

GURUJI KRISHNANANDA (1939-2012)

LIGHT

Light, not the physical Light but the subtlest Light, is the source of all Creation. It is the Source of all positive energies. It is the Source of Love, Peace, Truth, Wisdom and all Life. This Light is GOD.

CHANNELLING

Channelling is allowing the Light to descend into us by intending and then spreading It around the world. Our body transforms the frequency to the grosser level.

The vibrations from the Light reach all beings and nature. They, carry the energies of Healing, Love, Peace and all positivity. They, help Transformation. We will be better human beings. The world will be a better world.

TECHNIQUE

Imagine an ocean of Light above you. Imagine the Light descending and filling up your body. Then experience the Love, Light and Peace of the Light for a minute and then, imagine It spreading out gradually to your school, locality, country and world.

Practise this for a minimum period of seven minutes.

LIGHT CHANNELS WORLD MOVEMENT

was launched by Guruji Krishnananda, founder of the Rishis Path, on 18th May 2008.

The Movement is to channel Light daily for seven minutes when we wake up or go to bed from our own places on this earth.

The aim of the Movement is, mainly, Peace on this earth.

UNIQUENESS OF THE MOVEMENT

- Oneness by Light
- Non-religious, Universal
- No restrictions, no conditions
- No membership
- Everyone can contribute to Peace
- Helps the individual, helps the world

LIGHT CHANNELS

Volume 8, Issue 3

Bi-Monthly Newsletter

May-June 2018

A MESSAGE

Guruji Krishnananda

(Excerpts from his talks delivered on 9th January 2000)

We have to realize that diversity is the speciality of this plane. There cannot be uniformity. No one is like anybody else. Everyone is different. Six billion people are six billion varieties, six billion worlds. No two people are alike. How can there be a kind of uniformity. It's a diverse world. You observe nature, there is so much of diversity in nature. We have to accept it. And there is diversity even amongst us. We are different. We just manage, accommodate others, that's all. I think we have to understand these things in a different way altogether, because this is not a plane of uniformity but diversity. Equality is equality in opportunities. It is respecting equally every form of life. It is not merely respecting the man. Every form of life has the right to exist on this plane. I think we should respect that now. We are entering into the computer age and it should become easy for us to understand these things. Putting into practice is always difficult in every Yuga, but at least we can understand these things.

HAPPENINGS

Jayant Deshpande

When Guruji Krishnananda launched the Light Channels World Movement in 2008, we hadn't imagined that the Movement would spread so quickly. He used to teach Meditations and his meditator students used to channel Light even before the Movement was launched. After the launch of the Movement many people, not necessarily meditators, began channelling Light. By providing this simple technique to people, Guruji brought Light, which is the highest Intelligence, into their lives.

When the Movement was launched, only a few hundred people were channelling Light and as we approach the tenth anniversary of the Movement, millions are channelling Light and helping the Movement gather strength and momentum.

LIGHT WORKS

Manoj Chopra

A very touching message came from a school Principal. She mentioned, "I made children channel Light for 10 minutes after giving admission tickets. Please pray for our children who are taking board exams". Another teacher made a statement after Light Channelling session: "You brought God very close to my heart". I am glad they have understood our work, and also have complete trust in Light Channelling. Their conviction in Light motivates us to take this movement to newer, greater heights.

The Light Channels World Movement will be completing its 10th year on May 18, 2018. Millions got benefited from this technique. At this juncture, we thank our Master, Guruji Krishnananda who devised this technique to help humanity. We need his continuous guidance and blessings to carry on this Movement.

MANASA FOUNDATION (R)



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Phone : (080) 2846 5280, 99000 75280 (10 AM to 5 PM)

e-mail : info@lightagemasters.com

website : www.lightagemasters.com, www.lightchannels.com

REGULAR CHANNELLING CENTRES

People from the locality join voluntarily to channel Light in a group at our Regular Light Channelling Centres, periodically. All are welcome to participate. There is no fee. There is no membership.

Bangalore

Monday to Friday (7 PM to 7.15 PM)

Sri Siddashrama, 17th Cross,
Malleswaram.

