

GURUJI KRISHNANANDA (1939-2012)

LIGHT

Light, not the physical Light but the subtlest Light, is the Source of all Creation. It is the Source of all positive energies. It is the Source of Love, Peace, Truth, Wisdom and all Life. This Light is GOD.

CHANNELLING

Channelling is allowing the Light to descend into us by intending and then spreading It around the world. Our body transforms the frequency to the grosser level.

The vibrations from the Light reach all beings and nature. They carry the energies of Healing, Love, Peace and all Positivity. They help Transformation. We will be better human beings. The world will be a better world.

TECHNIQUE

Imagine an ocean of Light above you. Imagine the Light descending and filling up your body. Then, experience the Love, Light and Peace of the Light for a minute and then, imagine It spreading out gradually to your school, locality, country and world.

Practise this for a minimum period of seven minutes.

LIGHT CHANNELS WORLD MOVEMENT

was launched by Guruji Krishnananda, founder of the Rishis Path, on 18th May 2008.

The Movement is to channel Light daily for seven minutes when we wake up or go to bed from our own places on this earth.

The aim of the Movement is, mainly, Peace on this earth.

UNIQUENESS OF THE MOVEMENT

- Oneness by Light
- Non-religious, Universal
- No restrictions, no conditions
- No membership
- Everyone can contribute to Peace
- Helps the individual, helps the world

LIGHT CHANNELS

Volume 6, Issue 5

NEWSLETTER

May 2016

A MESSAGE

Guruji Krishnananda

(Excerpts from his teachings on 4th Jan 2009)

How do we physicalize or birth the New Age, Satya Yuga to this plane?

It is very simple. We channel the Light. When we channel the Light, we are channelling the New Age. And again, we must know that it is not just one person or one Avatara who will bring down the New Age and establish it. Everyone of us on this earth brings this New Age down. We bring down Light, we channel the Light.

Somehow I feel we have not understood Light in spite of repeating many times. Light is God, Light is Intelligence. Light is all the Power which created us and this Creation. Light is all Love. Say anything, describe It in anyway; Light is all that.

HAPPENINGS

Jayant Deshpande

Summer holidays are here and most of the schools are closed. Many children and teachers continue channelling Light from their own places. And Light Channelling continues in our Regular Light Channelling Centres where people gather once a week and channel Light together silently for half an hour. People come together and participate in this silent process with a pure intent of spreading Peace and Love in this world. The Light joins them and spreads through them to fulfill their pure and selfless wish.

These vibrations of Peace and Love will be strengthened as they touch others and help them to tune to these vibrations. As this silent process gathers strength and spreads more, life here will be full of Peace and Love.

This is not just a dream or wishful thinking. This is a destiny foreseen by our Masters; waiting to descend.

LIGHT WORKS

Manoj Chopra

After the 'World Channels Day', another programme was planned for the Volunteers to share their experiences of this great day. Several Volunteers came forward and candidly shared details about their preparation and planning for World Channels Day. Some experiences of their struggles, were very touching and motivating. There were several inspiring stories of individual struggle which was a great learning for all of us. Their enormous love towards the Rishis and this noble work, was very evident.

There were several lessons to be drawn from each of these wonderful souls. The Universe showered Its Grace on them with miraculous experiences and gifts. Let this great work continue with the same Love and dedication.

MANASA FOUNDATION (R)



Taponagara, Chikkagubbi, (Off Hennur - Bagalur Road) Bangalore Urban - 560077. INDIA.

Phone : (080) 2846 5280, 99000 75280 (10 AM to 4 PM)

e-mail : info@lightagemasters.com info@lightchannels.com

website : www.lightagemasters.com www.lightchannels.com

REGULAR CHANNELLING CENTRES

People from the locality join voluntarily to channel Light in a group at our Regular Light Channelling Centres, periodically. All are welcome to participate. There is no fee. There is no membership.

Bangalore

Monday to Friday (7 PM to 7:15 PM)

Sri Siddashrama, 17th Cross,
Malleswaram

☎ 9480121545 Mr. K. Chandrashekar

Mondays (6:30 PM to 7 PM)

Anjaneya Temple, Mahalakshmi Lyt.

☎ 9972111809 Mrs. Anjali Patil K.

Wednesdays (6:30 PM to 7 PM)

Maruti Mandira, Vijaynagar

☎ 9972111809 Mrs. Anjali Patil K.

