



GURUJI KRISHNANANDA (1939-2012)

LIGHT

Light, not the physical Light but the subtlest Light, is the source of all Creation. It is the Source of all positive energies. It is the Source of Love, Peace, Truth, Wisdom and all Life. This Light is GOD.

CHANNELLING

Channelling is allowing the Light to descend into us by intending and then spreading It around the world. Our body transforms the frequency to the grosser level.

The vibrations from the Light reach all beings and nature. They, carry the energies of Healing, Love, Peace and all positivity. They, help Transformation. We will be better human beings. The world will be a better world.

TECHNIQUE

Imagine an ocean of Light above you. Imagine the Light descending and filling up your body. Then experience the Love, Light and Peace of the Light for a minute and then, imagine It spreading out gradually to your school, locality, country and world.

Practise this for a minimum period of seven minutes.

LIGHT CHANNELS WORLD MOVEMENT

was launched by Guruji Krishnananda, founder of the Rishis Path, on 18th May 2008.

The Movement is to channel Light daily for seven minutes when we wake up or go to bed from our own places on this earth.

The aim of the Movement is, mainly, Peace on this earth.

UNIQUENESS OF THE MOVEMENT

- Oneness by Light
- Non-religious, Universal
- No restrictions, no conditions
- No membership
- Everyone can contribute to Peace
- Helps the individual, helps the world

LIGHT CHANNELS

Volume 7, Issue 6

Bi-Monthly Newsletter

Nov-Dec 2017

A MESSAGE

Guruji Krishnananda

(Excerpts from his talk on 11th February 2001)

To achieve our goals, naturally we have to make efforts. We have to make efforts at two different levels; one at the physical level and also at the Spiritual level. At the physical level we know what the work is, what the problem is. We will attend to that. At the Spiritual level we have to meditate and pray. We have to seek assistance from God. And when we make an effort at only one level, naturally we may not get the results to our satisfaction. So we have to make efforts at both the levels and wait. Sometimes we may not achieve, we may not get what we want or at the time we want. We have to leave it to God and wait.

HAPPENINGS

Jayant Deshpande

When I think of our Volunteers, the first thing that touches me is their enthusiasm. It comes from their core and gets multiplied when they meet the children. Children carry so much of life-force in them, so much of innocence and purity that one cannot remain untouched when amongst them. Some of the other qualities of our Volunteers that inspire me and also touch the School authorities are - their conviction in Light Channelling, their selfless attitude, sincerity and their genuine wish to spread this awareness of Light.

Their contribution probably will not be known by the world but the Light notices and creates a place for them in Its core.

LIGHT WORKS

Manoj Chopra

We are completing eight years teaching Light channeling in Schools. It has been an amazing journey. In these years, our Volunteers have established wonderful relations with the School authorities, teachers and children. We have always received a warm welcome and have been accommodated, in spite of their challenging schedules. It shows that they value our work and understand our Volunteers.

In these years, several new Volunteers joined our work and brought new zeal and enthusiasm. Many senior Volunteers are working from the beginning and have laid a strong foundation for years to come. This work will continue until the complete dawn of 'New Age'. We are blessed to be part of this great project.

MANASA FOUNDATION (R)



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e-mail : info@lightagemasters.com

website : www.lightagemasters.com, www.lightchannels.com

REGULAR CHANNELLING CENTRES

People from the locality join voluntarily to channel Light in a group at our Regular Light Channelling Centres, periodically. All are welcome to participate. There is no fee. There is no membership.

Bangalore

Monday to Friday (7 PM to 7.15 PM)

Sri Siddashrama, 17th Cross,
Malleswaram.

☎ 9480121545 Mr. K Chandrashekar

Mondays (6.30 PM to 7 PM)

Anjaneya Temple, Mahalakshmi Layout

☎ 9972111809 Mrs. Anjali Patil. K

Wednesdays (6.30 PM to 7 PM)

Maruti Mandira, Vijayanagar

☎ 9972111809 Mrs. Anjali Patil. K

Fridays (6.30 PM to 7 PM)

Sumathi', No. 481, 7th Cross,
7th Main, J.P. Nagar, III Phase.

