

GURUJI KRISHNANANDA (1939-2012)

LIGHT

Light, not the physical Light but the subtlest Light, is the Source of all Creation. It is the Source of all positive energies. It is the Source of Love, Peace, Truth, Wisdom and all Life. This Light is GOD.

CHANNELLING

Channelling is allowing the Light to descend into us by intending and then spreading It around the world. Our body transforms the frequency to the grosser level.

The vibrations from the Light reach all beings and nature. They carry the energies of Healing, Love, Peace and all Positivity. They help Transformation. We will be better human beings. The world will be a better world.

TECHNIQUE

Imagine an ocean of Light above you. Imagine the Light descending and filling up your body. Then, experience the Love, Light and Peace of the Light for a minute and then, imagine It spreading out gradually to your school, locality, country and world.

Practise this for a minimum period of seven minutes.

LIGHT CHANNELS WORLD MOVEMENT

was launched by Guruji Krishnananda, founder of the Rishis Path, on 18th May 2008.

The Movement is to channel Light daily for seven minutes when we wake up or go to bed from our own places on this earth.

The aim of the Movement is, mainly, Peace on this earth.

UNIQUENESS OF THE MOVEMENT

- Oneness by Light
- Non-religious, Universal
- No restrictions, no conditions
- No membership
- Everyone can contribute to Peace
- Helps the individual, helps the world

LIGHT CHANNELS

Volume 6, Issue 6

BI-MONTHLY NEWSLETTER

July 2016

A MESSAGE

Guruji Krishnananda

(Excerpts from his teachings on June 2, 2012)

Someone asked, "Will the Revolution by Light spread all over the world?"

I ask, 'Do you doubt?' It will spread. Everyone on this earth will be working for the Revolution by Light. Mark my words, 'They may not be channelling Light as we are doing, but they are a part of the Revolution.'

People may spread Love instead of Light. Love is a part of Light. Many people are spreading Peace. That's enough; they are working for the Revolution.

The Revolution began long ago. The Revolution is going on. I would prefer people channelling Light because, the Light contains everything - Love, Peace, Wisdom, tolerance, accommodation, and all that is good in this Creation. Love contains creative forces. Light contains healing energies. Love is a part of Light. I wish every individual channels Light.

The Revolution WILL spread to the whole world.

HAPPENINGS

Jayant Deshpande

When we are selflessly involved in a noble work, we become a channel of the Light. Then Light flows through us automatically and It touches others. Our Volunteers' experience this when they are received with great affection in the schools they visit. The appreciation we receive from the School Authorities, encourages us to do more.

The schools have become an integral part of the Light Channels World Movement. This silent Movement is spreading silently.

LIGHT WORKS

Manoj Chopra

Schools have reopened after vacations and Light Channelling work has begun with full swing. Like always, there is a great response from School Authorities, and our volunteers are being received with a warm welcome to conduct Light channelling. It is heartening to notice that several schools have started channelling on their own and only a few are asking for our help to conduct the sessions.

The great work started by Guruji Krishnananda is still going smooth. The consistent efforts by volunteers, shows their faith in Light and trust in Guruji. They strongly believe, choosing 'Light' is the only way for a better future.

Let us work together and channel Light. Let us bring down more Love, Happiness, Peace and Prosperity on our Earth.



MANASA FOUNDATION (R)

Taponagara, Chikkagubbi, (Off Hennur - Bagalur Road) Bangalore Urban - 560077. INDIA.

Phone : (080) 2846 5280, 99000 75280 (10 AM to 4 PM)

e-mail : info@lightagemasters.com info@lightchannels.com

website : www.lightagemasters.com www.lightchannels.com

REGULAR CHANNELLING CENTRES

People from the locality join voluntarily to channel Light in a group at our Regular Light Channelling Centres, periodically. All are welcome to participate. There is no fee. There is no membership.

Bangalore

Monday to Friday (7 PM to 7:15 PM)
Sri Siddashrama, 17th Cross,
Malleswaram

☎ 9480121545 Mr. K. Chandrashekar

Mondays (6:30 PM to 7 PM)
Anjaneya Temple, Mahalakshmi Lyt.
☎ 9972111809 Mrs. Anjali Patil K.

Wednesdays (6:30 PM to 7 PM)
Maruti Mandira, Vijaynagar
☎ 9972111809 Mrs. Anjali Patil K.

