

GURUJI KRISHNANANDA (1939-2012) LIGHT

Light, not the physical Light but the subtlest Light, is the Source of all Creation. It is the Source of all positive energies. It is the Source of Love, Peace, Truth, Wisdom and all Life. This Light is GOD.

CHANNELLING

Channelling is allowing the Light to descend into us by intending and then spreading It around the world. Our body transforms the frequency to the grosser level.

The vibrations from the Light reach all beings and nature. They carry the energies of Healing, Love, Peace and all Positivity. They help Transformation. We will be better human beings. The world will be a better world.

TECHNIQUE

Imagine an ocean of Light above you. Imagine the Light descending and filling up your body. Then, experience the Love, Light and Peace of the Light for a minute and then, imagine It spreading out gradually to your school, locality, country and world.

Practise this for a minimum period of seven minutes.

LIGHT CHANNELS WORLD MOVEMENT

was launched by Guruji Krishnananda, founder of the Rishis Path, on 18-05-2008.

The Movement is to channel Light daily for seven minutes when we wake up or go to bed from our own places on this earth.

The aim of the Movement is, mainly, Peace on this earth.

UNIQUENESS OF THE MOVEMENT

- · Oneness by Light
- · Non-religious, Universal
- · No restrictions, no conditions
- · No membership
- · Everyone can contribute to Peace
- · Helps the individual, helps the world

LIGHT CHANNELS

August 2014

Volume 4, Issue 10 NEWSLETTER

A MESSAGE

Guruji Krishnananda

(Excerpts from his talks)

How do we love someone or something that we cannot see? This was a very serious and genuine question posed to me. We can see a cow, touch it and can love it. We also drink its milk and, of course, also eat the cow! But Light, God? We can't see this Light, can't touch it and how can we love it! And, of course, we cannot drink it or eat it! My friend, a scientist, asked me all these very seriously. And I just stared at him for a minute!

We do not see many things and yet we know they are there by experience. Sweetness in the milk, fragrance in a flower, departed souls in other earths.....We love them. Light is there, God is there. Why can't we love Light?

I think, experience makes the difference. That is why we have to meditate and experience Realities in the other realms. It is easy to experience the moon and it is not difficult to experience the whole moonlight.

HAPPENINGS

Jayant Deshpande

After a busy month of June, our Light Channel Volunteers continued working with great enthusiasm in July also and introduced Light Channelling to roughly 15,000 new children in 56 schools. They conducted hundreds of sessions in 564 schools across India. 1.81 lakh children channelled Light in these sessions.

Apart from these sessions conducted by our Light Channel Volunteers, Light Channelling continues regularly in more than 1100 schools where more than 5 lakh children channel Light almost every working day in these schools.

LIGHT WORKS Manoj Chopra

With every passing day, Light channelling Movement is getting strengthened. Great involvement of several School authorities, for regularising Light channelling in their schools, makes this Movement unique and universal. Light also wants to spread faster and enlighten more and more souls. Let the Light touch every soul on our Earth.

On 25th August, we are observing Mahasamadhi day of our beloved Master Amaraji. He worked silently for the humanity and shunned publicity. His mission was different. He initiated several processes for the dawn of New Age. He was a special messenger of God. He is the inspiration behind our work. Let us work together and fulfill his dreams.

MANASA FOUNDATION (R)



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REGULAR CHANNELLING CENTRES

People from the locality join voluntarily to channel Light in a group at our Regular Light Channelling Centres, periodically. All are welcome to participate. There is no fee. There is no membership.

Bangalore

Monday to Friday (7 PM to 7:15 PM) Sri Siddashrama, 17th Cross, Malleshwaram

Mondays (6:30 PM to 7 PM)
Anjaneya Temple, Mahalakshmi Lyt.

☎ 9972111809 Mrs. Anjali Patil K.

Wednesdays (6:30 PM to 7 PM)
Maruti Mandira, Vijaynagar

☎ 9972111809 Mrs. Anjali Patil K.

Thursdays (6:30 PM to 7 PM)
Munchkins, No.890, 38th Cross,
20th Main, 4th 'T' Block', Jayanagar
9972888033 Mr. Karthik N.

Fridays (6:30 PM to 7 PM)
'Sumathi', No.481, 7th Cross,
7th Main, J.P. Nagar III Phase
9900110351 Mr. Ramesh V. Bhosekar

Fridays 12 Noon Siddhi Vinayaka Devasthana, 59/1, Hutchins Road, 3rd Cross, Cooke Town 9980205803 Mrs. Nirmala Bala 9880162766 Mr. Vinu Varghese

Saturdays (6:30 PM to 7 PM)
Balamuri Mahaganapathi,
Shri Rajarajeshwari and
Sri Lakshmi Narayana Temple,
8th Cross, Near Hoysala Circle,
Kengeri Satellite Town

☎ 9972111809 Mrs. Anjali Patil K.

