

GURUJI KRISHNANANDA (1939-2012)

LIGHT

Light, not the physical Light but the subtlest Light, is the Source of all Creation. It is the Source of all positive energies. It is the Source of Love, Peace, Truth, Wisdom and all Life. This Light is GOD.

CHANNELLING

Channelling is allowing the Light to descend into us by intending and then spreading It around the world. Our body transforms the frequency to the grosser level.

The vibrations from the Light reach all beings and nature. They carry the energies of Healing, Love, Peace and all Positivity. They help Transformation. We will be better human beings. The world will be a better world.

TECHNIQUE

Imagine an ocean of Light above you. Imagine the Light descending and filling up your body. Then, experience the Love, Light and Peace of the Light for a minute and then, imagine It spreading out gradually to your school, locality, country and world.

Practise this for a minimum period of seven minutes.

LIGHT CHANNELS WORLD MOVEMENT

was launched by Guruji Krishnananda, founder of the Rishis Path, on 18-05-2008.

The Movement is to channel Light daily for seven minutes when we wake up or go to bed from our own places on this earth.

The aim of the Movement is, mainly, Peace on this earth.

UNIQUENESS OF THE MOVEMENT

- Oneness by Light
- Non-religious, Universal
- No restrictions, no conditions
- No membership
- Everyone can contribute to Peace
- Helps the individual, helps the world
- Prepares us and the world to enter the Photon Belt

LIGHT CHANNELS

Volume 3, Issue 5

NEWSLETTER

March 2013

A MESSAGE

Guruji Krishnananda

(From a previous issue of this Newsletter)

Some see Light. Many cannot see. It is fine. The Light, being at the subtlest frequency, cannot ordinarily be seen. But one can experience it. Whenever we experience Love, Peace and Expansion, we will be experiencing the Light. These are the aspects of the great Light. I think, this is a very important point to be clearly understood by everyone involved in the channelling of the Light.

The Revolution by Light is happening. More are joining and those who are already channelling are doing a better job. Light brings Love & Peace and when it is channelled through the people, also transforms them. It heightens all the positive qualities dormant in the people.

The uniqueness of the Revolution is that it is silent, global without any affiliation to any particular group and very effective. There are no sermons and there is no commerce here. Such a Revolution has not happened earlier in this cycle.

HAPPENINGS

Jayant Deshpande

Apart from the huge participation of 9 lakh children in channelling on February 1st, the World Channels Day, our Volunteers conducted 392 sessions in 345 schools in the month of February where 1.91 lakh children channelled Light.

Hundreds of schools have accepted Light Channelling as a non-religious Spiritual practice, which helps the school children and the teachers immensely. More than 5 lakh children in about 1100 schools channel Light daily during their morning prayers.

LIGHT WORKS

Manoj Chopra

Individual or global problems can be easily addressed with Light and Light channelling. The Light has all the power to give solutions to our problems. We should have an open mind to accept the solution shown by the Light. It may not come the way we seek but the solution will be the best and long lasting. Our life will have only Peace and Happiness when we choose the way of Light.

All revolutions start from one individual and slowly they impact others. One has to become Light and spread Light first. Then the Light in us touches others. We have to wait patiently for others to respond. Let the 'Revolution by Light' reach every corner of the World.



MANASA FOUNDATION (R)

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e-mail : info@lightagemasters.com info@lightchannels.com

website : www.lightagemasters.com www.lightchannels.com

REGULAR CHANNELLING CENTRES**Bangalore**

Monday to Friday (7 PM to 7:15 PM)
Sri Siddhashrama, 17th Cross,
Malleshwaram
☎ 9480121545 Mr. K. Chandrashekar

Mondays (6:30 PM to 7 PM)
Anjaneya Temple, Mahalakshmi Lyt.
☎ 9972111809 Mrs. Anjali Patil K.

