

GURUJI KRISHNANANDA (1939-2012)

LIGHT

Light, not the physical Light but the subtlest Light, is the Source of all Creation. It is the Source of all positive energies. It is the Source of Love, Peace, Truth, Wisdom and all Life. This Light is GOD.

CHANNELLING

Channelling is allowing the Light to descend into us by intending and then spreading It around the world. Our body transforms the frequency to the grosser level.

The vibrations from the Light reach all beings and nature. They carry the energies of Healing, Love, Peace and all Positivity. They help Transformation. We will be better human beings. The world will be a better world.

TECHNIQUE

Imagine an ocean of Light above you. Imagine the Light descending and filling up your body. Then, experience the Love, Light and Peace of the Light for a minute and then, imagine It spreading out gradually to your school, locality, country and world.

Practise this for a minimum period of seven minutes.

LIGHT CHANNELS WORLD MOVEMENT

was launched by Guruji Krishnananda, founder of the Rishis Path, on 18-05-2008.

The Movement is to channel Light daily for seven minutes when we wake up or go to bed from our own places on this earth.

The aim of the Movement is, mainly, Peace on this earth.

UNIQUENESS OF THE MOVEMENT

- Oneness by Light
- Non-religious, Universal
- No restrictions, no conditions
- No membership
- Everyone can contribute to Peace
- Helps the individual, helps the world

LIGHT CHANNELS

Volume 4, Issue 12

NEWSLETTER

October 2014

A MESSAGE

Guruji Krishnananda

(Excerpts from his talks)

It is a part of my job to monitor the effects of the Revolution by Light. It is working. It may not be overtly visible. But it has touched the conscience of many people. People have begun to choose and change. Revolutions of the other type may die down or get completely distorted. But not the Spiritual Revolutions. They will be alive for centuries even with some distortions. We can find them in all the religions of the world.

We are entering a new Time frame where goodness, honesty and peace rule. People who do not follow these cannot continue to live in the New Age. Everyone should realize this. We should increase the pace of this Revolution.

HAPPENINGS

Jayant Deshpande

One of our unassuming Light Channel Volunteers conducted a session in spite of having met with an accident, while on the way. She had three fractures and immense pain! But the pain vanished when she began the session!

Her attitude and her experience of receiving the Grace from the Light, inspires all of us and encourages us to re-commit ourselves to this work of spreading the Light. Because of her commitment and this attitude of being very responsible, she went ahead with the work and the Light showered Its Grace and took care of her. It is very touching how the Light takes care of us in such details.

Thanks to such committed team of Volunteers and a very encouraging support from the schools, we have taught Light Channelling to more than 26 lakh children in about 4700 schools.

LIGHT WORKS

Manoj Chopra

Although we are not witnessing any sudden changes in the world, but there are several positive signs around us. There are more protests and demonstrations now. Anger towards injustice and violence is growing. World is getting united and many countries are coming ahead to address global issues like terrorism, injustice, etc. We can see clear polarization of positive and negative forces. There is a hope. Definitely there will be a better tomorrow.

In spite of several holidays Light channelling work is continuing with a greater pace. Several new schools and thousands of new children are taking up Light channelling as part of their regular assembly. We humbly thank school children and school authorities for their contribution towards World Peace.



MANASA FOUNDATION (R)

Taponagara, Chikkagubbi, (Off Hennur - Bagalur Road) Bangalore Urban - 560077. INDIA.

Phone : (080) 2846 5280, 99000 75280 (10 AM to 4 PM)

e-mail : info@lightagemasters.com info@lightchannels.com

website : www.lightagemasters.com www.lightchannels.com

REGULAR CHANNELLING CENTRES

People from the locality join voluntarily to channel Light in a group at our Regular Light Channelling Centres, periodically. All are welcome to participate. There is no fee. There is no membership.

Bangalore

Monday to Friday (7 PM to 7:15 PM)
Sri Siddashrama, 17th Cross,
Malleswaram
☎ 9480121545 Mr. K. Chandrashekar

Mondays (6:30 PM to 7 PM)
Anjaneya Temple, Mahalakshmi Lyt.
☎ 9972111809 Mrs. Anjali Patil K.

Wednesdays (6:30 PM to 7 PM)
Maruti Mandira, Vijaynagar
☎ 9972111809 Mrs. Anjali Patil K.

Thursdays (6:30 PM to 7 PM)
Munchkins, No.890, 38th Cross,
20th Main, 4th 'T' Block', Jayanagar
☎ 9972888033 Mr. Karthik N.

