

GURUJI KRISHNANANDA (1939-2012)

LIGHT

Light, not the physical Light but the subtlest Light, is the Source of all Creation. It is the Source of all positive energies. It is the Source of Love, Peace, Truth, Wisdom and all Life. This Light is GOD.

CHANNELLING

Channelling is allowing the Light to descend into us by intending and then spreading It around the world. Our body transforms the frequency to the grosser level.

The vibrations from the Light reach all beings and nature. They carry the energies of Healing, Love, Peace and all Positivity. They help Transformation. We will be better human beings. The world will be a better world.

TECHNIQUE

Imagine an ocean of Light above you. Imagine the Light descending and filling up your body. Then, experience the Love, Light and Peace of the Light for a minute and then, imagine It spreading out gradually to your school, locality, country and world.

Practise this for a minimum period of seven minutes.

LIGHT CHANNELS WORLD MOVEMENT

was launched by Guruji Krishnananda, founder of the Rishis Path, on 18-05-2008.

The Movement is to channel Light daily for seven minutes when we wake up or go to bed from our own places on this earth.

The aim of the Movement is, mainly, Peace on this earth.

UNIQUENESS OF THE MOVEMENT

- Oneness by Light
- Non-religious, Universal
- No restrictions, no conditions
- No membership
- Everyone can contribute to Peace
- Helps the individual, helps the world

LIGHT CHANNELS

Volume 4, Issue 4

NEWSLETTER

February 2014

A MESSAGE

Guruji Krishnananda

(Excerpts from his talks)

A person told me that he has begun interacting with the Light. He says that the Light has become his companion, and he consults the Light for everything.

The Light in us guides and takes care of us. It is no exaggeration to say that the Light helps us in every way. You will know it when you experience it. Make Light your companion. Make Light your guide and guru. Once you are able to do that, you will never falter. Anyone and everyone should be able to contact the Light and get guidance from the Light.

Understand that the Light is God Himself. The Light is the Supreme Intelligence. The Light contains everything - love, peace, happiness and all that is positive and helpful to life.

The Light is within us. The Light is everywhere. Making the Light our companion must be the Spiritual goal.

HAPPENINGS

Jayant Deshpande

A very great event took place silently, on this earth on 31st January 2014, the World Channels Day, when more than a million children and teachers from 2100 schools channelled Light to the entire earth from their schools. The event may have gone unnoticed by the world because of no media coverage but its impact will be seen in times to come as the Light channelled by these wonderful souls strengthens the positive forces across the world, strengthening our movement towards the New Age.

Nobody may notice the process of blooming of a flower but its beauty and fragrance is always appreciated.

LIGHT WORKS

Manoj Chopra

Fourth 'World Channels Day' received amazing response from the Schools and it was a great success. It would not have been possible if hundreds of schools had not participated voluntarily. We thank the School Authorities for their contribution to 'World Peace'.

Our Volunteers received guidance and grace at every step from the Divine. These wonderful souls knew the importance of this day and worked selflessly day and night. They are the finest human beings on Earth. Their Love for humanity is unimaginable.

Let the Light channelled by lakhs of people bring more positive changes on Earth.



MANASA FOUNDATION (R)

Taponagara, Chikkagubbi, (Off Hennur - Bagalur Road) Bangalore Urban - 560077. INDIA.

Phone : (080) 2846 5280, 99000 75280 (10 AM to 4 PM)

e-mail : info@lightagemasters.com info@lightchannels.com

website : www.lightagemasters.com www.lightchannels.com

REGULAR CHANNELLING CENTRES

People from the locality join voluntarily to channel Light in a group at our Regular Light Channelling Centres, periodically. All are welcome to participate. There is no fee. There is no membership.

Bangalore

Monday to Friday (7 PM to 7:15 PM)
Sri Siddashrama, 17th Cross,
Malleshwaram
☎ 9480121545 Mr. K. Chandrashekar

Mondays (6:30 PM to 7 PM)
Anjaneya Temple, Mahalakshmi Lyt.
☎ 9972111809 Mrs. Anjali Patil K.

Wednesdays (6:30 PM to 7 PM)
Maruti Mandira, Vijaynagar
☎ 9972111809 Mrs. Anjali Patil K.

Thursdays (6:30 PM to 7 PM)
Munchkins, No.890, 38th Cross, 20th
Main, 4th 'T' Block', Jayanagar
☎ 9972888033 Mr. Karthik N.

