

GURUJI KRISHNANANDA (1939-2012)

LIGHT

Light, not the physical Light but the subtlest Light, is the source of all Creation. It is the Source of all positive energies. It is the Source of Love, Peace, Truth, Wisdom and all Life. This Light is GOD.

CHANNELLING

Channelling is allowing the Light to descend into us by intending and then spreading It around the world. Our body transforms the frequency to the grosser level.

The vibrations from the Light reach all beings and nature. They, carry the energies of Healing, Love, Peace and all positivity. They, help Transformation. We will be better human beings. The world will be a better world.

TECHNIQUE

Imagine an ocean of Light above you. Imagine the Light descending and filling up your body. Then experience the Love, Light and Peace of the Light for a minute and then, imagine It spreading out gradually to your school, locality, country and world.

Practise this for a minimum period of seven minutes.

LIGHT CHANNELS WORLD MOVEMENT

was launched by Guruji Krishnananda, founder of the Rishis Path, on 18th May 2008.

The Movement is to channel Light daily for seven minutes when we wake up or go to bed from our own places on this earth.

The aim of the Movement is, mainly, Peace on this earth.

UNIQUENESS OF THE MOVEMENT

- Oneness by Light
- Non-religious, Universal
- No restrictions, no conditions
- No membership
- Everyone can contribute to Peace
- Helps the individual, helps the world

LIGHT CHANNELS

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Mar-Apr 2021

A MESSAGE

Guruji Krishnananda

(Excerpts from his talks delivered on 5th Jan 2003)

There is so much of poverty, misery and suffering on this earth that whatever relief or help provided by an individual, or even a group, looks like a drop in the ocean. One day if we help one person in a small way, will it bring him happiness, will it remove poverty? Definitely not. We know it. Then a question arises – what is the use of doing this, if it is a waste? Do we have to do it? Is it worth attempting? It is here I would like to emphasize that it is not a waste. It is worth attempting.

Someone has to light a candle in total darkness. One small candle will not drive away the darkness, but someone has to do it, simply because that is the human spirit. If people had not lit such candles, if they had not had hopes, we wouldn't be having this civilization. And if we have to light the candle, let us do it without worrying about what effect it may bring. You know a candle is hope. How did a plane get invented? How did the possibility come to the mind of a person? Imagine the times before planes. When people thought of flying, people invented planes and could fly. Similarly, after some time, there will be no poverty. Yes! We will see this. There will be no violence on this Earth. Perhaps, I will not be able to see it, but you may see. Perhaps the next generation will be able to see total Peace on this Earth. There will be no conflicts of any type. I think every one of us has to wish for this and light such candles.

HAPPENINGS

Jayant Deshpande

One of my friends mentioned to me that he had practised different techniques of Meditation several times and had even practised Light Channelling earlier, but the experience he had while channelling Light on the World Channels Day, during the Live webcast, was unique. Many others from different parts of the world shared similar experiences. All the Light Channelling sessions on that sacred Day were specially blessed by the Universe and the Light Masters.

LIGHT WORKS

Manoj Chopra

The year 2020 was a difficult one. In the recent past, humanity has not faced such a challenge that has affected most of us directly and indirectly. The Pandemic has pushed us to relook into our life. We must have realized something was amiss in our life. We have to make both material and Spiritual changes in our life. It is difficult to believe that we can solve individual and global problems by spiritualizing our life.

On February 1, 2021 - the 11th World Channels Day - lakhs of children and adults channelled Light which brought Love, Peace and Hope to the World. It was an honest effort to heal the world. We dedicate Light channelled on that day to Covid warriors who selflessly worked for humanity. We also thank the Children, Teachers and School Authorities who channelled Light on World Channels Day. Their unconditional support is helping us to spread this movement.