Fridays (6:30 PM to 7 PM)

'Sumathi', No.481, 7th Cross,
7th Main, J.P. Nagar III Phase

☎ 9900110351 Mr. Ramesh V. Bhosekar

Fridays 12 Noon

Siddhi Vinayaka Devasthanam, 59/1,
Hutchins Road, 3rd Cross, Cooke Town

☎ 9980205803 Mrs. Nirmala Bala

☎ 9880162766 Mr. Vinu Varghese

Saturdays (6:30 PM to 7 PM)

Balamuri Mahaganapathi,
Shri Rajarajeshwari and
Sri Lakshmi Narayana Temple,
8th Cross, Near Hoysala Circle,
Kengeri Satellite Town

☎ 9972111809 Mrs. Anjali Patil K.

Millions have benefitted by practising Light Channelling regularly. Many have received miraculous help and have had wonderful experiences. Your experiences may inspire others and may even guide others. Please share your experiences with us. Please write to us at : info@lightgatemasters.com.



Members of Ashok Nagar Co-operative Society in Ahmedabad, channelling Light on January 26, 2016

QUOTES FROM THE LIGHT MASTERS

- If a person is simple, good, honest and smiles from the heart, God comes to him. This is the truth.
- When all human beings transform, even nature transforms. There will be no earthquakes, no volcanoes, no thorns, no poisonous plants. The whole life on earth changes.
- If we have to live peacefully and happily, we have to manifest Love. We have to get over the bitterness and all the hurts.
- Experiencing life is to witness the beauty of a sunrise and a sunset, to enjoy reading a book or listening to music. There is so much beauty in life. God manifests as beauty.
- When we experience Oneness, love flows. It is then we trust each other. It is then we can smile heart-to-heart.
- When we are rooted in God there will be absolutely no fear. We have to get aligned, get connected and be rooted in the Divine. That's enough. We will have all protection, all security. Then there will be no fear at all.
- Practising oneness helps in many ways; helps at least the group to be strong; to be loving to each other.

- Guruji Krishnananda

LIGHT CHANNELLING IN SCHOOLS

Schools participated	5060
Students channelled Light	27.62 Lakh
Schools channelling regularly	1240
Students channelling regularly	5.34 Lakh

APPEAL TO SCHOOLS

Please help in strengthening Light Channels
World Movement by making Light Channelling a
part of daily prayers in your School.

Closeness with Light

Jayant Deshpande

Light Channelling is Guruji Krishnananda's gift to humanity. He always believed and spoke about direct access to Light or God. Each one of us is a part of Him and we can reach Him directly without having to go through any other human agent.

While practising Light Channelling we can experience a strange closeness with Light. And when we experience this closeness, we somehow shift to a higher Spiritual state temporarily. Our thinking becomes expanded and if we are harbouring any negativity, it is removed during this experience of closeness with Light. The Light and negativity cannot coexist. We experience immense Peace. The quality of our vibrations improves and because we are with the Light, we begin manifesting It silently.

When we come out of this practice and continue with our life, this experience will have its impact on our living. If we are careful in allowing the influence of the experience of closeness with Light, we will begin manifesting Light in our living also. We will continue to be in that higher Spiritual state and negativity will not touch us. In that higher Spiritual state, our grasping improves, our expression improves and we bring out our best in whatever we may be doing.

But if we go back to our old ways of living, we may attract the same negativity that was removed from our system and we naturally lose the higher Spiritual state. That is why it helps if we practise Light Channelling regularly. We can experience closeness with Light more often and can get rid of negativity completely with consistent practice.

The first part of our practice is actually sitting and channelling Light and the second part of the practice is consciously allowing the influence of the experience of closeness with Light, into our living. Both parts of the practice are important.

This amazing gift from Guruji Krishnananda provides opportunities to everybody to experience closeness with Light, to experience and spread Peace and Love.

This simple technique can help individuals transform gradually. As more individuals transform, the society transforms and as societies transform, the world changes. ■

REGULAR CHANNELLING CENTRES

Please join us in channelling of Light at one of our Regular Light Channelling centres once a week and help us in spreading and strengthening the vibrations of Peace and Love. Please share this Newsletter with family members and friends. A free PDF version of this Newsletter can be downloaded from our website www.lightchannels.com.

