

GURUJI KRISHNANANDA (1939-2012)

LIGHT

Light, not the physical Light but the subtlest Light, is the Source of all Creation. It is the Source of all positive energies. It is the Source of Love, Peace, Truth, Wisdom and all Life. This Light is GOD.

CHANNELLING

Channelling is allowing the Light to descend into us by intending and then spreading It around the world. Our body transforms the frequency to the grosser level.

The vibrations from the Light reach all beings and nature. They carry the energies of Healing, Love, Peace and all Positivity. They help Transformation. We will be better human beings. The world will be a better world.

TECHNIQUE

Imagine an ocean of Light above you. Imagine the Light descending and filling up your body. Then, experience the Love, Light and Peace of the Light for a minute and then, imagine It spreading out gradually to your school, locality, country and world.

Practise this for a minimum period of seven minutes.

LIGHT CHANNELS WORLD MOVEMENT

was launched by Guruji Krishnananda, founder of the Rishis Path, on 18-05-2008.

The Movement is to channel Light daily for seven minutes when we wake up or go to bed from our own places on this earth.

The aim of the Movement is, mainly, Peace on this earth.

UNIQUENESS OF THE MOVEMENT

- Oneness by Light
- Non-religious, Universal
- No restrictions, no conditions
- No membership
- Everyone can contribute to Peace
- Helps the individual, helps the world

LIGHT CHANNELS

Volume 3, Issue 7

NEWSLETTER

May 2013

A MESSAGE

Guruji Krishnananda

(From a previous issue of this Newsletter)

The Light is working. There are awakenings. There are changes, though they are not openly perceptible. The conscience of the world is being stirred. And the Revolution by Light is happening.

It does not mean that the acts of cruelty and corruption will reduce dramatically. They do not. But they surface and cannot be pushed under the carpet any more. Everything surfaces. Surfacing is part one of the Revolution. Then, waves of enagement against the acts of cruelty and corruption build up unknowingly, automatically. It is the next stage. Waves of this energy will act at deeper levels and then there will be an action.

One may think that this is very long process. Some may not believe this at all. But, we have to remember that we are in very different times of intense Transition. And many Intelligences and Energies are aligning to bring great changes faster. We, the common people, have to, meanwhile, channel Light and wait.

HAPPENINGS

Jayant Deshpande

April being the month of summer vacations, most of the schools were closed. Our volunteers conducted Light Channelling sessions in some summer camps and in a few old age homes.

Amidst all the chaos and surfacing of scams that we see in the world around us, our earth's movement towards New Age is steady and Light channelled by millions of children has its impact.

Guruji Krishnananda, who started this movement 5 years ago, is not with us physically, but he continues to guide and help us from another level.

LIGHT WORKS

Manoj Chopra

On May 18th we celebrate 5th anniversary of 'Light Channels World Movement'. It is also our beloved Guruji's birthday, a man behind this great project. This Movement started with his few students in a small hut at 'Antar-Manasa' without any fanfare, which now has reached millions of people. When a great Master like our Guruji supported by hundreds of Astral Masters is behind such project, it naturally achieves huge success.

Our Guruji was the most humble and the greatest person I have ever come across, who always worked silently for the humanity. Persons like him are Universal. They take birth not only for a small group but also for the whole world. They always take birth in this crucial period to help the world by inventing simple but powerful techniques like Light Channelling.

Let us pay our tribute to this Great Visionary by channelling Light daily.



MANASA FOUNDATION (R)

Taponagara, Chikkagubbi, (Off Hennur - Bagalur Road) Bangalore Urban - 560077. INDIA.

Phone : (080) 2846 5280, 99000 75280 (10 AM to 4 PM)

e-mail : info@lightagemasters.com info@lightchannels.com

website : www.lightagemasters.com www.lightchannels.com

REGULAR CHANNELLING CENTRES

Bangalore

Monday to Friday (7 PM to 7:15 PM)
Sri Siddashrama, 17th Cross,
Malleshwaram
☎ 9480121545 Mr. K. Chandrashekar

Mondays (6:30 PM to 7 PM)
Anjaneya Temple, Mahalakshmi Lyt.
☎ 9972111809 Mrs. Anjali Patil K.