MANASA FOUNDATION (R)



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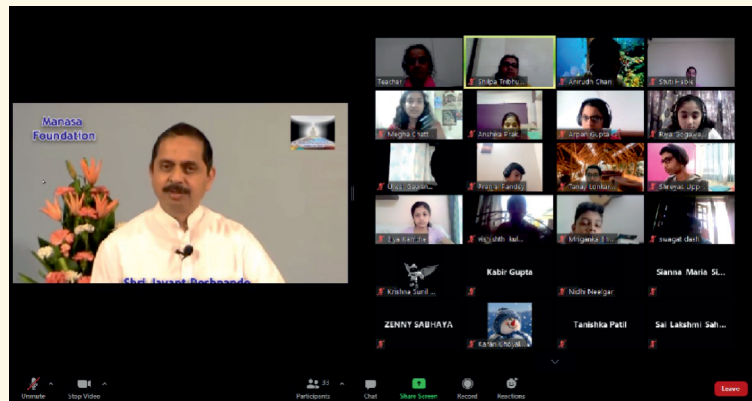
QUOTES FROM THE LIGHT MASTERS

- Spiritual Intelligence brings wisdom, non-attachment and an urge to pursue the real and the right.
- To practise silence, avoid unnecessary talks and never get agitated about anything. Start experiencing the Vastness.
- We meditate and positivise to keep the ego in check and free the soul.
- Let the process of transformation occur within. Let the darkness be removed. Let the Light shine. Let us enter the New Age; the new Consciousness.
- Humility opens all doors to God.
- In Oneness, there is only Love, Peace and Abundance.
- Hope is the sustainer of Life.
- Non-attachment comes naturally, when we pursue Sadhana sincerely and experience the Truth genuinely.
- The Light is always there. We sometimes allow the darkness to cover us briefly.
- Faith takes us closer to God. It opens the floodgates of Love and Abundance.
- Hints for faster Spiritual growth – internalise, cultivate humility, throw away bitterness, forgive, accommodate all and bring out Divine love.
- We channel Light for bringing Peace, for bringing New Energies for the New Age, for resurrection, for transformation and for saving the planet from man-made catastrophes.
- Light brings miraculous changes in us, helps us in every way and transforms us into Universal beings.
- Light brings in abundance: Peace, Wellness and Success.

- Gurujī Krishnananda



A guided Light Channelling session conducted in Manasa Foundation, Taponagara, Bangalore on the 11th World Channels Day, February 1, 2021



An online Light Channelling session conducted by one of the schools in Pune on the 11th World Channels Day, February 1, 2021



A Light Channelling session conducted by one of the schools in Bangalore on the 11th World Channels Day, February 1, 2021

11th World Channels Day: A Report

Manoj Kumar Chopra

When we selflessly want to achieve something for a Universal cause, I believe that the whole Universe conspires in helping us to achieve it. This is what happened on the 1st of February, the World Channels Day. On this auspicious Day, lakhs of children and adults channelled Light and brought down Love, Peace, and Hope.

For the past 11 years, this activity was more or less confined to school children and teachers. This year, due to the pandemic, it looked impossible to do any activity. We did not want our Volunteers to risk their health and visit the schools physically. Moreover, most of the schools were open in partial capacity and were conducting classes online. Despite all these challenges, we wanted to celebrate the World Channels Day. We were aware that due to the pandemic, there was loss of human life and jobs. The entire world was looming with uncertainties and hopelessness. We intend to heal Mother Earth and support the world by channelling Divine Light. We sincerely prayed to the 'LIGHT' and sought Its help. We were gifted with the idea of conducting Live Light Channelling sessions for the world and passing on recorded videos of Light Channelling instructions to the schools. At first, we thought of recording our sessions in English and Kannada, but due to requests from Maharashtra and North India, we decided to record the sessions in Hindi and Marathi too. An enthusiastic Volunteer of ours also recorded the session in Tamil, which received a huge response in Tamil Nadu.

Our Area Coordinators and Volunteers welcomed the new idea of sending the recorded sessions to schools. Our Volunteers made thousands of phone calls and sent messages to schools all over India. They worked systematically and conveyed our message accurately.