Fridays (6:30 PM to 7 PM)
'Sumathi', No.481, 7th Cross,
7th Main, J.P. Nagar III Phase
☎ 9900110351 Mr. Ramesh V. Bhosekar

Fridays 12 Noon
Siddhi Vinayaka Devasthanam, 59/1,
Hutchins Road, 3rd Cross, Cooke Town
☎ 9980205803 Mrs. Nirmala Bala
☎ 9880162766 Mr. Vinu Varghese

Saturdays (6:30 PM to 7 PM)
Balamuri Mahaganapathi,
Shri Rajarajeshwari and
Sri Lakshmi Narayana Temple,
8th Cross, Near Hoysala Circle,
Kengeri Satellite Town
☎ 9972111809 Mrs. Anjali Patil K.

Saturdays (6 PM to 7 PM)
Shiksha Sagar Primary School
No. 77, 5th Main, Postal Colony,
Sanjaynagar,
☎ 9686571066 Mr. Sudeep Jayaram

Saturdays (7:30 PM to 8:30 PM)
Gurudwara Sahib, Opp. Anjaneya
Temple, Ashwathnagar Main Road,
Sanjaynagar,
☎ 9686571066 Mr. Sudeep Jayaram



Residents Channelling Light at Mantri Residency,
Bannerghatta Road, Bangalore. They regularly channel Light on Thursdays

IMPORTANT EVENTS

- 31st Jan 2014, 4th World Channels Day - Around 1 million children & teachers of 2100 schools channelled Light all over India and made this day of Channelling a great success.
- 29th June, 2013 - 13,449 children in 30 schools of Bangalore, Mysore, Hyderabad, Sangli and Regular Light Channelling Centres across India, channelled Light.
- 1st Feb 2013, 3rd World Channels day - Around 8.86 Lakh children and teachers of 1868 schools channelled Light all over India and made this day of channelling a great success.
- 7th May 2012 - About a thousand people gathered in Chowdiah Memorial Hall in Bangalore for the Light Channels Meet. Thousands from across the world joined from their own places through live webcast and thousands more mind linked and joined from their own places to channel Light for 15 minutes.
- 1st February, 2012, The World Channels Day - More than six lakh children in hundreds of schools across India channelled Light and made this day of channelling a great success.
- On 18th January 2012 - 11,570 children in 16 different sessions in Bangalore, Pune, Chennai and Mangalore channelled Light.
- 1st February 2011, 'World Channels Day' - More than 130 volunteers covered around 600 schools across India and organised Light channelling for more than 4 lakh children.
- 1st February 2010 - A group of 50 plus volunteers covered more than 50 schools in South India and organised channelling for more than 30000 children giving a great momentum to 'Light Channels World Movement'.

LIGHT CHANNELLING IN SCHOOLS

| | |
|---------------------------------------|-------------------|
| Schools participated | 4742 |
| Students channelled Light | 26.41 Lakh |
| Schools channelling regularly | 1240 |
| Students channelling regularly | 5.34 Lakh |

APPEAL TO SCHOOLS

**Please help in strengthening Light Channels
World Movement by making Light Channelling a
part of daily prayers in your School.**

One Coin Two Sides

Padmaja Balaji

The subject eluded me. I was grappling day in and day out and was on the verge of giving up. Then one night, a huge ball of energy entered into my being as light. Then the command came - "Write".

* * * * *

The new place has so far given me a roaring reception. On a hungry afternoon, I was given a sumptuous feast. At some other, I was asked to preside over a function. Yet another wanted me to cut the cake. Wherever I turn, surprises continue to galore every passing day. So, with eyes moist, I write this open letter to 'Light'.

*I expect tests and you give me gifts
That jolts me apart all day
One coin has two sides
And you may swap the sides too*

*I want to tell you in loud whispers -
My small eyes are perennially set
Not on the gifts but on your tests
That God's Messengers tread upon*

*For I know it's the rein of tests that can
Polish the mirror of my conscience
Gain unshaken inner strength
Ascertain my stand on Divine Will*

*But Oh Wait! Suddenly it dawns upon me....
Your tests are gifts and gifts are tests
To remind me of my handshake with fate
And the eternal bonds of celestial purity*

*What a playful Guide you are!
What a playful Lord you are!!*

* * * * *

My Master had, on many occasions, emphasised that I must continue to write. I interpreted it as mere cheering up. But not anymore. I may struggle during the processes but I know now that no word is thrown casually by Light Masters.

If not here, somewhere, in my notebook, in the sky, I would continue to write with gratitude. And the subject would always be the ever elusive 'Light'. ■

REGULAR CHANNELLING CENTRES

Mysore

Wednesdays (6 PM)
Infosys Ltd,
Hebbal Electronics City,
Hootagalli, Mysore-570018
☎ 9980837179, Mr. Anand Niranjana
☎ 8095026224, Mr. Akash Mallick

Solapur

Daily (7 PM to 7:30 PM)
Bal Ganesh Mandir,
Bushar Peth, Mohol
☎ 09860967066 Mr. Vivekanand Swami
☎ 09970800279 Mrs. Swaroopa Swami

Chennai

Sundays (10 AM to 10:30 AM)
No. 481, SAIPREM, 19th Street,
4th Sector, K.K. Nagar
☎ 9444880409 Mrs. Rajalakshmi R.

