

GURUJI KRISHNANANDA (1939-2012)

LIGHT

Light, not the physical Light but the subtlest Light, is the Source of all Creation. It is the Source of all positive energies. It is the Source of Love, Peace, Truth, Wisdom and all Life. This Light is GOD.

CHANNELLING

Channelling is allowing the Light to descend into us by intending and then spreading It around the world. Our body transforms the frequency to the grosser level.

The vibrations from the Light reach all beings and nature. They carry the energies of Healing, Love, Peace and all Positivity. They help Transformation. We will be better human beings. The world will be a better world.

TECHNIQUE

Imagine an ocean of Light above you. Imagine the Light descending and filling up your body. Then, experience the Love, Light and Peace of the Light for a minute and then, imagine It spreading out gradually to your school, locality, country and world.

Practise this for a minimum period of seven minutes.

LIGHT CHANNELS WORLD MOVEMENT

was launched by Guruji Krishnananda, founder of the Rishis Path, on 18-05-2008.

The Movement is to channel Light daily for seven minutes when we wake up or go to bed from our own places on this earth.

The aim of the Movement is, mainly, Peace on this earth.

UNIQUENESS OF THE MOVEMENT

- Oneness by Light
- Non-religious, Universal
- No restrictions, no conditions
- No membership
- Everyone can contribute to Peace
- Helps the individual, helps the world

LIGHT CHANNELS

Volume 5, Issue 8

NEWSLETTER

June 2015

A MESSAGE

Guruji Krishnananda

(Excerpts from his talk on 22nd April 2012)

I met a lady. I never knew she was a healer. She went back to London and she wrote a mail recently. She wrote that when she came here she found great energies. She absorbed these energies. She mentioned, 'I require nothing more. I have received everything. It is enough. Here afterwards I just live on Love and Light.'

She began healing. While healing, one day she thought, 'why not I use this Light?' and she sent Light along with the healing energies to the people. She mentioned that the healing was ten times faster. And the people who received Light like this felt very peaceful.

When we heal people using such high energies like Light, not only they get healed they also are given some knowledge which they receive at a deeper level. This Light does not only heal it also helps transformation. That's why the Light is the greatest energy available in this entire Creation.

HAPPENINGS

Jayant Deshpande

A college Principal mentioned that a girl, very shy and not very confident, was transforming with the help of Light Channelling. She was surprised when this girl gathered the courage to speak on her own in front of the assembly after the Light Channelling session. And she spoke from her heart, so confidently.

That is what happens when we seek help from the Light. It somehow gives us the inner strength to deal with the challenges of life. The Light brought down during the Light Channelling sessions creates a kind of atmosphere of trust, where children feel comfortable to express themselves.

In Light we find all solutions.

LIGHT WORKS

Manoj Chopra

Conducting Light channelling sessions in the schools is an amazing experience for all of us. Children are wonderful souls. They are always full of enthusiasm and are always eager to experience new realities. Their innocence and purity helps them to experience the bliss, which the Light contains, almost instantaneously. Their contribution to the Light Channels World Movement is immense.

After vacations, schools have reopened and our volunteers are gearing up once again to approach schools for Light channelling. Our volunteers experience exceptional joy and satisfaction after every Light channelling session and remain energetic and fresh throughout the day. They silently thank the Light for this opportunity to contribute in their own way to this selfless work.

Let this great work continue with the same Love and Passion till the whole earth enters into the New Age.



MANASA FOUNDATION (R)

Taponagara, Chikkagubbi, (Off Hennur - Bagalur Road) Bangalore Urban - 560077. INDIA.

Phone : (080) 2846 5280, 99000 75280 (10 AM to 5 PM)

e-mail : info@lightchannels.com website : www.lightchannels.com

REGULAR CHANNELLING CENTRES

People from the locality join voluntarily to channel Light in a group at our Regular Light Channelling Centres, periodically. All are welcome to participate. There is no fee. There is no membership.

Bangalore

Monday to Friday (7 PM to 7:15 PM)
Sri Siddashrama, 17th Cross,
Malleswaram

☎ 9480121545 Mr. K. Chandrashekar

Mondays (6:30 PM to 7 PM)

Anjaneya Temple, Mahalakshmi Lyt.
☎ 9972111809 Mrs. Anjali Patil K.

Wednesdays (6:30 PM to 7 PM)

Maruti Mandira, Vijaynagar
☎ 9972111809 Mrs. Anjali Patil K.

Thursdays (6:30 PM to 7 PM)

Munchkins, No.890, 38th Cross,
20th Main, 4th 'T' Block', Jayanagar
☎ 9902025444 Mrs. Shubha S.