Tuesdays (7:31 AM to 8 AM &
7:31 PM to 8 PM)
No.62, II Cross, III Main Road,
Near Alpine Apartments,
Dena Bank Colony, Ganganagar
☎ 080-23536547 Mr. Mukesh Parmar

Wednesdays (6:30 PM to 7 PM)
Maruti Mandira, Vijaynagar
☎ 9972111809 Mrs. Anjali Patil K.

Thursdays (6:30 PM to 7 PM)
Munch Kins, No.890, 38th Cross,
20th Main, 4th 'T' Block', Jayanagar
☎ 9448856629 Mrs. Usha
Sathishchandra

Fridays (6:30 PM to 7 PM)
'Sumathi', No.481, 7th Cross,
7th Main, J.P.Nagar III Phase
☎ 9900110351 Mr. Ramesh V.
Bhosekar

Fridays 12 Noon
Siddhi Vinayaka Devasthanam,
59/1, Hutchins Road, 3rd Cross,
Cooke Town
☎ 9980205803 Mrs. Nirmala Bala
☎ 9880162766 Mr. Vinu Varghese

Saturdays (11:00 AM to 12 Noon)
No 312, Phase 4,
Golden Park Apartment,
K.C.D.C Main Road, Bommanahalli,
☎ 9886437042 Dr. Ravinder Singh
Gaur

Saturdays (11:30 PM to 12 Noon)
'Sri Ranga Kalakshetra', 13th Cross,
Indiranagar, 2nd Stage
☎ 9900967005 Mrs. Hemalatha
Pramod

Saturdays (6:00 PM to 6:30 PM)
Women's Peace League,
36, Shankar Mutt Road, Basavanagudi
☎ 9448856629 Mrs. Usha Sathishchandra

Saturdays (6:30 PM to 7 PM)
Balamuri Mahaganapathi,
Shri Rajarajeshwari and
Sri Lakshmi Narayana Temple,
8th Cross, Near Hoysala Circle,
Kengeri Satellite Town
☎ 9972111809 Mrs. Anjali Patil K.



A Channelling session at the Regular Light Channelling Center in Vijayanagara, Bangalore

IMPORTANT EVENTS

- 1st February 2010 - A group of 50 plus volunteers covered more than 50 schools in South India and organised channelling for more than 30000 children giving a great momentum to 'Light Channels World Movement'.
- 18th December 2010 - A band of 50 plus volunteers covered 107 schools on this single day in Mysore, Bangalore, Chennai, Mumbai and Hyderabad and organised channelling for more than 62000 children.
- 1st February 2011, 'World Channels Day' - More than 130 volunteers covered around 600 schools across India and organised Light channelling for more than 4 lakh children.
- On 18th January 2012 - 11,570 children in 16 different sessions in Bangalore, Pune, Chennai and Mangalore channelled Light.
- 1st February, 2012, The World Channels Day - More than six lakh children in hundreds of schools across India channelled Light and made this day of channelling a great success.
- 7th May 2012 - About a thousand people gathered in Chowdiah Memorial Hall in Bangalore for the Light Channels Meet. Thousands from across the world joined from their own places through live webcast and thousands more mind linked and joined from their own places to channel Light for 15 minutes.
- 1st Feb 2013, 3rd World Channels day - Around 8.86 Lakh children and teachers of 1868 schools channelled Light all over India and made this day of channelling a great success.

LIGHT CHANNELLING IN SCHOOLS

Schools participated	4173
Students channelled Light	24.11 Lakh
Schools channelling regularly	1115
Students channelling regularly	5.15 Lakh

APPEAL TO SCHOOLS

**Please help in strengthening Light Channels
World Movement by making Light Channelling a
part of daily prayers in your School.**

KNOW YOUR POWERS

Padmaja Balaji

That which defies logic has always attracted me to this date. One such is my undying fascination for Superheroes. And I could always create time to watch Superhero movies with or without popcorn. With this background, let me place three different scenarios on Superheroes.

