

**GURUJI KRISHNANANDA (1939-2012)** 

#### **LIGHT**

Light, not the physical Light but the subtlest Light, is the source of all Creation. It is the Source of all positive energies. It is the Source of Love, Peace, Truth, Wisdom and all Life. This Light is GOD.

#### **CHANNELLING**

Channelling is allowing the Light to descend into us by intending and then spreading It around the world. Our body transforms the frequency to the grosser level.

The vibrations from the Light reach all beings and nature. They, carry the energies of Healing, Love, Peace and all positivity. They, help Transformation. We will be better human beings. The world will be a better world.

#### **TECHNIQUE**

Imagine an ocean of Light above you. Imagine the Light descending and filling up your body. Then experience the Love, Light and Peace of the Light for a minute and then, imagine It spreading out gradually to your school, locality, country and world.

Practise this for a minimum period of seven minutes.

# LIGHT CHANNELS WORLD MOVEMENT

was launched by Guruji Krishnananda, founder of the Rishis Path, on 18<sup>th</sup> May 2008.

The Movement is to channel Light daily for seven minutes when we wake up or go to bed from our own places on this earth.

The aim of the Movement is, mainly, Peace on this earth.

#### **UNIQUENESS OF THE MOVEMENT**

- · Oneness by Light
- Non-religious, Universal
- No restrictions, no conditions
- No membership
- Everyone can contribute to Peace
- Helps the individual, helps the world

# LIGHT CHANNELS

Volume 8, Issue 2 Bi-M

**Bi-Monthly Newsletter** 

Mar-Apr 2018

# **A MESSAGE**

# Guruji Krishnananda

(Excerpts from his talks delivered on 6<sup>th</sup> Feb 2000)

We know that humility makes a person respect the other person. We start respecting the other person's emotions, the other person's thoughts, the other person's opinions. Each is different. We are billions of people on this earth. Each one is different. We accept the other person as he is without any conflict. Humility makes us listen to the other person. Because I respect the other man, I listen to him, I respect his views. Listening to others is very difficult. When we start listening to others, we also start understanding the other point of view. Then there is an understanding, if not total agreement, we understand at least. We differ respectfully and there is less disharmony. There is more harmony. It's a very simple thing. We understand all these things normally, and we also make notes but we don't apply them in life.

## **HAPPENINGS**

# **Jayant Deshpande**

A school teacher, who had pain in her legs for several months, experienced that her pain vanished while she was channelling Light in her school during the Light Channelling session conducted by our Volunteers. She narrated her experience to our Volunteers with tears of gratitude in her eyes. Light contains healing energies. Light contains everything that is positive. Many school children and teachers have expressed that they feel very relaxed and positive after channelling Light.

After experiencing the positive impact of Light Channelling, many schools are making it a practice to channel Light before the classes begin. It is helping the students and the teachers. Light helps everybody. Anybody can channel Light and help oneself and the World.

# **LIGHT WORKS**

#### **Manoj Chopra**

The 8<sup>th</sup> World Channels Day brought happiness to millions and a hope for a better World. This hope was intended by millions of people who channelled Light on this special day. Revolution by Light is moving in the right direction. The World is opening up to the 'Light' gradually.

Our Volunteers worked tirelessly and covered hundreds of schools. I am always overwhelmed by their scrupulous plan. Their sincerity and honesty always touches me.

We thank all the School Authorities, Teachers, Children and other Light channels for their immense support. They are inseparable from us. Their Love for Light Channelling always motivates us. The Light Channelling team is incomplete without their support.

# **MANASA FOUNDATION (R)**



Taponagara, Chikkagubbi (Off Hennur - Bagalur Road), Bangalore Urban - 560077. INDIA.

Phone: (080) 2846 5280, 99000 75280 (10 AM to 5 PM)

e-mail: info@lightagemasters.com

website: www.lightagemasters.com, www.lightchannels.com

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#### **REGULAR CHANNELLING CENTRES**

People from the locality join voluntarily to channel Light in a group at our Regular Light Channelling Centres, periodically. All are welcome to participate. There is no fee. There is no membership.

#### **Bangalore**

Monday to Friday (7 PM to 7.15 PM)
Sri Siddashrama, 17<sup>th</sup> Cross,
Malleshwaram.