Fridays (6:30 PM to 7 PM)
'Sumathi', No.481, 7th Cross, 7th
Main, J.P.Nagar III Phase
☎ 9900110351 Mr. Ramesh V.
Bhosekar

Fridays 12 Noon
Siddhi Vinayaka Devasthanam,
59/1, Hutchins Road, 3rd Cross,
Cooke Town
☎ 9980205803 Mrs. Nirmala Bala
☎ 9880162766 Mr. Vinu Varghese

Saturdays (11:00 AM to 12 Noon)
No 312, Phase 4,
Golden Park Apartment,
K.C.D.C Main Road, Bommanahalli,
☎ 9886437042 Dr. Ravinder Singh
Gaur

Saturdays (5:30 PM to 6:00 PM)
'Sri Ranga Kalakshetra', 13th Cross,
Indiranagar, 2nd Stage
☎ 9902844667 Ms. Manju
Maheshwari

Saturdays (6:30 PM to 7 PM)
Balamuri Mahaganapathi,
Shri Rajarajeshwari and
Sri Lakshmi Narayana Temple,
8th Cross, Near Hoysala Circle,
Kengeri Satellite Town
☎ 9972111809 Mrs. Anjali Patil K.



Children channelling Light in Taponagara, Bangalore

IMPORTANT EVENTS

- 31st Jan 2014, 4th World Channels Day - Around 1 million children & teachers of 2100 schools channelled Light all over India and made this day of Channelling a great success.
- 29th June, 2013 - 13,449 children in 30 schools of Bangalore, Mysore, Hyderabad, Sangli and Regular Light Channelling Centres across India, channelled Light.
- 1st Feb 2013, 3rd World Channels day - Around 8.86 Lakh children and teachers of 1868 schools channelled Light all over India and made this day of channelling a great success.
- 7th May 2012 - About a thousand people gathered in Chowdiah Memorial Hall in Bangalore for the Light Channels Meet. Thousands from across the world joined from their own places through live webcast and thousands more mind linked and joined from their own places to channel Light for 15 minutes.
- 1st February, 2012, The World Channels Day - More than six lakh children in hundreds of schools across India channelled Light and made this day of channelling a great success.
- On 18th January 2012 - 11,570 children in 16 different sessions in Bangalore, Pune, Chennai and Mangalore channelled Light.
- 1st February 2011, 'World Channels Day' - More than 130 volunteers covered around 600 schools across India and organised Light channelling for more than 4 lakh children.
- 1st February 2010 - A group of 50 plus volunteers covered more than 50 schools in South India and organised channelling for more than 30000 children giving a great momentum to 'Light Channels World Movement'.

LIGHT CHANNELLING IN SCHOOLS

Schools participated	4572
Students channelled Light	25.92 Lakh
Schools channelling regularly	1140
Students channelling regularly	5.18 Lakh

APPEAL TO SCHOOLS

**Please help in strengthening Light Channels
World Movement by making Light Channelling a
part of daily prayers in your School.**

FOURTH WORLD CHANNELS DAY

Manoj Kumar Chopra

This year the 'World Channels Day' was special. Everyone experienced Divine help and guidance from the higher realms. If I look from a higher angle, it looks as if everything was well planned much before the event and the Light Channelling team just walked on it.

It was also the dream of our Guruji to make one million people channel Light in a single day. The dream is fulfilled now. It was a perfect gift to Maharshi Amara on his 95th birthday. We humbly offer this achievement at his feet.

Like every year our Volunteers did a splendid job and utilized this opportunity to their fullest extent. This year, the planning for 'World Channels Day' started one and a half month in advance. Area Co-ordinators Meeting followed by Volunteers Meet and Area Meetings were intense and blessed with Divine presence. Volunteers geared up with more enthusiasm and decided to make this day a memorable one. Every volunteer worked like a leader and finished the assigned task much before stipulated time. Several Team mates came forward to help their fellow volunteers and shared their responsibility. They love each other. They are pearls of the same necklace. I believe Oneness in the team is the success Mantra.

There was tremendous response from the School Authorities for World Channels Day. They welcomed us on red carpet. They showered their love and shared our dream. Hundreds of School Teachers and Student Leaders came forward and took initiative to conduct the sessions by themselves. This helped our team to visit more schools and spread more Light on 'World Channels Day'.

More than 160 selfless and dedicated volunteers worked for a dream of their Masters. I believe their strong intent of bringing Peace and Love itself is enough to initiate several positive changes. Light channelled by one million children in around 2100 schools will definitely bring transformation and will help our Mother Earth to become a better place.

Let us continue this beautiful work of the Rishis till the complete dawn of the New Age. ■

REGULAR CHANNELLING CENTRES

Saturdays (6 PM to 7 PM)
Shiksha Sagar Primary School
No. 77, 5th Main, Postal Colony,
Sanjaynagar,
☎ 9686571066 Mr. Sudeep Jayaram

Saturdays (7:30 PM to 8:30 PM)
Gurudwara Sahib, Opp. Anjaneya
Temple, Ashwathnagar Main Road,
Sanjaynagar,
☎ 9686571066 Mr. Sudeep Jayaram

Mysore

Wednesdays (6 PM)
Infosys Ltd, Hebbal Electronics City,
Hootagalli, Mysore-570018
☎ 9980837179, Mr. Anand Niranjana
☎ 8095026224, Mr. Akash Mallick

Solapur

Daily (7 PM to 7:30 PM)
Bal Ganesh Mandir, Bushar Peth, Mohol
☎ 09860967066 Mr. Vivekanand Swami
☎ 09970800279 Mrs. Swaroopa Swami

Chennai

Sundays (10 AM to 10:30 AM)
No. 481, SAIPREM, 19th Street,
4th Sector, K. K. Nagar
☎ 9444880409 Mrs. Rajalakshmi R.