Fridays (6:30 PM to 7 PM)

'Sumathi', No.481, 7th Cross,
7th Main, J.P. Nagar III Phase
☎ 9900110351 Mr. Ramesh V. Bhosekar

Fridays 12 Noon

Siddhi Vinayaka Devasthanam, 59/1,
Hutchins Road, 3rd Cross, Cooke Town
☎ 9980205803 Mrs. Nirmala Bala
☎ 9880162766 Mr. Vinu Varghese

Saturdays (6:30 PM to 7 PM)

Balamuri Mahaganapathi,
Shri Rajarajeshwari and
Sri Lakshmi Narayana Temple,
8th Cross, Near Hoysala Circle,
Kengeri Satellite Town
☎ 9972111809 Mrs. Anjali Patil K.

Saturdays (6 PM to 7 PM)

Shiksha Sagar Primary School
No. 77, 5th Main, Postal Colony,
Sanjaynagar,
☎ 9686571066 Mr. Sudeep Jayaram



Scouts from different parts of Karnataka channelling Light in a Kendriya Vidyalaya in Bangalore

QUOTES FROM THE LIGHT MASTERS

- When we channel Light and spread Light, Light not only heals, it corrects and cleanses. It will cleanse not only the individuals, it also cleanses the systems.
- We spend all our time worrying about the minor details of life. Then, one day, after the years slip away, we close our eyes without experiencing the sky, the moon, the beauty and the Divinity in all these. Let us not allow our life to slip away. Let us live a higher life.
- Life of every being is sacred. It comes from God. This is the Spiritual Truth.
- Universalism is living with the awareness that we are a part of the Universe; that our emotions and thoughts affect the Universe and we have responsibilities beyond our individual life.
- If we fail, we should not lose hope and faith in God. We have to re-organize and pursue.
- The walls of hatred, selfishness, greed etc., can only be removed by Love, by Spiritualizing; by Meditations.
- Hope is the sustainer of Life.

-Guruji Krishnananda

LIGHT CHANNELLING IN SCHOOLS

Schools participated	4920
Students channelled Light	27.07 Lakh
Schools channelling regularly	1240
Students channelling regularly	5.34 Lakh

APPEAL TO SCHOOLS

Please help in strengthening Light Channels
World Movement by making Light Channelling a
part of daily prayers in your School.

CHOOSING LIGHT

Jayant Deshpande

I met my childhood friend recently after 29 years! And nostalgia took us back to the pure life of the village where we would go to the serene outskirts and enjoy the sunset together. I was deeply touched when I came to know that he was untouched by the corruption in spite of working in the department known to be most corrupt. After having worked in senior positions for last several years, he still could not afford a flat or a house of his own. He must be one of the rarest of the rare officers in the department.

The Dream of the New Age keeps itself alive in such people. The Light shines through these unknown channels of the Light who channel honesty, goodness and peace. They consciously choose these values and by choosing these, they choose Light.

There are people like that! They silently manifest Light in their lives.

Through such channels, the Light assures us that the future of this world will be glorious. I know not only this friend of mine but many others also who live a pure life based on values. These individuals have passed the toughest tests, of their commitment to the values, when they could keep themselves pure in spite of several opportunities to make more money easily through corrupt means. They also have to fight against pressures from several quarters to accept favours in different ways.

The world will never know about such people but they are the foundation of the New Age. Their lives touch others around them and encourage them to live a life of purity. When many more join in this process and begin living these values, we will be in the New Age. Then the Almighty, who is waiting to shower many gifts, will gift us with the New Age of perfection where negativity has no place.

Guruji had explained to us that in the New Age, there would be no national boundaries. The World will be One. There will be abundance of wealth – Spiritual and Material. The man will reach his highest Spiritual potential of unconditional love. The human beings will live in perfect harmony with each other and with nature. When there is harmony among people and when people live in harmony with nature, the nature also reciprocates with love. And there will be no floods, no earthquakes, no natural calamities.

How quickly we move towards such a future is in our hands. The faster we choose Light, the faster we enter the New Age of Peace and Perfection. ■

REGULAR CHANNELLING CENTRES

Saturdays (7:30 PM to 8:30 PM)
 Gurudwara Sahib, Opp. Anjaneya Temple, Ashwathnagar Main Road, Sanjaynagar,
 ☎ 9686571066 Mr. Sudeep Jayaram

Solapur

Daily (7 PM to 7:30 PM)
 Bal Ganesh Mandir,
 Bushar Peth, Mohol
 ☎ 09860967066 Mr. Vivekanand Swami
 ☎ 09970800279 Mrs. Swaroopa Swami

Chennai

Sundays (10 AM to 10:30 AM)
 No. 481, SAIPREM, 19th Street,
 4th Sector, K.K. Nagar
 ☎ 9444880409 Mrs. Rajalakshmi R.