Tuesdays (7:31 AM to 8 AM &
7:31 PM to 8 PM)
No.62, II Cross, III Main Road,
Near Alpine Apartments,
Dena Bank Colony, Ganganagar
☎ 080-23536547 Mr. Mukesh Parmar

Wednesdays (6:30 PM to 7 PM)
Maruti Mandira, Vijaynagar
☎ 9972111809 Mrs. Anjali Patil K.

Thursdays (6:30 PM to 7 PM)
Munch Kins, No.890, 38th Cross,
20th Main, 4th 'T' Block', Jayanagar
☎ 9448856629 Mrs. Usha
Satishchandra

Fridays (6:30 PM to 7 PM)
'Sumathi', No.481, 7th Cross,
7th Main, J.P.Nagar III Phase
☎ 9900110351 Mr. Ramesh V.
Bhosekar

Fridays 12 Noon
Siddhi Vinayaka Devasthanam,
59/1, Hutchins Road, 3rd Cross,
Cooke Town
☎ 9980205803 Mrs. Nirmala Bala
☎ 9880162766 Mr. Vinu Varghese

Saturdays (11:00 AM to 12 Noon)
No 312, Phase 4,
Golden Park Apartment,
K.C.D.C Main Road, Bommanahalli,
☎ 9886437042 Dr. Ravinder Singh
Gaur

Saturdays (11:30 PM to 12 Noon)
'Sri Ranga Kalakshetra', 13th Cross,
Indiranagar, 2nd Stage
☎ 9900967005 Mrs. Hemalatha
Pramod

Saturdays (6:00 PM to 6:30 PM)
Women's Peace League,
36, Shankar Mutt Road, Basavanagudi
☎ 9448856629 Mrs. Usha Satishchandra

Saturdays (6:30 PM to 7 PM)
Balamuri Mahaganapathi,
Shri Rajarajeshwari and
Sri Lakshmi Narayana Temple,
8th Cross, Near Hoysala Circle,
Kengeri Satellite Town
☎ 9972111809 Mrs. Anjali Patil K.



A channelling session at a summer camp in J. P. Nagar, Bangalore

IMPORTANT EVENTS

- 1st February 2010 - A group of 50 plus volunteers covered more than 50 schools in South India and organised channelling for more than 30000 children giving a great momentum to 'Light Channels World Movement'.
- 18th December 2010 - A band of 50 plus volunteers covered 107 schools on this single day in Mysore, Bangalore, Chennai, Mumbai and Hyderabad and organised channelling for more than 62000 children.
- 1st February 2011, 'World Channels Day' - More than 130 volunteers covered around 600 schools across India and organised Light channelling for more than 4 lakh children.
- On 18th January 2012 - 11,570 children in 16 different sessions in Bangalore, Pune, Chennai and Mangalore channelled Light.
- 1st February, 2012, The World Channels Day - More than six lakh children in hundreds of schools across India channelled Light and made this day of channelling a great success.
- 7th May 2012 – About a thousand people gathered in Chowdiah Memorial Hall in Bangalore for the Light Channels Meet. Thousands from across the world joined from their own places through live webcast and thousands more mind linked and joined from their own places to channel Light for 15 minutes.
- 1st Feb 2013, 3rd World Channels day - Around 8.86 Lakh children and teachers of 1868 schools channelled Light all over India and made this day of channelling a great success.

LIGHT CHANNELLING IN SCHOOLS

Schools participated	4197
Students channelled Light	24.18 Lakh
Schools channelling regularly	1135
Students channelling regularly	5.15 Lakh

APPEAL TO SCHOOLS

**Please help in strengthening Light Channels
World Movement by making Light Channelling a
part of daily prayers in your School.**

I WILL NOT DISAPPOINT YOU

Padmaja Balaji

Music is beyond barriers because it is mystical. So, I didn't have to break my head to know what Ani Choying was trying to convey through her song 'Muskaan'. Her cherubic face and ascetic garb added glamour to her magnetic voice. Seeing her unhurried walk and slow breaking smile in the Youtube, I was reminded of my Master's smile full of Divine Love..... My gaze then got transfixed onto the laptop monitor as if they didn't want to clear the deep emotion stirring inside. I was not seeing her anymore, for I was already in the swirl of his mystical magnetism.

Did I say 'mystical magnetism'? Yes, I did.