Fridays (6:30 PM to 7 PM)
'Sumathi', No.481, 7th Cross,
7th Main, J.P. Nagar III Phase
☎ 9900110351 Mr. Ramesh V. Bhosekar

Fridays 12 Noon
Siddhi Vinayaka Devasthan, 59/1,
Hutchins Road, 3rd Cross, Cooke Town
☎ 9980205803 Mrs. Nirmala Bala
☎ 9880162766 Mr. Vinu Varghese

Saturdays (6:30 PM to 7 PM)
Balamuri Mahaganapathi,
Shri Rajarajeshwari and
Sri Lakshmi Narayana Temple,
8th Cross, Near Hoysala Circle,
Kengeri Satellite Town
☎ 9972111809 Mrs. Anjali Patil K.

Millions have benefitted by practising Light Channelling regularly. Many have received miraculous help and have had wonderful experiences. Your experiences may inspire others and may even guide others. Please share your experiences with us. Please write to us at : info@lightgatemasters.com.



Members of the Ladies Club in Tirunelveli, Tamil Nadu, channeling Light on January 27, 2016

QUOTES FROM THE LIGHT MASTERS

- When we are peaceful, love flows through us. When we are peaceful, God speaks through us.
- For peaceful daily living we have to manage our emotions. Do not allow negative and extreme emotions. Don't impose your emotions on others. Respect others' emotions and freedom.
- Struggles and failures are specialties of this earth. Only when we struggle we gear up our entire personality; otherwise we will be lethargic.
- We must introspect, analyze and accept the responsibilities for all of our actions, good and not so good. This is how we practise the truth and true living.
- We have to take responsibility for our actions. We should not try to find reasons and excuses outside us.
- All answers, all solutions, possibilities and opportunities are within us. But almost all the time we try to look for these things outside.
- The smooth, beautiful and natural flow in relationships continues when we don't misuse them, when we don't make demands and when we don't impose ourselves.

- Guruji Krishnananda

LIGHT CHANNELLING IN SCHOOLS

Schools participated	5060
Students channelled Light	27.62 Lakh
Schools channelling regularly	1240
Students channelling regularly	5.34 Lakh

APPEAL TO SCHOOLS

Please help in strengthening Light Channels
World Movement by making Light Channelling a
part of daily prayers in your School.

Carrying Divine Light

Guruji Krishnananda

When you begin your day, I suggest you to channel and spread the Divine Light to the whole world for at least seven minutes.

And before you leave home for work or for anything else, I suggest you to fill yourself with the Divine Light for a few minutes. Carry the Light with you throughout the day during all your interactions with people.

There are Divine energies in the Light. When we carry the Light, we also carry these energies. And when we meet people, the Divine energies in the Light activate the process of transformation in them.

Currently, the world is going through a process of transformation driven by the Pralaya energies released by Time (Pralaya in Sanskrit means, change or transformation, and not destruction as it is commonly understood).

If we carry the Light and meet people, the Divine energies intensify the process of transformation in them. This may evoke very positive emotions in them. But sometimes, you may be surprised to find that these energies also invoke not so positive emotions in others.

This happens because, the Pralaya energies in the Light bring out the true nature in others, whether they are good or not.

This is the function of the Pralaya energies, they bring out the darkness and cleanse them if we allow them. Such cleansing might lead to self-enquiry and make them think about their purpose in life and higher truths and goals. They begin to long for stillness, peace and the experience of God. They may begin manifesting Love.

So, when we carry Light, in addition to our own growth, we also initiate the process of Spiritual growth in others even without intending to do so. We need not consciously do anything because the Light knows and does everything.

You don't even have to send the Light to the others; you just need to carry the Light. This is the difference between channelling Light and carrying Light. You will be doing a great service to humanity just by carrying the Divine Light. ■

REGULAR CHANNELLING CENTRES

Please join us in channelling of Light at one of our Regular Light Channelling centres once a week and help us in spreading and strengthening the vibrations of Peace and Love. Please share this Newsletter with family members and friends. A free PDF version of this Newsletter can be downloaded from our website www.lightchannels.com.

Solapur

Monday & Thursday (7 PM to 7:15 PM)

Bal Ganesh Mandir,

Bushar Peth, Mohol

☎ 09860967066 Mr. Vivekanand Swami

☎ 09970800279 Mrs. Swaroopa Swami

Chennai

Sundays (10 AM to 10:30 AM)

No. 481, SAIPREM, 19th Street,

4th Sector, K.K. Nagar

☎ 9444880409 Mrs. Rajalakshmi R.