☎ 9900110351 Mr. Ramesh V Bosekar

Fridays (12 Noon)

Siddhi Vinayaka Devastana, 59/1,
Hutchins Road, 3rd Cross, Cooke Town

☎ 9980205803 Mrs. Nirmala Bala

Saturdays (6.30 PM to 7 PM)

Balamuri Mahaganapathi,
Sri Rajarajeshwari and
Sri Lakshmi Narayana Temple,
8th Cross, Near Hoysala Circle,
Kengeri Satellite Town

☎ 9972111809 Mrs. Anjali Patil. K

Millions have benefitted by practising Light Channelling regularly. Many have received miraculous help and have had wonderful experiences. Your experiences may inspire others and may guide others. Please share your experiences with us. Please write to us at:
info@lightagemasters.com



Members of 'Light of Life Trust Group' at Worli, channelling Light on 19th August 2017

QUOTES FROM THE LIGHT MASTERS

- ❖ We have to love the world. We have to be good to each and everything around. We have to appreciate the beauty in and around us, as it is from God.
- ❖ We have to accept anything with a smile; including pain.
- ❖ We need not even pray for anything. God will provide us with whatever is required.
- ❖ God expresses His opinion and it is we who don't follow, for which we face the consequences. He loves us and it is not easy to understand God. He is aware of each and everything that is happening.
- ❖ The whole basis of Creation is Love. If we can know this Truth, we can accept everything. This place ... this earth ... is like a school.
- ❖ We like some people and dislike some people, and we hate some people. This is the time to rise above all such things. This is an opportunity to get over the ordinary human part.
- ❖ "Cleanliness is Spiritual". External cleanliness also makes us feel clean inside. Cleanliness at the level of the body naturally makes our mind clean; our thoughts clean.

-Guruji Krishnananda

LIGHT CHANNELLING IN SCHOOLS

Schools participated	:	5143
Students channelled Light	:	27.83 lakhs
Schools channelling regularly	:	1240
Students channelled regularly	:	5.34 lakhs

APPEAL TO SCHOOLS

**Please help in strengthening Light Channels
World Movement by making Light Channelling a
part of daily prayers in your School.**

New Age, a Reality

Jayant Deshpande

The news channels are busy reporting tirelessly; many events of mass killing, burning of houses, migration of millions of people trying to find safe places to first survive and then hope to live with some dignity. There are floods and hurricanes leaving millions of people without power and drinking water for several days. And there are those of us who are away from such harsh and cruel realities of life but we too have to deal with stress of different kinds – stress at our work places, stress of having to deal with corruption and injustice, et cetera.

One wonders, how will a life such as this lead us to the New Age of Peace and Perfection.

But then the Light Masters in the higher realms have seen this painful period of Transition of our earth; from the dark age to the New Age, several times in the past. This is not the first time when we are entering the New Age. The New Age is a definite destiny but then we are currently passing through the period of Transition. The period of Transition need not be this painful always. If people – majority of them - accept the change, accept the new energies being spread by the Masters, accept the Light channelled by millions, then the pain can be avoided and we can peacefully transition to the Age of Peace and Perfection. By not accepting the new energies, we create opportunities for the dark forces to persist with their activities, which create pain for the masses. And when so many people in this world are suffering, we cannot live peacefully. Their suffering touches us somehow.

If we understand these facts, it helps us deal with these realities facing us. This chaos the world is currently going through, is temporary. The surfacing of negativity that we see so often these days, weakens the negativity. It does not strengthen the negative forces. When the darkness is exposed, it becomes weak.

Although our progress appears very chaotic, the fact is that we are progressing. A new system, a new order will emerge from this chaos. The Light spread by millions of people is helping the world. It heals and also brings a new awareness. It prevents wars. And although all the people may not know about the New Age, they do become aware of it at a deeper level.