Unlike the gross magnetic field where the opposite poles attract, it is just the opposite in mystical magnetism. The magnetic pull in the latter is beyond the workings of body, mind and intellect.

To understand a bit about our own selves, the quality of our thoughts and emotions creates a collective energy field which continuously influences our behaviour, attitude, words, actions etc. on a moment to moment basis. We are also constantly bombarded by thoughts and emotions of others from all directions, from the individual to global levels, in which case, our own collective energy field gets influenced by these strong outside forces. That's why, many times, we have no idea why we do undergo mood swings and act unreasonably towards others and us.

We must remember here that being sensitive to different energies is different from getting influenced by these energies because a sensitive person reacts wisely whereas there is no guarantee about the influenced one.

Now to come back to mystical magnetism, it can be understood as the connectivity at the level of soul whereas the connecting power is Love & Light. Such a one of sacred charm cannot harm or hurt anyone even by thought. Just imagine how it would be if all the 7+ billion people are all deeply connected at the level of the soul!

With this grand vision, our Spiritual Father and Light Master, Guruji Krishnananda (whose all encompassing love, humility and smile had reset the mood swing of anyone who entered into his auric field of mystical magnetism) launched Light Channels World Movement (LCWM) in May 2008 and Revolution by Light (RBL) in May 2012.

During his physical presence on our earth, he had trained his Light Channels Volunteers to carry/spread Light more by his living than by preaching. We, his little peaceful warriors, may not have the professional acumen or academic brilliance. Nevertheless, we have tattooed his dream and passion in our hearts to ignite young and open minds who are ready to be the citizens of New Earth shining in Light, Love & Peace.

Need to add that the 5-year journey of LCWM was beautiful, thanks to the overwhelming support extended to us by all the patronisers! Having transcended the first phase of the Light Channels World Movement, we are now looking out for the opening of new gates to widen the periphery of a genuine smiling world.

Returning to mystical magnetism, I also want to share something beautiful. Once my Master who was a man of words, replied to my trivial email promptly in 2 hours' time of my sending..... 'I will not disappoint you'. Have you ever imagined a huge mountain giving respect and love to a sand grain with utmost bending? Can you think of a mighty Ocean caring for the sentiments of sparks?

We may never bend like my Master. But we can channel Divine Light daily, become sensitive and work on improving all our lives silently.

Oh yes, I am very positive, there would come a time soon when the whole world would be full of Light Channels. At that time we would not be learning to smile.... instead just SMILE. ■

REGULAR CHANNELLING CENTRES

Saturdays (6 PM to 7 PM)

Shiksha Sagar Primary School
No. 77, 5th Main, Postal Colony,
Sanjaynagar,
☎ 9686571066 Mr. Sudeep Jayaram

Saturdays (7:30 PM to 8:30 PM)

Gurudwara Sahib, Opp. Anjaneya
Temple, Ashwathnagar Main Road,
Sanjaynagar,
☎ 9686571066 Mr. Sudeep Jayaram

Mysore

Wednesdays (6 PM)

Infosys Ltd, Hebbal Electronics City,
Hootagalli, Mysore-570018
☎ 9980837179, Mr. Anand Niranjana
☎ 8095026224, Mr. Akash Mallick

Solapur

Daily (7 PM to 7:30 PM)

Bal Ganesh Mandir, Bushar Peth, Mohol
☎ 09860967066 Mr. Vivekanand Swami
☎ 09970800279 Mrs. Swaroopa Swami

Chennai

Sundays (10 AM to 10:30 AM)

No. 481, SAIPREM, 19th Street,
4th Sector, K. K. Nagar
☎ 9444880409 Mrs. Rajalakshmi R.

Tirunelveli

Daily (7 PM to 7:30 PM)

Vadaku Theru, Chella Pillaiar Kulam,
A.P. Nadanoor Post,
Aalangulam Taluk-627423
☎ 9444458747 Mr. Mariappan N.

