

GURUJI KRISHNANANDA (1939-2012)

LIGHT

Light, not the physical Light but the subtlest Light, is the Source of all Creation. It is the Source of all positive energies. It is the Source of Love, Peace, Truth, Wisdom and all Life. This Light is GOD.

CHANNELLING

Channelling is allowing the Light to descend into us by intending and then spreading It around the world. Our body transforms the frequency to the grosser level.

The vibrations from the Light reach all beings and nature. They carry the energies of Healing, Love, Peace and all Positivity. They help Transformation. We will be better human beings. The world will be a better world.

TECHNIQUE

Imagine an ocean of Light above you. Imagine the Light descending and filling up your body. Then, experience the Love, Light and Peace of the Light for a minute and then, imagine It spreading out gradually to your school, locality, country and world.

Practise this for a minimum period of seven minutes.

LIGHT CHANNELS WORLD MOVEMENT

was launched by Guruji Krishnananda, founder of the Rishis Path, on 18-05-2008.

The Movement is to channel Light daily for seven minutes when we wake up or go to bed from our own places on this earth.

The aim of the Movement is, mainly, Peace on this earth.

UNIQUENESS OF THE MOVEMENT

- Oneness by Light
- Non-religious, Universal
- No restrictions, no conditions
- No membership
- Everyone can contribute to Peace
- Helps the individual, helps the world

LIGHT CHANNELS

Volume 5, Issue 4

NEWSLETTER

February 2015

A MESSAGE

Guruji Krishnananda

(Excerpts from his talks)

A sick person had pain in the lower abdomen. He began channelling Light to heal himself. Somehow he felt that he could not take the Light to the part, which was affected. It was strange. Even for me it was the first instance that I came across. I checked up and found that it was difficult for him to take the Light to the affected part. Then I tried to understand and saw that the Karmas came in the way.

What do we do at such times? We persist. We also request the Karmas. The Karmas oblige. We can tell them, "Please help me to take the Light to the affected part. Let me get over this sickness and the pain." The Karmas cooperate and help. Then pray to the system to take in the Light. Persist with the practice, you will be fine.

HAPPENINGS

Jayant Deshpande

One of our Volunteers wanted to reach a school for conducting a Light Channelling session in the morning. When he got ready to go to the school, he remembered that there was no petrol in the car. He prayed and started the car and it started ! After finishing the session in the school, he started the car again and it did start again ! It stopped just a few metres short of the nearest petrol bunk !

It is such anxious moments, challenges and the experience of help from the Universe, that make the Light Channelling work very exciting and also satisfying.

With such help and grace from the Universe, our Volunteers have so far reached 4865 schools and have taught channelling to nearly 27 lakhs children.

LIGHT WORKS

Manoj Chopra

Guruji used to say that when our intentions are pure and when we work selflessly the whole Universe helps to achieve our Goal. The Light Channelling team also experienced immense help and grace on World Channels Day from the Universe through unknown sources. In spite of several difficulties and challenges we could make a huge number of children channel Light on that day.

Our volunteers, who worked selflessly, were rewarded with priceless gift of Love and Bliss. World Channels Day was the joyous and memorable moment for each one of us.

We thank the school authorities, teachers and students for their endless support to the Movement.



MANASA FOUNDATION (R)

Taponagara, Chikkagubbi, (Off Hennur - Bagalur Road) Bangalore Urban - 560077. INDIA.

Phone : (080) 2846 5280, 99000 75280 (10 AM to 4 PM)

e-mail : info@lightagemasters.com info@lightchannels.com

website : www.lightagemasters.com www.lightchannels.com

REGULAR CHANNELLING CENTRES

People from the locality join voluntarily to channel Light in a group at our Regular Light Channelling Centres, periodically. All are welcome to participate. There is no fee. There is no membership.

Bangalore

Monday to Friday (7 PM to 7:15 PM)
Sri Siddashrama, 17th Cross,
Malleswaram
☎ 9480121545 Mr. K. Chandrashekar

Mondays (6:30 PM to 7 PM)
Anjaneya Temple, Mahalakshmi Lyt.
☎ 9972111809 Mrs. Anjali Patil K.

Wednesdays (6:30 PM to 7 PM)
Maruti Mandira, Vijaynagar
☎ 9972111809 Mrs. Anjali Patil K.

Thursdays (6:30 PM to 7 PM)
Munchkins, No.890, 38th Cross,
20th Main, 4th 'T' Block', Jayanagar
☎ 9902025444 Mrs. Shubha S.

Fridays (6:30 PM to 7 PM)
'Sumathi', No.481, 7th Cross,
7th Main, J.P. Nagar III Phase
☎ 9900110351 Mr. Ramesh V. Bhosekar

Fridays 12 Noon
Siddhi Vinayaka Devasthanam, 59/1,
Hutchins Road, 3rd Cross, Cooke Town
☎ 9980205803 Mrs. Nirmala Bala
☎ 9880162766 Mr. Vinu Varghese

Saturdays (6:30 PM to 7 PM)
Balamuri Mahaganapathi,
Shri Rajarajeshwari and
Sri Lakshmi Narayana Temple,
8th Cross, Near Hoysala Circle,
Kengeri Satellite Town
☎ 9972111809 Mrs. Anjali Patil K.

