

GURUJI KRISHNANANDA (1939-2012)

LIGHT

Light, not the physical Light but the subtlest Light, is the Source of all Creation. It is the Source of all positive energies. It is the Source of Love, Peace, Truth, Wisdom and all Life. This Light is GOD.

CHANNELLING

Channelling is allowing the Light to descend into us by intending and then spreading It around the world. Our body transforms the frequency to the grosser level.

The vibrations from the Light reach all beings and nature. They carry the energies of Healing, Love, Peace and all Positivity. They help Transformation. We will be better human beings. The world will be a better world.

TECHNIQUE

Imagine an ocean of Light above you. Imagine the Light descending and filling up your body. Then, experience the Love, Light and Peace of the Light for a minute and then, imagine It spreading out gradually to your school, locality, country and world.

Practise this for a minimum period of seven minutes.

LIGHT CHANNELS WORLD MOVEMENT

was launched by Guruji Krishnananda, founder of the Rishis Path, on 18-05-2008.

The Movement is to channel Light daily for seven minutes when we wake up or go to bed from our own places on this earth.

The aim of the Movement is, mainly, Peace on this earth.

UNIQUENESS OF THE MOVEMENT

- Oneness by Light
- Non-religious, Universal
- No restrictions, no conditions
- No membership
- Everyone can contribute to Peace
- Helps the individual, helps the world

LIGHT CHANNELS

Volume 4, Issue 6

NEWSLETTER

April 2014

A MESSAGE

Guruji Krishnananda

(Excerpts from his talks)

The Light Channels Movement is spreading well. More than hundred Meditator-Volunteers in different cities and towns are doing a great silent work. They approach the schools and help students channel Light. And the children are doing a great work of channelling. This work is soul-satisfying.

The Light has chosen children first to spread. The Adults should join them. Light channelling for seven minutes can happen in offices, factories, hospitals....everywhere. Light helps everyone in every way.

Light Channelling is non-religious and non-commercial activity.

HAPPENINGS

Jayant Deshpande

The selfless work being done by our Volunteers touches the hearts of many school teachers. Some of them wonder, why are these people doing it; what do they really get personally. They do not get any personal benefits in material terms. They in fact use their personal time and money to travel to several schools. It gives them great satisfaction though, which can not be valued in terms of material benefits. There is a joy in sharing. Our Guruji had told us that we must share our wealth, material and Spiritual. We have chosen schools because the school authorities and the children are open to such silent, peaceful but revolutionary ideas.

We expect the whole world to join this movement towards Peace and Love. They may not know this technique but they can join by choosing Love and Peace; by choosing Light.

LIGHT WORKS

Manoj Chopra

Light Channelling is an advanced and universal technique for the present time. Astral Masters do research for thousands of years and develop such techniques to help the humanity. They take care of us like parents. Their Love is incomprehensible. They provide us different techniques according to different time frames. Light channelling technique is the simplest and yet effective method for these challenging times. If we adopt this seriously we get guided in every situation in life.

Schools doing regular channelling have shared their wonderful experiences. They have found drastic changes in the atmosphere of the school and in the behaviour of their students.

Regular channelling in groups is the solution to major problems that we are facing now. Let us channel Light in groups and also pray for a better World.



MANASA FOUNDATION (R)

Taponagara, Chikkagubbi, (Off Hennur - Bagalur Road) Bangalore Urban - 560077. INDIA.

Phone : (080) 2846 5280, 99000 75280 (10 AM to 4 PM)

e-mail : info@lightagemasters.com info@lightchannels.com

website : www.lightagemasters.com www.lightchannels.com

REGULAR CHANNELLING CENTRES

People from the locality join voluntarily to channel Light in a group at our Regular Light Channelling Centres, periodically. All are welcome to participate. There is no fee. There is no membership.

Bangalore

Monday to Friday (7 PM to 7:15 PM)
Sri Siddashrama, 17th Cross,
Malleshwaram
☎ 9480121545 Mr. K. Chandrashekar

Mondays (6:30 PM to 7 PM)
Anjaneya Temple, Mahalakshmi Lyt.
☎ 9972111809 Mrs. Anjali Patil K.