Pune

Sundays (4 PM to 4:30 PM)

3 B, Kapila Housing Society,
Gokhale Nagar, Pune-411016
☎ 9011038169 Mr. Ashutosh Navangul

Thursdays (2.30 pm to 3 pm)

Sindhi Mandir, Besides Satnam Textile,
Near Shivsena Office, Uruli Kanchan,
Haveli Dist, Pune-412202
☎ 9822973632, Mr. Goraksh Mahadik

Visakhapatnam

Saturdays (7PM to 7.30PM)

Door No. 14-339/19, Flat No. 207,
Sree Mithra Heights, Balaji Garden,
Gopalpatnam, opp. APRTC Bus Depot,
Visakhapatnam-530029.
☎ 9848628324, Mr. V. Harikrishnan

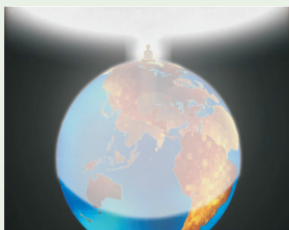
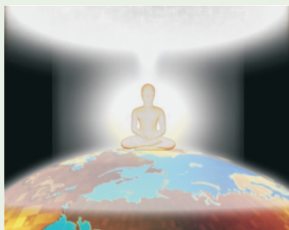
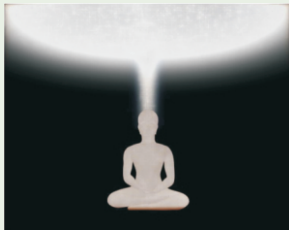
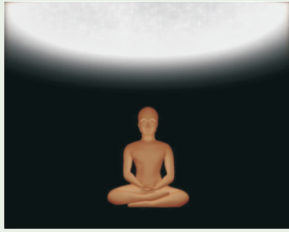
Miraj

Thursday (7.45pm)

Shri Shivarudra B. Belaganvi
A-Gat Plot No-135
☎ 09822421463 Mr. Mahajan

EXPERIENCES

(Compiled by Vaishali Joshi)



After practising this technique, I feel better and free from stress and tension. Also, I am able to control my anger. This technique has brought a lot of changes in me. I feel happy that I pray for world peace by sitting where I am.

I had a misunderstanding with my father. He just shouted at me and went to his room. I felt very disturbed so I practised this technique. After 15 minutes he came out and I apologised. He too felt bad for scolding me.

- S. Nithyasree, Std. XII, SBS Mootha Girls Senior Secondary School, West Mambalam, Chennai

Light Channelling is a very effective process for bringing positive thought and energy into one's soul and mind. After I channel Light, I feel very refreshing and calm inside me, which helps me to concentrate on the subjects. I become full of positive thoughts and spirits. When I feel sleepy if I do Light Channelling I feel a vigour of freshness inside me and will not be tired for the whole day. I thank you from the bottom of my heart for teaching this wonderful technique.

- B. Akshaya, Std. XII, SBS Mootha Girls Senior Secondary School, West Mambalam, Chennai

While practising Light Channelling, my thoughts wander a lot and I feel sleepy sometimes. But I do experience a change in myself after channelling as my whole day is calm and quiet. I am able to concentrate better in studies especially while solving maths problems.

- R. Ramya, Std. XII, SBS Mootha Girls Senior Secondary School, West Mambalam, Chennai

I have been practising this technique from the very first day we

came to know about it. It has brought a great change in me. Now I know myself better. My attitude towards others has changed and I don't get angry as frequently as I used to before. I used to get irritated with my mother when she gave advice. But now I accept my mistakes and promise her that I will not repeat it again.

Once, I had the Physics exam. I wasn't prepared and had only one evening to study for the exam. I was very much scared and tensed. Suddenly I remembered this technique and sat down to practise. To my surprise, I became very calm and could read the subject with great concentration. I kept saying to myself that the exam will be easy and I will do well. That single thought filled the whole of me. Next day, I went to the exam hall without fear, which I have never done before, and I wrote very well. After that I sat down for practise again and thanked Light for having brought such great change in me.

I thank you a lot from the bottom of my heart for teaching us this wonderful technique which has altered my life.

- Rakshana, Std. XII, SBS Mootha Girls Senior Secondary School, West Mambalam, Chennai

It gave me a wonderful experience. By channelling Light I have understood myself better. My anger is controlled and I feel peace inside myself. I have confidence that I can do anything. Earlier I used to get scared of dogs. After doing this for two weeks, I am able walk freely on road without getting afraid. I am very happy.

- Swetha Rajeswari V., Std. XII, SBS Mootha Girls Senior Secondary School, West Mambalam, Chennai