

GURUJI KRISHNANANDA (1939-2012)

LIGHT

Light, not the physical Light but the subtlest Light, is the Source of all Creation. It is the Source of all positive energies. It is the Source of Love, Peace, Truth, Wisdom and all Life. This Light is GOD.

CHANNELLING

Channelling is allowing the Light to descend into us by intending and then spreading It around the world. Our body transforms the frequency to the grosser level.

The vibrations from the Light reach all beings and nature. They carry the energies of Healing, Love, Peace and all Positivity. They help Transformation. We will be better human beings. The world will be a better world.

TECHNIQUE

Imagine an ocean of Light above you. Imagine the Light descending and filling up your body. Then, experience the Love, Light and Peace of the Light for a minute and then, imagine It spreading out gradually to your school, locality, country and world.

Practise this for a minimum period of seven minutes.

LIGHT CHANNELS WORLD MOVEMENT

was launched by Guruji Krishnananda, founder of the Rishis Path, on 18-05-2008.

The Movement is to channel Light daily for seven minutes when we wake up or go to bed from our own places on this earth.

The aim of the Movement is, mainly, Peace on this earth.

UNIQUENESS OF THE MOVEMENT

- Oneness by Light
- Non-religious, Universal
- No restrictions, no conditions
- No membership
- Everyone can contribute to Peace
- Helps the individual, helps the world

LIGHT CHANNELS

Volume 5, Issue 2

NEWSLETTER

December 2014

A MESSAGE

Guruji Krishnananda

(Excerpts from his talks)

A person began channelling Light for the first time. She could see the Light, not just passing through her system, but she could also see the whole earth covered with Light. This is possible. Perhaps she is sensitive. And there is so much of love in doing it. Add love to any practice, add love to any effort, add love to any relation and you will see wonderful results. It is amazing that in the first instance of channelling Light, she could see the Light. Such instances make all of us feel so happy. We don't require corroboration. We know that there is Light. When we channel Light, the Light spreads. Though we don't require proof, whenever someone has such an experience, it gives us a new joy.

HAPPENINGS

Jayant Deshpande

The school authorities of a school in Chennai shared with us some wonderful changes that took place around the school premises, which they believe are due to the Light Channelling being done by the school children and the teachers regularly for the past three years. The school was surrounded by heaps of garbage being dumped by people daily and a shop selling arrack. When the school children and teachers began channelling Light, the garbage dumps were removed gradually and the arrack shop was closed. Now the area around the school premises is clean and the children can breathe some fresh air.

In these days when the Newspapers and TV News channels are rife with news of injustice and violence, the experience shared by this school in Chennai gives us hope and assures us that the Light has solutions to all problems the world is facing. The people have to choose and employ Light in a way similar to these school children and authorities have done. And more and more people have to join this silent Revolution by Light.

LIGHT WORKS

Manoj Chopra

Another 'World Channels Day', another opportunity to spread Love, Peace and Prosperity on Mother Earth. This is the day of joy and excitement. Every year hundreds of volunteers team up together to make this day a great success. On this day, thousands of schools join voluntarily and make 'World Channels Day' a memorable day.

Like always, our volunteers are working selflessly. They are spending their time and energies for taking permission from the schools and spreading awareness about this day. Their Love and dedication are the assets of Light channelling work. I feel they are angelic souls.

Let us all work together and bring down maximum Light on 'World Channels Day'.



MANASA FOUNDATION (R)

Taponagara, Chikkagubbi, (Off Hennur - Bagalur Road) Bangalore Urban - 560077. INDIA.

Phone : (080) 2846 5280, 99000 75280 (10 AM to 4 PM)

e-mail : info@lightagemasters.com info@lightchannels.com

website : www.lightagemasters.com www.lightchannels.com

REGULAR CHANNELLING CENTRES

People from the locality join voluntarily to channel Light in a group at our Regular Light Channelling Centres, periodically. All are welcome to participate. There is no fee. There is no membership.

Bangalore

Monday to Friday (7 PM to 7:15 PM)
Sri Siddashrama, 17th Cross,
Malleswaram
☎ 9480121545 Mr. K. Chandrashekar

Mondays (6:30 PM to 7 PM)
Anjaneya Temple, Mahalakshmi Lyt.
☎ 9972111809 Mrs. Anjali Patil K.

Wednesdays (6:30 PM to 7 PM)
Maruti Mandira, Vijaynagar
☎ 9972111809 Mrs. Anjali Patil K.

Thursdays (6:30 PM to 7 PM)
Munchkins, No.890, 38th Cross,
20th Main, 4th 'T' Block', Jayanagar
☎ 9902025444 Mrs. Shubha S.

