



GURUJI KRISHNANANDA (1939-2012)

LIGHT

Light, not the physical Light but the subtlest Light, is the source of all Creation. It is the Source of all positive energies. It is the Source of Love, Peace, Truth, Wisdom and all Life. This Light is GOD.

CHANNELLING

Channelling is allowing the Light to descend into us by intending and then spreading It around the world. Our body transforms the frequency to the grosser level.

The vibrations from the Light reach all beings and nature. They, carry the energies of Healing, Love, Peace and all positivity. They, help Transformation. We will be better human beings. The world will be a better world.

TECHNIQUE

Imagine an ocean of Light above you. Imagine the Light descending and filling up your body. Then experience the Love, Light and Peace of the Light for a minute and then, imagine It spreading out gradually to your school, locality, country and world.

Practise this for a minimum period of seven minutes.

LIGHT CHANNELS WORLD MOVEMENT

was launched by Guruji Krishnananda, founder of the Rishis Path, on 18th May 2008.

The Movement is to channel Light daily for seven minutes when we wake up or go to bed from our own places on this earth.

The aim of the Movement is, mainly, Peace on this earth.

UNIQUENESS OF THE MOVEMENT

- Oneness by Light
- Non-religious, Universal
- No restrictions, no conditions
- No membership
- Everyone can contribute to Peace
- Helps the individual, helps the world

LIGHT CHANNELS

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A MESSAGE

Guruji Krishnananda

(Excerpts from his talks delivered on 11th September 2011)

Life is different things to different people. For me it is an opportunity to experience. There are so many beautiful things on this earth to experience, which is why so many souls flock here.

Life is also an experiment to refine ourselves. We can refine our behaviour, our body movements, emotions, thoughts, relations, and so on.

Life is an opportunity to manifest the Divine, manifest Love. Life is an opportunity to learn, grow and more importantly, to serve. We can serve in our own way. One can take up the work of the Light Masters or a social cause.

HAPPENINGS

Jayant Deshpande

A person who is suffering with insomnia, could sleep well after practising Light Channelling for a few minutes. Many people who have to deal with stressful environment in their workplaces, find this practice very relaxing. People find that this practice helps them in self-healing. Most people experience unusual Peace while practising this. Most people feel very nice and experience a kind of connection with the Divine. Light Channelling opens the doors leading us to the world of a million positive possibilities!

LIGHT WORKS

Manoj Chopra

We had an amazing success on 12th World Channels Day. On that day Light Channels team was determined to bring down maximum Light. Around eighty Light Channel Volunteers exhibited grit and determination. They proved once again that if we are focused, we can achieve anything.

We could not visit schools for the last two years due the Pandemic. In spite of this big gap, School Authorities could understand our challenges and supported our work. We are grateful to School Authorities, Teachers and Children for their overwhelming response on World Channels Day. We thank every Light Channel for joining this Movement and contributing to world Peace.

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QUOTES FROM THE LIGHT MASTERS

- When people have strong egos or are angry, they choose not to see the truth.
- When we transform from within, Love flows out naturally, automatically. We will be naturally honest, naturally good and naturally not angry.
- A true Meditator is expected to be calm, truthful and good all the time.
- If the process of transformation has begun, the planets will not trouble us with their influence.
- If we begin transforming, the planets actually help us. Then, we need not worry about the planetary positions and our horoscopes.
- Sometimes we have to get angry against corruption, injustice, falsehood, wrong doing, etc. But such anger should be at the surface level like a small wave. Deep down we should always be peaceful and calm. There should be no anger at the deeper level.
- To actually progress spiritually one has to meditate. Otherwise, transformation does not happen. Only when we make conscious efforts to change and meditate, Spiritual progress occurs.
- This Life is an opportunity to experience God's Creation. God created all this for us to experience. He created it to give us new experiences. And this Creation is still going on, it is not over.
- During these times of Pralaya, turmoil is an opportunity for us to transform. Through the turmoil we become aware of the truth about ourselves and the Creation.
- Meditation creates distances from the habits that come in the way of our Spiritual growth. It will help us develop new good habits like reading, enjoying music, experiencing beauty, experiencing the sky, etc.
- The people around us may or may not be good. Each person in our Life teaches us something, whether it is pleasant or not.
- If a person hurts you, do not get angry with the person. Instead, thank God because it is through that person God is trying to teach you something and elevate you to a higher level.

- Guruji Krishnananda

12th World Channels Day Celebration



Light Channelling sessions in schools in Karnataka



Light Channelling sessions in schools in Chennai, Amritsar, Pune, Hyderabad, Vishakhapatnam



Online Light Channelling sessions

12th World Channels Day: A Report

Manoj Kumar Chopra

For the 12th World Channels Day, a group of Volunteers decided to go on a mission that was selfless and universal. To their surprise, unimaginable help came from every corner of the Universe to accomplish their goal. Once again it is proved that if our intentions are pure and our actions are selfless, then God has a million ways to help. This is exactly what happened on February 1, 2022, Maharshi Amara's Birthday, which we celebrate as World Channels Day. On this day every year we try to create a wave of Peace and Love by bringing down maximum Light. This year we faced innumerable challenges due to the Pandemic. But at the same time, we received greater help from our Masters.