Saturdays (6 PM to 7 PM) Shiksha Sagar Primary School No. 77, 5th Main, Postal Colony, Sanjaynagar,

☎ 9686571066 Mr. Sudeep Jayaram

Saturdays (7:30 PM to 8:30 PM) Gurudwara Sahib, Opp. Anjaneya Temple, Ashwathnagar Main Road, Sanjaynagar,

2 9686571066 Mr. Sudeep Jayaram



Children Channelling Light at Arumbugal Aalayam, Chennai

IMPORTANT EVENTS

- 31st Jan 2014, 4th World Channels Day Around 1 million children & teachers of 2100 schools channelled Light all over India and made this day of Channelling a great success.
- 29th June, 2013 13,449 children in 30 schools of Bangalore, Mysore, Hyderabad, Sangli and Regular Light Channelling Centres across India, channelled Light.
- 1st Feb 2013, 3rd World Channels day Around 8.86 Lakh children and teachers of 1868 schools channelled Light all over India and made this day of channelling a great success.
- 7th May 2012 About a thousand people gathered in Chowdiah Memorial Hall in Bangalore for the Light Channels Meet. Thousands from across the world joined from their own places through live webcast and thousands more mind linked and joined from their own places to channel Light for 15 minutes.
- 1st February, 2012, The World Channels Day More than six lakh children in hundreds of schools across India channelled Light and made this day of channelling a great success.
- On 18th January 2012 11,570 children in 16 different sessions in Bangalore, Pune, Chennai and Mangalore channelled Light.
- 1st February 2011, 'World Channels Day' More than 130 volunteers covered around 600 schools across India and organised Light channelling for more than 4 lakh children.
- 1st February 2010 A group of 50 plus volunteers covered more than 50 schools in South India and organised channelling for more than 30000 children giving a great momentum to 'Light Channels World Movement'.

LIGHT CHANNELLING IN SCHOOLS

Schools participated 4676
Students channelled Light 26.23 Lakh
Schools channelling regularly 1140
Students channelling regularly 5.18 Lakh

APPEAL TO SCHOOLS

Please help in strengthening Light Channels World Movement by making Light Channelling a part of daily prayers in your School. 3 Volume 4, Issue 10

AN EXPERIENCE

Padmaja Balaji

To visit my favourite place, I need or seek no permission from anyone.

It is here that I choose to sit for hours where I check my spirit's whispers without anybody's knowledge and interference. It is here that I bare myself unashamedly, for I know that I am not judged for my faults or falls. It is here that I feel so small with every pat received from the world. It is here that my experiences and ordeals appear so flimsy. It is here that my expectations from others seem egoistic chuckles. And it is here that I had witnessed the manifestation of my wish impossible to my surprise and joy. And it is here that I always become a child. And it is from here I return home with an iron resolve not to give up on myself.

It is a place very much alive in the physical dimension but I always visit this holy place mentally, for it is here I feel the energy imprints of my Master more dearly which envelop me with love.

So, on my birthday, I specially imagined myself looking at the sky and stars from this holy place holding an old birthday card signed by him.

One more time I realised what a great human being he was while working with Unseen Lights at a subtle level! I was just one of his many thousand students and yet he found time for every student to assure them of his Divine love in the beautiful humane way they could understand.

My eyes became moist. I could still feel his energies and love not only in the place but also in the card. One may wonder if it is really possible to feel so.

It is...... It is because we, unbeknown, not only touch the sentient but also the so-called insentient. Our single touch of an object or visit to a place may act as our energy imprint which could speak well of ourselves, our intentions and the (non) love we carried.

Now, you may well agree that the energy imprints of billions of people do have great impact on the well being of all the citizens of earth. As you know, one of the objectives of channeling Light is to wipe out the negative imprints generated by us and create a positive and peaceful world. Let us also be aware that there is no patent for Light and that Light is for everyone and every being whether sentient or insentient.

This is why the sacred place I am talking of has the power to transform me during my silent visits as the energy imprints of my Master are too Divine.

Because he is one of the Pillars of Light who continuously points his fingers out toward his clan with great humility even after his physical disintegration, for my Spiritual walk and all humanity.