☎ 9480121545 Mr. K Chandrashekar

Mondays (6.30 PM to 7 PM)

Anjaneya Temple, Mahalakshmi Layout **5** 9972111809 Mrs. Anjali Patil. K

Wednesdays (6.30 PM to 7 PM)

Maruti Mandira, Vijayanagar 5 9972111809 Mrs. Anjali Patil. K

Fridays (6.30 PM to 7 PM)

Sumathi', No. 481, 7<sup>th</sup> Cross, 7<sup>th</sup> Main, J.P. Nagar, III Phase.

2 9900110351 Mr. Ramesh V Bosekar

#### Fridays (12 Noon)

Siddhi Vinayaka Devastana, 59/1, Hutchins Road, 3<sup>rd</sup> Cross, Cooke Town 9980205803 Mrs. Nirmala Bala

Saturdays (6.30 PM to 7 PM)

Balamuri Mahaganapathi, Sri Rajarajeshwari and Sri Lakshmi Narayana Temple, 8<sup>th</sup> Cross, Near Hoysala Circle, Kengeri Satellite Town

☎ 9972111809 Mrs. Anjali Patil. K

Millions have benefitted by practising Light Channelling regularly. Many have received miraculous help and have had wonderful experiences. Your experiences may inspire others and may guide others. Please share your experiences with us. Please write to us at: info@lightagemasters.com



Volunteers celebrate the success of the World Channels Day 2018

# **QUOTES FROM THE LIGHT MASTERS**

- Life becomes most beautiful when we meditate and positivise all emotions and thoughts. Mere Meditation will not help; constant effort is a must.
- When we have a very genuine, simple, sincere, pure emotion and thought: we will feel so much of happiness, there will be no confusion, we feel as if we are gods.
- ♦ When the quality of life of an individual changes, somehow the quality of life at the global level also changes. You may wonder how this is possible, but this is a reality. One person can make a lot of difference.
- A simple way of dealing with despair is to develop a relation with God. Seek help from Him, and we will get it. Maybe sometimes there will be some delay, but we always get the help.
- Struggle helps in understanding the realities; understanding the truth. Only when we struggle, we gear up our entire personality. Otherwise we will be very complacent and lazv.
- Only when we become pure, only when we become innocent like children, we can establish the contact with God.
- We usually blame Karmas for all our problems and also failures. But the fact is that it is not the Karmas always that make us go through these problems; it is the wrong decisions we make, the wrong choices we make and continue to make even now.

- Guruji Krishnananda

# LIGHT CHANNELLING IN SCHOOLS

Schools participated : 5352

Students channelled Light : 28.48 lakhs

Schools channelling regularly : 1240

Students channelling regularly : 5.34 lakhs

#### APPEAL TO SCHOOLS

Please help in strengthening Light Channels World Movement by making Light Channelling a part of daily prayers in your School. Volume 8, Issue 2

# 8<sup>th</sup> World Channels Day

## Manoj Kumar Chopra

Revolution by Light, a silent Movement which was started by Guruji Krishnananda on May 18, 2008, has successfully entered its 10<sup>th</sup> year. Revolution with Light never fails. This is the final Revolution which will definitely lead humanity to the New Age. The 8<sup>th</sup> World Channels Day was another such effort to take humanity towards the magnificent era of Golden Age.

The 8th World Channels Day was another memorable experience for all of us. To make this Day successful, more than 150 Volunteers from all over India worked for more than a month. Their goal was tough to achieve, but their plan was meticulous and its execution was picture-perfect. With the grace of Astral Masters and with the help of the Universe, Light Channelling team not only achieved the goal but also surpassed it. They presented a very special gift to Maharshi Amara on his 99<sup>th</sup> Birth Anniversary. More than 1 million children and adults channelled Light on this Day. Around 2,400 schools from all over India participated in this silent Revolution. Light Channelling sessions were conducted in Bangalore, Mysore, Tumkur and other parts of Karnataka and also in Chennai, Madurai and several other parts of Tamil Nadu. Similarly the sessions were conducted in Mumbai, Pune, Sangli, Amravati and different parts of Maharashtra and also in Hyderabad, Vishakhapatnam, New Delhi and Rajasthan.

Although this year was more challenging on all fronts for our Volunteers, their determination and enthusiasm made them cross all the barriers. They supported each other. They worked with great zeal. Several volunteers travelled thousands of kilometers to cover schools within and outside Bangalore and in other cities. They met the School Authorities and informed them about World Channels Day. They taught and trained teachers and student leaders to conduct Light Channelling on their own.

