

GURUJI KRISHNANANDA (1939-2012)

LIGHT

Light, not the physical Light but the subtlest Light, is the Source of all Creation. It is the Source of all positive energies. It is the Source of Love, Peace, Truth, Wisdom and all Life. This Light is GOD.

CHANNELLING

Channelling is allowing the Light to descend into us by intending and then spreading It around the world. Our body transforms the frequency to the grosser level.

The vibrations from the Light reach all beings and nature. They carry the energies of Healing, Love, Peace and all Positivity. They help Transformation. We will be better human beings. The world will be a better world.

TECHNIQUE

Imagine an ocean of Light above you. Imagine the Light descending and filling up your body. Then, experience the Love, Light and Peace of the Light for a minute and then, imagine It spreading out gradually to your school, locality, country and world.

Practise this for a minimum period of seven minutes.

LIGHT CHANNELS WORLD MOVEMENT

was launched by Guruji Krishnananda, founder of the Rishis Path, on 18-05-2008.

The Movement is to channel Light daily for seven minutes when we wake up or go to bed from our own places on this earth.

The aim of the Movement is, mainly, Peace on this earth.

UNIQUENESS OF THE MOVEMENT

- Oneness by Light
- Non-religious, Universal
- No restrictions, no conditions
- No membership
- Everyone can contribute to Peace
- Helps the individual, helps the world

LIGHT CHANNELS

Volume 4, Issue 8

NEWSLETTER

June 2014

A MESSAGE

Guruji Krishnananda

(Excerpts from his talks)

The purpose of channelling the Light is to heal, heal any wound inflicted by violence and hatred. To heal the individual, to heal the nation, to heal the world. We channel Light for bringing Peace, for bringing New Energies for the New Age, for resurrection, for transformation and for saving the planet from man-made catastrophes.

After we channel the Light, the wars do not stop the next day. There will be no dramatic changes. There will be no miracles. The Light works in its own way and there will be changes. There will be benefits.

If the Light is there and has intelligence, why does it not work without getting channelled? It is a Spiritual law that we have to seek, we have to channel. If more number channel Light, the impact would be greater. If more number channel at the same time, the impact is faster.

HAPPENINGS

Jayant Deshpande

There are changes, very positive changes happening at different levels in the world. We have a stable government in India and there is hope of a better life for common man. The Light channelled by millions is contributing silently to these wonderful changes in the world. But the violence still continues, inhuman treatment to fellow human beings still continues in different parts of the world.

The Light channelled by millions is having its impact but more and more people have to join us in the channelling of Light to wipe out violence completely from this earth. Carrying the Dream of such a violence free life on this earth, we try to reach more and more schools to ignite the Light Age in every child we come across.

LIGHT WORKS

Manoj Chopra

Light channelling work has started again after the vacations with new enthusiasm and with fresh energies. Planning for the work started much before with Area coordinator and team meetings. Volunteers have geared up to take this work to newer milestones. Their Love and dedication are assets for the Light channelling work.

This Movement is the most important work in this transitory phase. Time has come to further intensify the Light channelling Movement. Our focus is on regularizing channelling in most of the schools. Let us work together to achieve this goal.

Let this wonderful work reach every corner of the world.



MANASA FOUNDATION (R)

Taponagara, Chikkagubbi, (Off Hennur - Bagalur Road) Bangalore Urban - 560077. INDIA.

Phone : (080) 2846 5280, 99000 75280 (10 AM to 4 PM)

e-mail : info@lightagemasters.com info@lightchannels.com

website : www.lightagemasters.com www.lightchannels.com

REGULAR CHANNELLING CENTRES

People from the locality join voluntarily to channel Light in a group at our Regular Light Channelling Centres, periodically. All are welcome to participate. There is no fee. There is no membership.

Bangalore

Monday to Friday (7 PM to 7:15 PM)
Sri Siddashrama, 17th Cross,
Malleswaram

☎ 9480121545 Mr. K. Chandrashekar

Mondays (6:30 PM to 7 PM)

Anjaneya Temple, Mahalakshmi Lyt.
☎ 9972111809 Mrs. Anjali Patil K.

Wednesdays (6:30 PM to 7 PM)

Maruti Mandira, Vijaynagar

☎ 9972111809 Mrs. Anjali Patil K.

Thursdays (6:30 PM to 7 PM)

Munchkins, No.890, 38th Cross, 20th
Main, 4th 'T' Block', Jayanagar

☎ 9972888033 Mr. Karthik N.