Pune

Saturdays (7:00 PM to 7:30 PM)
 3 B, Kapila Housing Society,
 Gokhalenagar, Pune-411016
 ☎ 9011038169 Mr. Ashutosh Navangul

Thursdays (2.30 pm to 3 PM)
 Sindhi Mandir,
 Besides Satnam Textile,
 Near Shivsena Office, Uruli Kanchan,
 Haveli Dist, Pune-412202
 ☎ 9822973632, Mr. Goraksh Mahadik

Visakhapatnam

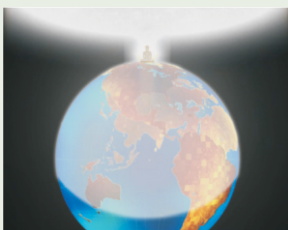
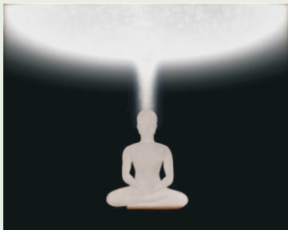
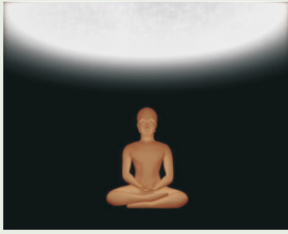
Saturdays (7PM to 7.30 PM)
 Door No. 14-339/19, Flat No. 207,
 Sree Mithra Heights,
 Balaji Garden, Gopalpatnam,
 Opp. APRTC Bus Depot,
 Visakhapatnam-530029.
 ☎ 9848628324, Mr. V. Harikrishnan

Miraj

Thursday (7.45 PM)
 Shri Shivarudra B. Belaganvi
 A-Gat Plot No-135
 ☎ 09822421463 Mr. Mahajan

EXPERIENCES

(Compiled by Vaishali Joshi)



As always I was very anxious when I had to go to the schools for the World Channels Day. Suddenly I had a flash - "You need to let go. You are coming too much in the way. Not only in this but in every area of life you need to let go." So I decided to 'let go'. Before the World Channels Day the schools received us well and readily agreed for the sessions. When there was a clash of timings, the Principal of one of the schools readily accommodated us by giving a different time. He was also keen to learn as to how they could regularise.

On the World Channels Day I had a severe cough. But in every school when I stood up to speak the cough vanished until we finished the session! Then it began again! Everything was fantastic and all the sessions went on extremely well. I did not feel hungry the whole day, did not feel tired and was very fresh because of the amount of Light that was going through us during the channelling. Probably if I had tried to do a lot of work it would not have worked out. But the 'let go' worked very well. It was a very beautiful day for me as well as my team.

- Sunil Bisarahalli, Volunteer

I am able to control my anger. The stress on my mind has reduced. I am able to find solutions to my problems.

- Shubham Sudam Dhamale, SY,
B. Com, Shivray Pratishthan College,
Pune

Our exam dates were very close and we were under a lot of stress. At that time Light Channelling session was conducted in our college. All of us experienced a lot of peace, happiness and purity.

Personally, I had a very beautiful experience. I had absolutely no self-confidence. There used to be lots of thoughts and a lot of confusion going on in my mind. But when I started

channelling Light, I experienced complete peace for the first time. My mind was filled with positive thoughts. I am confident that I will be able to study properly and do well in my examination. Thank you for teaching us such a wonderful technique.

- Pranita Karve, TY, BCA, Bachelor
of Computer Applications College,
Cummins College Campus, Pune

After channelling Light, I feel happy and peaceful. Whatever I need, it comes to me automatically. I can experience a Divine energy.

- Swapnil Sanjay Dharia, Student,
Shivray Pratishthan College, Pune

On World Channels Day, the Principal of Vishwabharati School and College, Uttarahalli shared his experience, "This Light Channelling technique is very effective and relaxing. I am very happy and thankful for it." The degree college Principal said, "I felt very happy and peaceful after the session. We all need this type of technique in our life and we will practise it everyday." At SVS eTechno School, Chikkalsandra, which is run with a lot of sincerity and dedication by a father and his 3 daughters, though an unexpected inspection was going on, the session was arranged calmly and on time. One of the daughters said, "we could feel the peace and the love in the session as well as in the volunteer." The sessions were amazing. I could feel the peace and the vibrations in the whole session. At the end of the day when I closed my eyes to thank the Masters I saw a glimpse of the day like a visual – white angels representing our volunteers were flying everywhere carrying Light and the cute innocent children were welcoming these white angels to receive and spread Light together for the World Peace. Though the time flew very fast on that day, immense energy, blessing and grace from the Masters were showered.

- Anitha K. A., Volunteer