



GURUJI KRISHNANANDA (1939-2012)

LIGHT

Light, not the physical Light but the subtlest Light, is the source of all Creation. It is the Source of all positive energies. It is the Source of Love, Peace, Truth, Wisdom and all Life. This Light is GOD.

CHANNELLING

Channelling is allowing the Light to descend into us by intending and then spreading It around the world. Our body transforms the frequency to the grosser level.

The vibrations from the Light reach all beings and nature. They, carry the energies of Healing, Love, Peace and all positivity. They, help Transformation. We will be better human beings. The world will be a better world.

TECHNIQUE

Imagine an ocean of Light above you. Imagine the Light descending and filling up your body. Then experience the Love, Light and Peace of the Light for a minute and then, imagine It spreading out gradually to your school, locality, country and world.

Practise this for a minimum period of seven minutes.

LIGHT CHANNELS WORLD MOVEMENT

was launched by Guruji Krishnananda, founder of the Rishis Path, on 18th May 2008.

The Movement is to channel Light daily for seven minutes when we wake up or go to bed from our own places on this earth.

The aim of the Movement is, mainly,

UNIQUENESS OF THE MOVEMENT

- Oneness by Light
- Non-religious, Universal
- No restrictions, no conditions
- No membership
- Everyone can contribute to Peace
- Helps the individual, helps the world

LIGHT CHANNELS

Volume 7, Issue 3

Bi-Monthly Newsletter

May-June 2017

A MESSAGE

Guruji Krishnananda

(Excerpts from his talks)

All human beings must follow a Value System. This should be the System of Universal Values or Universalism. The Universal Values are, love for all, compassion, sharing, truth, peace and perfection - the gist of all religions. We have to try to be perfect in everything that we do; whether it is Meditation or any work, big or small.

Such a value system will be the way of life in the future - a non-religious and Enlightened way of living. The whole humanity will be following it. All present systems that are based on beliefs will be replaced with a system based on direct experience and manifestation of these values.

HAPPENINGS

Jayant Deshpande

Apart from focussing on teaching Light Channelling to school children, we are spreading the awareness of this silent but great Movement through social media. And with support of people from different parts of the world, this awareness is spreading and reaching all corners of the world. The majority, however, is still unaware of this powerful Movement which has the power to alter the destiny of this world.

The destiny of the world may be changing slowly, but a lot more can happen a lot more quickly, if the majority of people in this world become aware and participate in this Movement. They do not have to declare it or become a member or participate in protests. They just have to channel Light silently from the solitude of their homes.

LIGHT WORKS

Manoj Chopra

In 2009, when we started teaching Light Channelling, our main focus was school children. We could not approach more adults compared to children, due to lack of volunteers. After eight years, we now realize, that many children who were taught Light Channelling then, are now in colleges, pursuing higher studies and many are working. Most of them are practising Light Channelling even now. It is very satisfying to understand that the awareness of Light is reaching different parts of the World through these wonderful souls.

It is very touching to know that several schools practise Light Channelling before their exams. It shows their trust in Light Channelling.

Our heartfelt gratitude towards children and School Authorities for their immense support.

MANASA FOUNDATION (R)



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e-mail : info@lightagemasters.com

website : www.lightagemasters.com, www.lightchannels.com

REGULAR CHANNELLING CENTRES

People from the locality join voluntarily to channel Light in a group at our Regular Light Channelling Centres, periodically. All are welcome to participate. There is no fee. There is no membership.

Bangalore

Monday to Friday (7 PM to 7.15 PM)

Sri Siddashrama, 17th Cross,
Malleshwaram.

☎ 9480121545 Mr. K Chandrashekar

Mondays (6.30 PM to 7 PM)

Anjaneya Temple, Mahalakshmi Layout

☎ 9972111809 Mrs. Anjali Patil. K

Wednesdays (6.30 PM to 7 PM)

Maruti Mandira, Vijayanagar

☎ 9972111809 Mrs. Anjali Patil. K

Fridays (6.30 PM to 7 PM)

Sumathi', No. 481, 7th Cross,
7th Main, J.P. Nagar, III Phase.

☎ 9900110351 Mr. Ramesh V Bosekar

Fridays (12 Noon)

Siddhi Vinayaka Devastana, 59/1,
Hutchins Road, 3rd Cross, Cooke Town

☎ 9980205803 Mrs. Nirmala Bala,

☎ 9880162766 Mr. Vinu Verghese

Saturdays (6.30 PM to 7 PM)

Balamuri Mahaganapathi,
Sri Rajarajeshwari and
Sri Lakshmi Narayana Temple,
8th Cross, Near Hoysala Circle,
Kengeri Satellite Town

☎ 9972111809 Mrs. Anjali Patil. K

Millions have benefitted by practising Light Channelling regularly. Many have received miraculous help and have had wonderful experiences. Your experiences may inspire others and may guide others. Please share your experiences with us. Please write to us at:
info@lightagemasters.com



Members of the Regular Light Channelling Center in Kengeri, channelling Light

QUOTES FROM THE LIGHT MASTERS

- Transformation does not require years of Meditations. Transformation occurs in a fraction of a second.
- The moment you accept Light at the level of the soul, you are a changed person.
- We have no right to judge and correct others. God takes care of each soul.
- Whenever we come across a disturbed emanation from a person, let us send our positive vibrations and love.
- Spread love and share happiness to receive more of the same in return.
- Absence of love towards nature, others and God is the major cause for disharmony in us.
- Spirituality is the capacity to love others, allow the manifestation of God through us and the capacity to put down our ego.
- When we carry love, we also respect others, respect life, respect everything.