Fridays (6:30 PM to 7 PM)

'Sumathi', No.481, 7th Cross, 7th
Main, J.P.Nagar III Phase

☎ 9900110351 Mr. Ramesh V.
Bhosekar

Fridays 12 Noon

Siddhi Vinayaka Devasthanam,
59/1, Hutchins Road, 3rd Cross,
Cooke Town

☎ 9980205803 Mrs. Nirmala Bala

☎ 9880162766 Mr. Vinu Varghese

Saturdays (5:30 PM to 6:00 PM)

'Sri Ranga Kalakshetra', 13th Cross,
Indiranagar, 2nd Stage

☎ 9902844667 Ms. Manju
Maheshwari

Saturdays (6:30 PM to 7 PM)

Balamuri Mahaganapathi,
Shri Rajarajeshwari and
Sri Lakshmi Narayana Temple,
8th Cross, Near Hoysala Circle,
Kengeri Satellite Town

☎ 9972111809 Mrs. Anjali Patil K.



Children channelling Light at Kuddles Summer Camp, Bangalore

IMPORTANT EVENTS

- 31st Jan 2014, 4th World Channels Day - Around 1 million children & teachers of 2100 schools channelled Light all over India and made this day of Channelling a great success.
- 29th June, 2013 - 13,449 children in 30 schools of Bangalore, Mysore, Hyderabad, Sangli and Regular Light Channelling Centres across India, channelled Light.
- 1st Feb 2013, 3rd World Channels day - Around 8.86 Lakh children and teachers of 1868 schools channelled Light all over India and made this day of channelling a great success.
- 7th May 2012 - About a thousand people gathered in Chowdiah Memorial Hall in Bangalore for the Light Channels Meet. Thousands from across the world joined from their own places through live webcast and thousands more mind linked and joined from their own places to channel Light for 15 minutes.
- 1st February, 2012, The World Channels Day - More than six lakh children in hundreds of schools across India channelled Light and made this day of channelling a great success.
- On 18th January 2012 - 11,570 children in 16 different sessions in Bangalore, Pune, Chennai and Mangalore channelled Light.
- 1st February 2011, 'World Channels Day' - More than 130 volunteers covered around 600 schools across India and organised Light channelling for more than 4 lakh children.
- 1st February 2010 - A group of 50 plus volunteers covered more than 50 schools in South India and organised channelling for more than 30000 children giving a great momentum to 'Light Channels World Movement'.

LIGHT CHANNELLING IN SCHOOLS

Schools participated	4607
Students channelled Light	26.03 Lakh
Schools channelling regularly	1140
Students channelling regularly	5.18 Lakh

APPEAL TO SCHOOLS

**Please help in strengthening Light Channels
World Movement by making Light Channelling a
part of daily prayers in your School.**

THE ORACLE

O Light! My Divine Friend! Why do people tie me with bejeweled crowns and flashing silks and black kohls? I find no time to find them.

For my heartstrings are busy fine tuning
 One moment in deep pain
 The other in intense longing
 Yet another in bliss and laughter
 Eyes in dream and feet on the run
 Invoking the passionate yet detached lover
 In my forms different
 Then and now, forever, eternally
 Just to say at times to You and none else
 “Do not leave me alone...”

If my overflowing tears
 Unite at the realm of Your Light unbeknown
 With each droplet laden with secrets
 To form a river of overwhelming love
 How am I held responsible?
 My letters dance and wings flutter
 Only in Your and my silence
 Which you and I know
 Yet I'd never ask you to whisper once
 “You keep up promises well...”

Now let me confess to You.....
 You keep my life light and in good jest
 For in unraveling Your spiritual riddles
 Little by little, step by step
 My dark inner chambers ignite
 On whose walls I see scribes
 Of the unbound bonds of You and me
 And there.... there I see
 The Oracle winking at me....
 O Friend! How can I tell aloud
 It's You that I see where I see in You..... ■

REGULAR CHANNELLING CENTRES

Saturdays (6 PM to 7 PM)
 Shiksha Sagar Primary School
 No. 77, 5th Main, Postal Colony,
 Sanjaynagar,
 ☎ 9686571066 Mr. Sudeep Jayaram

Saturdays (7:30 PM to 8:30 PM)
 Gurudwara Sahib, Opp. Anjaneya
 Temple, Ashwathnagar Main Road,
 Sanjaynagar,
 ☎ 9686571066 Mr. Sudeep Jayaram

Mysore

Wednesdays (6 PM)
 Infosys Ltd, Hebbal Electronics City,
 Hootagalli, Mysore-570018
 ☎ 9980837179, Mr. Anand Niranjana
 ☎ 8095026224, Mr. Akash Mallick

Solapur

Daily (7 PM to 7:30 PM)
 Bal Ganesh Mandir, Bushar Peth, Mohol
 ☎ 09860967066 Mr. Vivekanand Swami
 ☎ 09970800279 Mrs. Swaroopa Swami

Chennai

Sundays (10 AM to 10:30 AM)
 No. 481, SAIPREM, 19th Street,
 4th Sector, K. K. Nagar
 ☎ 9444880409 Mrs. Rajalakshmi R.