☎ 9480121545 Mr. K Chandrashekar

Mondays (6.30 PM to 7 PM)

Anjaneya Temple, Mahalakshmi Layout

☎ 9972111809 Mrs. Anjali Patil. K

Wednesdays (6.30 PM to 7 PM)

Maruti Mandira, Vijayanagar

☎ 9972111809 Mrs. Anjali Patil. K

Fridays (6.30 PM to 7 PM)

Sumathi', No. 481, 7th Cross,
7th Main, J.P. Nagar, III Phase.

☎ 9900110351 Mr. Ramesh V Bosekar

Fridays (12 Noon)

Siddhi Vinayaka Devastana, 59/1,
Hutchins Road, 3rd Cross, Cooke Town

☎ 9980205803 Mrs. Nirmala Bala

Saturdays (6.30 PM to 7 PM)

Balamuri Mahaganapathi,
Sri Rajarajeshwari and
Sri Lakshmi Narayana Temple,
8th Cross, Near Hoysala Circle,
Kengeri Satellite Town

☎ 9972111809 Mrs. Anjali Patil. K

Millions have benefitted by practising Light Channelling regularly. Many have received miraculous help and have had wonderful experiences. Your experiences may inspire others and may guide others. Please share your experiences with us. Please write to us at:
info@lightagemasters.com



Teachers of Army Public School, Bangalore, channelling Light on February 15, 2018

QUOTES FROM THE LIGHT MASTERS

- ❖ We have to become a decent human being first and then become Divine. So no pretensions. When we don't pretend, we are honest. This simple practice leads to a lot of things. People see us as credible and reliable people whom they can respect.
- ❖ We should not strain our system. We must keep it always happy, pleasant, strain free. Whenever we allow a negative feeling, emotion it is a strain on the mind. We can deal with any situation, any problem, without allowing any negativity to strain our system.
- ❖ How much time does it take to change? Believe it or not, it takes less than a minute. What all we have to do is to intend, to decide, to choose. Choose Light, choose good, choose the right.
- ❖ Whatever is created or whatever begins - even a relation - will have an end. God, who creates and destroys, is not touched by these things. We too have to reach such stages. Meditation helps us. Light helps us. Let us experience Light more.
- ❖ When we heal people using high energies like Light, not only they get healed they also are given some knowledge which they receive at a deeper level. The Light not only heals, It also helps transformation.

- Guruji Krishnananda

LIGHT CHANNELLING IN SCHOOLS

Schools participated	:	5352
Students channelled Light	:	28.48 lakhs
Schools channelling regularly	:	1240
Students channelling regularly	:	5.34 lakhs

APPEAL TO SCHOOLS

**Please help in strengthening Light Channels
World Movement by making Light Channelling a
part of daily prayers in your School.**

Journey into the Light: 10 years of Revolution

Manoj Kumar Chopra

We are completing 10 years of 'Light Channels World Movement' successfully. I feel it is a good beginning. Spiritual Revolutions are never easy, but these are final revolutions, which always reach their destination. Light Channelling is such a unique World Movement which was started by Guruji Krishnananda on May 18, 2008. The objective of the Movement was to establish New Age.

It has been an amazing journey. The journey started with approaching schools with a little inhibition. But slowly Light paved Its way and there was an overwhelming response from schools. Children have shown a way to the World. Their innocent hearts have shown acceptance to Light completely. Several children and teachers experienced Light even in their first Light Channelling session. Schools started loving this technique. We found that there was a great impact of Light Channelling on children. School authorities found several changes in their schools; there were changes in the behaviour of the children and they performed better in the exams. Many observed that children were more disciplined after channelling Light. The schools where the children are channelling Light regularly, have found an overall growth and even a kind of improvement in the life in general in their surroundings.

Year after year our Volunteers started marching ahead with more confidence and conviction. Encouragement from schools motivated our Volunteers to approach schools in new areas for Light Channelling. Their complete trust in Light channelling helped the Movement to get incredible momentum. In a short span, the Team taught Light Channelling to close to 3 million children and adults. Light Channelling is reaching every corner of the World through different social media platforms.

Light has everything which is positive; it has Love, Peace, Wisdom, Healing power and much more. Above all, it offers us the freedom to choose. If we choose Light, we get all the benefits and we transform into new human beings and if we refuse to choose, Light will not impose Itself on us. It keeps giving opportunities over and over again. If most of us choose Light, then there will be no wars, no natural calamities, and no violence. There will be complete Peace and Harmony.