Slide One - In the movie 'Avengers', four Superheroes (Thor, Iron Man, Hulk and Captain America) join hands to save Mother Earth and her citizens from the hands of ET (Extra Terrestrials) invasion who enter into our planet through a portal (entry/exit point to/from another dimension). So, how the Superheroes kick out the army of bad ETs from our dimension is the movie all about.

Slide Two - On 15th February, our world froze with unusual news that a meteorite from outer space skipped our intelligent radar systems, whisked into the Ural region of Russia and exploded in mid-air with the power of many atomic bombs injuring 1000 people but with no deaths. Internet is abuzz with information about good Superhero aliens who came in spaceships and saved our planet.

Slide Three - I see only water everywhere. I am told that the whole earth is covered with water except a house that I see at a distance. I understand that I need to reach this place somehow because no water can touch this sacred house of a Superhero. Just as it happens in movies, it starts raining heavily as I go closer to the house. I desperately search for the entrance braving the rains with a deep fear of the chasing high tides and wonder how to draw attention to the Superhero living in the house as I hear his footsteps inside..... Don't laugh..... yes, I woke up from my dream in the middle of the night.

Before dismissing my slides, let me quickly place the following point to the scientific minds for consideration....

World renowned Scientist, Dr. Stephen Hawking, who is busy promoting the existence of 11 dimensions (our mortal lives revolve around 3 dimensions only; so we will have a hard time understanding these dimensions) through the still evolving concept called M-theory, is also accredited with his famous quote about aliens that they might conquer and colonize earth. Which means, according to him, portals do exist; so also aliens.

Next question that comes to the fore is, 'Are there any real-life superheroes living on earth to save us from internal calamities and external catastrophes?'

Before looking at the next door for one such, let us find time..... let us learn to look at the sky, look at the world outside our personal lives and also inside us. We will understand that life's events are not one of a series always as there are parallels too. It is just that we fail to notice the occurrence of synchronicity because we fail to understand the law of miracles.

Given time and opportunity, I always tell the young minds that we must get inspired by superheroes throughout our lives; because for a superhero, the wellbeing of others' lives are more important than his very own.

To the smiling participants, as a parting note, I always tell them, "Know your Powers. Every time you channel Light, you are a Superhero because you work for World Peace." ■

REGULAR CHANNELLING CENTRES

Saturdays (6 PM to 7 PM)
Shiksha Sagar Primary School
No. 77, 5th Main, Postal Colony,
Sanjaynagar
☎ 9686571066 Mr. Sudeep Jayaram

Saturdays (7:30 PM to 8:30 PM)
Gurudwara Sahib,
Opp. Anjaneya Temple, Ashwathnagar
Main Road, Sanjaynagar
☎ 9686571066 Mr. Sudeep Jayaram

Mysore

Wednesdays (6 PM)
Infosys Ltd, Hebbal Electronics City,
Hootagalli, Mysore-570018
☎ 9980837179, Mr. Anand Niranjana
☎ 8095026224, Mr. Akash Mallick

Solapur

Daily (7 PM to 7:30 PM)
Bal Ganesh Mandir, Bushar Peth, Mohol
☎ 09860967066 Mr. Vivekanand Swami
☎ 09970800279 Mrs. Swaroopa Swami

Chennai

Sundays (10 AM to 10:30 AM)
No. 481, SAIPREM, 19th Street,
4th Sector, K. K. Nagar
☎ 9444880409 Mrs. Rajalakshmi R.

Tirunelveli

Daily (7 PM to 7:30 PM)
Vadaku Theru, Chella Pillaiar Kulam,
A.P. Nadanoor Post
Aalangunam Taluk-627423
☎ 9444458747 Mr. Mariappan N.