Saturdays (6 PM to 7 PM)
Shiksha Sagar Primary School
No. 77, 5th Main, Postal Colony,
Sanjaynagar,
☎ 9686571066 Mr. Sudeep Jayaram



More than 85 Light Channel Volunteers gathered on 15.02.2015 to share their experiences of World Channels Day observed on 30.01.2015.

IMPORTANT EVENTS

- 30th Jan 2015, 5th World Channels Day - More than 11 lakhs children & teachers of 2350 schools channelled Light all over India and made this day of Channelling a great success.
- 31st Jan 2014, 4th World Channels Day - Around 1 million children & teachers of 2100 schools channelled Light all over India and made this day of Channelling a great success.
- 29th June, 2013 - 13,449 children in 30 schools of Bangalore, Mysore, Hyderabad, Sangli and Regular Light Channelling Centres across India, channelled Light.
- 1st Feb 2013, 3rd World Channels day - Around 8.86 Lakh children and teachers of 1868 schools channelled Light all over India and made this day of channelling a great success.
- 7th May 2012 - About a thousand people gathered in Chowdiah Memorial Hall in Bangalore for the Light Channels Meet. Thousands from across the world joined from their own places through live webcast and thousands more mind linked and joined from their own places to channel Light for 15 minutes.
- 1st February, 2012, The World Channels Day - More than six lakh children in hundreds of schools across India channelled Light and made this day of channelling a great success.
- On 18th January 2012 - 11,570 children in 16 different sessions in Bangalore, Pune, Chennai and Mangalore channelled Light.
- 1st February 2011, 'World Channels Day' - More than 130 volunteers covered around 600 schools across India and organised Light channelling for more than 4 lakh children.

LIGHT CHANNELLING IN SCHOOLS

Schools participated	4865
Students channelled Light	26.83 Lakh
Schools channelling regularly	1240
Students channelling regularly	5.34 Lakh

APPEAL TO SCHOOLS

**Please help in strengthening Light Channels
World Movement by making Light Channelling a
part of daily prayers in your School.**

WORLD CHANNELS DAY

Manoj Chopra

The 5th World Channels Day was the most amazing experience for all of us. It was the most challenging but also most rewarding compared to all the previous years. There was Grace and Help from the unseen hand of Light, felt throughout the day. It was a memorable day of our life.

Planning for the World Channels Day started almost two months before, in the Light Channel Volunteers meeting after praying to Guruji, Amaraji, Vishwamitra Maharshi and the Rishis. This meeting was followed by the Area Team meetings. More than 2000 schools had to be covered and we had limited Volunteers. All of a sudden, we realized that there was an increased sense of involvement shown by our Volunteers and several gave valuable suggestions. Many came forward and took extra responsibilities in spite of personal challenges and health issues. Our Area Coordinators are the perfect planners. They divided their territories into several sub areas and delegated responsibilities to respective teammates. The Volunteers gave feedback to their Area Coordinators on a daily basis. It helped the Area Coordinators prepare a very meticulous plan for the special day.

World Channels Day is dedicated to our beloved Master, Maharshi Amara. Every year, we humbly offer the Light channelled on that day to him as his birthday gift. Every Volunteer knows the importance of this day and they wanted to do their best. Several Volunteers took leave from work and sacrificed their personal time to accomplish the tasks delegated to them. There was overwhelming response from the School Authorities too. Hundreds of Schools came forward and promised to do Light Channelling on their own. Our Volunteers also took extra efforts to train Student Leaders to conduct Light Channelling on their own. Several Volunteers worked tirelessly from dawn to dusk.

5th World Channels Day was a huge success by the grace of Masters. The Day started as early as 6 AM after the practice of oneness technique and 7 minutes of channelling. At the end of the day at 6 PM, we thanked the Rishis after 7 minutes of channelling. There was perfect harmony and coordination seen in every team. A strong disciplined team of 195 Volunteers achieved the impossible. More than 11 lakhs children of 2350 schools channelled Light on this Day. Above all, I feel, working as One Team was the highest achievement. Everyone experienced Grace and presence of the Masters in the sessions.

Several Schools sent us emails, photographs and even called us to confirm their participation in the World Channels Day. We humbly thank School Authorities for their support, who gave us their precious time in spite of their busy schedules. They are an important and integral part of this Movement.

The purpose of the World Channels Day is to bring more Love and Peace on our Earth. Let more and more people join this movement with every passing day and realize this dream soon. ■

REGULAR CHANNELLING CENTRES

Saturdays (7:30 PM to 8:30 PM)
Gurudwara Sahib, Opp. Anjaneya Temple, Ashwathnagar Main Road, Sanjaynagar,
☎ 9686571066 Mr. Sudeep Jayaram

Solapur

Daily (7 PM to 7:30 PM)
Bal Ganesh Mandir,
Bushar Peth, Mohol
☎ 09860967066 Mr. Vivekanand Swami
☎ 09970800279 Mrs. Swaroopa Swami

Chennai

Sundays (10 AM to 10:30 AM)
No. 481, SAIPREM, 19th Street,
4th Sector, K.K. Nagar
☎ 9444880409 Mrs. Rajalakshmi R.

