutosh Navangul

Thursdays (2.30 pm to 3 pm)
Sindhi Mandir, Besides Satnam Textile,
Near Shivsena Office, Uruli Kanchan,
Haveli Dist, Pune-412202
☎ 9822973632, Mr. Goraksh Mahadik

Visakhapatnam

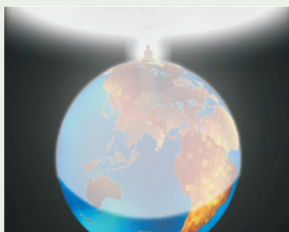
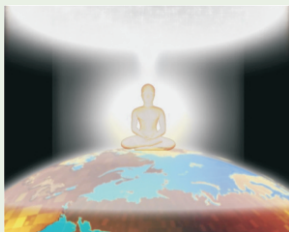
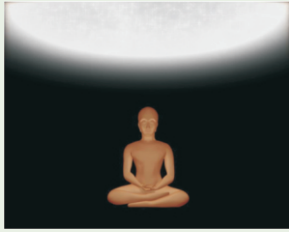
Saturdays (7PM to 7.30PM)
Door No. 14-339/19, Flat No. 207,
Sree Mithra Heights, Balaji Garden,
Gopalpatnam, opp. APRTC Bus Depot,
Visakhapatnam-530029.
☎ 9848628324, Mr. V. Harikrishnan

Miraj

Thursday (7.45pm)
Shri Shivarudra B. Belaganvi
A-Gat Plot No-135
☎ 09822421463 Mr. Mahajan

EXPERIENCES

(Compiled by Vaishali Joshi)



On 27th march 2013, in the night, I saw a beam of Light. I kept on seeing it for 15-20 days. Then Guruji and Amaraji came and blessed me one day before my Star test. After 2-3 days again Guruji and Amaraji spoke to me. Amaraji asked, 'Do you want to participate in Light Channels World Movement?' I said I will think about this. Next day I channelled Light in the night. After that Amaraji said, 'Now you are in the Light Channelling group.' There were some more Rishis with Amaraji and Guruji. Again in next few days Amaraji told me I must write my experience and send it to Manasa before Guruji's birthday on 18th May, which is also the 5th anniversary of Light Channels Movement. I want all of you to channel Light in honour of Guruji's birthday. Thank you.

- Pooja Yalla, Std. 4, Sacramento California

I do Light Channelling every day. It helps a lot in my exams. My memory has improved. I remember whatever I studied. Now it has become possible to understand and study even the difficult lessons.

- L. Subha Laxmi, Std. XI, Valliammal Girls High School, Kulasekaran Pattinam

I am channeling Light every morning. There is peace, better memory and I study better. I can grasp the difficult lessons easily now. I feel peaceful within.

- K. Amutha, Std. XI, Valliammal Girls High School, Kulasekaran Pattinam

I do Light Channelling when I get up in the morning and also before going to sleep. Because of this I am spending every day more meaningfully. Whenever I am confused I focus my mind to do Light

Channelling and feel peaceful. Thanks for introducing this technique.

- B. Yasmine, Std. XI, Valliammal Girls High School, Kulasekaran Pattinam

I got many benefits from Light. At home my dad became cool and in class I got more marks. I will teach this technique to others. Thank you.

- Vasanth Kumar M. R., Std. X, St. Philomena Public School, Bangalore

I was very happy when I first learnt Light Channelling. When I practised it I could feel my mind becoming very light and could focus on my studies according to the requirement. My lethargy is gone. My memory has improved and I am at peace.

Gradually, I started channelling Light more and more and now I feel I receive Light fully. Also I feel I am healthier now. Thank you for teaching this technique.

- Muruga Laxmi K., II Yr., Valliammaiyyar Hindu Teacher Training Institute, Kulasekaran Pattinam

When I practised Light Channelling for the first time my mind became calm. So I started practising it daily. Earlier I used to get headache very often. Slowly it reduced and now I do not get headache at all. So I am able to study much better now.

- S. Divya, I Yr., Valliammaiyyar Hindu Teacher Training Institute, Kulasekaran Pattinam

Light Channelling makes me feel happy, gives peace of mind and good health, and I perform well in the exams. I communicate peacefully with others. I feel a change in my personality.

- Ratnakumari N., Std. VIII, Thayammal Middle School, Kulasekaran Pattinam