Wednesdays (6:30 PM to 7 PM)
Maruti Mandira, Vijaynagar
☎ 9972111809 Mrs. Anjali Patil K.

Thursdays (6:30 PM to 7 PM)
Munchkins, No.890, 38th Cross, 20th
Main, 4th 'T' Block', Jayanagar
☎ 9972888033 Mr. Karthik N.

Fridays (6:30 PM to 7 PM)
'Sumathi', No.481, 7th Cross, 7th
Main, J.P.Nagar III Phase
☎ 9900110351 Mr. Ramesh V.
Bhosekar

Fridays 12 Noon
Siddhi Vinayaka Devasthanam,
59/1, Hutchins Road, 3rd Cross,
Cooke Town
☎ 9980205803 Mrs. Nirmala Bala
☎ 9880162766 Mr. Vinu Varghese

Saturdays (11:00 AM to 12 Noon)
No 312, Phase 4,
Golden Park Apartment,
K.C.D.C Main Road, Bommanahalli,
☎ 9886437042 Dr. Ravinder Singh
Gaur

Saturdays (5:30 PM to 6:00 PM)
'Sri Ranga Kalakshetra', 13th Cross,
Indiranagar, 2nd Stage
☎ 9902844667 Ms. Manju
Maheshwari

Saturdays (6:30 PM to 7 PM)
Balamuri Mahaganapathi,
Shri Rajarajeshwari and
Sri Lakshmi Narayana Temple,
8th Cross, Near Hoysala Circle,
Kengeri Satellite Town
☎ 9972111809 Mrs. Anjali Patil K.



A Light Channelling session being conducted in a residence at Mumbai

IMPORTANT EVENTS

- 31st Jan 2014, 4th World Channels Day - Around 1 million children & teachers of 2100 schools channelled Light all over India and made this day of Channelling a great success.
- 29th June, 2013 - 13,449 children in 30 schools of Bangalore, Mysore, Hyderabad, Sangli and Regular Light Channelling Centres across India, channelled Light.
- 1st Feb 2013, 3rd World Channels day - Around 8.86 Lakh children and teachers of 1868 schools channelled Light all over India and made this day of channelling a great success.
- 7th May 2012 - About a thousand people gathered in Chowdiah Memorial Hall in Bangalore for the Light Channels Meet. Thousands from across the world joined from their own places through live webcast and thousands more mind linked and joined from their own places to channel Light for 15 minutes.
- 1st February, 2012, The World Channels Day - More than six lakh children in hundreds of schools across India channelled Light and made this day of channelling a great success.
- On 18th January 2012 - 11,570 children in 16 different sessions in Bangalore, Pune, Chennai and Mangalore channelled Light.
- 1st February 2011, 'World Channels Day' - More than 130 volunteers covered around 600 schools across India and organised Light channelling for more than 4 lakh children.
- 1st February 2010 - A group of 50 plus volunteers covered more than 50 schools in South India and organised channelling for more than 30000 children giving a great momentum to 'Light Channels World Movement'.

LIGHT CHANNELLING IN SCHOOLS

Schools participated	4607
Students channelled Light	26.04 Lakh
Schools channelling regularly	1140
Students channelling regularly	5.18 Lakh

APPEAL TO SCHOOLS

**Please help in strengthening Light Channels
World Movement by making Light Channelling a
part of daily prayers in your School.**

WHAT IS MY POWER?

Padmaja Balaji

"Both of us were laughing our heart out. I could feel how our positive conversations were gradually illuminating my inner atmosphere. I also did not fail to note how the bare truths of life did not bother to imprint scars or bitterness in the loving heart. Rather I saw a non-wrinkled system born out of the strong perennial connection with Light. I experienced how this rare soul is determined to shine brightly in all splendour at all times as the golden moments of our togetherness transfigured into my system as golden waves of Light and energy."

I listened to the voice sharing secrets with me. It continued further...