Tirunelveli

Daily (7 PM to 7:30 PM)
 Vadakku Theru, Chella Pillaiar Kulam,
 A.P. Nadanoor Post,
 Aalangulam Taluk-627423
 ☎ 9444458747 Mr. Mariappan N.

Pune

Saturdays (7:00 PM to 7:30 PM)
 3 B, Kapila Housing Society,
 Gokhale Nagar, Pune-411016
 ☎ 9011038169 Mr. Ashutosh Navangul

Thursdays (2.30 pm to 3 pm)
 Sindhi Mandir, Besides Satnam Textile,
 Near Shivsena Office, Uruli Kanchan,
 Haveli Dist, Pune-412202
 ☎ 9822973632, Mr. Goraksh Mahadik

Visakhapatnam

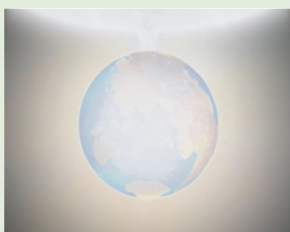
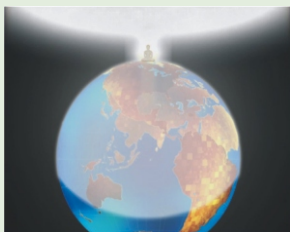
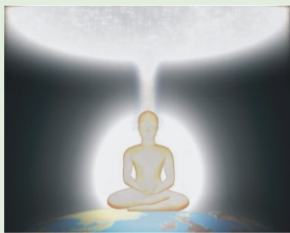
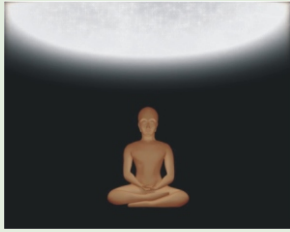
Saturdays (7PM to 7.30PM)
 Door No. 14-339/19, Flat No. 207,
 Sree Mithra Heights, Balaji Garden,
 Gopalpatnam, opp. APRTC Bus Depot,
 Visakhapatnam-530029.
 ☎ 9848628324, Mr. V. Harikrishnan

Miraj

Thursday (7.45pm)
 Shri Shivarudra B. Belaganvi
 A-Gat Plot No-135
 ☎ 09822421463 Mr. Mahajan

EXPERIENCES

(Compiled by Vaishali Joshi)



A boy selling tea on the road greeted me spiritedly and in a friendly manner, and informed hurriedly that his school was re-opening on May 30th, and that he was studying in 9th Standard and was doing Light Channelling regularly as per instructions. It was evident from the way he carried himself. He talked assertively without any negative feelings, which is otherwise common in such cases. It was heartening to watch what Light Channelling can do to our students.

In the summer camp the kids responded instantly and four girls said they were peaceful. One girl said she was feeling very calm even though I had not used that word throughout the session. On the last day of the camp, the lady who ran it said she was surprised about the way the children were quiet and wanted one more session. When I was entering the gate, the little ones sprang up spontaneously with loud cheers and that made my day!

- Nirmala Bala, Volunteer

Light Channelling helps to begin the day in a positive way. It enhances the power of concentration towards our studies and other intellectual activities. Due to Light Channelling, students have noticed a very good change in them. It keeps us fresh and gives us courage and confidence to take up any task. It creates peace and harmony among the people.

- Nagma Sultana, Std. X, Conan Christ Public School, Bangalore

I have been practising Light Channelling technique for the past two weeks. I have realised many positive changes within myself. I have improved my concentration and controlled my temper against

others. My migraine problem has reduced, helping me to focus.

- Lakshmi Vijayaraghavan, Std. XII, SBS Mootha Girls Senior Secondary School, West Mambalam, Chennai

Everyday, students take turn to conduct Light Channelling sessions during the school assembly. After the channelling, when students open their eyes, from their expressions I gather that there is something sacred happening in those 3 minutes.

- Mrs. Mira, Coordinator, Shanthiniketan English School, Girinagar, Bangalore

I started noticing many changes in myself after practising Light Channelling for the past two weeks. I feel fresh and peaceful. I have got control over my thoughts. Whenever something disturbs me, I channel Light. I will try to channel Light regularly. Thank you for teaching us this technique.

- Dhikshitha K., Std. XII, SBS Mootha Girls Senior Secondary School, West Mambalam, Chennai

I have felt many changes in me. I have got more confidence, concentration and memory power. I have also got control over my anger. Light Channelling has helped me to clear misunderstandings with my friends, and my relationship with my friends and family has improved.

- Ektha S., Std. XII, SBS Mootha Girls Senior Secondary School, West Mambalam, Chennai

I feel good, peaceful and like to remain silent. I feel happy and more concentrated in my studies. I am talking with everyone in a very good manner.

- A Student, Std. XII, SBS Mootha Girls Senior Secondary School, West Mambalam, Chennai