Solapur

Monday & Thursday (7 PM to 7:15 PM)

Bal Ganesh Mandir,
Bushar Peth, Mohol

☎ 09860967066 Mr. Vivekanand Swami

☎ 09970800279 Mrs. Swaroopa Swami

Chennai

Sundays (10 AM to 10:30 AM)

No. 481, SAIPREM, 19th Street,
4th Sector, K.K. Nagar

☎ 9444880409 Mrs. Rajalakshmi R.

Pune

Saturdays (7:00 PM to 7:30 PM)

3 B, Kapila Housing Society,
Gokhale Nagar, Pune-411016

☎ 9011038169 Mr. Ashutosh Navangul

Miraj

Thursday (7:45 PM)

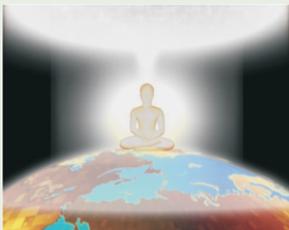
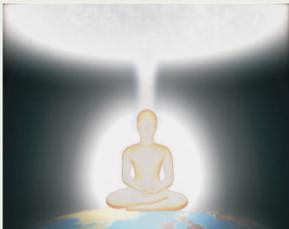
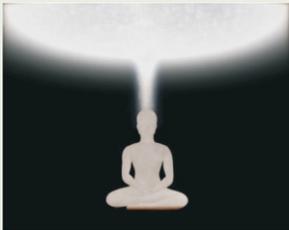
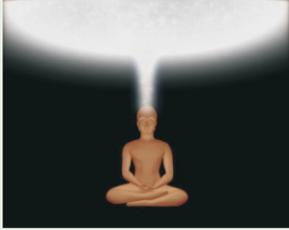
Shri Shivarudra B. Belaganvi
A-Gat Plot No-135

☎ 09822421463 Mr. Mahajan

Experiences of many children, teachers and volunteers are compiled in the book "Experiences of Light Channels". When many others shared their experiences after the release of the book, second volume of the book was brought out. Both the volumes of the book can be freely downloaded from our website: www.lightagemasters.com.

EXPERIENCES

(Compiled by Vaishali Joshi)



I was very tensed. During Light Channelling I felt that Light rays entered my body slowly and covered it completely. I am feeling relaxed now.

- Gowardhan, Std. VIII, St. Philomena English High School, Devarachikkanahalli, Bangalore

On World Channels Day I went to a school in which Light Channelling session had not been conducted for the last two years. When I asked how many children remembered Light Channelling, to my surprise, little hands from the primary section went up! The session began with complete silence. Little children from the first standard also sat absolutely still. After the channelling the children opened their eyes very reluctantly. They had their exams on that day and many gave a feedback that they were feeling very calm and confident to write the exam. The session ended with a promise to channel light regularly every day.

- Priyamvada Kulkarni, Volunteer

Recently I went to my husband's native place, a small village in Tamil Nadu and did some Light Channelling work. I was amazed at people welcoming Light Channelling irrespective of their religion. For most part of this journey I was calm, peaceful, cheerful and energetic, and was not affected by any of the inconveniences that we faced. There was an unmistakable peace and love in the air. One day the auto driver refused to accept the extra waiting charge because of the good work I was doing. He had overheard my brief phone conversations with the Headmasters during the ride and wanted to contribute in his own way. Other people also came forward to help in their own way. We were drenched in the love showered on us. I cherish those wonderful moments with gratitude.

- Nirmala Bala, Volunteer

I have been practising Light Channelling for the last few years and have also been regularly conducting Light Channelling sessions with children as well as adults. The participants have shared very remarkable experiences.

A person aged around 39 years, had lenses of around 3.0 power. After regular Light Channelling, within 15 days the number reduced by 1.25. He got it checked from two doctors and both of them were surprised. Another person had serious family issues for long. They got sorted out completely within a week.

Three of the participants had severe sleeping disorder. After the very first session, they started seeing results and in the next few days they stopped taking sleeping pills. One participant had stomach acidity for many years. After practising Light Channelling for only seven days, his acidity was gone completely and it has not recurred since then. Another participant was suffering from severe backache for the last 2 or 3 years and had visited many doctors. After practising Light Channelling regularly for 15 days, his backache reduced by fifty percent. Now he channels Light regularly and is very comfortable even without medicines. Yet another participant was suffering from severe arthritis of the hip joint and was regularly taking painkillers. After regular Light Channelling he too is very comfortable now and needs no medicines.

One of the participants had been cheated by his business partners a few years ago. After only few days of regular Light Channelling his partners came to him and apologized for what they had done.

- Sanjay Manohar, A Light Channel