Tirunelveli

Daily (7 PM to 7:30 PM)
Vadakku Theru,
Chella Pillaiar Kulam,
A.P. Nadanoor Post,
Aalangulam Taluk-627423
☎ 9444458747 Mr. Mariappan N.

Pune

Saturdays (7:00 PM to 7:30 PM)
3 B, Kapila Housing Society,
Gokhalenagar, Pune-411016
☎ 9011038169 Mr. Ashutosh Navangul

Thursdays (2.30 pm to 3 PM)
Sindhi Mandir,
Besides Satnam Textile,
Near Shivsena Office, Uruli Kanchan,
Haveli Dist, Pune-412202
☎ 9822973632, Mr. Goraksh Mahadik

Visakhapatnam

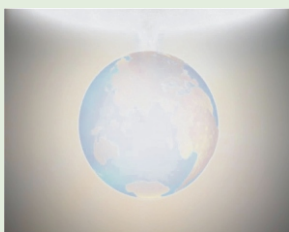
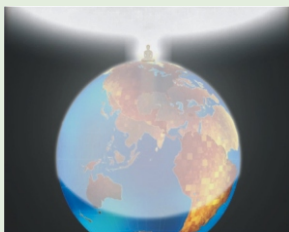
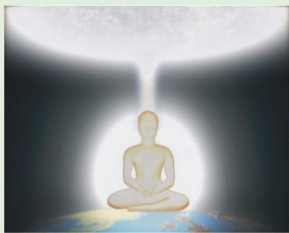
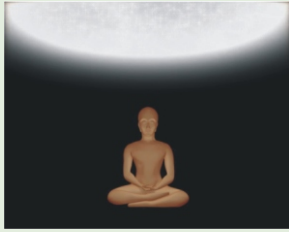
Saturdays (7PM to 7.30 PM)
Door No. 14-339/19, Flat No. 207,
Sree Mithra Heights,
Balaji Garden, Gopalpatnam,
Opp. APRTC Bus Depot,
Visakhapatnam-530029.
☎ 9848628324, Mr. V. Harikrishnan

Miraj

Thursday (7.45 PM)
Shri Shivarudra B. Belaganvi
A-Gat Plot No-135
☎ 09822421463 Mr. Mahajan

EXPERIENCES

(Compiled by Vaishali Joshi)



One of our Light Channelling volunteers met with an accident. Her two-wheeler fell on her legs. There was pain. She was going for a Light Channelling session to a school. She ignored the injury and went ahead with the session although there was pain. When she began the session the pain just vanished! She did not want to miss the Light Channelling session. She could have called another volunteer to take up the session but somehow she did not do it. That is her commitment to the work. Later on when she went to the doctors and an x-ray was taken the doctors found three fractures! How could she walk, how could she ride her two-wheeler and how could she conduct the session with three fractures? Light's Grace works wonders.

- Jayant Deshpande

On one particular day, I was feeling very sad. After practising Light Channelling, all my sadness had gone and I felt very good.

- Ms. Lakshmi, Teacher, Kings High School, Bangalore

While practising Light Channelling, I could experience blue Light.

- Student, JSS High School, Bangalore South

I felt very relaxed and calm after practising Light Channelling.

- Student, JSS High School, Bangalore South

Before Light Channelling was introduced in our school, I did not have good memory power and I

used to forget various matters. After doing Light channelling regularly for five minutes, my memory has improved.

- Sabarinathan S., Std. VII, Chennai Middle School, Trustpuram, Chennai

When I do Light Channelling, I feel new energy flowing into my body. I feel fresh and bright and get lot of goodness. I find that my love for everyone increases every time I do Light Channelling.

- Swetha G., Std. VII, Chennai Middle School, Trustpuram, Chennai

Right from the day Light Channelling was taught in our school, I am practising it in the morning and evening. I like this technique very much. By doing this I am studying well. I am able to remain happy.

- Suresh K., Std. VII, Chennai Middle school, Trustpuram, Chennai

I am feeling confident that I can achieve something. My mind is free and I feel peaceful. I was feeling very tired and I have come out of it. It is very useful. I will teach this to my friends, relatives and parents.

- Reshma, Std. IX, Christ School, Kaggalipura, Bangalore

After doing Light Channelling my mind is very clear and feels really peaceful. The Light passed through my body and I felt healthy.

- Rakshith R., Std. X, Christ School, Kaggalipura, Bangalore