Pune

Saturdays (7:00 PM to 7:30 PM)
3 B, Kapila Housing Society,
Gokhalenagar, Pune-411016
☎ 9011038169 Mr. Ashutosh Navangul

Thursdays (2.30 pm to 3 PM)
Sindhi Mandir,
Besides Satnam Textile,
Near Shivsena Office, Uruli Kanchan,
Haveli Dist, Pune-412202
☎ 9822973632, Mr. Goraksh Mahadik

Visakhapatnam

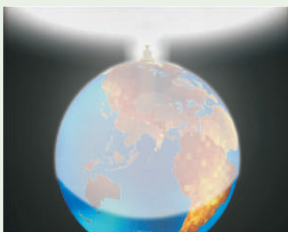
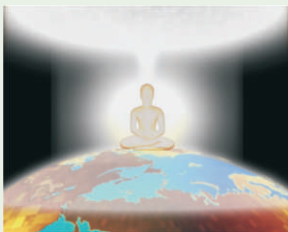
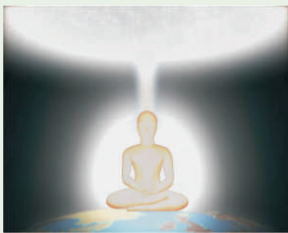
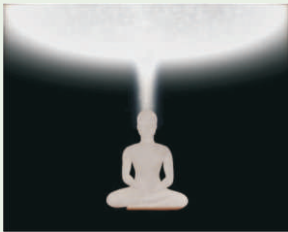
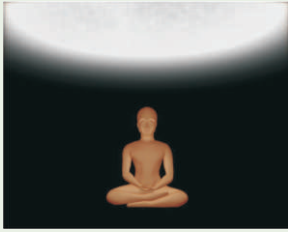
Saturdays (7PM to 7.30 PM)
Door No. 14-339/19, Flat No. 207,
Sree Mithra Heights,
Balaji Garden, Gopalpatnam,
Opp. APRTC Bus Depot,
Visakhapatnam-530029.
☎ 9848628324, Mr. V. Hari Krishnan

Miraj

Thursday (7.45 PM)
Shri Shivarudra B. Belaganvi
A-Gat Plot No-135
☎ 09822421463 Mr. Mahajan

EXPERIENCES

(Compiled by Vaishali Joshi)



I was peaceful and very happy, and I was out of this world. I felt I was sitting under a lovely tree and around me were green and blue roses. I loved the sweetness of air and light. Thank you very much for giving this experience.

- Sehba Talat, Std. VI,
Madarasa - E- Zianb, Bangalore

When you asked me to imagine an ocean of white Light, it was huge and it had Bhagwan also. I saw Bhagwan!

- Student, Std. III, Cantonment
Board School, Mehram Nagar

Come what may, I channel Light everyday and it has changed everything for me. I have nothing to worry for. All is taken care of. Once a student got lost and his parents and we got very worried. I just channelled Light for a few minutes and we found him. Anything I want, Light gives.

- Ms. Veena Bhardwaj, Principal,
Cantonment Board School, Sadar
Bazaar

I used to be very depressed and always disturbed. I had a very negative feeling about myself and was sad all the time. I had no close friends to share it with. Nor was I happy to express my feelings to others. One day Ashwini Ma'am introduced Light Channelling to me. I have been practising this technique for the past two months. When I close my eyes I can really feel the Light entering my body. After those three minutes I feel

very peaceful, stress-free, calm, cheerful and ready to face the day. I have been sharing my thoughts with Light and I feel my dreams are coming true. I feel Light has the power to make impossible things possible. It has brought a great change in me. I am loving myself more. There is a new hope in me each day. Now I am very happy and have a positive attitude. I smile everyday and have no worries. I feel so relaxed, fresh and energetic. It is a wonderful experience. I love to channel Light and can't miss it even for a single day. Thank you for teaching this technique.

- Farnaaz Banu, A Light Channel

I had gone to a school to seek permission to conduct Light Channelling, but the Principal was very skeptical and did not even listen to my explanation about Light or my request to give me a chance. I sat outside the school and channelled Light, requesting the Light and the Rishis to help me. After two days I got a call from that school asking me to conduct Light Channelling during the assembly. After the assembly the Principal told me that the school desperately needed this practice and assured me that they would practise it everyday, and also asked to conduct special sessions for the 10th and 12th class students and the teachers. Light had once again created a miracle and brought about change in the heart in people!!

- Nithya James, Volunteer

**MORE THAN
1.1 MILLION CHANNELLED LIGHT
ON WORLD CHANNELS DAY
30TH JANUARY 2015**

THANK YOU