These are the times, when the people aligned with the Light have to be stronger in their faith. They have to channel more Light. Then many more will join and this silent 'Revolution by Light' will grow stronger to take us completely into the New Age ultimately.

REGULAR CHANNELLING CENTRES

Please join us in channelling of Light at one of our Regular Light Channelling Centres once a week and help us in spreading and strengthening the vibrations of Peace and Love. Please share this Newsletter with family members and friends. A free PDF version of this Newsletter can be downloaded from our website: www.lightchannels.com

Solapur

**Mondays and Thursdays
(7 PM to 7.15 PM)**

Bal Ganesh Mandir, Bushar Peth, Mohol
☎ 9860967066 Mr. Vivekananda Swami
☎ 9970800279 Mrs. Swaroopa Swami

Miraj

Thursdays (7.45 PM)

Shri Shivarudra B. Belaganvi,
A-Gat Plot No-135,
C/o Shri Swami Samarth Seva Kendra.
☎ 9822421463 Mr. Mahajan

Chennai

Saturdays (10 AM to 10.30 AM)

481, SAIPREM, 19th Street,
4th Sector, K. K. Nagar.
☎ 94448 80409 Mrs. Rajalakshmi R

Pune

Saturdays (7 PM to 7.30 PM)

3 - B, Kapila Housing Society,
Gokhalenagar
☎ 9011038169 Mr. Ashutosh Navangul

Experiences of many children, teachers and volunteers are compiled in the book "Experiences of Light Channels". When many others shared their experiences after the release of the book, second volume of the book was brought out. Both the volumes of the book can be freely downloaded from our website: www.lightchannels.com

EXPERIENCES

Compiled by Vaishali Joshi



I practise Light Channelling at home daily for 7 minutes. I handle all situations perfectly with the help of Light. In school, Light Channelling is practised daily for 7 minutes during assembly and for 3 minutes in the classroom. I have observed that there is an improvement in the behaviour of students; their arrogance has come down, there is an increase in their learning capacity and their health has improved.

- Ms. Sandhya Rao, Headmistress,
Arunodaya School, Sunkadakatte,
Bangalore

We are very happy to implement Light Channelling in our school. Students' behaviour, memory and concentration have improved. The school is quiet. There are no complaints and no punishments. Once, when a stress management program was planned for the teachers, they said that it was not needed as they were happy practising Light Channelling daily in school for 7 minutes and they did not have any stress.

- Ms. Kusuma, Headmistress,
Shantiniketana Primary School,
Ramnagar

Light Channelling is a very good technique. Students are more disciplined and their learning capacity has increased. They are more confident now and do not make mistakes. Teachers have also benefited.

- Mr. Krishnaiah, Headmaster,
Rotary Bangalore Vidyalaya,
Bangalore

During the Light Channelling session I was really happy, felt fresh and relaxed, and experienced peace of mind. I channel Light daily, whenever I sit to study. I am able to concentrate fully on my studies. When I practise Light Channelling wholeheartedly and pray to God to fulfill my needs, they are really fulfilled. I wish and take a pledge that I will spread the experience of Light Channelling and request others to practise it.

- Rakshanda Aiman., Std. X,
Canaan Christ Public School, BTM
Layout, Bangalore

Just 5 minutes of channelling Light daily changes the whole day. It helps the students to focus on studies and keeps them fresh. They come from different backgrounds, but Light Channelling makes them think in the right direction. Thanks for the technique.

- Ms. Sharada N. K.,
Headmistress, Soundarya
Vidyamanya Vidyakendra, Bangalore

We would like to thank Mrs. Medha Kulkarni and her team for conducting the Light Channelling session on Thursday, 14th September 2017 at 10 AM in our college premises. Around 311 students participated in the session. The session was very good and the students felt very peaceful after the session. The students are practising the technique and it is really helping them to concentrate on their studies during exams.

- Mrs. Padma Kandarkar, Training
and Placement Officer, RSSP's
Maharashtra college of Science and
Commerce, Pune