Pune

Sundays (4 PM to 4:30 PM)
3 B, Kapila Housing Society,
Gokhale Nagar, Pune-411016
☎ 9011038169 Mr. Ashutosh Navangul

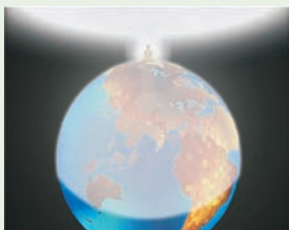
Thursdays (2.30 pm to 3 pm)
Sindhi Mandir, Besides Satnam Textile,
Near Shivsena Office, Uruli Kanchan,
Haveli Dist, Pune-412202
☎ 9822973632, Mr. Goraksh Mahadik

Visakhapatnam

Saturdays (7PM to 7.30PM)
Door No. 14-339/19, Flat No. 207,
Sree Mithra Heights, Balaji Garden,
Gopalpatnam, opp. APRTC Bus Depot,
Visakhapatnam-530029.
☎ 9848628324, Mr. V. Harikrishnan

EXPERIENCES

(Compiled by Vaishali Joshi)



After starting Light Channelling practice, I see good changes in me. My anger is reduced and I have become more active. I had difficulties in reading English. Now I am able to overcome that. My memory and handwriting have also improved.

- Karthika S., Std. V, St. Joseph Xavier R. C. Primary School, Kulasekaran Pattinam, Tamilnadu

In one school, children were very noisy. But after the session, the Headmaster was surprised at the pin drop silence and agreed to regularize channelling of Light in his school. When I called him for confirmation of participation on February 1st, he told me to hear the reply from the students themselves and it was a deafening 'Yes'!

- Nirmala Bala, Volunteer

The Headmaster of a school gave us permission reluctantly to conduct Light Channelling once last year. I wanted to take permission for a channelling session on February 1st in this school. While waiting outside the Headmaster's office I remembered Guruji's words to experiment with Light. I started channelling Light to him and conveyed with it whatever I wanted to say. He came out after a while, just looked at me and asked when I wanted to come for Light Channelling. It was amazing how he remembered me after almost a year and immediately gave permission. Words were not needed at all....the Light spoke for me!

- Nithya James, Volunteer

When I started channelling the Light I saw that the whole world around me became Light. There was Peace all around. I could not see anything except Light. It was a good experience.

- Jaffer, Std. III, Govt. Urdu School, Hegde Nagar, Bangalore

Before the channelling session, my mind was full of worries. While channelling, I felt that my mind became cool. After the session, I felt happier.

- Durgamma, Std. VII, Govt. Higher Primary School, Parangipalya, Bangalore

After the first Light Channelling session in our Regular Light Channelling Centre at Cooke Town, one lady commented, "Usually we do a lot of gossiping. We talk and make a lot of noise after we come out of the temple, but today for the first time we are all so calm and quiet, and feel peaceful inside." One lady's eyes were filled with tears but she did not talk anything. The Poojary of the temple shared that while channelling the Light he felt some cold shivering in his body after two minutes.

- Vinu Varghese, Volunteer

On 1st January we had to conduct Light Channelling session in Shri Veertapasvi Channveer Shivacharya High School, Solapur, at 12 Noon when it would be very hot. We requested Light to help us. To our surprise at 11.45 AM clouds started gathering and there was shade. I could conduct the session for 15 minutes as the clouds obstructed the Sun!

- Santosh Kore, Volunteer

During sports, I had pain in my legs. I channelled Light for 5 minutes and requested It to relieve my pain. And I was relieved of the pain!

- Susheela, Teacher, Sree Sajjan Rao Vidya Samasthe, Bangalore

My memory was fading due to my age. I channel Light with a request that my memory improves. Now I remember everything. Every evening I channel Light for 15 minutes. I feel very fresh, least bit tired and my health has improved.

- Maya, Teacher, Sree Sajjan Rao Vidya Samasthe, Bangalore

Whenever I find time, I channel Light. Now my anger has reduced. I always suffered from headaches. With Light Channelling the need for a tablet or a balm is gone. I sometimes practise this while travelling, to be at peace and remain fresh.

- Tyagaraj, Teacher, Sree Sajjan Rao Vidya Samasthe, Bangalore