"I have always been a misfit and unfit in the world because I could neither trade my passion nor sell my truth and honesty. But what joy did I feel to experience the power of this pure soul! Now my mission is to spread such joy, light & energy to all I meet. I may continue to garner disrespect and ridicule but aren't the first wave of revolutionaries destined to be so, as per earth's past records?"

Our conversations did continue and whirled more and more into positivity. As it touched the paradoxical inner laws of attraction, I realised how the voice had silently pulled me into its ambit and made me experience the soul's attraction carrying abundant Light. My intuition revealed that I was silently baptised by Master, the owner of the voice.

It was this unusual conversation out of the many that stood foremost while I was involving myself in planning, preparation and implementation of the massive work of World Channels Day.

My miniscule part in this great event was no less dramatic like that of other Light Channel Volunteers. To let out a little secret to readers, while door-delivering our singular passion to schools, we packaged our requests with Light adding our love and care.

And to sum our collective voices of gratitude, more than the final count of 1 Million plus who channelled Light on 31st January for the sake of World Peace, it's your kind support for the cause, multifarious experiences and overwhelming states of stupor and joy that we have had, thanks to you, would keep us enchanted till we face the next World Channels Day in 2015.

As I was about to conclude the article with rebounding happiness and renewed vow towards work, the Master tells me to keep away with the idea of 'conclusion' and ceaselessly work on empowering my soul....

"Remember, a soul is empowered by carrying more and more Divine Light. However, such a soul aka Beacon of Light should entertain no resistance whatsoever." ■

REGULAR CHANNELLING CENTRES

Saturdays (6 PM to 7 PM)
Shiksha Sagar Primary School
No. 77, 5th Main, Postal Colony,
Sanjaynagar,
☎ 9686571066 Mr. Sudeep Jayaram

Saturdays (7:30 PM to 8:30 PM)
Gurudwara Sahib, Opp. Anjaneya
Temple, Ashwathnagar Main Road,
Sanjaynagar,
☎ 9686571066 Mr. Sudeep Jayaram

Mysore

Wednesdays (6 PM)
Infosys Ltd, Hebbal Electronics City,
Hootagalli, Mysore-570018
☎ 9980837179, Mr. Anand Niranjana
☎ 8095026224, Mr. Akash Mallick

Solapur

Daily (7 PM to 7:30 PM)
Bal Ganesh Mandir, Bushar Peth, Mohol
☎ 09860967066 Mr. Vivekanand Swami
☎ 09970800279 Mrs. Swaroopa Swami

Chennai

Sundays (10 AM to 10:30 AM)
No. 481, SAIPREM, 19th Street,
4th Sector, K. K. Nagar
☎ 9444880409 Mrs. Rajalakshmi R.

Tirunelveli

Daily (7 PM to 7:30 PM)
Vadaku Theru, Chella Pillaiar Kulam,
A.P. Nadanoor Post,
Aalangulam Taluk-627423
☎ 9444458747 Mr. Mariappan N.

Pune

Saturdays (7:00 PM to 7:30 PM)
3 B, Kapila Housing Society,
Gokhalenagar, Pune-411016
☎ 9011038169 Mr. Ashutosh Navangul

Thursdays (2.30 pm to 3 pm)
Sindhi Mandir, Besides Satnam Textile,
Near Shivsena Office, Uruli Kanchan,
Haveli Dist, Pune-412202
☎ 9822973632, Mr. Goraksh Mahadik