We were overwhelmed by the support from the teachers and School Authorities. They accepted our idea of playing these recorded sessions and promised to join us in celebrating World Channels Day in this unique way.

World Channels Day was a very blissful day. The Live session started at 8 AM in English and was followed by a Hindi session at noon. The last session was at 9 PM in English. All three sessions were webcast all over the world. Thousands of people joined the Live sessions and channelled Light. Lakhs of children from more than 1300 schools also celebrated World Channels Day by Channelling Light. The Schools appreciated our idea of conducting Light Channelling through our recorded videos. Hundreds of schools voluntarily sent photographs of their students channelling Light during the online and offline sessions. Several people felt immense peace and joy after channelling Light. This feedback inspired the whole team even more.

Our Volunteers' Love for the work is the driving force behind the success of World Channels Day. Their passion for this work could convert the crises into an opportunity. The success of the World Channels Day was also because of the selfless efforts by lakhs of children, teachers and adults to heal Mother Earth and to make it a better place to live in. ■

APPEAL TO SCHOOLS

Please help in strengthening Light Channels World Movement by making Light Channelling a part of daily prayers in your School.

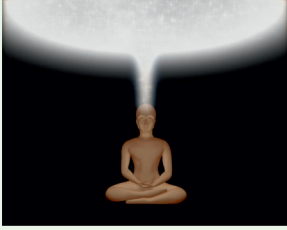
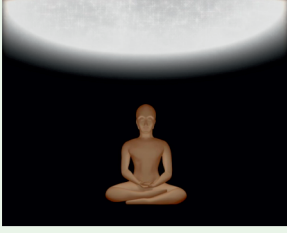
LIGHT CHANNELLING IN SCHOOLS

Schools participated : 5758
Students channelled Light : 29.65 lakhs

Please share this Newsletter with family members and friends. A free PDF version of this Newsletter can be downloaded from our website: www.lightchannels.com

Millions have benefitted by practising Light Channelling regularly. Many have received miraculous help and have had wonderful experiences. Your experiences may inspire others and may guide others. Please share your experiences with us. Please write to us at: info@lightagemasters.com

Experiences of many children, teachers and volunteers are compiled in the book "Experiences of Light Channels". When many others shared their experiences after the release of the book, the second volume was brought out. Both the volumes of the book can be freely downloaded from our website: www.lightchannels.com



THANK YOU For Your Support

Dear Teachers and School Authorities,

We are overwhelmed by your support for the 11th World Channels Day. Along with you Lakhs of children and adults channelled Light on that day. We are touched by your Love and humbled by your support. We appreciate your feedback and the photographs you shared with us of the online Light Channelling sessions conducted in your institute. With your assurance, we are now more confident to take this peaceful Revolution to the next level.

As you are aware, our Volunteers will not be able to visit your institution physically due to the pandemic. However, we request you to kindly continue channelling Light in your institution with the help of the Light Channelling videos. We released Light Channelling videos in four languages for World Channels Day 2021 and they have been sent to all the schools. If you have not received them, you may download the videos from the links mentioned below to conduct Light Channelling sessions in your school.

Your participation will strengthen the Movement; it will help our surroundings, our city and our country. It will make the world a better place to live in.

1. English: https://lightagemasters.com/video_gallery/WCD2021-English.mp4
2. Kannad: https://lightagemasters.com/video_gallery/WCD2021-Kannada.mp4
3. Hindi: https://lightagemasters.com/video_gallery/WCD2021-Hindi.mp4
4. Marathi: https://lightagemasters.com/video_gallery/WCD2021-Marathi.mp4

Please feel free to contact us if you need a Live Online Session in your institution. Our Volunteers will be happy to conduct the session for you.

GUIDED LIGHT CHANNELLING SESSIONS

We are pleased to announce that we will be starting with guided Light Channelling sessions at Manasa Foundation, Taponagara, Bangalore. These sessions will be conducted once a month, on every 3rd Sunday from 11 am to 11.30 am and will be webcast live on https://lightagemasters.com/lc_live. We request you all to participate in these sessions.