Fridays (6:30 PM to 7 PM)
'Sumathi', No.481, 7th Cross,
7th Main, J.P. Nagar III Phase
☎ 9900110351 Mr. Ramesh V. Bhosekar

Fridays 12 Noon
Siddhi Vinayaka Devasthanam, 59/1,
Hutchins Road, 3rd Cross, Cooke Town
☎ 9980205803 Mrs. Nirmala Bala
☎ 9880162766 Mr. Vinu Varghese

Saturdays (6:30 PM to 7 PM)
Balamuri Mahaganapathi,
Shri Rajarajeshwari and
Sri Lakshmi Narayana Temple,
8th Cross, Near Hoysala Circle,
Kengeri Satellite Town
☎ 9972111809 Mrs. Anjali Patil K.

Saturdays (6 PM to 7 PM)
Shiksha Sagar Primary School
No. 77, 5th Main, Postal Colony,
Sanjaynagar,
☎ 9686571066 Mr. Sudeep Jayaram

Saturdays (7:30 PM to 8:30 PM)
Gurudwara Sahib, Opp. Anjaneya
Temple, Ashwathnagar Main Road,
Sanjaynagar,
☎ 9686571066 Mr. Sudeep Jayaram



Residents and volunteers channelling Light in our Cooke Town Light Channelling Center, Bangalore, on the occasion of the Center's 2nd Anniversary Celebration

IMPORTANT EVENTS

- 31st Jan 2014, 4th World Channels Day - Around 1 million children & teachers of 2100 schools channelled Light all over India and made this day of Channelling a great success.
- 29th June, 2013 - 13,449 children in 30 schools of Bangalore, Mysore, Hyderabad, Sangli and Regular Light Channelling Centres across India, channelled Light.
- 1st Feb 2013, 3rd World Channels day - Around 8.86 Lakh children and teachers of 1868 schools channelled Light all over India and made this day of channelling a great success.
- 7th May 2012 - About a thousand people gathered in Chowdiah Memorial Hall in Bangalore for the Light Channels Meet. Thousands from across the world joined from their own places through live webcast and thousands more mind linked and joined from their own places to channel Light for 15 minutes.
- 1st February, 2012, The World Channels Day - More than six lakh children in hundreds of schools across India channelled Light and made this day of channelling a great success.
- On 18th January 2012 - 11,570 children in 16 different sessions in Bangalore, Pune, Chennai and Mangalore channelled Light.
- 1st February 2011, 'World Channels Day' - More than 130 volunteers covered around 600 schools across India and organised Light channelling for more than 4 lakh children.
- 1st February 2010 - A group of 50 plus volunteers covered more than 50 schools in South India and organised channelling for more than 30000 children giving a great momentum to 'Light Channels World Movement'.

LIGHT CHANNELLING IN SCHOOLS

Schools participated	4801
Students channelled Light	26.60 Lakh
Schools channelling regularly	1240
Students channelling regularly	5.34 Lakh

APPEAL TO SCHOOLS

**Please help in strengthening Light Channels
World Movement by making Light Channelling a
part of daily prayers in your School.**

House of Mirrors

Padmaja Balaji

“Once upon a time there lived two friends in God's beautiful Creation. They walked apart at different lands of their living but never forgot each other even for a moment. They always lived in such silent communion that they complemented each other's thoughts, feelings and missions. Their goodness shone on their faces like a glorious Sun.

“And whenever they met, gods and angels assembled to witness how their hearts vibrate in the same frequency as the friends saw their own reflection in the other. The physical worlds never really came to know of their friendship - none for that matter, most notably their near and dear ones. It is not their fault either, for they preferred to cloak their identities in ordinariness. But the all powerful & all knowing God Light blessed them with a Universal Mission upon their joint oath, while the Higher Beings of Light promised to protect & guide them in their assigned task....”

As my Master of Light was narrating this beautiful story of eternal friendship, I remembered Kahlil Gibran's poetic verses.....

**Beauty is eternity gazing at itself in a mirror
But you are eternity and you are the mirror**

I wondered if such a friendship is ever possible unless sealed by the Divine. By the way, what is my first stirring memory of mirrors?

I still remember how awestruck I was as a child while watching Bruce Lee in all his extreme alertness and kill-dead skill inside the room of mirrors in the movie 'Enter the Dragon' and emerge victorious over the evil opponent by smashing the mind shattering, illusion creating mirrors. It's one of the most unforgettable scenes that had stayed at the conscious layer of my Mind, in spite of loads of memories, knowledge and experiences being piled upon to this day.

Catching my wandering thought, Master continued further, *“The entire Creation is like a House of Mirrors. In this House, we can choose anybody to be our mirror - a Master, a soulmate, a friend, anyone.... All are souls in essence. A soul is nothing but a particle of Light and each particle is a part of Ocean of Light”.*

“And when two souls in synchronicity meet, naturally their hearts vibrate. It can be either out of love or hatred or jealousy or vengeance or anything. That's why we have to carry Light always in our system....”