Pune

Saturdays (7:00 PM to 7:30 PM)

3 B, Kapila Housing Society,

Gokhalenagar, Pune-411016

☎ 9011038169 Mr. Ashutosh Navangul

Miraj

Thursday (7:45 PM)

Shri Shivarudra B. Belaganvi

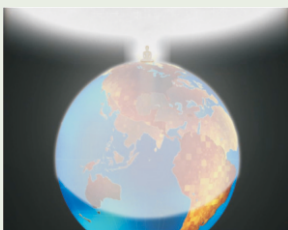
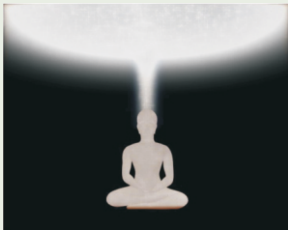
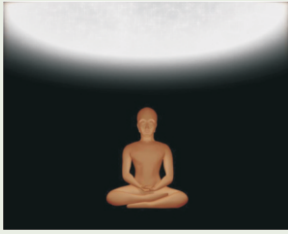
A-Gat Plot No-135

☎ 09822421463 Mr. Mahajan

Experiences of many children, teachers and volunteers are compiled in the book "Experiences of Light Channels". When many others shared their experiences after the release of the book, second volume of the book was brought out. Both the volumes of the book can be freely downloaded from our website: www.lightagemasters.com.

EXPERIENCES

(Compiled by Vaishali Joshi)



This year my daughter was in tenth standard. Mathematics is a difficult subject for her. She had holidays for five days before the Maths paper but she got very stressed and after two days she began crying that she did not know anything, did not remember anything. I sent Light to her and asked her also to channel Light. The question paper was difficult for everyone. But I had asked her to remember Light and she did that. The CBSE Board results are out and she has scored 93% overall and 91 marks in Maths. This has been possible only due to help from the Light.

- Kranti Dhamdhare,
A Light Channel

After channelling Light, my mind was peaceful and silent. It was very nice.

- Nisha H., Std. VIII, St. Philomena
English High School,
Devarachikkanahalli, Bangalore

After channelling Light, all my tension is gone and I feel very relaxed and contented now.

- Thanusha S. N, 8th Std,
St. Philomena English High School,
Devarachikkanahalli, Bangalore

When I channel Light I feel so good, peaceful, energetic and happy. Every day feels like a new day. I can be alert in the class and concentrate on the lessons.

- Neethu P., Std. IX,
Basaveshwara High School,
Byatarayanapura, Bangalore

It feels good to practise Light Channelling everyday. It is a new experience and gives a new meaning to life. The energy that we receive develops our thinking and improves our health.

- Gagana R., Std. X, Basaveshwara
High School, Byatarayanapura,
Bangalore

I feel very nice and peaceful when I channel Light. My mind becomes very fresh. I feel that Light is giving me all the strength that I need. My concentration is increasing day by day. If I have any problem it keeps me cool and my mind calm. We can use this energy any time by channelling.

- Rishi, Std. IX,
Basaveshwara High School,
Byatarayanapura, Bangalore

Light Channelling keeps me calm. If I have any problem, I channel Light for some time and it helps me forget the problem. It relieves me of stress.

- Sirisha C., Std. IX, Basaveshwara
High School, Byatarayanapura,
Bangalore

When I channelled Light I could feel the energy entering my body and felt very happy. Now, I don't feel tensed or angry. I feel I have to be friendly with friends and parents, and be kind. I feel confident in any work that I do.

- Lakshmi K. S., Std. VI,
Sri Sharadha Primary School,
Jayanagar, Bangalore

A small girl travelling with her father in a suburban train was seated next to me and crying uncontrollably due to severe toothache. Her father and everyone sitting around felt sorry and helpless, and were restless due to her persistent crying. I channelled Light to her affected tooth for ten minutes. After some time she got down at her destination smiling and totally oblivious to the fact that she had toothache sometime before. It made her father also happy.

Once I had a very bad and severe headache while working in the office in the afternoon. I could not afford to leave for home. I channelled Light and got rid of the headache instantaneously.

- Rajendra Rangnekar,
A Light Channel

Hereafter, this newsletter will be published once in two months.