LIGHT CHANNELLING IN SCHOOLS

Schools participated	:	5133
Students channelled Light	:	27.78 lakhs
Schools channelling regularly	:	1240
Students channelled regularly	:	5.34 lakhs

APPEAL TO SCHOOLS

**Please help in strengthening Light Channels
World Movement by making Light Channelling a
part of daily prayers in your School.**

The Most Important Practice

Jayant Deshpande

On 18th May, we complete 9 years of the Light Channels World Movement launched by Guruji Krishnananda. In these 9 years, the Movement has grown substantially although silently. This Movement is very rarely mentioned in the media but millions in the world are aware of it and participate in it silently. The Light spread by them works silently and helps the shift in collective awareness of the humanity. It is the shift in awareness that helps the humanity come out from the clutches of the dark and embrace the Light. The shift takes us slowly towards the New Age.

Like this silent Movement launched by him, Guruji Krishnananda also worked silently throughout his life, keeping himself away from publicity. He introduced us to the Light and Light Masters. His life was the greatest example of Light manifesting through human life. He was the greatest example of a New Age person having immense Love and concern for the world. Although he lived ahead of his time, he respected the present human life. He respected the human limitations, imperfections and struggle to move towards perfection. He was like the guide, walking ahead of others, showing them the way and yet patiently waiting for others to join and follow him.

He gave us a direction in these turbulent and confusing times. He told us the importance of choosing Light. Spirituality is the only way to deal with the difficult situations of current times. To spiritualise, we need not go on a pilgrimage; we need not go anywhere; we just have to become good, honest and peaceful. When we live with goodness and honesty, we are helped by the Light to sail through this turbulent period, comfortably. And he gave us this technique of Light Channelling, which helps people experience Peace and become peaceful.

He wanted the New Age to be established now itself but he also knew that the process of transition takes time. People take time to change. First they have to become aware of a higher way of living and then they have to actually begin living in the higher way. This process takes time and Light Channelling hastens this process.

That is why it is important to spread the awareness of Light Channelling to the entire world. This is the most important practice of these difficult, turbulent and confusing times. ■

REGULAR CHANNELLING CENTRES

Please join us in channelling of Light at one of our Regular Light Channelling Centres once a week and help us in spreading and strengthening the vibrations of Peace and Love. Please share this Newsletter with family members and friends. A free PDF version of this Newsletter can be downloaded from our website: www.lightchannels.com

Solapur

**Mondays and Thursdays
(7 PM to 7.15 PM)**

Bal Ganesh Mandir, Bushar Peth, Mohol
☎ 9860967066 Mr. Vivekananda Swami
☎ 9970800279 Mrs. Swaroopa Swami

Miraj

Thursdays (7.45 PM)

Shri Shivarudra B. Belaganvi,
A-Gat Plot No-135,
C/o Shri Swami Samarth Seva Kendra.
☎ 9822421463 Mr. Mahajan

Chennai

Saturdays (10 AM to 10.30 AM)

481, SAIPREM, 19th Street,
4th Sector, K. K. Nagar.
☎ 94448 80409 Mrs. Rajalakshmi R

Pune

Saturdays (7 PM to 7.30 PM)

3 - B, Kapila Housing Society,
Gokhalenagar
☎ 9011038169 Mr. Ashutosh Navangul

Experiences of many children, teachers and volunteers are compiled in the book "Experiences of Light Channels". When many others shared their experiences after the release of the book, second volume of the book was brought out. Both the volumes of the book can be freely downloaded from our website: www.lightchannels.com

EXPERIENCES

Compiled by Vaishali Joshi



We channel Light regularly in our school every Saturday. All the students of our school have become very calm.

- Mrs. Thakkar, Principal, Vidyaniketan English School, Sangli

The students from standard 1 to 4 have been taught Light Channelling and their parents have been informed about it. The students are channelling Light regularly now. The school has benefited from this, as students have become more disciplined.

- Mrs. Kale, Principal, MAEERS MIT Shri Swami Vivekanand Primary School, Pune

I have greatly benefited from practising Light Channelling regularly. I had a tooth problem and I am petrified and fearful of dentists. I just prayed to Light that I should be taken to a nice and good dentist whom I would like. The same day, I got a reference of a dentist. I called, but there was no response. I was actually relieved that I didn't have to go. Surprisingly, the dentist called back. She made me very comfortable. During the treatment, unknown to each other both of us prayed. I believe that Light took me to her.

During the week of Christmas, we went to Commercial Street. The road was full of people walking; there was no place to walk, let alone getting a parking place. I prayed to Light and

after dropping off the people, I got a parking space without having to go round and round. This was indeed a miracle.

- Arjun Scindia

Some ladies from my group channel Light regularly, and they have made Light their companion and guide.

Mrs. Jagruti Korde, a friend of mine, had severe backache at 11 PM in the night. She was unable to reach her back with her hands to apply balm. She prayed to the Light lying down and channelled It. Within five minutes the pain was completely gone and she fell asleep. Once, she was treating her patient with Acupressure on the waist. At that very point where there was maximum pain, she clearly saw a drop of Light falling down from her fingertip; like a drop of water and entering the waist!

Mrs. Vaishali Mothe experienced the extent of protection given by Light. She was reading in the morning and had switched on the reading light. Suddenly, the bulb exploded and broken pieces of glass were strewn across the entire room. There were pieces of glass even under the sofa on which she was sitting, but not a single piece of glass fell on her or on the sofa. We are very grateful to Light, Rishis and Guruji.

- Saroj Sawale