On 25th December, when we started planning for World Channels Day, we realized that we had very few options to work. To be honest, we were a bit disappointed because schools were closed and the Pandemic was at a peak. We thought of speaking to the school authorities and sharing our difficulties to conduct sessions physically. We decided to share Light Channelling videos with the authorities for conducting sessions in the schools.

On 16th January, we had a wonderful tri-monthly meeting. By this time, we had a clear strategy. As a team, we decided not to worry about what is not in our control. And we decided to put in our best efforts. We had very positive online team meetings. I feel every meeting was blessed by our Rishis. Every Volunteer was charged up. Like every year Volunteers took the responsibility of contacting schools. A meticulous plan was made by each team. At the same time, we started praying intensely to our Masters for their help and guidance.

New videos were ready after a few challenges. Then our Volunteers started sharing videos with the schools. To our surprise, we started getting amazing responses. Most of the schools were accepting our request. We could feel an unseen hand working behind our work.

We started doing what was in our control and LIGHT did everything which was in Its control. When LIGHT takes over, we can definitely expect miraculous results. To our surprise, just a few days before World Channels Day, schools opened in Maharashtra, Karnataka and Tamil Nadu. Several schools practised Light Channelling on the first day of their reopening. More than 1300 schools from all over India channelled Light. More than 165 schools shared photographs and videos of their participation. We are deeply touched by their sincerity, Love and affection.

Three Live online sessions were conducted at Manasa Foundation. All sessions were intense and peaceful. It is a platform that was created last year for the whole world to join. We are glad to note that more than a thousand people from different groups joined our efforts to spread this Movement. We wish more people had joined. Many more events like the World Channels Day are a need of the hour.

We thank every Light Channel for joining our efforts to spread this Movement. ■

APPEAL TO SCHOOLS

Please help in strengthening Light Channels World Movement by Channelling Light for 3 to 7 minutes at the beginning of your online classes.

LIGHT CHANNELLING IN SCHOOLS

Schools participated : 5758
Students channelled Light : 29.65 lakhs

Please share this Newsletter with family members and friends. A free PDF version of this Newsletter can be downloaded from our website: www.lightchannels.com

Millions have benefitted by practising Light Channelling regularly. Many have received miraculous help and have had wonderful experiences. Your experiences may inspire others and may guide others. Please share your experiences with us. Please write to us at: info@lightagemasters.com

Experiences of many children, teachers and volunteers are compiled in the book "Experiences of Light Channels". When many others shared their experiences after the release of the book, the second volume was brought out. Both the volumes of the book can be freely downloaded from our website: www.lightchannels.com

EXPERIENCES ON THE 12TH WORLD CHANNELS DAY

Compiled by Vaishali Joshi



I just practised Light Channelling. It felt really nice. Imagining Light entering and filling up each part of the body and spreading out to the whole world was a beautiful state to enjoy and experience. It feels wonderful.

- Pinky, A Light Channel

The Light Channelling session was very relaxing. I felt very light after the session though my mind was wandering here and there.

- Sujata, A Light Channel

Ms. Rama Mahajan, Principal, Ajit Vidyalaya, Amritsar gave feedback that the Light Channelling sessions were very nice, and they would conduct the sessions on their own from now onwards. She requested me to send them a short video of the technique for daily practice.

- Alka Singh,
Light Channel Volunteer

After the Light Channelling session conducted at Kalmadi High School, Pune, the teacher who had asked me to conduct the online session expressed that she felt very nice. She also said that she never misses the Live sessions conducted by Jayant Sir every third Sunday. She also makes use of Light to heal sick people by channelling It to them along with her class children. She hopes to join more sessions in future too.

- Santosh Kore,
Light Channel Volunteer

The Light Channelling session conducted in Vikhe Patil Memorial School, Pune, was great. One of the teachers who was not feeling well also joined the session. After the session she expressed that she felt very positive, calm and energetic, which she needed the most at that time. The students also experienced Peace and calmness.

- Pratibha Oak and Padmaja Bajpai,
Light Channel Volunteers

Light Channelling was very nice. I am feeling more positive now.

- Mangal Karpe, A Light Channel

The Light Channelling session was very good. I channelled Light for the first time. Thank you.

- Vasumathy Parandhaman,
A Light Channel

Thank you for the wonderful Light Channelling technique. I feel more positive energy now.

- Hema, A Light Channel

Thank you Nirmalaji for the wonderful Light Channelling session. I was full of positive feelings in the morning after channelling Light.

- Gaurav, A Light Channel

Thank you for the wonderful Light Channelling session. It took me into a state of thoughtless awareness and I felt fully positive in the morning. Now I feel relaxed and happy.

- Nilakshi Joshi, A Light Channel

Thank You
for your participation in
the 12th World Channels Day

Channel Light for 7 minutes everyday for
Individual and World Peace.

Heal Yourself. Heal the World