REGULAR CHANNELLING CENTRES

Mysore

Wednesdays (6 PM) Infosys Ltd, Hebbal Electronics City, Hootagalli, Mysore-570018

9980837179, Mr. Anand Niranjan

8 8095026224, Mr. Akash Mallick

Solapur

Daily (7 PM to 7:30 PM) Bal Ganesh Mandir, Bushar Peth, Mohol

☎ 09860967066 Mr. Vivekanand Swami

09970800279 Mrs. Swaroopa Swami

Chennai

Sundays (10 AM to 10:30 AM)
No. 481, SAIPREM, 19th Street,
4th Sector, K.K. Nagar
9444880409 Mrs. Rajalakshmi R.

Tirunelveli

Daily (7 PM to 7:30 PM)
Vadakku Theru,
Chella Pillaiar Kulam,
A.P. Nadanoor Post,
Aalangulam Taluk-627423

9444458747 Mr. Mariappan N.

Pune

Saturdays (7:00 PM to 7:30 PM)
3 B, Kapila Housing Society,
Gokhalenagar, Pune-411016
9011038169 Mr. Ashutosh Navangul

Thursdays (2.30 pm to 3 PM)
Sindhi Mandir,
Besides Satnam Textile,
Near Shivsena Office, Uruli Kanchan,
Haveli Dist, Pune-412202

9822973632, Mr. Goraksh Mahadik

Visakhapatnam

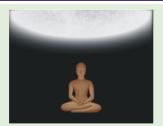
Saturdays (7PM to 7.30 PM)
Door No. 14-339/19, Flat No. 207,
Sree Mithra Heights,
Balaji Garden, Gopalpatnam,
Opp. APRTC Bus Depot,
Visakhapatnam-530029.

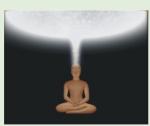
9848628324, Mr. V. Harikrishnan

Miraj

Thursday (7.45 PM)
Shri Shivarudra B. Belaganvi
A-Gat Plot No-135
© 09822421463 Mr. Mahajan

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EXPERIENCES

(Compiled by Vaishali Joshi)

I am practising the Light Channnelling technique every day for the past two years. Since then my concentration level has improved, I am studying well and scoring good marks.

By practising this technique our health improves. We can give more importance to studies and study well rather than concentrating more on our health.

- Kedar Hegde, Std. IX, Cordial School, Bangalore

Light Channelling has been introduced in our school for the past two years. I have got many benefits by practising it every day. I practise when I wake up, which helps me to be active the whole day. Even in school our day starts with Meditation, which helps in concentrating on the explanation. My memory power has also increased to a great extent. I thank Light Channels for introducing this advanced Meditation technique in our school.

- Ayush, Std. IX, Cordial School, Bangalore

I felt very happy and peaceful. Such peace is possible only in Meditation. I request all of you to do this Meditation everyday for our world.

- Murali, Student, Padur Middle School, Chennai

It is nice to have something like this, which refreshes and quietens us. We have got a gift of contentment and silence.

- Ms. Kalpana Pote, Teacher, PMC School, Pune

When the Light Channelling session was going on I felt so much of peace and joy. I felt so much

change. I felt that the world is going to change. I did not have such experience before. I am very happy. Thank you very much.

- Kadeejath Sarfeena A., Std. VII, The Silicon Valley High School, Bangalore

I feel that I am on a cloud. God is near me, but is invisible. I will tell this to my friend, mother and father. Thank you for teaching

> - Pramod, Std. IV, The Silicon Valley High School, Bangalore

I was feeling very good, relieved and peaceful. I never got this feeling before. With this experience, I can read and write with a relaxed mind and concentrate in studies. This experience is good for health and it gives energy for us.

- Monica S., Std. VII, The Silicon Valley High School, Bangalore

I thought that the world is full of Love and Peace.

- Sathya Sheelan H., Std. VII, The Silicon Valley High School, Bangalore

Light was helping me to get peace and confidence. I have never felt like this before. The earth was filled with bright Light. I will try this everyday in the morning. Thank you.

> - Vishal Kumar, Std. VII, The Silicon Valley High School, Bangalore

We feel something interesting while we are practising Light Channelling. We felt refreshed. Our hearts were filled with Peace.

- Shashidhar R., Std. VII, The Silicon Valley High School, Bangalore

LIGHT CHANNELS An English Monthly Newspaper, for private circulation only. Printed, Published and Edited by Jayant Deshpande on behalf of Manasa Foundation (R). Published from Manasa Foundation (R), Taponagara, Chikkagubbi, Off Hennur Bagalur Road, Bangalore – 560077 and Printed at: M/s. Good Printz, Veena Complex, Old Madras Road, Dooravaninagar, Bangalore – 560 016. Mob.: 9742156507. Owner: Manasa Foundation (R), Taponagara, Chikkagubbi, Off Hennur Bagalur Road, Bangalore – 560077. Editor: Jayant Deshpande