Tirunelveli

Daily (7 PM to 7:30 PM)
Vadaku Theru, Chella Pillaiar Kulam,
A.P. Nadanoor Post,
Aalangulam Taluk-627423
☎ 9444458747 Mr. Mariappan N.

Pune

Saturdays (6:30 PM to 7:00 PM)
3 B, Kapila Housing Society,
Gokhalenagar, Pune-411016
☎ 9011038169 Mr. Ashutosh Navangul

Thursdays (2.30 pm to 3 pm)
Sindhi Mandir, Besides Satnam Textile,
Near Shivsena Office, Uruli Kanchan,
Haveli Dist, Pune-412202
☎ 9822973632, Mr. Goraksh Mahadik

Visakhapatnam

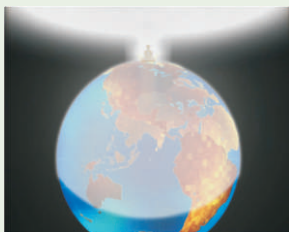
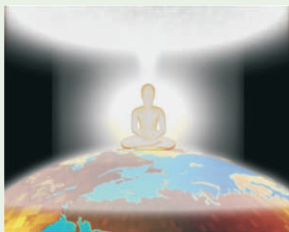
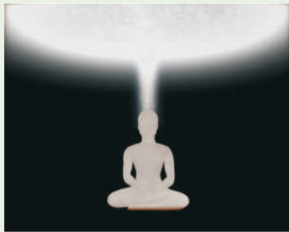
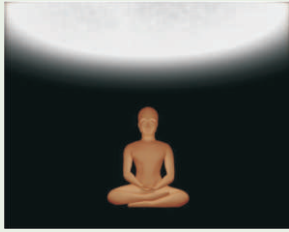
Saturdays (7PM to 7.30PM)
Door No. 14-339/19, Flat No. 207,
Sree Mithra Heights, Balaji Garden,
Gopalpatnam, opp. APRTC Bus Depot,
Visakhapatnam-530029.
☎ 9848628324, Mr. V. Harikrishnan

Miraj

Thursday (7.45pm)
Shri Shivarudra B. Belaganvi
A-Gat Plot No-135
☎ 09822421463 Mr. Mahajan

EXPERIENCES

(Compiled by Vaishali Joshi)



Usually students have the fear to stand in front of a group and talk. I have observed that after Light Channelling many are able to get over this fear. I have also observed that our negativity reduces.

- Student, Std. VIII, Gokul Vidya Kendra, J. P. Nagar, Bangalore

Whenever I practise the Light Channelling technique, no negative thought enters my mind and I experience great peace.

- Student, Vinod English School, Bangalore

This is so wonderful. In a span of short time we received so much of Peace and Positivity. It was as if I had to pull myself out of something. Opening my eyelids was such a task.

- Ms. Kavita Jagtap, Teacher, Hire High School, Pune

Our students have been practising this technique for three years. Now they are seasoned Light Channels. We have seen a lot of changes in them. They respond very well. Inspired by these children we teachers get together and practise Light Channelling every Saturday.

- Ms. Deepa, Teacher, Gokul Vidya Kendra, J. P. Nagar, Bangalore

I practise Light Channelling regularly. Every time I take a class, I begin it with Light Channelling. It's really wonderful! Whenever I get an opportunity I share this technique

with friends and family members. Recently I shared it with a friend who had some black patches on her arm. She had tried every possible treatment but the patches persisted. I suggested to her to use Light, which would cost her nothing and of course there would be no side effects too. She took my advice seriously and started practising Light Channelling regularly. Her skin is gradually regaining its original healthy look and the dark patches are slowly fading away. It's miraculous!

- Mrs. Kamala, Head Mistress, Sri Kumaraswamy Vidya Mandira High School, Bangalore

I practise this technique everyday for half an hour. I experience Light. I have benefited a lot. My health has improved. I am able to cope with stress. My intake of medicines has come down. I feel decision-making is easier after Light Channelling.

- Mrs. Uma, Principal, Pragna Vidyanikethan School, Byatarayanapura, Bangalore

On 31st Jan, World Channel Day, after the Light Channelling session in a school in Sivaganga District, the students said in chorus that it was a very easy Meditation. Then many of them said that they had a vision of pink balls of Light. It was very touching. I thank Guruji, Rishis, Amaraji for their grace and love.

- Swaminathan C, Volunteer

**MORE THAN
ONE MILLION CHANNELLED LIGHT
ON WORLD CHANNELS DAY
31ST JANUARY 2014
THANK YOU**