He smiled with his characteristic twinkling eyes. Carried away by his smile, I too smiled wondering why all Masters have this mischief in their eyes and smile. My heart too started vibrating. ■

REGULAR CHANNELLING CENTRES

Mysore

Wednesdays (6 PM)
Infosys Ltd,
Hebbal Electronics City,
Hootagalli, Mysore-570018
☎ 9980837179, Mr. Anand Niranjana
☎ 8095026224, Mr. Akash Mallick

Solapur

Daily (7 PM to 7:30 PM)
Bal Ganesh Mandir,
Bushar Peth, Mohol
☎ 09860967066 Mr. Vivekanand Swami
☎ 09970800279 Mrs. Swaroopa Swami

Chennai

Sundays (10 AM to 10:30 AM)
No. 481, SAIPREM, 19th Street,
4th Sector, K.K. Nagar
☎ 9444880409 Mrs. Rajalakshmi R.

Tirunelveli

Daily (7 PM to 7:30 PM)
Vadakku Theru,
Chella Pillaiar Kulam,
A.P. Nadanoor Post,
Aalangulam Taluk-627423
☎ 9444458747 Mr. Mariappan N.

Pune

Saturdays (7:00 PM to 7:30 PM)
3 B, Kapila Housing Society,
Gokhale Nagar, Pune-411016
☎ 9011038169 Mr. Ashutosh Navangul

Thursdays (2.30 pm to 3 PM)
Sindhi Mandir,
Besides Satnam Textile,
Near Shivsena Office, Uruli Kanchan,
Haveli Dist, Pune-412202
☎ 9822973632, Mr. Goraksh Mahadik

Visakhapatnam

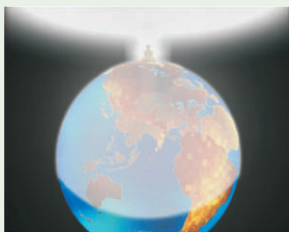
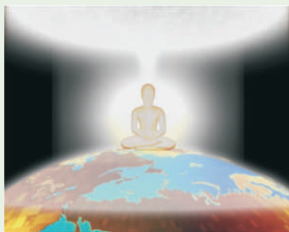
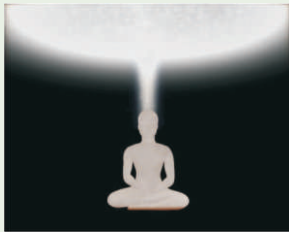
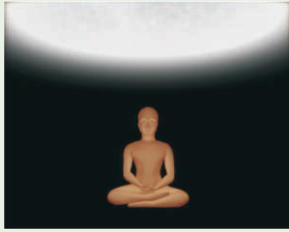
Saturdays (7PM to 7.30 PM)
Door No. 14-339/19, Flat No. 207,
Sree Mithra Heights,
Balaji Garden, Gopalpatnam,
Opp. APRTC Bus Depot,
Visakhapatnam-530029.
☎ 9848628324, Mr. V. Harikrishnan

Miraj

Thursday (7.45 PM)
Shri Shivarudra B. Belaganvi
A-Gat Plot No-135
☎ 09822421463 Mr. Mahajan

EXPERIENCES

(Compiled by Vaishali Joshi)



During a Light Channelling session at Mariam Nilaya School in OMBR Layout, I got connected to Master V. I could sense his presence among the children who were channelling Light as he was helping them to participate in the channelling session. This school is channelling Light very regularly. I could see that some students channelled Light really well and they have a very great Spiritual potential.

- Pratap M. Gopalakrishnan,
Volunteer

Today (7-11-2014), when we were going to conduct Light Channelling session at Excellent School, we found that the road was cut for repairs. I could not manoeuvre the car properly. The front left tyre got stuck in the trench, which was nearly 2 feet deep and I could not take the vehicle out. I remembered Guruji and the Light and requested for help. One scooterist who was following us stopped and started helping me. Suddenly 8 to 10 people came out of nowhere, lifted the car from the front, asked me to reverse it and I was on the track. Before I could thank them for their help, they had left. We had channelling session at

2.30 PM. We reached the school in time and conducted the session !

- Ramesh V. Bhosekar, Volunteer

Light makes me calm and peaceful. It also helps me to realize that God supports me and also helps me in my Spiritual progress. When I channel Light, I can really feel the energies passing through my body.

- Shalini Mary, Std. X, Emmanuel Sugnana Jyothi High School, Bangalore

When I channel Light, I can feel the Light entering my body through my head.

- Abdul, Std. VI, Emmanuel Sugnana Jyothi High School, Bangalore

I am able to feel the Light entering and passing through my body and my limbs. This is a very different experience. I was a bit tensed today morning, but after channelling Light I became very calm and all the tension vanished. Sometimes I see some colours of Light with my closed eyes.

- Smt. Lalitha, Academic Coordinator, Sri Rama Vidyalaya, Jakkur, Bangalore

World Channels Day 30th January, 2015

Please join us by Channelling Light for a minimum of 3 minutes at any convenient time on this day.

For receiving updates, please register by giving a missed call to **022-61816363**