Visakhapatnam

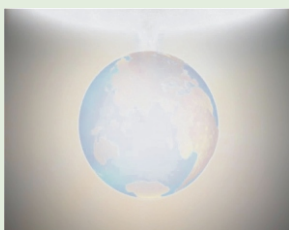
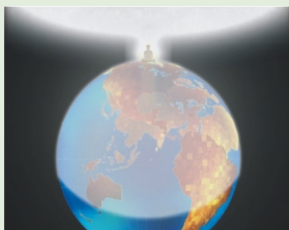
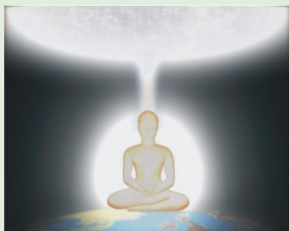
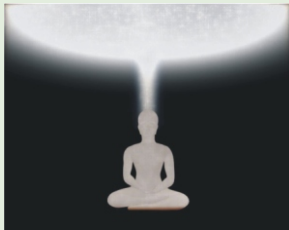
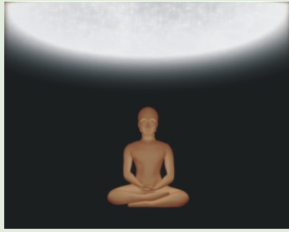
Saturdays (7PM to 7.30PM)
Door No. 14-339/19, Flat No. 207,
Sree Mithra Heights, Balaji Garden,
Gopalpatnam, opp. APRTC Bus Depot,
Visakhapatnam-530029.
☎ 9848628324, Mr. V. Harikrishnan

Miraj

Thursday (7.45pm)
Shri Shivarudra B. Belaganvi
A-Gat Plot No-135
☎ 09822421463 Mr. Mahajan

EXPERIENCES

(Compiled by Vaishali Joshi)



Everyday when there was Meditation I was doing Light Channelling. After some days I improved automatically in my studies. In FA-3 my total marks were 248. Now in FA-4 I have improved by 14 marks and total marks are 262. Previously while playing cricket I could not catch the ball or bat well. Now I am batting well and got some catch outs. I could not solve the Sudoku puzzle fast. After doing Light Channelling I am doing it in 3-4 minutes. I want to improve more. Thank you.

- Varun S., Std. VII, Jawahar Navodaya Vidyalaya, Hyderabad

I am a channel of Light. I experience the Light by channelling daily for 10 minutes. In 6th and 7th class I was suffering a lot from Asthma, Sinusitis and dust allergy. Then in 8th class I tried Light Channelling. My health has improved and now I am well. If we ask Light to give solution for a problem then it helps us find the solution. If I get a chance to speak on the dais I will suggest to people to do Light Channelling. I thank Manasa Foundation for coming to our school and motivating us.

- Aakash K., Std. VIII, Jawahar Navodaya Vidyalaya, Hyderabad

When I start doing Light Channelling sometimes I feel the Light and see many great personalities like Swami Vivekananda. After I started practising this technique I am able to control my stress. I am able to talk to a group at a time at last. I thank Manasa Foundation.

- Sanjay G., Std. VIII, Jawahar Navodaya Vidyalaya, Hyderabad

Light Channelling is a good way to connect with God. I feel fresh,

energetic and enthusiastic after practising Light Channelling. It gives me peace and makes my mind calm and clear. I can take proper decisions. My anger gets reduced. I practise Light Channelling whenever I feel depressed or confused about anything. I often practise channelling before I start reading. It increases my memory power and gives positive energy.

- Karunya S., Std. XII, SBS Mootha Girls Senior Secondary School, West Mambalam, Chennai

After practising Light Channelling my tension and stress have been reduced. I can feel peace in my heart and mind. It gives us a clear picture to handle the situation coolly. It also helps us to be enthusiastic and cool.

- Ramya D., Std. XII, SBS Mootha Girls Senior Secondary School, West Mambalam, Chennai

I was very short tempered before. After I started doing this technique I am able to control my anger. I get good sleep and my mind is relaxed in the morning. I rarely get tired nowadays. Thanks to the Light! I have more concentration during a boring class. And I can recollect my memories and find my wrong doings easily.

- Maheswari B., Std. XII, SBS Mootha Girls Senior Secondary School, West Mambalam, Chennai

The entire school, including the teachers, practises Light Channelling everyday for a minimum of 5 to 7 minutes. This period is really wonderful. The entire campus is filled with so much of peace, so much of silence.

- Mrs. Shakila Chandrashekar, Head Mistress, S. G. M. Public School, Bangalore