On that Day, thousands of schools channelled 'Light' on their own. Several schools sent photographs by email, WhatsApp and confirmed their participation. Many intimated us by phone. We are grateful to all the School Authorities for their immeasurable support.

Every year lakhs of children and adults are opening up to Light. They are making 'Light' their companion. With regular Light Channelling they are transforming themselves. Their channelling impacts their surroundings and also the World. This Revolution is already being built by these wonderful souls.

Light channelled by lakhs of children will definitely have a positive effect on the World. We thank the children, teachers and other Light channels for their immense support. Let more Love and Peace prevail in the World.

#### REGULAR CHANNELLING CENTRES

Please join us in channelling of Light at one of our Regular Light Channelling Centres once a week and help us in spreading and strengthening the vibrations of Peace and Love. Please share this Newsletter with family members and friends. A free PDF version of this Newsletter can be downloaded from our website: www.lightchannels.com

#### Solapur

Mondays and Thursdays (7 PM to 7.15 PM)

Bal Ganesh Mandir, Bushar Peth, Mohol

- ☎ 9860967066 Mr. Vivekananda Swami
- ☎ 9970800279 Mrs. Swaroopa Swami

#### Chennai

Sundays (10 AM to 10.30 AM) 481, SAIPREM, 19th Street, 4th Sector, K. K. Nagar.

☎ 94448 80409 Mrs. Rajalakshmi R

#### Pune

Saturdays (7 PM to 7.30 PM)

3 - B, Kapila Housing Society, Gokhalenagar

7 9011038169 Mr. Ashutosh Navangul

Experiences of many children, teachers and volunteers are compiled in the book "Experiences of Light Channels". When many others shared their experiences after the release of the book, the second volume was brought out. Both the volumes of the book can be freely downloaded from our website:

www.lightchannels.com

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#### **EXPERIENCES**

# Compiled by Vaishali Joshi

It was a great pleasure learning and sharing the experience of Light Channelling and also learning about the importance of Light in our life. We appreciate the efforts of Mrs. Nirmala in visiting our Institute and teaching the students simple Meditation methods, and also for bringing in awareness in students about Light Channelling and Light.

- Tabrez Ahmed, Secretary and correspondent, Twinkle Public School, Bangalore

We parked the scooter at the railway station and returned after an hour's work. As the engine was turned off for a long time, the scooter did not start quickly. It started after some time but after we went half the distance it stopped again. There was fuel in it but it still wouldn't start. My husband got tired trying to kick-start it. Right there I started channelling Light. I told my husband to try again. The scooter started properly and we reached home. This was my first experience with Light Channelling.

- Mugdha Milind Kulkarni, Light channel

After returning home from a Light Channelling session, I opened the door as usual and went in, but forgot the keys on the main door outside. Our house has two doors – a security door and a main door. As I was alone. I locked the security door from the inside. In the evening when I tried to open the door I realised what had happened. I tried opening it for a long time without success. There was no one nearby to call for help. Even my husband was in his office. Then I realised that it would not be possible to open the door from the outside because all the extra security locks were also locked from the inside. So it would have to be cut open. I became very restless. Then I closed my eyes and prayed to Rishis and Light wholeheartedly to help me open the door. After that when I touched the handle of the door it opened slowly as if somebody was opening it from outside and a gentle breeze came in. The key was on the door itself. My eyes were filled with tears. I thanked the Rishis and Light with my heart filled with respect. I sat for Meditation again in a very emotional state and experienced so much of Peace and Light. The door that I was trying to open for more than an hour and a half without success, opened immediately after I prayed to Light! I felt the presence of Rishis and Light and was filled with gratitude.

> - Vaishali Nitin Tare, Volunteer

MORE THAN
1 MILLION CHANNELLED LIGHT ON
WORLD CHANNELS DAY, 1<sup>st</sup> FEBRUARY 2018

# **THANK YOU**

LIGHT CHANNELS An English Bi-Monthly Newspaper, for private circulation only. Printed, Published and Edited by Jayant Deshpande on behalf of Manasa Foundation (R). Published from Manasa Foundation (R), Taponagara, Chikkagubbi, Off Hennur Bagalur Road, Bangalore – 560077 and Printed at M/s. Lotus Printers Private Limited, Ph.: 23380167 / 23209909, email: lotus.creation777@gmail.com, website: www.lotusprinters.com, Owner: Manasa Foundation (R), Taponagara, Chikkagubbi, Off Hennur Bagalur Road, Bangalore – 560077. Editor: Jayant Deshpande