Let us accept Light and welcome the new energies which are waiting for us. Let us build a new World with Light which is full of Love and Peace. Let us continue channelling Light until the dawn of New Age. ■

REGULAR CHANNELLING CENTRES

Please join us in channelling of Light at one of our Regular Light Channelling Centres once a week and help us in spreading and strengthening the vibrations of Peace and Love. Please share this Newsletter with family members and friends. A free PDF version of this Newsletter can be downloaded from our website: www.lightchannels.com

Solapur

**Mondays and Thursdays
(7 PM to 7.15 PM)**

Bal Ganesh Mandir,
Bushar Peth, Mohol

☎ 9860967066 Mr. Vivekananda Swami

☎ 9970800279 Mrs. Swaroopa Swami

Chennai

Sundays (10 AM to 10.30 AM)

481, SAIPREM, 19th Street,
4th Sector, K. K. Nagar.

☎ 94448 80409 Mrs. Rajalakshmi R

Pune

Saturdays (7 PM to 7.30 PM)

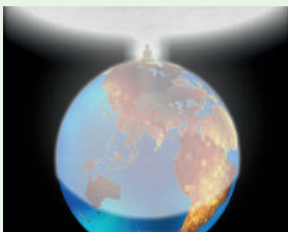
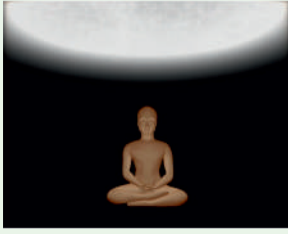
3 - B, Kapila Housing Society,
Gokhale Nagar

☎ 9011038169 Mr. Ashutosh Navangul

Experiences of many children, teachers and volunteers are compiled in the book "Experiences of Light Channels". When many others shared their experiences after the release of the book, the second volume was brought out. Both the volumes of the book can be freely downloaded from our website: www.lightchannels.com

EXPERIENCES

Compiled by Vaishali Joshi



After the Light Channelling session at Chetana Vidya Mandir High School, Tumkur, on World Channels Day, Ms. Sumangala, a teacher told me with tears in her eyes, “I was part of the Light Channelling session just conducted. Something miraculous has happened and I am going to practise this regularly.” She explained further, “About six months back I had a fall from a bus and my knee was injured. I went through a lot of pain. I was on medication and I recovered, but the pain did not go away completely and I could not walk straight. During the Light Channelling session when you were emphasizing on healing, I imagined that a lot of Light went to that area and it is helping me. For the first time in the last six months I walked straight and from there I am coming straight to you!” I was speechless. I just thanked Light and carried on.

In another school there was some challenge to conduct Light Channelling sessions, and Anjali madam was trying to help them understand the benefit and importance of channelling Light. I realized that I did not have any role there, so I just sat and began channelling Light. As I finished channelling, the person who was supposed to communicate the decision from the management came and told us that he was not able to reach anyone who could give us permission for the session, and he could not decide about this on his own. At that minute his phone rang. A person from the management had called to give permission. Within a few seconds the entire situation had changed. We could conduct the session and all the kids participated really very well.

- Gururaj Kanade, Volunteer

On World Channels Day, during the Light Channelling session in St. Joseph's

School, when I said, “Now imagine the Light spreading to your entire school”, I immediately felt the flood of Light in and around me, it was unbelievably palpable. The entire area was flooded with Light and that is when I experienced first-hand how Light actually spreads when we practise the Light Channelling technique.

- Shruti Sudhakar, Volunteer

On World Channels Day, in the first school that I went to, for conducting Light Channelling session, they begin the day with a prayer and reading the Subhashita. That day the Subhashita was “Follow the Light. You will never see darkness.” After the Headmaster read it out he expressed his surprise saying, “How it is that today's Subhashita in the newspaper is about Light and you are telling us about it? It is so great that you are explaining about the Subhashita to all of us.” I felt so good. The session went on well.

In the next school, after the Light Channelling session the Headmistress told me, “I could feel the energies while we were practising. I felt that I had entered into a different world and I cannot express it in words.” In yet another school, initially they expressed their inability to give permission because a science exhibition was going on. On my persuasion the teacher went to check whether the students were present. As I turned towards a wall, there was a painting on it where Valmiki Maharshi was sitting and writing. I felt very good and could not turn my gaze away from it. As I kept looking at the painting, intuitively I felt that I would be able to conduct a session there. Within five minutes I was told that I could conduct the session!

- Amrutha Obalesha, Volunteer